

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
?								-

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								21
Acz								2
Avery Arrindell, 07/03/2009								2
50m vrije slag	series	14.	29.55	354	29.71	22/01/2023	101%	
100m vrije slag	series	22.	1:07.84	330	1:04.58	28/01/2023	91%	
50m schoolslag	series	12.	41.95	236	41.50	22/01/2023	98%	
50m vlinderslag	series	12.	34.39	271	34.45	26/11/2022	100%	
Hessel de Jong, 04/10/2006								3
50m vrije slag	series	17.	26.91	469	26.92	10/04/2022	100%	
100m vrije slag	series	9.	57.33	547	57.65	14/05/2022	101%	
200m vrije slag	series	13.	2:12.75	453	2:07.17	15/05/2022	92%	
50m schoolslag	series	5.	32.26	520	32.11	05/02/2023	99%	
100m schoolslag	series	6.	1:12.49	483	1:14.86	21/05/2022	107%	
200m schoolslag	series	5.	2:38.78	501	2:38.08	05/02/2023	99%	
Ilse Stout, 28/04/2010								-
100m vrije slag	series	20.	1:13.74	344	1:10.96	27/11/2022	93%	
400m vrije slag	series	11.	5:36.54	346	5:19.64	23/10/2022	90%	
100m rugslag	series	8.	1:21.49	352	1:20.74	11/12/2022	98%	
200m rugslag	series	10.	2:57.20	337	2:48.58	10/12/2022	91%	
100m schoolslag	series	19.	1:43.55	237	1:34.26	27/11/2022	83%	
400m wisselslag	series	4.	6:28.50	322	6:14.70	10/12/2022	93%	
Luka Arkesteijn, 04/09/2009								1
100m vrije slag	series	AFGEM	-	-	1:11.38	14/05/2022	-	
50m rugslag	series	13.	38.39	244	36.88	28/01/2023	92%	
50m schoolslag	series	AFGEM	-	-	45.02	21/05/2022	-	
100m schoolslag	series	15.	1:30.41	249	1:35.55	21/05/2022	112%	
Ties Lakke, 20/04/2007								3
50m vrije slag	series	9.	27.20	454	28.26	10/04/2022	108%	
100m vrije slag	series	19.	1:00.18	473	1:01.58	14/05/2022	105%	
50m rugslag	series	10.	32.38	407	32.31	14/05/2022	100%	
50m vlinderslag	series	18.	30.46	390	31.43	04/06/2022	106%	
Vince van Dam, 20/09/2010								2
50m vrije slag	series	25.	32.81	258	32.11	12/11/2022	96%	
100m vrije slag	series	29.	1:11.61	281	1:09.78	06/11/2022	95%	
400m vrije slag	series	19.	5:24.50	311	5:20.04	27/11/2022	97%	
100m rugslag	series	15.	1:19.60	276	1:20.77	10/04/2022	103%	
200m rugslag	series	14.	2:51.77	276	2:51.79	10/04/2022	100%	
100m schoolslag	series	17.	1:34.30	219	1:29.97	28/01/2023	91%	
200m wisselslag	series	22.	2:52.74	287	2:52.54	19/11/2022	100%	
Yarno van Dam, 27/05/2008								10
50m vrije slag	series	6.	26.81	474	NT	-	-	
100m vrije slag	series	9.	58.51	515	59.09	14/05/2022	102%	
400m vrije slag	series	4.	4:28.24	552	4:35.06	10/06/2022	105%	
50m rugslag	series	3.	30.33	495	30.73	11/06/2022	103%	
100m rugslag	series	2.	1:03.97	532	1:04.08	11/06/2022	100%	
200m rugslag	series	2.	2:20.58	504	2:24.56	12/06/2022	106%	
50m vlinderslag	series	8.	28.25	489	29.34	21/05/2022	108%	
100m vlinderslag	series	2.	1:02.17	504	1:04.28	12/06/2022	107%	
200m vlinderslag	series	2.	2:23.46	459	2:36.45	14/05/2022	119%	
200m wisselslag	series	2.	2:19.40	546	2:25.57	10/06/2022	109%	
400m wisselslag	series	1.	4:55.65	561	5:13.25	22/05/2022	112%	

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								3
AquaDream								-
Delano van der Wegen, 12/02/2008								-
100m vrije slag	series	26.	1:02.32	426	1:00.69	29/01/2023	95%	
200m rugslag	series	14.	2:37.30	360	2:36.08	21/05/2022	98%	
Jayna Wagemakers, 24/09/2010								1
50m vrije slag	series	12.	31.89	408	NT		-	
50m vrije slag	series	18.	32.56	384	33.90	20/11/2022	108%	
100m vrije slag	series	11.	1:11.30	381	1:09.84	29/01/2023	96%	
400m vrije slag	series	12.	5:37.21	344	5:23.43	04/12/2022	92%	
200m rugslag	series	5.	2:50.68	377	2:46.06	23/10/2022	95%	
50m schoolslag	series	2.	39.62	408	37.95	23/10/2022	92%	
100m schoolslag	series	2.	1:27.42	394	1:24.37	22/10/2022	93%	
200m schoolslag	series	1.	3:08.27	403	3:02.45	04/12/2022	94%	
200m wisselslag	series	8.	2:52.60	390	2:45.25	29/01/2023	92%	
Julian van der Wegen, 03/07/2010								1
50m schoolslag	series	18.	48.06	157	48.78	22/10/2022	103%	
Manaudou Verhaar, 22/09/2008								1
200m vrije slag	series	19.	2:29.15	434	2:26.33	02/10/2022	96%	
400m vrije slag	series	16.	5:16.31	417	5:08.69	30/10/2022	95%	
200m vlinderslag	series	5.	3:09.53	265	NT		-	
400m wisselslag	series	8.	6:00.94	401	6:11.18	14/05/2022	106%	

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Arethusa								59
Alexx Broekman, 07/08/2009								6
100m vrije slag	series	34.	1:12.15	368	1:17.28	20/02/2022	115%	
200m rugslag	series	19.	2:53.17	361	3:04.70	20/02/2022	114%	
50m schoolslag	series	32.	45.42	271	44.59	21/05/2022	96%	
100m schoolslag	series	19.	1:34.23	315	1:37.21	22/05/2022	106%	
100m vlinderslag	series	13.	1:26.86	260	1:27.25	14/05/2022	101%	
200m vlinderslag	series	6.	3:13.55	249	3:16.77	15/05/2022	103%	
200m wisselslag	series	19.	2:58.03	355	2:56.01	15/05/2022	98%	
400m wisselslag	series	10.	6:07.52	380	6:22.32	14/05/2022	108%	
Annebel Kluijtmans, 11/08/2009								5
50m vrije slag	series	45.	33.49	353	34.36	15/05/2022	105%	
50m rugslag	series	18.	37.20	381	38.44	15/05/2022	107%	
100m rugslag	series	20.	1:20.35	367	1:19.46	21/05/2022	98%	
200m rugslag	series	14.	2:44.14	424	2:54.86	20/02/2022	113%	
50m schoolslag	series	21.	41.14	364	41.98	22/05/2022	104%	
100m schoolslag	series	16.	1:29.98	362	1:32.45	22/05/2022	106%	
200m schoolslag	series	17.	3:14.33	366	3:05.13	08/01/2023	91%	
200m wisselslag	series	13.	2:49.92	408	2:49.01	16/04/2022	99%	
Brecht van Ravensteijn, 04/11/2011								7
50m vrije slag	series	39.	36.33	276	36.66	27/11/2022	102%	
100m vrije slag	series	29.	1:19.04	280	1:22.20	20/11/2022	108%	
50m rugslag	series	18.	40.45	296	42.49	06/11/2022	110%	
100m rugslag	series	21.	1:26.72	292	1:29.04	29/01/2023	105%	
100m schoolslag	series	6.	1:34.16	315	1:35.36	29/01/2023	103%	
50m vlinderslag	series	17.	40.43	220	47.90	03/07/2022	140%	
100m vlinderslag	series	10.	1:40.25	169	1:48.07	20/03/2022	116%	
400m wisselslag	series	5.	6:34.84	307	NT		-	
Elaine Geeven, 22/05/2008								3
50m vrije slag	series	50.	34.91	311	33.98	31/10/2021	95%	
100m vrije slag	series	40.	1:16.69	306	1:19.36	16/04/2022	107%	
400m vrije slag	series	26.	5:47.07	316	5:49.16	20/02/2022	101%	
100m schoolslag	series	23.	1:54.74	174	1:48.25	13/02/2022	89%	
50m vlinderslag	series	24.	41.22	208	43.30	20/02/2022	110%	
200m vlinderslag	series	7.	3:35.73	180	NT		-	
200m wisselslag	series	32.	3:17.69	259	3:03.63	27/11/2022	86%	
400m wisselslag	series	13.	6:56.05	262	6:50.87	20/02/2022	98%	
Emma Nauta, 21/09/2006								5
50m vrije slag	series	31.	32.97	370	36.55	20/02/2022	123%	
100m vrije slag	series	30.	1:12.31	365	1:15.59	20/02/2022	109%	
200m vrije slag	series	24.	2:36.88	373	2:44.88	20/02/2022	110%	
50m rugslag	series	21.	37.97	358	38.95	06/11/2022	105%	
100m rugslag	series	25.	1:23.33	329	1:24.24	27/11/2022	102%	
Iris Tilburg, 04/09/2009								6
50m vrije slag	series	9.	29.67	507	31.55	20/02/2022	113%	
100m vrije slag	series	18.	1:05.66	488	1:08.48	12/06/2022	109%	
400m vrije slag	series	10.	4:59.96	489	5:22.37	21/05/2022	116%	
200m rugslag	series	8.	2:37.08	484	2:50.96	11/06/2022	118%	
200m wisselslag	series	8.	2:40.26	487	2:49.52	15/05/2022	112%	
400m wisselslag	series	4.	5:41.35	475	6:02.63	14/05/2022	113%	
Kendra van der Voort, 27/03/2011								6
50m vrije slag	series	36.	34.96	310	37.05	03/07/2022	112%	
100m vrije slag	series	28.	1:17.65	295	1:19.58	20/11/2022	105%	
200m vrije slag	series	21.	2:53.79	274	3:02.21	12/06/2022	110%	
100m rugslag	series	26.	1:30.34	258	1:31.61	29/01/2023	103%	
50m schoolslag	series	13.	46.99	244	48.94	16/10/2022	108%	
100m schoolslag	series	15.	1:39.44	268	1:46.90	16/10/2022	116%	
Lara Müller, 05/10/2009								3
100m vrije slag	series	37.	1:13.60	346	1:21.05	20/02/2022	121%	
400m vrije slag	series	25.	5:44.69	322	6:04.35	26/11/2022	112%	
50m rugslag	series	22.	39.45	319	44.76	20/02/2022	129%	
100m vlinderslag	series	16.	1:38.51	178	1:33.45	20/11/2022	90%	
Selena Geeven, 24/10/2010								7
50m vrije slag	series	30.	34.15	332	34.44	22/01/2023	102%	
100m vrije slag	series	24.	1:15.93	315	1:28.91	16/04/2022	137%	
50m rugslag	series	26.	43.46	239	47.86	20/02/2022	121%	
100m rugslag	series	27.	1:30.70	255	1:38.27	20/02/2022	117%	
50m vlinderslag	series	17.	40.43	220	47.50	20/02/2022	138%	
100m vlinderslag	series	9.	1:33.92	206	1:45.49	20/02/2022	126%	
200m wisselslag	series	29.	3:17.91	258	3:17.53	16/04/2022	100%	
400m wisselslag	series	6.	6:58.38	258	7:09.89	02/12/2022	106%	

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Thomas Nauta, 27/02/2009								6
50m vrije slag	series	12.	29.45	357	NT		-	
100m vrije slag	series	16.	1:05.88	361	1:08.76	14/05/2022	109%	
400m vrije slag	series	11.	4:56.07	410	5:09.02	21/05/2022	109%	
200m rugslag	series	13.	2:49.98	285	2:45.18	11/12/2022	94%	
50m schoolslag	series	4.	37.17	340	38.47	21/05/2022	107%	
100m schoolslag	series	8.	1:22.81	324	1:24.58	21/05/2022	104%	
200m schoolslag	series	5.	2:52.97	387	3:06.45	22/05/2022	116%	
200m vlinderslag	series	9.	3:11.02	194	NT		-	
200m wisselslag	series	15.	2:42.78	343	2:52.02	14/05/2022	112%	
Vera Broekman, 04/12/2010								5
200m vrije slag	series	20.	2:53.16	277	3:08.44	20/02/2022	118%	
50m rugslag	series	24.	42.60	254	48.31	20/02/2022	129%	
200m rugslag	series	23.	3:16.30	248	3:25.32	02/10/2022	109%	
50m schoolslag	series	12.	45.74	265	47.45	16/04/2022	108%	
200m schoolslag	series	12.	3:39.86	253	3:32.62	13/02/2022	94%	
200m vlinderslag	series	4.	3:48.20	152	NT		-	
200m wisselslag	series	26.	3:15.37	269	3:29.42	16/04/2022	115%	

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Cercle De Natation Sportcity Woluwe								27
Alva Renaud, 06/11/2009								5
50m vrije slag	series	36.	32.15	399	34.00		112%	
200m vrije slag	series	24.	2:36.36	377	2:53.91	15/01/2023	124%	
100m schoolslag	series	14.	1:27.00	400	1:34.13	15/01/2023	117%	
200m schoolslag	series	14.	3:08.86	399	3:30.00		124%	
200m wisselslag	series	15.	2:55.68	369	3:05.00		111%	
Arabela Vatovec, 13/02/2008								2
200m vrije slag	series	16.	2:26.38	459	2:28.43	13/02/2022	103%	
50m rugslag	series	17.	36.96	388	36.00		95%	
200m wisselslag	series	12.	2:47.55	426	2:47.77	12/02/2022	100%	
Benedict Pollmeier, 14/03/2010								4
50m vrije slag	series	29.	32.99	254	33.05	15/01/2023	100%	
200m vrije slag	series	15.	2:42.53	247	2:43.00		101%	
100m rugslag	series	20.	1:23.38	240	1:29.37	18/04/2022	115%	
200m wisselslag	series	27.	2:58.70	259	3:02.82	24/04/2022	105%	
Evy Zipper, 15/02/2009								1
50m vrije slag	series	21.	30.44	470	30.05	14/01/2023	97%	
100m vrije slag	series	26.	1:08.79	424	1:05.81	08/01/2023	92%	
100m rugslag	series	30.	1:26.18	298	1:26.12	19/03/2022	100%	
50m vlinderslag	series	19.	34.54	353	35.28	09/01/2022	104%	
Ilias Rabie, 28/07/2008								4
50m vrije slag	series	12.	27.49	440	27.94	18/04/2022	103%	
100m vrije slag	series	16.	59.54	489	59.70	09/01/2022	101%	
200m vrije slag	series	4.	2:08.93	495	2:08.63	22/07/2022	100%	
100m rugslag	series	9.	1:09.88	408	1:11.58	02/04/2022	105%	
50m vlinderslag	series	12.	29.42	433	30.10	09/01/2022	105%	
Ivan Halaichuk, 07/07/2005								1
50m vrije slag	series	2.	24.55	617	24.29	29/07/2022	98%	
100m vrije slag	series	2.	53.32	680	52.06	29/07/2022	95%	
50m schoolslag	series	2.	31.06	583	34.00		120%	
Olivia Dejaille, 04/07/2009								4
50m vrije slag	series	40.	32.36	391	35.00		117%	
200m vrije slag	series	25.	2:36.78	374	2:50.37	15/01/2023	118%	
100m rugslag	series	21.	1:21.54	351	1:26.84	14/01/2023	113%	
200m wisselslag	series	21.	2:58.25	354	3:15.00		120%	
Virginia Xenou, 29/06/2009								6
50m vrije slag	series	14.	29.81	500	30.50		105%	
100m vrije slag	series	19.	1:05.82	484	1:06.54	24/07/2022	102%	
50m rugslag	series	7.	34.52	477	36.00		109%	
50m vlinderslag	series	6.	31.39	471	36.67	09/01/2022	136%	
100m vlinderslag	series	7.	1:14.73	409	1:15.60	08/01/2023	102%	
200m vlinderslag	series	3.	2:45.80	396	2:50.47	14/01/2023	106%	

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Cercle De Natation Sportcity Woluwe 1								35
Abdallah Bensassi, 15/03/2009								5
50m vrije slag	series	7.	28.05	414	29.85	18/04/2022	113%	
200m vrije slag	series	6.	2:17.71	406	2:20.70	22/07/2022	104%	
50m rugslag	series	5.	32.43	405	34.92	18/04/2022	116%	
100m rugslag	series	6.	1:09.41	416	1:11.14	24/07/2022	105%	
200m wisselslag	series	10.	2:35.41	394	2:37.52	23/07/2022	103%	
Achilleas Makris, 21/01/2005								1
50m vrije slag	series	10.	26.37	498	26.50		101%	
100m vrije slag	series	7.	56.92	559	55.48	09/01/2022	95%	
200m vrije slag	series	5.	2:04.57	548	1:59.49	31/07/2022	92%	
400m vrije slag	series	5.	4:28.52	550	4:13.73	29/07/2022	89%	
Anabelle Jenkins, 27/02/2011								2
50m vrije slag	series	34.	34.53	322	34.00		97%	
200m vrije slag	series	15.	2:44.75	322	2:57.35	15/01/2023	116%	
50m rugslag	series	13.	39.36	322	37.00		88%	
100m rugslag	series	16.	1:24.86	312	1:30.26	20/11/2022	113%	
Brayan Borowski, 12/04/2007								3
50m vrije slag	series	10.	27.29	449	26.42	29/07/2022	94%	
100m vrije slag	series	21.	1:00.34	469	1:01.04	24/04/2022	102%	
50m rugslag	series	2.	30.19	502	30.01	08/01/2023	99%	
100m rugslag	series	3.	1:06.24	479	1:07.22	15/01/2023	103%	
50m vlinderslag	series	10.	28.69	467	28.78	08/01/2023	101%	
100m vlinderslag	series	5.	1:04.00	462	1:03.57	29/07/2022	99%	
Charlie Sedgman, 08/03/2008								6
50m vrije slag	series	15.	29.96	493	30.21	16/10/2022	102%	
100m vrije slag	series	7.	1:03.72	534	1:03.86	08/01/2023	100%	
50m rugslag	series	14.	35.45	440	37.00		109%	
100m rugslag	series	9.	1:14.15	468	1:16.59	08/01/2023	107%	
50m vlinderslag	series	8.	32.55	422	32.94	08/01/2023	102%	
100m vlinderslag	series	6.	1:14.27	416	1:15.00		102%	
Georgia Makri, 12/07/2006								1
100m vrije slag	series	12.	1:04.81	507	1:01.68	09/01/2022	91%	
100m rugslag	series	5.	1:12.93	491	1:08.92	19/03/2022	89%	
200m rugslag	series	3.	2:31.60	538	2:30.00		98%	
400m wisselslag	series	1.	5:19.37	580	5:19.51	19/02/2022	100%	
Luna Desrumaux, 05/09/2008								2
50m vrije slag	series	10.	29.70	506	29.89	12/02/2022	101%	
50m schoolslag	series	4.	36.41	526	36.67	18/04/2022	101%	
200m schoolslag	series	6.	2:55.59	497	2:53.86	24/07/2022	98%	
50m vlinderslag	series	5.	31.02	488	30.73	18/04/2022	98%	
Majda Lachiri Gongora, 17/04/2006								4
50m vrije slag	series	12.	29.79	501	30.35	02/04/2022	104%	
200m vrije slag	series	3.	2:19.74	528	2:23.58	15/01/2023	106%	
400m vrije slag	series	6.	4:57.15	503	5:06.90	01/05/2022	107%	
400m wisselslag	series	4.	5:39.71	482	5:40.00		100%	
Mathis Gilet, 24/04/2005								4
50m vrije slag	series	15.	26.73	478	26.98	20/02/2022	102%	
100m vrije slag	series	11.	57.46	544	58.40	09/01/2022	103%	
50m rugslag	series	2.	28.25	613	27.95	30/07/2022	98%	
100m rugslag	series	2.	1:01.69	593	1:00.59	31/07/2022	96%	
50m vlinderslag	series	4.	27.32	541	27.99	09/01/2022	105%	
100m vlinderslag	series	3.	1:01.92	510	1:03.15	19/03/2022	104%	
Matthias Ivanszky, 08/01/2009								3
50m vrije slag	series	13.	29.50	356	29.50		100%	
100m schoolslag	series	4.	1:18.15	385	1:20.81	14/01/2023	107%	
200m schoolslag	series	6.	2:54.06	380	3:09.79	13/02/2022	119%	
200m wisselslag	series	9.	2:34.33	403	2:50.60	01/05/2022	122%	
Pierrick Moriau, 02/10/2007								4
50m vrije slag	series	3.	26.50	491	26.80	15/01/2023	102%	
100m vrije slag	series	7.	58.18	524	58.70	15/01/2023	102%	
50m schoolslag	series	12.	37.04	343	35.37	08/01/2023	91%	
100m schoolslag	series	6.	1:18.31	383	1:21.14	09/01/2022	107%	
200m schoolslag	series	6.	2:50.41	405	2:50.00		100%	
50m vlinderslag	series	16.	29.92	412	31.74	09/01/2022	113%	
100m vlinderslag	series	9.	1:10.65	343	1:06.95	08/01/2023	90%	
Tatiana Vanova, 28/02/2010								-
50m vrije slag	series	19.	32.68	379	NT		-	
100m rugslag	series	25.	1:30.14	260	NT		-	
200m schoolslag	series	15.	3:41.42	247	NT		-	

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Cercle De Natation Sportcity Woluwe 2									32
Alexander Bell, 05/06/2005									2
50m vrije slag	series	12.	26.49	491	26.30	02/04/2022	99%		
100m vrije slag	series	13.	57.86	532	56.42	30/07/2022	95%		
200m vrije slag	series	11.	2:10.03	482	2:02.97	31/07/2022	89%		
50m rugslag	series	9.	30.94	466	34.01		121%		
100m rugslag	series	9.	1:06.26	479	1:07.31	19/03/2022	103%		
200m rugslag	series	4.	2:23.41	475	2:21.34	29/07/2022	97%		
Elpiniki (Niki) Kechagioglou, 16/03/2011									-
50m vrije slag	series	42.	37.79	245	NT		-		
200m vrije slag	series	26.	3:07.77	217	3:06.99	15/01/2023	99%		
100m rugslag	series	28.	1:33.88	230	NT		-		
200m wisselslag	series	34.	3:30.05	216	NT		-		
Emma Jenkins, 23/03/2009									1
50m vrije slag	series	25.	30.81	453	29.83	25/11/2022	94%		
200m vrije slag	series	15.	2:26.37	459	2:25.58	15/01/2023	99%		
50m rugslag	series	8.	34.57	475	35.25	24/04/2022	104%		
100m rugslag	series	14.	1:15.98	435	1:13.78	22/07/2022	94%		
Ioana Vasilescu, 27/09/2007									3
50m vrije slag	series	22.	30.82	452	31.87	23/04/2022	107%		
100m vrije slag	series	23.	1:08.67	426	1:08.13	19/03/2022	98%		
200m vrije slag	series	12.	2:24.16	481	2:22.00		97%		
400m vrije slag	series	7.	4:58.41	497	5:06.95	24/04/2022	106%		
100m rugslag	series	10.	1:14.22	466	1:16.22	20/02/2022	105%		
200m rugslag	series	13.	2:44.47	421	2:39.62	19/02/2022	94%		
Jonas Eversonas, 12/03/2010									4
50m vrije slag	series	18.	29.93	340	32.00		114%		
100m schoolslag	series	5.	1:18.57	379	1:18.81	08/01/2023	101%		
200m schoolslag	series	3.	2:50.43	405	2:55.31	15/01/2023	106%		
100m vlinderslag	series	10.	1:16.46	271	1:25.89	19/03/2022	126%		
200m wisselslag	series	13.	2:41.99	348	2:40.73	15/01/2023	98%		
Julia MacHale, 27/09/2009									5
50m vrije slag	series	11.	29.73	504	30.43		105%		
100m vrije slag	series	8.	1:03.73	534	1:04.16	08/01/2023	101%		
200m vrije slag	series	5.	2:17.01	560	2:22.11	22/07/2022	108%		
50m rugslag	series	5.	33.77	509	34.69	08/01/2023	106%		
100m rugslag	series	6.	1:12.81	494	1:15.23	02/04/2022	107%		
200m rugslag	series	9.	2:37.80	477	2:34.00		95%		
Lennart Boehm, 18/01/2010									4
50m vrije slag	series	35.	33.99	232	36.31	15/01/2023	114%		
200m vrije slag	series	10.	2:33.98	290	2:47.78	20/11/2022	119%		
100m rugslag	series	19.	1:23.06	243	1:30.00		117%		
200m wisselslag	series	26.	2:58.07	262	3:15.27	15/01/2023	120%		
Liam MacHale, 06/10/2007									7
50m vrije slag	series	13.	27.50	439	28.46	15/01/2023	107%		
100m vrije slag	series	13.	59.25	496	1:00.14	08/01/2023	103%		
200m vrije slag	series	9.	2:12.06	460	2:19.05	20/02/2022	111%		
50m rugslag	series	6.	30.93	467	31.15	01/08/2022	101%		
100m rugslag	series	5.	1:07.14	460	1:07.31	08/01/2023	101%		
200m rugslag	series	7.	2:28.05	432	2:31.12	20/02/2022	104%		
200m wisselslag	series	11.	2:32.84	414	2:33.56	15/01/2023	101%		
Marjorie Ohliger, 22/03/2007									4
50m vrije slag	series	14.	30.07	487	30.84	14/01/2023	105%		
100m vrije slag	series	22.	1:07.94	440	1:08.26	18/04/2022	101%		
200m vrije slag	series	20.	2:30.61	422	2:39.89		113%		
50m rugslag	series	16.	35.75	429	35.41	02/04/2022	98%		
100m rugslag	series	12.	1:15.32	446	1:16.04	01/05/2022	102%		
200m rugslag	series	12.	2:43.97	425	2:43.71	03/04/2022	100%		
Raphaël Agrell, 02/09/2007									1
50m vrije slag	series	23.	28.56	392	28.47	20/11/2022	99%		
100m vrije slag	series	31.	1:03.39	405	1:03.35	08/01/2023	100%		
100m rugslag	series	12.	1:10.76	393	1:09.80	08/01/2023	97%		
200m rugslag	series	11.	2:32.64	394	2:39.55	01/05/2022	109%		
Sandra Marzouki, 01/06/2010									-
50m vrije slag	series	37.	35.07	307	NT		-		
200m schoolslag	series	18.	3:49.08	223	NT		-		
Simon Van Bellegem, 09/05/2006									1
50m vrije slag	series	21.	27.54	437	27.55	18/04/2022	100%		
100m vrije slag	series	24.	1:01.28	448	59.30	29/07/2022	94%		
200m vrije slag	series	18.	2:15.20	429	2:13.28	14/01/2023	97%		
50m rugslag	series	8.	30.32	495	29.97	30/07/2022	98%		

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100m rugslag	series	5.	1:05.61	493	1:04.94	31/07/2022	98%
200m rugslag	series	5.	2:25.55	454	2:24.43	29/07/2022	98%
200m wisselslag	series	13.	2:31.92	422	2:31.19	24/04/2022	99%

De Aalsolver

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De Blauwe Schuur								11
Pieke Beekhuis, 01/01/2010								4
50m vrije slag	series	11.	31.82	411	NT		-	
50m vrije slag	series	14.	32.34	392	32.58	14/05/2022	101%	
100m vrije slag	series	17.	1:11.89	372	1:10.69	12/02/2023	97%	
200m vrije slag	series	10.	2:38.07	365	2:42.47	12/02/2023	106%	
400m vrije slag	series	13.	5:38.17	341	5:33.12	12/02/2023	97%	
50m rugslag	series	11.	39.21	325	39.21	15/05/2022	100%	
100m rugslag	series	19.	1:25.81	301	1:23.64	12/02/2023	95%	
200m rugslag	series	16.	3:02.99	306	NT		-	
200m schoolslag	series	17.	3:44.98	236	NT		-	
50m vlinderslag	series	10.	36.10	309	36.66	14/05/2022	103%	
200m wisselslag	series	22.	3:09.54	294	3:12.70	15/05/2022	103%	
Xander Kragting, 01/01/2009								7
50m vrije slag	series	13.	30.22	331	NT		-	
50m vrije slag	series	20.	30.47	323	32.23	12/02/2023	112%	
100m vrije slag	series	17.	1:06.43	352	1:07.16	12/02/2023	102%	
200m vrije slag	series	9.	2:26.74	335	2:37.16	12/02/2023	115%	
400m vrije slag	series	14.	5:16.80	335	5:26.51	12/02/2023	106%	
100m rugslag	series	12.	1:17.71	297	1:18.36	12/02/2023	102%	
50m schoolslag	series	13.	42.22	232	40.79	22/01/2023	93%	
200m schoolslag	series	11.	3:11.54	285	3:12.95	23/10/2022	101%	
50m vlinderslag	series	11.	34.38	271	35.61	21/01/2023	107%	
100m vlinderslag	series	11.	1:20.87	229	1:19.08	21/01/2023	96%	
200m wisselslag	series	16.	2:45.97	324	NT		-	

De Fuut

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De Geul

4

Tess Vonk, 13/01/2009

4

50m schoolslag	series	2.	35.94	547	36.22	21/05/2022	102%
100m schoolslag	series	3.	1:18.29	549	1:18.94	11/06/2022	102%
200m schoolslag	series	3.	2:49.78	550	2:53.34	14/05/2022	104%
50m vlinderslag	series	4.	31.01	488	31.32	10/06/2022	102%
100m vlinderslag	series	3.	1:08.47	531	1:07.61	11/06/2022	98%
200m vlinderslag	series	1.	2:42.74	419	2:31.11	12/11/2022	86%

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Hellas-Glana								11
Alrik van Eeghem, 12/08/2006								2
50m schoolslag	series	9.	33.18	478	34.29	16/04/2022	107%	
200m schoolslag	series	7.	2:41.43	476	2:42.26	22/05/2022	101%	
Fenne Hardeman, 13/09/2011								4
200m vrije slag	series	19.	2:52.41	281	3:00.95		110%	
100m schoolslag	series	10.	1:36.44	294	1:47.13	16/04/2022	123%	
50m vlinderslag	series	20.	43.55	176	47.98		121%	
200m wisselslag	series	19.	3:09.06	296	3:12.52	12/02/2023	104%	
Jannick van Eeghem, 28/02/2008								2
100m vrije slag	series	28.	1:03.21	408	1:04.95	12/02/2023	106%	
100m schoolslag	series	13.	1:25.77	291	1:34.97	21/05/2022	123%	
200m wisselslag	series	19.	2:41.33	352	2:37.59		95%	
Sara Creemers, 02/10/2011								3
50m vrije slag	series	43.	37.88	243	34.16		81%	
50m rugslag	series	20.	40.80	289	41.42		103%	
200m rugslag	series	18.	3:05.07	296	3:01.70		96%	
100m schoolslag	series	16.	1:40.39	260	1:46.81	16/04/2022	113%	
200m schoolslag	series	10.	3:31.57	284	3:14.88		85%	
50m vlinderslag	series	19.	41.73	200	41.60		99%	
200m wisselslag	series	25.	3:13.49	276	3:24.36		112%	

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Hellas-Glana 1								56
Benigna Kocsispeter, 26/04/2007								4
50m vrije slag	series	7.	28.95	546	NT		-	
200m vrije slag	series	14.	2:26.09	462	2:22.05		95%	
50m rugslag	series	15.	35.72	430	34.78		95%	
50m schoolslag	series	3.	34.88	598	35.11	16/04/2022	101%	
100m schoolslag	series	5.	1:17.73	561	1:18.51	19/03/2022	102%	
200m schoolslag	series	1.	2:46.83	579	2:48.14	20/02/2022	102%	
50m vlinderslag	series	4.	31.44	469	31.91	16/04/2022	103%	
100m vlinderslag	series	5.	1:11.95	458	1:07.98		89%	
200m vlinderslag	series	6.	2:56.65	327	2:40.57		83%	
Cas Heylighen, 09/12/2009								4
50m vrije slag	series	21.	30.96	308	31.07		101%	
50m schoolslag	series	9.	39.64	280	39.81		101%	
100m schoolslag	series	10.	1:25.11	298	1:21.72		92%	
200m schoolslag	series	8.	3:03.56	324	2:57.73		94%	
50m vlinderslag	series	13.	34.44	270	38.06	21/05/2022	122%	
200m wisselslag	series	17.	2:46.24	322	2:52.88		108%	
Esra Simon, 07/01/2011								5
50m vrije slag	series	33.	34.44	324	34.42		100%	
50m rugslag	series	14.	39.42	320	40.97		108%	
50m schoolslag	series	11.	45.25	274	44.23		96%	
100m schoolslag	series	5.	1:33.42	323	1:30.70		94%	
200m schoolslag	series	5.	3:18.13	346	3:21.01		103%	
50m vlinderslag	series	7.	34.55	353	35.34		105%	
100m vlinderslag	series	3.	1:16.79	377	1:19.59		107%	
200m vlinderslag	series	1.	2:56.69	327	3:10.76		117%	
Joris Willemse, 21/09/2008								6
50m rugslag	series	18.	34.46	337	37.45	16/04/2022	118%	
50m schoolslag	series	7.	35.56	388	38.15	21/05/2022	115%	
100m schoolslag	series	7.	1:18.55	379	1:21.57	21/05/2022	108%	
200m schoolslag	series	7.	2:51.36	398	2:58.05	22/05/2022	108%	
50m vlinderslag	series	22.	33.79	286	35.60	21/05/2022	111%	
200m vlinderslag	series	7.	3:05.24	213	2:56.12		90%	
200m wisselslag	series	21.	2:45.49	326	2:46.61		101%	
Mattia Maggio, 16/02/2009								10
50m vrije slag	series	2.	26.21	507	NT		-	
100m vrije slag	series	4.	58.33	520	58.27	11/06/2022	100%	
200m vrije slag	series	1.	2:09.30	490	2:13.65	12/06/2022	107%	
400m vrije slag	series	3.	4:41.44	478	4:42.23	10/06/2022	101%	
50m rugslag	series	1.	29.31	549	31.35	11/06/2022	114%	
100m rugslag	series	1.	1:03.68	539	1:05.03	11/06/2022	104%	
200m rugslag	series	1.	2:20.60	504	2:23.79	12/06/2022	105%	
50m vlinderslag	series	4.	29.28	439	30.73	10/06/2022	110%	
100m vlinderslag	series	1.	1:03.23	479	1:06.81	22/05/2022	112%	
200m vlinderslag	series	2.	2:31.41	391	2:40.55		112%	
200m wisselslag	series	1.	2:22.73	509	2:27.59	10/06/2022	107%	
400m wisselslag	series	1.	5:17.22	454	5:19.23	22/05/2022	101%	
Myrthe Stelten, 21/03/2009								5
50m vrije slag	series	12.	30.53	466	NT		-	
50m vrije slag	series	26.	30.96	446	32.85	12/06/2022	113%	
50m rugslag	series	10.	35.21	449	38.94	12/06/2022	122%	
200m rugslag	series	5.	2:34.99	504	2:45.04	11/06/2022	113%	
50m schoolslag	series	9.	37.75	472	36.92	17/02/2022	96%	
100m schoolslag	series	7.	1:22.47	470	1:20.98	22/05/2022	96%	
200m schoolslag	series	11.	3:03.10	438	2:55.11	16/04/2022	91%	
50m vlinderslag	series	12.	33.04	404	34.35	10/06/2022	108%	
100m vlinderslag	series	10.	1:18.65	351	1:19.82	12/06/2022	103%	
200m wisselslag	series	5.	2:39.40	495	2:39.07	10/06/2022	100%	
400m wisselslag	series	6.	5:52.46	431	5:48.12	12/06/2022	98%	
Noa Roberts, 28/11/2008								5
100m vrije slag	series	24.	1:08.25	434	1:07.69	12/02/2023	98%	
200m vrije slag	series	21.	2:32.02	410	2:46.05		119%	
400m vrije slag	series	19.	5:26.63	379	5:49.96		115%	
50m rugslag	series	15.	35.74	430	39.16		120%	
100m rugslag	series	13.	1:15.11	450	1:17.23	12/02/2023	106%	
200m rugslag	series	16.	2:47.06	402	2:59.10		115%	
Ruben de Vries, 07/12/2006								5
50m vrije slag	series	13.	27.32	448	NT		-	
100m vrije slag	series	19.	59.25	496	1:02.14	16/04/2022	110%	
400m vrije slag	series	9.	4:34.82	513	4:50.92	21/05/2022	112%	
50m schoolslag	series	11.	33.41	468	32.64		95%	

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100m schoolslag	series	3.	1:11.37	506	1:09.31		94%	
200m schoolslag	series	4.	2:37.82	510	2:31.48		92%	
50m vlinderslag	series	9.	29.49	430	32.50	22/05/2022	121%	
100m vlinderslag	series	10.	1:10.69	343	1:12.97	22/05/2022	107%	
200m vlinderslag	series	6.	2:47.31	289	2:45.23		98%	
200m wisselslag	series	10.	2:28.85	449	2:33.61	20/02/2022	106%	
Stan Houtvast, 05/10/2005								
50m vrije slag	series	11.	26.85	472	NT		-	4
50m vrije slag	series	19.	27.29	449	28.04	16/04/2022	106%	
100m vrije slag	series	23.	1:00.98	455	1:01.33	16/04/2022	101%	
200m vrije slag	series	19.	2:19.24	393	2:15.14	20/02/2022	94%	
400m vrije slag	series	17.	5:02.82	383	4:52.49	20/02/2022	93%	
50m rugslag	series	16.	33.74	359	35.59	20/02/2022	111%	
100m rugslag	series	18.	1:13.20	355	1:13.54	16/04/2022	101%	
200m rugslag	series	13.	2:36.02	369	2:35.56	18/03/2022	99%	
200m vlinderslag	series	7.	2:55.93	249	2:47.92		91%	
200m wisselslag	series	15.	2:33.95	406	2:31.89	20/02/2022	97%	
400m wisselslag	series	9.	5:32.75	393	5:24.87	22/05/2022	95%	
Sterre de Veen, 09/06/2011								
50m vrije slag	series	10.	31.71	415	NT		-	3
50m vrije slag	series	10.	32.10	400	31.84		98%	
100m vrije slag	series	10.	1:11.04	385	1:20.14	16/04/2022	127%	
200m vrije slag	series	5.	2:32.41	407	2:31.88		99%	
400m vrije slag	series	9.	5:30.00	367	5:23.96		96%	
100m rugslag	series	10.	1:23.48	327	1:20.44		93%	
200m rugslag	series	9.	2:54.56	352	2:50.09		95%	
50m schoolslag	series	5.	41.33	359	42.01		103%	
200m wisselslag	series	10.	2:56.08	367	3:12.97	16/04/2022	120%	
400m wisselslag	series	3.	6:16.01	355	6:00.45		92%	
Stijn Saelmans, 17/09/2007								
50m vrije slag	series	7.	26.82	473	NT		-	4
50m vrije slag	series	8.	27.17	455	27.26	16/04/2022	101%	
100m vrije slag	series	14.	59.29	495	59.75	11/06/2022	102%	
200m vrije slag	series	12.	2:15.57	425	2:05.65		86%	
400m vrije slag	series	14.	4:58.97	398	4:25.00		79%	
50m rugslag	series	14.	32.77	392	32.93	19/03/2022	101%	
100m rugslag	series	19.	1:13.70	348	1:13.48	20/03/2022	99%	
200m rugslag	series	19.	2:42.36	327	2:33.66		90%	
100m vlinderslag	series	7.	1:07.98	386	1:07.24		98%	
200m vlinderslag	series	6.	2:45.89	297	2:50.10		105%	
400m wisselslag	series	5.	5:39.47	370	5:25.35		92%	
Suze Creemers, 20/06/2007								
50m vrije slag	series	6.	28.85	552	NT		-	1
50m vrije slag	series	8.	29.13	536	28.94	13/02/2022	99%	
100m vrije slag	series	6.	1:02.75	559	1:03.53	12/06/2022	103%	
400m vrije slag	series	4.	4:49.04	547	4:47.96	21/05/2022	99%	
50m rugslag	series	7.	33.94	502	33.15	16/04/2022	95%	
100m rugslag	series	3.	1:12.35	503	1:11.77	21/05/2022	98%	
200m rugslag	series	4.	2:34.08	513	2:33.30	12/02/2022	99%	
50m schoolslag	series	4.	35.29	578	35.08	17/02/2022	99%	
100m schoolslag	series	2.	1:17.10	575	1:14.20	11/06/2022	93%	
200m wisselslag	series	2.	2:31.38	578	2:29.99	12/06/2022	98%	
400m wisselslag	series	2.	5:26.25	544	5:16.08		94%	

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								3
K. Aarschotse Zwemclub Schoonhoven								-
Amélie Put, 03/09/2007								-
400m vrije slag	series	13.	5:05.65	463	4:55.07	14/01/2023	93%	-
200m schoolslag	series	9.	3:05.85	419	2:55.62	14/01/2023	89%	-
200m vlinderslag	series	7.	3:05.96	281	NT		-	-
200m wisselslag	series	9.	2:47.52	426	2:42.03	13/03/2022	94%	-
Briana Wouters, 23/02/2006								-
50m vrije slag	series	1.	27.11	665	NT		-	-
50m vrije slag	series	2.	27.59	631	26.71		94%	-
100m vrije slag	series	3.	59.75	648	57.09	19/02/2022	91%	-
200m vrije slag	series	2.	2:13.97	599	2:08.89	21/01/2023	93%	-
50m rugslag	series	2.	32.08	594	29.88	19/02/2022	87%	-
200m rugslag	series	2.	2:31.27	542	2:25.28	15/10/2022	92%	-
50m schoolslag	series	12.	38.82	434	37.65	19/11/2021	94%	-
200m wisselslag	series	4.	2:36.54	522	2:29.72	02/10/2022	91%	-
Chloé Dewyn, 28/01/2007								-
50m rugslag	series	18.	36.62	399	35.84	19/02/2022	96%	-
200m wisselslag	series	18.	2:55.25	372	2:45.84	19/07/2022	90%	-
Do De Cat, 02/08/2010								1
200m vrije slag	series	14.	2:43.73	328	2:52.94	27/11/2022	112%	1
50m rugslag	series	21.	41.24	280	40.77	29/01/2023	98%	1
Emilia Hermans, 08/05/2007								-
400m vrije slag	series	18.	5:24.32	387	5:05.63	13/03/2022	89%	-
200m wisselslag	series	19.	2:55.63	370	2:46.49	06/02/2022	90%	-
Kobe Delen, 14/04/2005								-
400m vrije slag	series	4.	4:25.10	572	4:24.97	29/07/2022	100%	-
100m vlinderslag	series	6.	1:04.75	446	1:02.99	20/11/2022	95%	-
Lena Thys, 17/02/2011								2
50m vrije slag	series	23.	33.11	365	33.60		103%	2
200m schoolslag	series	3.	3:11.82	381	3:14.45	16/10/2022	103%	2
Linus Verschuren, 21/02/2008								-
50m vrije slag	series	29.	29.62	351	29.34		98%	-
200m vrije slag	series	15.	2:20.76	380	2:16.93	19/07/2022	95%	-
400m vrije slag	series	12.	4:49.53	439	4:39.62	26/12/2022	93%	-
100m rugslag	series	21.	1:14.97	330	1:10.23	20/11/2022	88%	-
Siebe Vets, 30/04/2008								-
200m vrije slag	series	10.	2:12.79	453	2:05.68	20/11/2022	90%	-
400m vrije slag	series	11.	4:43.43	468	4:32.00	26/07/2022	92%	-
Tindra Demey, 08/08/2008								-
200m vrije slag	series	17.	2:28.16	443	2:23.16		93%	-

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								143
Mega								7
Amélie Claeys, 04/11/2010								7
50m vrije slag	series	26.	33.80	343	41.17	25/05/2022	148%	
100m vrije slag	series	26.	1:16.88	304	1:24.09	17/07/2022	120%	
200m vrije slag	series	17.	2:51.15	287	3:17.26	30/04/2022	133%	
400m vrije slag	series	18.	5:58.85	286	6:56.95	16/01/2022	135%	
50m schoolslag	series	4.	41.32	360	52.95	12/03/2022	164%	
100m schoolslag	series	4.	1:31.87	340	1:52.92	30/04/2022	151%	
200m schoolslag	series	6.	3:20.36	334	3:56.18	18/04/2022	139%	
Cas Lannoy, 22/10/2007								6
50m vrije slag	series	38.	31.34	297	35.00		125%	
100m vrije slag	series	36.	1:07.20	340	1:13.33	17/07/2022	119%	
100m rugslag	series	22.	1:17.39	300	1:27.33	17/07/2022	127%	
100m schoolslag	series	14.	1:26.54	283	1:41.18	13/03/2022	137%	
50m vlinderslag	series	23.	34.06	279	40.92	16/07/2022	144%	
100m vlinderslag	series	13.	1:19.84	238	1:50.80	13/03/2022	193%	
Elias Debbaut, 10/02/2010								6
100m vrije slag	series	20.	1:07.39	337	1:11.13	17/07/2022	111%	
50m rugslag	series	10.	35.23	316	42.25	13/03/2022	144%	
100m rugslag	series	14.	1:18.55	287	1:22.64	17/07/2022	111%	
50m vlinderslag	series	15.	34.94	258	39.07	25/05/2022	125%	
200m vlinderslag	series	8.	3:04.83	215	3:10.00		106%	
200m wisselslag	series	21.	2:51.59	293	2:59.11	16/07/2022	109%	
Ewout Loeyes, 18/10/2010								6
50m vrije slag	series	24.	32.77	259	32.81	15/10/2022	100%	
100m vrije slag	series	24.	1:08.96	314	1:10.65	17/07/2022	105%	
400m vrije slag	series	17.	5:22.62	317	5:26.35	15/07/2022	102%	
100m rugslag	series	17.	1:22.84	245	1:23.89	17/07/2022	103%	
50m vlinderslag	series	16.	35.67	243	38.05	15/10/2022	114%	
200m wisselslag	series	25.	2:57.96	262	3:07.22	27/05/2022	111%	
Fen Pérez, 09/01/2009								6
50m vrije slag	series	31.	33.34	246	35.14	13/03/2022	111%	
100m vrije slag	series	37.	1:14.57	248	1:17.53	17/07/2022	108%	
400m vrije slag	series	23.	5:56.28	235	6:06.74	15/07/2022	106%	
100m rugslag	series	23.	1:24.57	230	1:26.31	12/03/2022	104%	
200m rugslag	series	17.	2:58.97	244	3:02.48	15/07/2022	104%	
200m wisselslag	series	34.	3:11.55	210	3:15.00		104%	
Fien Viaene, 28/01/2011								7
50m vrije slag	series	46.	38.63	230	42.78	13/03/2022	123%	
100m vrije slag	series	36.	1:29.28	194	1:36.08	13/03/2022	116%	
200m vrije slag	series	27.	3:15.56	192	3:20.34	18/04/2022	105%	
400m vrije slag	series	22.	6:41.39	204	6:45.22		102%	
50m rugslag	series	29.	47.60	182	52.06	13/03/2022	120%	
100m rugslag	series	33.	1:47.47	153	1:53.95	13/03/2022	112%	
50m schoolslag	series	20.	55.11	151	55.67	12/03/2022	102%	
Henri Kockx, 05/03/2006								4
50m vrije slag	series	22.	27.57	436	27.92	20/03/2022	103%	
100m vrije slag	series	17.	59.16	498	59.88	30/07/2022	102%	
400m vrije slag	series	7.	4:31.33	533	4:30.15	29/07/2022	99%	
50m vlinderslag	series	15.	31.25	361	32.44	25/05/2022	108%	
200m wisselslag	series	9.	2:28.18	455	2:27.98	27/05/2022	100%	
400m wisselslag	series	6.	5:15.46	461	5:20.00		103%	
Jakob Naaktgeboren, 24/09/2008								6
50m vrije slag	series	33.	29.89	342	32.23	13/03/2022	116%	
100m vrije slag	series	37.	1:08.22	325	1:11.39	01/05/2022	110%	
400m vrije slag	series	16.	5:18.65	329	5:47.94	13/03/2022	119%	
100m rugslag	series	20.	1:13.81	346	1:18.39	01/05/2022	113%	
200m rugslag	series	17.	2:41.19	334	2:46.80	30/04/2022	107%	
200m wisselslag	series	20.	2:41.86	349	2:57.59	12/03/2022	120%	
Janne Bulckaen, 26/04/2011								6
50m vrije slag	series	45.	38.26	236	37.85	22/10/2022	98%	
100m vrije slag	series	32.	1:21.52	255	1:30.09	25/06/2022	122%	
200m vrije slag	series	25.	3:02.91	235	3:28.23	30/04/2022	130%	
50m schoolslag	series	10.	44.84	281	48.34	09/10/2022	116%	
100m schoolslag	series	8.	1:35.30	304	1:52.07	30/04/2022	138%	
200m schoolslag	series	8.	3:27.62	300	3:50.95	01/05/2022	124%	
200m wisselslag	series	31.	3:21.47	245	3:41.56	12/03/2022	121%	
Jonas Roegis, 03/07/2007								4
50m vrije slag	series	24.	28.61	390	30.08	25/05/2022	111%	
200m vrije slag	series	19.	2:24.43	352	2:23.30	23/10/2022	98%	
50m rugslag	series	20.	35.10	319	38.07	18/04/2022	118%	
50m schoolslag	series	22.	41.65	241	42.66	15/10/2022	105%	

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50m vinderslag	series	20.	32.26	328	36.04	25/05/2022	125%	
Juliette Sanders, 06/08/2009								
50m vrije slag	series	42.	32.59	383	34.96	20/03/2022	115%	9
100m vrije slag	series	33.	1:12.10	368	1:15.31	17/07/2022	109%	
200m vrije slag	series	27.	2:38.28	363	2:44.80	16/07/2022	108%	
400m vrije slag	series	20.	5:32.45	359	5:48.63	15/07/2022	110%	
50m rugslag	series	27.	40.11	304	43.27	19/03/2022	116%	
100m rugslag	series	28.	1:25.64	303	1:29.45	17/07/2022	109%	
200m rugslag	series	24.	3:00.28	320	3:11.72	18/03/2022	113%	
50m schoolslag	series	34.	45.87	263	58.79		164%	
200m wisselslag	series	29.	3:06.95	307	3:17.65	17/07/2022	112%	
Kamiel D'hooghe, 27/09/2005								
50m vrije slag	series	25.	28.14	410	28.09	25/05/2022	100%	3
100m vrije slag	series	22.	1:00.84	458	59.93	26/05/2022	97%	
200m vrije slag	series	14.	2:12.89	452	2:13.64	09/04/2022	101%	
400m vrije slag	series	13.	4:40.79	481	4:41.79	17/07/2022	101%	
100m rugslag	series	10.	1:09.19	420	1:10.36	20/03/2022	103%	
200m rugslag	series	11.	2:30.85	408	2:29.34	10/04/2022	98%	
Laura Vangampelaere, 18/04/2008								
50m vrije slag	series	15.	29.96	493	31.16	25/05/2022	108%	4
100m vrije slag	series	14.	1:04.50	515	1:05.98	27/05/2022	105%	
200m vrije slag	series	10.	2:21.03	514	2:20.91	30/04/2022	100%	
50m rugslag	series	6.	34.06	497	35.16	25/05/2022	107%	
100m rugslag	series	4.	1:12.01	510	1:10.63	27/05/2022	96%	
200m rugslag	series	4.	2:34.22	511	2:37.58	30/04/2022	104%	
Leon Lafaut, 24/07/2008								
100m vrije slag	series	32.	1:04.69	381	1:09.77	17/07/2022	116%	6
50m rugslag	series	15.	32.83	390	37.79	25/05/2022	132%	
100m rugslag	series	14.	1:12.52	365	1:19.31	26/05/2022	120%	
200m rugslag	series	13.	2:34.21	382	2:35.00		101%	
200m schoolslag	series	12.	3:03.17	326	3:10.00		108%	
200m wisselslag	series	13.	2:37.35	380	2:49.88	17/07/2022	117%	
Lieze Anseeuw, 23/10/2010								
50m vrije slag	series	44.	38.21	237	40.85	25/05/2022	114%	9
100m vrije slag	series	33.	1:22.53	245	1:32.84	27/05/2022	127%	
200m vrije slag	series	24.	3:00.94	243	3:29.69	19/03/2022	134%	
400m vrije slag	series	21.	6:07.36	266	7:14.51	19/03/2022	140%	
50m rugslag	series	28.	47.12	187	51.01	13/03/2022	117%	
100m rugslag	series	30.	1:36.68	211	1:45.82	17/07/2022	120%	
200m rugslag	series	25.	3:26.75	212	3:54.76	18/03/2022	129%	
50m schoolslag	series	19.	51.59	185	56.01	12/03/2022	118%	
200m wisselslag	series	32.	3:25.97	229	3:40.37	16/07/2022	114%	
Lore Martelé, 02/07/2009								
50m vrije slag	series	39.	32.28	394	35.77	20/03/2022	123%	7
100m vrije slag	series	28.	1:10.02	402	1:12.24	17/07/2022	106%	
400m vrije slag	series	17.	5:17.38	413	5:37.26	15/07/2022	113%	
50m rugslag	series	23.	39.70	313	41.70	19/03/2022	110%	
100m rugslag	series	24.	1:23.15	331	1:28.66	17/07/2022	114%	
200m rugslag	series	22.	2:58.52	329	3:09.79	15/07/2022	113%	
200m wisselslag	series	22.	2:58.51	352	3:20.59	19/03/2022	126%	
Lore Roegis, 01/10/2008								
50m vrije slag	series	53.	38.07	240	NT		-	-
100m vrije slag	series	42.	1:25.01	225	NT		-	-
200m vrije slag	series	32.	3:00.21	246	NT		-	-
50m rugslag	series	29.	45.92	202	NT		-	-
50m schoolslag	series	36.	50.18	201	NT		-	-
Louiz Ameloot, 21/01/2010								
100m vrije slag	series	23.	1:07.93	329	1:14.42	17/07/2022	120%	5
400m vrije slag	series	13.	5:06.35	370	5:32.42	15/07/2022	118%	
200m rugslag	series	12.	2:47.36	299	3:12.38	30/04/2022	132%	
100m vinderslag	series	12.	1:22.79	213	1:43.19	13/03/2022	155%	
200m vinderslag	series	10.	3:19.50	170	3:55.00		139%	
Mila Dumont, 17/01/2009								
50m vrije slag	series	49.	34.34	327	34.16	15/10/2022	99%	4
100m vrije slag	series	31.	1:11.85	372	1:14.59	17/07/2022	108%	
50m rugslag	series	28.	41.20	280	43.00		109%	
200m rugslag	series	20.	2:58.11	332	3:07.44	15/07/2022	111%	
200m schoolslag	series	23.	3:29.13	294	3:25.75	23/10/2022	97%	
100m vinderslag	series	15.	1:31.33	224	1:35.32	15/07/2022	109%	

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Mona Verstraete, 22/08/2006								2
50m vrije slag	series	12.	30.06	488	NT		-	
50m vrije slag	series	19.	30.21	480	30.20	26/02/2022	100%	
100m vrije slag	series	21.	1:07.05	458	1:05.58	27/05/2022	96%	
200m vrije slag	series	16.	2:26.56	458	2:21.62	30/04/2022	93%	
50m rugslag	series	3.	32.75	559	32.15	30/07/2022	96%	
100m rugslag	series	2.	1:10.79	537	1:09.54	31/07/2022	96%	
200m rugslag	series	5.	2:34.87	505	2:32.15	29/07/2022	97%	
50m vlinderslag	series	22.	35.38	329	35.90	25/05/2022	103%	
100m vlinderslag	series	15.	1:22.74	301	1:36.88		137%	
Nicolas Rosiers, 25/12/2007								6
50m vrije slag	series	22.	28.49	395	29.93	25/05/2022	110%	
100m rugslag	series	18.	1:13.67	348	1:17.86	15/10/2022	112%	
200m rugslag	series	16.	2:40.95	336	2:50.99	18/04/2022	113%	
50m schoolslag	series	19.	39.33	287	41.58	25/05/2022	112%	
100m schoolslag	series	11.	1:24.89	300	1:31.25	27/05/2022	116%	
200m wisselslag	series	16.	2:39.94	362	2:50.71	27/05/2022	114%	
Nora De Maeyer, 12/05/2006								1
50m vrije slag	series	27.	31.38	429	29.64	15/07/2022	89%	
100m vrije slag	series	20.	1:06.82	463	1:05.26	17/07/2022	95%	
200m vrije slag	series	21.	2:32.39	407	2:29.34	30/04/2022	96%	
50m rugslag	series	19.	37.19	381	37.24	13/03/2022	100%	
100m rugslag	series	21.	1:20.03	372	1:18.68	27/05/2022	97%	
50m vlinderslag	series	14.	33.45	389	32.19	16/07/2022	93%	
200m wisselslag	series	13.	2:49.46	412	2:44.54	15/07/2022	94%	
Sara Martelé, 04/09/2007								-
50m vrije slag	series	11.	29.74	504	28.03	12/11/2022	89%	
100m vrije slag	series	15.	1:05.15	500	1:02.35	22/10/2022	92%	
200m vrije slag	series	18.	2:28.65	439	2:19.11	16/10/2022	88%	
50m rugslag	series	9.	34.65	472	32.12	12/11/2022	86%	
100m rugslag	series	17.	1:17.23	414	1:13.51	22/10/2022	91%	
100m schoolslag	series	12.	1:27.47	394	1:27.37	16/10/2021	100%	
50m vlinderslag	series	8.	31.67	459	31.20	23/10/2022	97%	
100m vlinderslag	series	12.	1:20.88	322	1:18.25	30/04/2022	94%	
Stine Baeke, 18/05/2009								7
50m vrije slag	series	51.	35.68	291	36.76	13/03/2022	106%	
100m vrije slag	series	41.	1:17.96	291	1:21.04	01/05/2022	108%	
200m vrije slag	series	30.	2:46.97	309	2:51.81	30/04/2022	106%	
400m vrije slag	series	22.	5:40.05	336	6:01.76	13/03/2022	113%	
50m schoolslag	series	35.	46.72	249	48.03	18/04/2022	106%	
100m schoolslag	series	22.	1:40.08	263	1:45.06	30/04/2022	110%	
200m schoolslag	series	26.	3:33.27	277	3:44.18	01/05/2022	110%	
Toon Bulckaen, 20/10/2007								6
50m vrije slag	series	35.	30.10	335	30.37	13/03/2022	102%	
100m vrije slag	series	34.	1:05.38	369	1:08.45	01/05/2022	110%	
200m rugslag	series	21.	2:43.87	318	2:51.59	30/04/2022	110%	
100m schoolslag	series	12.	1:25.10	298	1:27.73	30/04/2022	106%	
200m schoolslag	series	9.	2:54.03	380	3:06.01	20/03/2022	114%	
200m wisselslag	series	14.	2:38.01	375	2:50.56	25/06/2022	117%	
Warre Huens, 09/11/2010								6
100m vrije slag	series	25.	1:09.74	304	1:13.30	17/07/2022	110%	
400m vrije slag	series	18.	5:24.37	312	5:25.25	13/03/2022	101%	
100m rugslag	series	21.	1:23.49	239	1:24.33	17/07/2022	102%	
200m rugslag	series	16.	2:55.99	257	3:10.00		117%	
100m vlinderslag	series	14.	1:30.56	163	1:36.07	30/04/2022	113%	
400m wisselslag	series	7.	6:29.18	245	6:45.00		108%	
Yarne Coutant, 25/11/2008								4
50m vrije slag	series	40.	34.37	225	37.35	25/05/2022	118%	
100m vrije slag	series	39.	1:14.37	250	1:17.30	17/07/2022	108%	
400m vrije slag	series	18.	5:37.92	276	5:46.65	15/10/2022	105%	
100m schoolslag	series	18.	1:38.34	193	1:36.89	16/07/2022	97%	
200m wisselslag	series	26.	3:07.01	226	3:12.83	15/10/2022	106%	
Yarno Schaubroeck, 07/09/2006								6
50m vrije slag	series	16.	26.78	476	27.93	25/05/2022	109%	
100m vrije slag	series	14.	58.34	519	1:00.98	26/05/2022	109%	
200m vrije slag	series	10.	2:09.82	485	2:19.44	25/06/2022	115%	
400m vrije slag	series	14.	4:43.49	467	4:42.18	09/10/2022	99%	
50m rugslag	series	15.	33.67	362	35.90	25/05/2022	114%	
100m rugslag	series	16.	1:11.02	389	1:12.83	25/06/2022	105%	
50m vlinderslag	series	13.	30.78	378	32.25	25/05/2022	110%	

Mega

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Mega

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Mega Zwemteam 1 1								36
Arne Struyvelt, 17/04/2008								6
50m vrije slag	series	3.	25.67	540	NT		-	
50m vrije slag	series	2.	26.17	510	25.83	23/10/2022	97%	
100m vrije slag	series	3.	55.67	598	58.27	16/10/2022	110%	
50m rugslag	series	16.	33.70	361	33.43	18/04/2022	98%	
50m vlinderslag	series	5.	27.64	523	28.55	23/10/2022	107%	
100m vlinderslag	series	1.	1:01.58	519	1:03.04	20/11/2022	105%	
200m vlinderslag	series	3.	2:26.31	433	2:27.43	18/04/2022	102%	
200m wisselslag	series	7.	2:28.52	452	2:30.44	23/10/2022	103%	
400m wisselslag	series	2.	5:17.70	452	5:21.16	16/10/2022	102%	
Elina D'Hooghe, 07/04/2008								4
50m vrije slag	series	17.	29.97	492	28.41	22/10/2022	90%	
400m vrije slag	series	1.	4:41.61	592	4:38.89	22/10/2022	98%	
100m rugslag	series	12.	1:14.85	455	1:09.33	22/10/2022	86%	
200m rugslag	series	2.	2:32.47	529	2:36.77	23/07/2022	106%	
50m vlinderslag	series	2.	29.80	550	30.57	15/10/2022	105%	
100m vlinderslag	series	1.	1:05.66	603	1:07.24	15/10/2022	105%	
400m wisselslag	series	1.	5:24.54	552	5:35.10		107%	
Lowie Vanbesien, 25/03/2009								5
50m vrije slag	series	11.	28.97	376	NT		-	
50m vrije slag	series	12.	29.06	372	29.54	30/04/2022	103%	
100m vrije slag	series	6.	1:00.12	475	1:00.35	22/10/2022	101%	
50m rugslag	series	6.	33.17	378	34.26	16/10/2022	107%	
50m vlinderslag	series	6.	30.56	386	32.03	15/10/2022	110%	
100m vlinderslag	series	7.	1:09.01	369	1:08.69	16/10/2022	99%	
200m vlinderslag	series	4.	2:41.65	321	2:45.00		104%	
200m wisselslag	series	8.	2:33.37	410	2:29.70	20/11/2022	95%	
Maite Van Gysel, 26/08/2008								1
50m vrije slag	series	4.	28.66	563	NT		-	
50m vrije slag	series	4.	29.00	543	28.30	23/10/2022	95%	
100m vrije slag	series	3.	1:01.82	585	1:01.31	22/10/2022	98%	
200m vrije slag	series	2.	2:15.49	579	2:10.11	12/11/2022	92%	
50m rugslag	series	9.	34.70	470	34.07	18/04/2022	96%	
50m schoolslag	series	10.	38.59	442	36.29	23/10/2022	88%	
100m schoolslag	series	8.	1:23.64	450	1:17.30	22/10/2022	85%	
200m schoolslag	series	9.	3:01.22	452	2:49.02	16/10/2022	87%	
200m vlinderslag	series	2.	2:44.87	403	3:02.97		123%	
200m wisselslag	series	1.	2:33.63	553	2:26.65	12/11/2022	91%	
Mats De Cubber, 24/06/2005								2
50m vrije slag	series	2.	24.59	614	NT		-	
50m vrije slag	series	3.	24.88	593	24.26	15/10/2022	95%	
50m rugslag	series	4.	28.97	568	28.41	15/10/2022	96%	
100m rugslag	series	3.	1:04.50	519	1:03.43	18/04/2022	97%	
50m schoolslag	series	1.	30.38	623	30.42	12/11/2022	100%	
100m schoolslag	series	2.	1:10.24	531	1:09.29	14/11/2021	97%	
200m schoolslag	series	6.	2:40.70	483	2:36.91	18/04/2022	95%	
50m vlinderslag	series	2.	26.00	628	25.83	12/11/2022	99%	
100m vlinderslag	series	1.	58.79	596	1:01.18	30/04/2022	108%	
Mila Schram, 31/08/2010								3
50m vrije slag	series	8.	31.85	410	32.57	22/10/2022	105%	
50m rugslag	series	3.	36.13	416	35.22	23/10/2022	95%	
200m rugslag	series	2.	2:43.50	429	2:41.42	23/10/2022	97%	
100m schoolslag	series	11.	1:37.56	284	1:33.94	19/11/2022	93%	
50m vlinderslag	series	5.	34.02	370	34.77	19/11/2022	104%	
100m vlinderslag	series	4.	1:21.14	319	1:19.34	15/10/2022	96%	
200m vlinderslag	series	3.	3:03.66	291	3:10.22		107%	
Noa Hollebosch, 08/04/2007								1
50m vrije slag	series	4.	27.76	619	NT		-	
50m vrije slag	series	3.	27.86	613	27.89	29/07/2022	100%	
100m vrije slag	series	2.	59.34	661	59.21	13/11/2022	100%	
400m vrije slag	series	1.	4:34.99	635	4:26.19	13/11/2022	94%	
50m schoolslag	series	7.	37.03	500	36.28	27/05/2022	96%	
100m schoolslag	series	7.	1:21.34	490	1:19.60	26/05/2022	96%	
200m schoolslag	series	3.	2:51.83	530	2:44.98	13/11/2022	92%	
100m vlinderslag	series	1.	1:08.68	527	1:07.23	16/10/2022	96%	
200m vlinderslag	series	1.	2:35.90	476	2:30.82	15/10/2022	94%	
200m wisselslag	series	1.	2:29.35	602	2:24.47	12/11/2022	94%	
Olivia Heijl, 18/07/2007								2
50m vrije slag	series	5.	28.35	582	NT		-	
50m vrije slag	series	7.	29.00	543	28.87	25/05/2022	99%	
200m vrije slag	series	7.	2:22.01	503	2:22.06	30/04/2022	100%	

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400m vrije slag	series	8.	5:01.76	481	4:56.44	16/10/2022	97%	
50m rugslag	series	1.	31.85	607	30.40	12/11/2022	91%	
100m rugslag	series	1.	1:08.30	598	1:05.03	13/11/2022	91%	
200m rugslag	series	1.	2:29.57	560	2:23.14	12/11/2022	92%	
50m vlinderslag	series	2.	31.43	469	31.66	15/10/2022	101%	
400m wisselslag	series	6.	5:48.84	445	5:34.00		92%	
Paulien Present, 26/03/2010								
50m vrije slag	series	2.	29.23	531	NT		-	2
100m vrije slag	series	1.	1:04.39	517	1:04.46	19/11/2022	100%	
200m vrije slag	series	1.	2:22.78	495	2:21.74	16/10/2022	99%	
400m vrije slag	series	1.	5:05.40	464	5:03.63	15/10/2022	99%	
100m rugslag	series	2.	1:15.97	435	1:13.09	19/11/2022	93%	
50m schoolslag	series	8.	43.70	304	43.21	18/04/2022	98%	
200m wisselslag	series	5.	2:50.00	408	2:44.94	19/11/2022	94%	
400m wisselslag	series	2.	6:06.63	383	6:30.50		113%	
Thijs Bogaerts, 30/06/2009								
50m vrije slag	series	15.	29.61	352	31.97	25/05/2022	117%	
200m vrije slag	series	7.	2:19.14	393	2:29.45	16/07/2022	115%	
400m vrije slag	series	7.	4:51.93	428	4:52.92	26/12/2022	101%	
100m rugslag	series	11.	1:17.59	298	1:24.83	26/05/2022	120%	
200m rugslag	series	9.	2:39.71	344	2:45.46		107%	
50m schoolslag	series	6.	37.72	325	38.22	22/10/2022	103%	
100m schoolslag	series	9.	1:24.02	310	1:24.70	22/10/2022	102%	
200m schoolslag	series	7.	3:01.80	333	2:58.62	26/12/2022	97%	
Thor Schram, 20/10/2005								
50m vrije slag	series	6.	25.72	537	NT		-	1
50m vrije slag	series	7.	26.10	514	25.45	22/10/2022	95%	
100m vrije slag	series	5.	56.58	569	55.84	22/10/2022	97%	
200m vrije slag	series	6.	2:06.05	529	2:02.01	15/10/2022	94%	
400m vrije slag	series	6.	4:30.57	538	4:19.80	15/10/2022	92%	
200m rugslag	series	6.	2:26.56	445	2:29.42	10/04/2022	104%	
200m vlinderslag	series	3.	2:24.00	454	2:15.34	12/11/2022	88%	
200m wisselslag	series	7.	2:25.55	480	2:18.45	23/10/2022	90%	
400m wisselslag	series	3.	5:09.18	490	4:49.75	16/10/2022	88%	
Warre Van Hecke, 03/10/2007								
50m vrije slag	series	1.	25.89	526	30.17		136%	2
100m vrije slag	series	4.	55.99	588	55.79	26/11/2022	99%	
200m vrije slag	series	2.	2:05.93	531	2:00.24	18/04/2022	91%	
400m vrije slag	series	3.	4:27.40	557	4:19.48		94%	
100m rugslag	series	10.	1:09.92	407	1:10.34	12/02/2022	101%	
200m rugslag	series	8.	2:29.50	419	2:25.45		95%	

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								35
Mega Zwemteam 2 2								4
Febe De Decker, 22/01/2010								4
50m vrije slag	series	5.	31.12	440	NT		-	
50m vrije slag	series	9.	31.96	406	31.35	16/10/2022	96%	
100m vrije slag	series	5.	1:08.38	432	1:06.58	19/11/2022	95%	
200m vrije slag	series	3.	2:30.66	421	2:49.44	18/04/2022	126%	
400m vrije slag	series	3.	5:16.93	415	5:31.52	15/10/2022	109%	
50m rugslag	series	10.	38.83	335	37.39	15/10/2022	93%	
100m rugslag	series	7.	1:21.34	354	1:15.93	19/11/2022	87%	
50m vlinderslag	series	8.	35.54	324	37.60	19/11/2022	112%	
200m wisselslag	series	7.	2:51.33	398	2:55.13	16/10/2022	104%	
Femke Olde Bijvank, 30/09/2006								-
50m vrije slag	series	6.	28.96	546	28.00	13/11/2021	93%	
100m vrije slag	series	8.	1:02.85	556	1:01.35	22/10/2022	95%	
50m rugslag	series	5.	33.72	512	32.14	12/11/2022	91%	
100m rugslag	series	9.	1:14.18	467	1:10.66	13/11/2022	91%	
50m vlinderslag	series	2.	31.43	469	30.56	23/10/2022	95%	
100m vlinderslag	series	7.	1:13.84	424	1:13.84	19/03/2022	100%	
Juliette Van Brabandt, 12/11/2009								3
50m vrije slag	series	1.	27.64	628	NT		-	
100m vrije slag	series	2.	1:00.88	612	1:01.57	18/04/2022	102%	
200m vrije slag	series	3.	2:15.67	577	2:11.44	20/11/2022	94%	
400m vrije slag	series	7.	4:50.67	538	4:45.50	16/10/2022	96%	
50m rugslag	series	4.	33.45	524	32.57	16/10/2022	95%	
100m rugslag	series	5.	1:12.39	502	1:10.62	20/11/2022	95%	
50m vlinderslag	series	1.	29.50	567	30.13	20/11/2022	104%	
200m wisselslag	series	3.	2:35.29	535	2:34.13	20/11/2022	99%	
400m wisselslag	series	3.	5:40.20	479	5:44.12	20/03/2022	102%	
Korneel Bulckaen, 20/05/2009								5
50m vrije slag	series	34.	33.85	235	37.10	13/03/2022	120%	
200m vrije slag	series	16.	2:44.68	237	3:05.17	30/04/2022	126%	
50m schoolslag	series	15.	44.27	201	45.89	09/10/2022	107%	
100m schoolslag	series	19.	1:38.72	191	1:38.59	04/02/2023	100%	
200m schoolslag	series	14.	3:33.07	207	3:45.24	25/06/2022	112%	
50m vlinderslag	series	21.	46.84	107	46.57	18/04/2022	99%	
200m wisselslag	series	35.	3:12.01	209	3:32.08	25/06/2022	122%	
Kris Van Quekelberghe, 25/09/2007								1
50m vrije slag	series	31.	29.74	347	28.10	26/07/2022	89%	
400m vrije slag	series	13.	4:51.18	431	4:40.44	16/01/2022	93%	
200m rugslag	series	20.	2:42.41	327	2:32.74	23/10/2022	88%	
100m vlinderslag	series	12.	1:17.63	259	1:17.44	09/04/2022	100%	
400m wisselslag	series	4.	5:33.21	391	6:12.04		125%	
Lana Pérez, 10/08/2010								6
50m vrije slag	series	28.	33.85	341	35.24	22/10/2022	108%	
400m vrije slag	series	17.	5:53.22	300	6:13.67	15/07/2022	112%	
200m rugslag	series	22.	3:07.10	286	3:10.00		103%	
50m schoolslag	series	14.	47.11	243	46.50	23/10/2022	97%	
100m schoolslag	series	17.	1:42.79	242	1:47.30	16/07/2022	109%	
200m schoolslag	series	13.	3:39.98	252	3:55.35	01/05/2022	114%	
100m vlinderslag	series	7.	1:31.04	226	1:39.29	15/07/2022	119%	
Leon Baeye, 24/10/2008								8
50m vrije slag	series	4.	26.21	507	NT		-	
50m vrije slag	series	5.	26.84	472	28.26	13/03/2022	111%	
100m vrije slag	series	10.	58.79	508	1:00.90	23/07/2022	107%	
200m vrije slag	series	3.	2:08.55	499	2:10.18	20/11/2022	103%	
50m rugslag	series	9.	31.86	427	34.84	13/03/2022	120%	
100m rugslag	series	8.	1:08.40	435	1:09.92	20/11/2022	104%	
100m schoolslag	series	15.	1:26.89	280	1:32.32	07/11/2021	113%	
50m vlinderslag	series	14.	29.74	419	32.07	25/05/2022	116%	
200m wisselslag	series	8.	2:29.78	440	2:38.30	17/07/2022	112%	
Lieze Foré, 08/01/2008								1
50m vrije slag	series	12.	29.78	502	29.59	13/03/2022	99%	
50m rugslag	series	12.	35.40	442	34.40	23/10/2022	94%	
200m rugslag	series	17.	2:47.40	400	2:39.92	26/12/2021	91%	
50m schoolslag	series	14.	38.85	433	37.35	14/11/2021	92%	
100m schoolslag	series	10.	1:25.24	425	1:20.21	16/10/2021	89%	
200m schoolslag	series	13.	3:05.60	421	2:54.56	24/07/2022	88%	
100m vlinderslag	series	12.	1:21.19	319	1:21.39	19/03/2022	100%	
Lotte Van Laecke, 05/03/2006								-
50m vrije slag	series	14.	30.07	487	29.20	22/10/2022	94%	
200m vrije slag	series	17.	2:27.54	449	2:15.26	26/07/2022	84%	
400m vrije slag	series	11.	5:04.18	469	4:44.02	16/10/2022	87%	

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200m rugslag	series	14.	2:46.34	407	2:45.33	30/04/2022	99%	
50m schoolslag	series	13.	39.05	426	37.10	23/10/2022	90%	
100m schoolslag	series	9.	1:26.15	412	1:21.73	26/07/2022	90%	
200m schoolslag	series	7.	3:03.21	437	2:58.99	01/05/2022	95%	
200m vlinderslag	series	8.	3:11.02	259	2:55.00		84%	
200m wisselslag	series	8.	2:47.33	428	2:40.00	16/10/2022	91%	
Milan Vangampelaere, 03/10/2005								
50m vrije slag	series	5.	25.42	556	NT		-	2
50m vrije slag	series	5.	25.47	553	25.02	13/11/2022	96%	
200m vrije slag	series	4.	2:03.79	559	1:59.74	23/10/2022	94%	
400m vrije slag	series	3.	4:23.13	585	4:13.48	22/10/2022	93%	
100m rugslag	series	13.	1:10.12	404	1:05.19	15/10/2022	86%	
200m rugslag	series	10.	2:30.70	409	2:22.32	16/10/2022	89%	
50m vlinderslag	series	8.	29.28	439	30.24	15/10/2022	107%	
200m wisselslag	series	6.	2:25.28	483	2:23.19	23/10/2022	97%	
400m wisselslag	series	4.	5:09.24	490	5:12.00		102%	
Siebe Van Deursen, 09/09/2009								
50m vrije slag	series	9.	28.70	386	32.61	13/03/2022	129%	4
100m vrije slag	series	12.	1:02.31	426	1:03.33	16/10/2022	103%	
400m vrije slag	series	9.	4:54.59	416	4:51.76	22/10/2022	98%	
50m rugslag	series	7.	33.71	360	33.97	22/10/2022	102%	
100m rugslag	series	7.	1:12.00	373	1:13.80	22/10/2022	105%	
200m rugslag	series	8.	2:39.55	345	2:33.86	20/11/2022	93%	
100m vlinderslag	series	9.	1:15.18	285	1:13.62	20/11/2022	96%	
200m vlinderslag	series	6.	2:50.79	272	2:50.00		99%	
Tom de Mul, 04/11/2005								
50m vrije slag	series	9.	26.32	501	25.60	22/10/2022	95%	1
100m vrije slag	series	12.	57.67	538	56.62	22/10/2022	96%	
50m rugslag	series	7.	30.09	507	29.79	15/10/2022	98%	
50m schoolslag	series	13.	34.31	432	33.48	15/10/2022	95%	
100m schoolslag	series	9.	1:16.62	409	1:13.34	22/10/2022	92%	
200m schoolslag	series	10.	2:50.88	402	2:45.00		93%	
100m vlinderslag	series	8.	1:06.95	404	1:08.87	13/03/2022	106%	

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MNC Dordrecht								13
Carice Forschelen, 25/01/2008								3
100m vrije slag	series	32.	1:11.89	372	1:12.43	15/05/2022	102%	
400m vrije slag	series	24.	5:42.34	329	5:31.39		94%	
200m rugslag	series	23.	2:59.78	322	2:52.53		92%	
50m schoolslag	series	33.	45.50	269	46.73	09/04/2022	105%	
100m schoolslag	series	21.	1:36.86	290	1:47.60	14/05/2022	123%	
100m vlinderslag	series	14.	1:29.93	234	1:27.33		94%	
Denis Blisceac, 21/07/2005								1
400m vrije slag	series	18.	6:04.04	220	6:11.56		104%	
100m schoolslag	series	12.	1:27.29	276	1:23.67		92%	
200m wisselslag	series	19.	2:58.47	260	2:52.03		93%	
Eliska Bosscher, 23/05/2008								4
50m vrije slag	series	28.	31.29	432	33.51	15/05/2022	115%	
100m vrije slag	series	25.	1:08.63	427	1:08.99	15/05/2022	101%	
50m schoolslag	series	25.	41.90	345	43.67	09/04/2022	109%	
200m schoolslag	series	20.	3:20.54	333	3:15.79		95%	
50m vlinderslag	series	15.	33.97	371	37.42	08/04/2022	121%	
Hadewych Forschelen, 21/08/2009								5
200m vrije slag	series	23.	2:35.74	381	2:36.18	21/05/2022	101%	
400m vrije slag	series	18.	5:23.12	391	5:25.04		101%	
200m rugslag	series	18.	2:48.72	390	2:49.28	22/05/2022	101%	
50m schoolslag	series	26.	43.70	304	44.85	19/03/2022	105%	
100m schoolslag	series	20.	1:35.08	306	1:34.64	22/05/2022	99%	
50m vlinderslag	series	20.	34.97	340	36.01	22/05/2022	106%	

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Mosa~Regio								25
Djalisa Theunissen, 22/12/2011								2
100m schoolslag	series	23.	1:54.14	177	1:56.12	12/02/2023	103%	
200m wisselslag	series	36.	3:40.16	187	4:07.96	29/05/2022	127%	
Djamila Theunissen, 21/08/2010								2
100m schoolslag	series	22.	1:45.05	227	1:46.80	12/02/2023	103%	
200m wisselslag	series	28.	3:17.45	260	3:39.48	19/03/2022	124%	
Evi Bouten, 18/04/2010								3
50m vrije slag	series	21.	32.87	373	34.21	14/05/2022	108%	
100m vrije slag	series	21.	1:14.51	334	1:17.96	18/04/2022	109%	
100m rugslag	series	9.	1:23.18	331	1:28.72	18/04/2022	114%	
200m rugslag	series	19.	3:05.37	294	3:04.19	24/04/2022	99%	
100m schoolslag	series	21.	1:43.96	234	1:36.34	11/06/2022	86%	
100m vlinderslag	series	11.	1:51.20	124	1:31.80	28/12/2022	68%	
Giulian Janssen, 18/03/2009								8
50m vrije slag	series	1.	25.38	559	NT	-	-	
50m vrije slag	series	1.	25.97	521	27.36	18/04/2022	111%	
100m vrije slag	series	1.	57.36	546	58.95	12/02/2023	106%	
50m rugslag	series	3.	31.26	452	32.97	12/02/2023	111%	
50m schoolslag	series	1.	32.93	489	35.69	15/05/2022	117%	
100m schoolslag	series	1.	1:13.06	471	1:16.57	21/05/2022	110%	
200m schoolslag	series	1.	2:38.19	506	2:48.98	22/05/2022	114%	
50m vlinderslag	series	1.	28.05	500	29.29	21/05/2022	109%	
100m vlinderslag	series	4.	1:06.79	407	1:08.45	12/06/2022	105%	
Lynn Peters, 15/03/2009								5
50m vrije slag	series	38.	32.26	395	32.48	12/02/2023	101%	
400m vrije slag	series	27.	5:51.64	304	6:35.37	19/03/2022	126%	
200m rugslag	series	26.	3:02.17	310	3:00.52	16/10/2022	98%	
50m schoolslag	series	28.	44.26	293	49.58	18/03/2022	125%	
200m schoolslag	series	25.	3:30.75	287	3:34.99	22/10/2022	104%	
200m wisselslag	series	31.	3:10.18	291	3:25.25	18/04/2022	116%	
Mees Kroon, 03/12/2008								5
50m vrije slag	series	39.	33.52	242	36.47	12/02/2023	118%	
200m vrije slag	series	21.	2:44.57	238	2:49.95	15/05/2022	107%	
50m rugslag	series	23.	38.92	234	40.96	12/02/2023	111%	
200m rugslag	series	24.	3:04.19	224	3:33.46		134%	
50m schoolslag	series	17.	38.46	307	40.69	12/02/2023	112%	
200m schoolslag	series	14.	3:08.03	301	3:04.16	29/10/2022	96%	

MZ&PC

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Nautilus

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Nederweert

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O.Z. & P.C. De Warande								9
Annelotte Lagendaal, 10/01/2010								2
400m vrije slag	series	15.	5:45.38	320	6:22.15	14/01/2023	122%	
200m wisselslag	series	17.	3:07.68	303	3:26.75	20/11/2022	121%	
Cas Krijger, 05/03/2006								1
50m vrije slag	series	24.	28.12	411	27.61	22/05/2022	96%	
100m rugslag	series	12.	1:09.67	412	1:10.54	15/05/2022	103%	
Lieke van Geijn, 24/04/2006								3
100m vrije slag	series	13.	1:04.84	507	1:05.05	15/05/2022	101%	
400m vrije slag	series	15.	5:11.91	435	5:15.50	21/05/2022	102%	
50m vlinderslag	series	10.	32.06	442	32.52	08/04/2022	103%	
100m vlinderslag	series	9.	1:15.29	400	1:12.98	14/05/2022	94%	
200m vlinderslag	series	5.	2:50.44	365	2:46.43	12/02/2023	95%	
Maud van Zwienen, 18/10/2007								-
50m rugslag	series	AFGEM		-	33.00	19/03/2022	-	
100m vlinderslag	series	AFGEM		-	1:14.68	10/06/2022	-	
Meike de Waard, 16/05/2007								1
100m vrije slag	series	28.	1:10.89	388	1:21.69	12/02/2023	133%	
400m vrije slag	series	21.	5:48.86	311	5:44.34	12/02/2023	97%	
50m schoolslag	series	18.	42.97	320	42.24	22/05/2022	97%	
100m schoolslag	series	14.	1:35.74	300	1:31.14	22/05/2022	91%	
Tomas Brilleman, 15/04/2008								2
50m vrije slag	series	28.	29.57	353	32.08	22/01/2023	118%	
400m vrije slag	series	19.	5:48.56	251	5:52.71	14/01/2023	102%	

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Plavecký klub Azeta								9
Martin Kubica, 14/10/2006								4
50m vrije slag	series	1.	24.21	644	NT		-	
50m vrije slag	series	1.	24.48	623	24.41	30/04/2022	99%	
100m vrije slag	series	1.	52.60	709	52.39	01/05/2022	99%	
200m vrije slag	series	1.	1:57.84	648	1:56.79	28/07/2022	98%	
50m rugslag	series	5.	29.19	555	30.73	19/03/2022	111%	
50m schoolslag	series	10.	33.28	474	33.60	06/03/2022	102%	
50m vlinderslag	series	1.	25.64	655	26.01	21/05/2022	103%	
100m vlinderslag	series	2.	59.62	572	59.70	29/04/2022	100%	
Milan Vojtko, 21/11/2007								5
50m vrije slag	series	2.	25.06	580	NT		-	
100m vrije slag	series	2.	54.06	653	54.55	25/09/2022	102%	
400m vrije slag	series	2.	4:16.27	633	4:17.19	24/09/2022	101%	
50m rugslag	series	1.	28.67	586	28.99	25/06/2022	102%	
100m rugslag	series	1.	1:02.16	580	1:01.94	26/06/2022	99%	
200m rugslag	series	1.	2:15.62	562	2:13.61	24/06/2022	97%	
200m schoolslag	series	1.	2:36.44	523	2:45.99	29/05/2022	113%	
50m vlinderslag	series	2.	27.21	548	27.32	24/09/2022	101%	
200m wisselslag	series	1.	2:13.91	616	2:11.82		97%	

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Plovdiv 2019

Kristian Todorov, 03/07/2009

4

4

50m schoolslag	series	2.	34.94	409	36.44	30/07/2022	109%
50m vlinderslag	series	3.	28.39	482	29.76	30/04/2022	110%
100m vlinderslag	series	2.	1:04.01	462	1:03.97	29/07/2022	100%
200m vlinderslag	series	1.	2:24.08	453	2:25.14	30/07/2022	101%
200m wisselslag	series	4.	2:28.60	451	2:30.49	30/07/2022	103%

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Psv									49
Berat Baykal, 09/04/2010									2
50m vrije slag	series	23.	31.97	279	32.64			104%	
100m vrije slag	series	30.	1:11.80	278	NT			-	
200m rugslag	series	21.	3:02.65	230	NT			-	
100m schoolslag	series	21.	1:39.44	187	1:40.84	29/01/2023		103%	
200m schoolslag	series	13.	3:32.64	208	3:32.60	29/01/2023		100%	
Elske van der Ven, 05/02/2008									1
50m vrije slag	series	43.	33.06	367	32.77	10/04/2022		98%	
50m rugslag	series	20.	38.99	331	37.95	18/12/2021		95%	
100m rugslag	series	23.	1:22.49	339	1:21.58	21/05/2022		98%	
50m schoolslag	series	29.	44.82	282	43.02	18/03/2022		92%	
50m vlinderslag	series	23.	37.85	268	39.97	12/09/2021		112%	
200m wisselslag	series	AFGEM		-	2:52.10	12/09/2021		-	
Feline de Boeff, 01/01/2010									-
50m vrije slag	series	40.	36.35	276	NT			-	
100m vrije slag	series	35.	1:26.17	216	NT			-	
50m schoolslag	series	18.	49.68	207	NT			-	
Hanna Advokaat, 08/04/2009									5
50m vrije slag	series	47.	34.29	328	33.76	02/07/2022		97%	
100m vrije slag	series	36.	1:12.91	356	1:16.71	03/07/2022		111%	
100m rugslag	series	31.	1:27.31	286	1:27.95	02/07/2022		101%	
200m rugslag	series	27.	3:07.52	284	3:20.50	18/03/2022		114%	
100m schoolslag	series	18.	1:33.48	322	1:38.09	03/07/2022		110%	
200m wisselslag	series	28.	3:03.89	322	3:10.47	03/07/2022		107%	
Ishaan Raj, 01/03/2009									3
50m vrije slag	series	32.	33.45	244	32.91	21/01/2023		97%	
100m vrije slag	series	36.	1:14.33	251	1:13.97	26/11/2022		99%	
50m rugslag	series	12.	37.79	256	39.27	29/01/2023		108%	
200m rugslag	series	24.	3:08.18	210	3:03.35	02/10/2022		95%	
50m schoolslag	series	14.	42.64	225	44.33	09/10/2022		108%	
100m vlinderslag	series	13.	1:23.87	205	1:26.90	02/10/2022		107%	
Jonathan Baaijens, 01/01/2008									5
50m vrije slag	series	37.	30.87	310	31.20	02/07/2022		102%	
200m rugslag	series	18.	2:41.54	332	2:42.07	21/05/2022		101%	
50m schoolslag	series	4.	34.67	419	35.04	15/05/2022		102%	
200m schoolslag	series	5.	2:46.48	434	2:58.25	22/05/2022		115%	
200m wisselslag	series	18.	2:41.28	353	2:52.04	03/07/2022		114%	
Kian Oosterhuis, 28/11/2010									-
50m vrije slag	series	39.	42.32	120	40.59			92%	
100m vrije slag	series	41.	1:33.74	125	NT			-	
Livia Groenewegen, 16/10/2007									-
100m vrije slag	series	27.	1:10.22	399	1:08.95	18/03/2022		96%	
200m vrije slag	series	AFGEM		-	2:28.30	20/02/2022		-	
50m rugslag	series	AFGEM		-	33.37	19/02/2022		-	
100m rugslag	series	AFGEM		-	1:12.69	20/02/2022		-	
200m schoolslag	series	AFGEM		-	3:18.07			-	
200m wisselslag	series	AFGEM		-	2:42.26	17/12/2021		-	
400m wisselslag	series	AFGEM		-	5:44.02	16/12/2021		-	
Luus Gielens, 16/10/2009									7
50m vrije slag	series	8.	29.54	514	NT			-	
100m vrije slag	series	4.	1:03.09	550	1:04.03			103%	
200m vrije slag	series	12.	2:22.80	495	2:26.49			105%	
400m vrije slag	series	8.	4:56.81	505	5:06.54			107%	
100m rugslag	series	7.	1:13.11	488	1:12.95			100%	
200m rugslag	series	7.	2:35.46	499	2:41.32			108%	
50m schoolslag	series	15.	39.53	411	41.45			110%	
100m schoolslag	series	11.	1:26.20	411	1:29.85			109%	
200m schoolslag	series	11.	3:03.10	438	3:11.00			109%	
Marina Petkovic, 12/08/2011									3
50m vrije slag	series	AFGEM		-	37.54	09/10/2022		-	
100m vrije slag	series	34.	1:23.21	239	1:24.65	16/10/2022		103%	
200m rugslag	series	24.	3:24.12	220	3:30.00			106%	
100m schoolslag	series	20.	1:43.60	237	1:44.52	15/10/2022		102%	
200m schoolslag	series	AFGEM		-	NT			-	
Michelle van Hemert, 03/01/2009									6
50m vrije slag	series	48.	34.33	327	35.69	10/04/2022		108%	
100m vrije slag	series	39.	1:14.36	336	1:21.56	18/03/2022		120%	
50m schoolslag	series	5.	36.66	515	38.13	21/05/2022		108%	
100m schoolslag	series	6.	1:21.23	492	1:26.23	03/07/2022		113%	
200m schoolslag	series	10.	3:02.96	439	3:22.98	14/05/2022		123%	

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200m wisselslag	series	16.	2:55.89	368	3:50.68		172%	
Phin van Ek, 21/07/2007								
100m vrije slag	series	25.	1:01.68	439	1:04.05	14/05/2022	108%	2
50m schoolslag	series	21.	40.15	269	40.44	02/07/2022	101%	
Tobias Boeve, 06/05/2009								
100m vrije slag	series	28.	1:11.47	282	1:23.20	20/02/2022	136%	1
200m rugslag	series	22.	3:05.23	220	NT		-	
Yahav Shalev, 27/11/2009								
50m vrije slag	series	30.	33.29	247	33.91	10/04/2022	104%	6
100m vrije slag	series	35.	1:13.71	257	1:18.36	03/07/2022	113%	
200m rugslag	series	19.	3:01.56	234	3:08.28	02/10/2022	108%	
100m schoolslag	series	16.	1:31.35	241	1:32.59	12/09/2021	103%	
200m schoolslag	series	12.	3:17.03	262	3:57.90	08/04/2022	146%	
200m wisselslag	series	28.	2:59.24	257	3:03.11	20/11/2022	104%	
Yared Maduro, 20/11/2008								
50m vrije slag	series	36.	30.69	316	29.09	21/01/2023	90%	2
100m vrije slag	series	38.	1:08.54	320	1:05.53	22/01/2023	91%	
200m rugslag	series	22.	2:49.53	287	2:57.50	20/11/2022	110%	
50m schoolslag	series	16.	38.35	309	41.48	15/05/2022	117%	
200m schoolslag	series	16.	3:19.14	254	NT		-	
Yaron Maduro, 24/07/2010								
50m vrije slag	series	37.	37.77	169	39.89	30/12/2022	112%	1
100m vrije slag	series	39.	1:28.46	149	1:28.39	28/12/2022	100%	
50m schoolslag	series	20.	52.40	121	49.27	30/12/2022	88%	
200m schoolslag	series	16.	4:00.73	143	3:59.53	29/01/2023	99%	
Yfke Crossen, 21/11/2011								
50m vrije slag	series	47.	39.90	208	43.92	03/07/2022	121%	5
100m vrije slag	series	37.	1:29.95	189	1:39.17	03/07/2022	122%	
50m rugslag	series	27.	45.89	203	48.89	03/07/2022	114%	
100m rugslag	series	32.	1:41.22	183	1:44.82	29/12/2022	107%	
100m schoolslag	series	25.	2:00.68	150	1:59.31	03/07/2022	98%	
50m vlinderslag	series	21.	45.65	153	48.69	03/07/2022	114%	

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								38
Psv 1								8
Annelie Batenburg, 13/10/2010								
50m vrije slag	series	6.	31.29	432	NT		-	
50m vrije slag	series	15.	32.36	391	32.84	27/02/2022	103%	
100m vrije slag	series	13.	1:11.63	376	1:12.76	03/07/2022	103%	
50m rugslag	series	7.	37.87	361	41.75	09/04/2022	122%	
50m schoolslag	series	3.	40.15	392	41.71	02/07/2022	108%	
100m schoolslag	series	1.	1:26.15	412	1:31.20	22/05/2022	112%	
200m schoolslag	series	2.	3:08.40	402	3:13.70	14/05/2022	106%	
50m vlinderslag	series	3.	33.43	390	37.73	18/03/2022	127%	
200m wisselslag	series	2.	2:48.64	418	2:59.82	08/04/2022	114%	
Cas Verstegen, 14/05/2005								1
50m rugslag	series	6.	29.39	544	31.86	22/01/2023	118%	
50m schoolslag	series	3.	31.07	582	30.93	10/04/2022	99%	
200m schoolslag	series	2.	2:28.94	607	2:20.24	08/04/2022	89%	
200m vlinderslag	series	1.	2:14.03	563	2:08.33	09/04/2022	92%	
200m wisselslag	series	1.	2:12.48	637	2:09.76	10/04/2022	96%	
Fenna Zusterzeel, 09/02/2010								5
50m vrije slag	series	1.	28.99	544	NT		-	
50m vrije slag	series	2.	29.55	513	30.16	20/03/2022	104%	
50m rugslag	series	1.	33.73	511	34.44	15/05/2022	104%	
100m rugslag	series	1.	1:12.39	502	1:13.34	12/06/2022	103%	
200m rugslag	series	1.	2:38.00	475	2:39.91	18/03/2022	102%	
50m schoolslag	series	1.	37.37	486	37.39	02/07/2022	100%	
200m wisselslag	series	1.	2:42.03	471	2:40.17	10/06/2022	98%	
Hylcke de Beer, 12/07/2007								1
50m vrije slag	series	1.	26.88	682	26.38	27/02/2022	96%	
100m vrije slag	series	1.	59.30	663	59.66	26/02/2022	101%	
50m schoolslag	series	1.	33.76	660	32.87	17/12/2021	95%	
100m schoolslag	series	1.	1:16.63	586	1:14.68	17/02/2022	95%	
Lucas van Rooij, 17/11/2006								3
100m vrije slag	series	6.	56.84	562	55.94	03/07/2022	97%	
200m vrije slag	series	3.	2:01.27	595	2:03.29	12/06/2022	103%	
400m vrije slag	series	1.	4:17.52	624	4:23.13	21/01/2023	104%	
200m vlinderslag	series	4.	2:24.16	453	2:38.38	18/04/2022	121%	
Myrthe Vos, 19/12/2006								1
50m vrije slag	series	9.	29.22	531	28.81	23/01/2022	97%	
100m vrije slag	series	18.	1:06.02	480	1:03.76	15/05/2022	93%	
200m vrije slag	series	4.	2:19.90	526	2:19.54	22/05/2022	99%	
50m rugslag	series	4.	33.42	526	32.95	15/05/2022	97%	
100m rugslag	series	18.	1:17.45	410	1:15.32	19/06/2022	95%	
50m vlinderslag	series	16.	33.94	372	34.06	16/12/2021	101%	
Tereza Boom, 30/04/2009								1
50m vrije slag	series	27.	31.15	438	30.09	13/05/2022	93%	
50m rugslag	series	1.	32.40	577	32.21	15/07/2022	99%	
100m rugslag	series	2.	1:10.18	552	1:10.06	16/07/2022	100%	
200m rugslag	series	10.	2:39.07	466	2:31.25	10/12/2022	90%	
50m schoolslag	series	7.	37.50	481	36.08	17/07/2022	93%	
100m vlinderslag	series	5.	1:14.00	421	1:16.91		108%	
Theodore Allan, 08/01/2009								6
50m vrije slag	series	2.	26.56	487	27.98	22/05/2022	111%	
100m vrije slag	series	2.	57.37	546	59.88	03/07/2022	109%	
400m vrije slag	series	1.	4:32.58	526	4:52.79	10/06/2022	115%	
100m schoolslag	series	2.	1:15.74	423	1:21.06	03/07/2022	115%	
200m schoolslag	series	4.	2:51.20	399	3:02.52	11/06/2022	114%	
200m wisselslag	series	2.	2:26.83	468	2:35.25	10/06/2022	112%	
Tiago Fonseca Gomes, 21/04/2007								1
50m vrije slag	series	1.	24.19	645	NT		-	
100m vrije slag	series	1.	53.28	682	53.19	09/04/2022	100%	
200m vrije slag	series	1.	1:55.54	688	1:55.25	28/07/2022	99%	
400m vrije slag	series	1.	4:03.67	736	4:02.44	10/04/2022	99%	
50m vlinderslag	series	1.	25.51	665	25.60	21/05/2022	101%	
200m vlinderslag	series	1.	2:06.24	674	2:05.55	27/07/2022	99%	
Tim van de Moosdijk, 27/02/2009								5
50m vrije slag	series	10.	28.54	393	NT		-	
100m vrije slag	series	10.	1:01.38	446	1:06.23	14/05/2022	116%	
50m rugslag	series	4.	32.18	414	34.94	14/05/2022	118%	
100m rugslag	series	4.	1:08.43	435	1:13.93	15/05/2022	117%	
200m rugslag	series	4.	2:25.32	456	2:21.97	11/12/2022	95%	
50m schoolslag	series	8.	39.27	288	40.29	15/05/2022	105%	
100m vlinderslag	series	6.	1:08.88	371	1:13.27	22/05/2022	113%	
200m vlinderslag	series	5.	2:45.16	301	NT		-	

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Tim van Rooij, 08/03/2007							3
50m vrije slag	series	5.	26.71	479	NT	-	
50m vrije slag	series	4.	26.67	481	26.40	02/07/2022	98%
100m vrije slag	series	8.	58.20	523	58.09	20/02/2022	100%
50m schoolslag	series	2.	33.80	452	33.52	02/07/2022	98%
100m schoolslag	series	1.	1:14.12	451	1:13.69	20/02/2022	99%
200m schoolslag	series	4.	2:46.35	435	2:49.83	19/02/2022	104%
50m vlinderslag	series	6.	27.70	519	27.92	03/07/2022	102%
200m wisselslag	series	3.	2:26.97	466	2:29.57	18/02/2022	104%
Veerle Hildebrand, 06/07/2008							3
50m vrije slag	series	12.	29.78	502	29.54	12/06/2022	98%
100m vrije slag	series	10.	1:03.99	527	1:06.15	15/05/2022	107%
50m schoolslag	series	3.	36.03	543	35.74	21/05/2022	98%
100m schoolslag	series	2.	1:17.44	567	1:18.35	22/05/2022	102%
200m schoolslag	series	4.	2:52.43	525	2:52.07	14/05/2022	100%
200m wisselslag	series	7.	2:39.66	492	2:43.32	15/05/2022	105%

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Psv 2								51
Anna Lepoutre, 20/04/2011								7
50m vrije slag	series	12.	32.15	399	32.60	02/07/2022	103%	
100m vrije slag	series	15.	1:11.71	374	1:13.87	03/07/2022	106%	
200m vrije slag	series	8.	2:34.77	388	2:45.00		114%	
100m rugslag	series	18.	1:25.68	303	1:25.72	02/07/2022	100%	
200m rugslag	series	15.	3:02.33	309	3:02.18	02/10/2022	100%	
50m schoolslag	series	15.	47.18	241	50.81	02/07/2022	116%	
100m schoolslag	series	13.	1:38.62	274	1:46.85	03/07/2022	117%	
200m wisselslag	series	15.	3:01.73	334	3:02.66	19/11/2022	101%	
Arno Rahir, 26/03/2006								1
200m vrije slag	series	7.	2:08.14	504	2:05.83	20/02/2022	96%	
400m vrije slag	series	11.	4:37.96	496	4:28.05		93%	
100m rugslag	series	8.	1:06.16	481	1:07.70	26/05/2022	105%	
200m wisselslag	series	4.	2:22.75	509	2:19.75	19/02/2022	96%	
400m wisselslag	series	1.	5:03.50	518	5:00.24	20/02/2022	98%	
Birgit Hage, 15/04/2006								5
100m vrije slag	series	19.	1:06.19	476	1:05.42	20/02/2022	98%	
400m vrije slag	series	14.	5:07.32	455	5:00.38	21/05/2022	96%	
100m rugslag	series	11.	1:14.38	463	1:14.61	21/05/2022	101%	
200m rugslag	series	9.	2:39.40	463	2:42.56	12/09/2021	104%	
100m vlinderslag	series	4.	1:11.52	466	1:13.28	14/05/2022	105%	
200m vlinderslag	series	3.	2:45.78	396	2:59.26	20/03/2022	117%	
400m wisselslag	series	7.	5:49.57	442	5:53.61	14/05/2022	102%	
Davi Fonseca Gomes, 21/04/2009								6
100m vrije slag	series	9.	1:00.99	455	1:05.30	14/05/2022	115%	
100m rugslag	series	10.	1:15.45	324	1:28.48	12/09/2021	138%	
50m schoolslag	series	5.	37.48	331	39.11	18/03/2022	109%	
100m schoolslag	series	7.	1:22.27	330	1:25.30	21/05/2022	108%	
50m vlinderslag	series	5.	29.46	431	31.26	21/05/2022	113%	
100m vlinderslag	series	5.	1:07.73	390	1:12.46	02/07/2022	114%	
200m vlinderslag	series	3.	2:39.76	332	NT		-	
Kinley Cole, 05/02/2009								7
50m vrije slag	series	5.	28.80	555	NT		-	
50m vrije slag	series	5.	29.16	534	29.47	02/07/2022	102%	
100m vrije slag	series	14.	1:04.50	515	1:05.15	03/07/2022	102%	
200m vrije slag	series	11.	2:22.68	496	2:27.18	22/05/2022	106%	
50m rugslag	series	10.	35.21	449	34.90	03/07/2022	98%	
100m rugslag	series	10.	1:14.21	466	1:16.57	12/06/2022	106%	
50m schoolslag	series	23.	41.49	355	42.99	02/07/2022	107%	
50m vlinderslag	series	9.	32.63	419	32.87		101%	
200m wisselslag	series	10.	2:44.77	448	2:46.70	03/07/2022	102%	
Lola Verheijen, 23/06/2011								6
50m vrije slag	series	8.	31.41	427	NT		-	
50m vrije slag	series	20.	32.73	378	32.44	12/02/2023	98%	
100m vrije slag	series	12.	1:11.55	377	1:15.54	03/07/2022	111%	
50m rugslag	series	9.	38.76	337	40.83	03/07/2022	111%	
100m rugslag	series	14.	1:24.46	316	1:24.50	02/07/2022	100%	
50m schoolslag	series	7.	43.63	305	44.76	12/02/2023	105%	
100m schoolslag	series	9.	1:36.01	298	1:36.05	12/02/2023	100%	
50m vlinderslag	series	9.	35.61	322	37.47	12/02/2023	111%	
200m wisselslag	series	12.	2:57.82	356	2:56.88	15/10/2022	99%	
Marcelino Gomez Gonzalez, 24/07/2006								1
50m vrije slag	series	7.	25.99	520	NT		-	
100m vrije slag	series	8.	57.18	552	57.00	11/06/2022	99%	
200m vrije slag	series	8.	2:08.16	504	2:05.65	12/06/2022	96%	
400m vrije slag	series	10.	4:36.28	505	4:30.50	08/04/2022	96%	
50m rugslag	series	10.	30.96	465	30.25	19/03/2022	95%	
100m rugslag	series	7.	1:05.78	489	1:05.91	11/06/2022	100%	
200m rugslag	series	7.	2:26.90	442	2:22.29	10/04/2022	94%	
400m wisselslag	series	7.	5:23.02	430	5:21.36	20/03/2022	99%	
Martijn Nies, 01/01/2009								8
50m vrije slag	series	8.	27.91	420	NT		-	
50m vrije slag	series	8.	28.55	392	29.01	22/05/2022	103%	
100m vrije slag	series	7.	1:00.70	461	1:04.50	14/05/2022	113%	
400m vrije slag	series	2.	4:33.47	521	5:00.30	21/05/2022	121%	
200m rugslag	series	7.	2:33.98	383	2:45.56	03/07/2022	116%	
50m schoolslag	series	7.	38.33	310	41.50	03/07/2022	117%	
100m schoolslag	series	6.	1:21.92	334	1:27.53	03/07/2022	114%	
200m wisselslag	series	5.	2:32.04	421	2:41.52	18/04/2022	113%	
400m wisselslag	series	2.	5:26.11	418	5:30.00	22/05/2022	102%	

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Nieke Dovic, 22/02/2007								3
50m schoolslag	series	5.	35.45	570	36.01	02/07/2022	103%	
100m schoolslag	series	3.	1:17.15	574	1:17.10	11/06/2022	100%	
200m schoolslag	series	2.	2:46.86	579	2:46.70	12/06/2022	100%	
50m vlinderslag	series	9.	31.80	453	33.27	03/07/2022	109%	
200m wisselslag	series	5.	2:38.07	507	2:40.00	08/04/2022	102%	
Nina Zusterzeel, 05/07/2008								2
50m vrije slag	series	20.	30.26	478	29.90	12/06/2022	98%	
50m schoolslag	series	1.	34.41	623	33.40	21/05/2022	94%	
100m schoolslag	series	1.	1:15.12	622	1:14.51	22/05/2022	98%	
200m schoolslag	series	1.	2:47.15	576	2:46.39	22/01/2023	99%	
50m vlinderslag	series	7.	31.49	466	32.60	22/05/2022	107%	
200m wisselslag	series	6.	2:39.53	494	2:42.77	15/05/2022	104%	
Nout Folkersma, 16/06/2008								3
100m rugslag	series	11.	1:10.27	401	1:09.72	11/06/2022	98%	
200m rugslag	series	10.	2:32.32	396	2:30.57	21/05/2022	98%	
50m schoolslag	series	5.	35.14	402	36.65	18/03/2022	109%	
100m schoolslag	series	4.	1:16.89	404	1:19.98	17/02/2022	108%	
200m wisselslag	series	5.	2:28.26	454	2:29.02	10/06/2022	101%	
Sem Belmon, 26/07/2007								2
50m vrije slag	series	17.	27.80	425	27.27	11/06/2022	96%	
100m vrije slag	series	18.	1:00.06	476	59.78	11/06/2022	99%	
50m rugslag	series	5.	30.58	483	31.02	19/02/2022	103%	
100m rugslag	series	6.	1:07.66	450	1:06.02	11/06/2022	95%	
200m rugslag	series	6.	2:28.00	432	2:24.30	18/03/2022	95%	
50m schoolslag	series	1.	33.13	480	33.73	03/07/2022	104%	
100m schoolslag	series	3.	1:14.93	437	1:14.06		98%	
200m wisselslag	series	AFGEM		-	2:29.00		-	

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Psv 3								55
Bo Bontrup, 20/01/2009								6
50m vrije slag	series	41.	32.44	388	32.60	27/02/2022	101%	
100m vrije slag	series	30.	1:10.36	396	1:11.78	18/04/2022	104%	
50m schoolslag	series	18.	39.78	403	41.64	21/05/2022	110%	
100m schoolslag	series	12.	1:26.79	403	1:30.43	10/04/2022	109%	
200m schoolslag	series	15.	3:09.17	397	3:16.12	20/03/2022	107%	
50m vlinderslag	series	18.	34.42	357	35.00	08/04/2022	103%	
100m vlinderslag	series	11.	1:20.53	326	1:20.46	14/05/2022	100%	
Bregje Dekkers, 09/02/2009								6
50m vrije slag	series	11.	30.48	468	NT	-	-	
100m vrije slag	series	13.	1:04.33	519	1:06.93	03/07/2022	108%	
400m vrije slag	series	3.	4:48.52	550	5:04.70	21/05/2022	112%	
50m rugslag	series	13.	35.44	441	36.06	-	104%	
100m rugslag	series	11.	1:14.36	464	1:16.76	02/07/2022	107%	
50m schoolslag	series	17.	39.70	406	41.16	-	107%	
50m vlinderslag	series	10.	32.76	414	33.40	03/07/2022	104%	
100m vlinderslag	series	8.	1:15.47	397	1:13.09	02/07/2022	94%	
200m vlinderslag	series	4.	2:50.76	362	2:40.00	-	88%	
Elisabeth Straver, 18/08/2010								5
50m vrije slag	series	29.	34.03	336	33.66	-	98%	
100m vrije slag	series	23.	1:15.35	323	1:19.15	-	110%	
200m vrije slag	series	16.	2:45.73	316	2:55.46	-	112%	
50m rugslag	series	15.	39.71	313	39.99	-	101%	
100m rugslag	series	17.	1:25.24	308	1:29.78	-	111%	
50m vlinderslag	series	15.	38.75	250	39.02	-	101%	
Fenne Peters, 23/06/2006								3
50m vrije slag	series	25.	31.14	439	30.88	-	98%	
50m rugslag	series	17.	35.88	425	35.60	-	98%	
100m rugslag	series	16.	1:16.57	425	1:19.00	-	106%	
200m rugslag	series	11.	2:43.57	428	2:46.68	-	104%	
50m schoolslag	series	11.	38.81	434	38.16	-	97%	
100m schoolslag	series	10.	1:26.36	409	1:23.91	-	94%	
200m wisselslag	series	7.	2:47.00	430	2:50.00	-	104%	
Isus Verdysseeldonk, 03/10/2010								6
50m vrije slag	series	27.	33.84	342	36.12	20/03/2022	114%	
100m vrije slag	series	18.	1:12.74	359	1:18.08	18/03/2022	115%	
200m rugslag	series	21.	3:05.77	292	3:11.00	-	106%	
100m schoolslag	series	12.	1:38.00	280	1:48.03	12/09/2021	122%	
200m schoolslag	series	11.	3:37.94	260	3:52.94	20/03/2022	114%	
200m wisselslag	series	20.	3:09.18	296	3:27.20	19/03/2022	120%	
Joep van Casteren, 06/09/2009								7
50m vrije slag	series	16.	29.81	345	31.66	22/05/2022	113%	
100m vrije slag	series	19.	1:07.23	339	1:16.53	18/03/2022	130%	
100m rugslag	series	18.	1:22.94	244	1:25.00	-	105%	
50m schoolslag	series	11.	40.54	262	42.19	15/05/2022	108%	
100m schoolslag	series	14.	1:29.07	260	1:36.60	21/05/2022	118%	
50m vlinderslag	series	18.	38.34	195	43.64	18/03/2022	130%	
200m wisselslag	series	24.	2:56.42	269	3:16.03	19/03/2022	123%	
Johannes van Hemert, 15/09/2006								1
50m vrije slag	series	27.	29.46	357	29.22	20/02/2022	98%	
50m schoolslag	series	8.	32.74	497	32.51	02/07/2022	99%	
100m schoolslag	series	4.	1:11.61	501	1:11.53	21/05/2022	100%	
200m schoolslag	series	8.	2:44.56	450	2:39.95	11/06/2022	94%	
50m vlinderslag	series	12.	30.29	397	31.20	18/04/2022	106%	
200m wisselslag	series	17.	2:35.79	391	2:31.58	03/07/2022	95%	
Jones Chuang, 15/09/2008								4
50m rugslag	series	8.	31.56	439	31.96	19/03/2022	103%	
50m schoolslag	series	6.	35.36	395	36.44	15/05/2022	106%	
50m vlinderslag	series	7.	28.06	499	27.95	03/07/2022	99%	
100m vlinderslag	series	3.	1:03.08	483	1:03.64	22/05/2022	102%	
200m vlinderslag	series	4.	2:26.41	432	2:32.69	10/04/2022	109%	
Milco Matla, 30/11/2006								6
50m vrije slag	series	12.	27.27	450	NT	-	-	
100m vrije slag	series	25.	1:02.22	428	1:01.65	-	98%	
400m vrije slag	series	15.	4:44.80	461	4:43.87	21/05/2022	99%	
200m rugslag	series	14.	2:37.40	359	2:41.50	-	105%	
50m schoolslag	series	15.	36.88	348	38.29	20/02/2022	108%	
50m vlinderslag	series	7.	29.06	450	29.37	21/05/2022	102%	
100m vlinderslag	series	5.	1:03.13	482	1:04.34	02/07/2022	104%	
200m vlinderslag	series	2.	2:19.90	495	2:24.32	14/05/2022	106%	
200m wisselslag	series	11.	2:29.73	441	2:29.61	14/05/2022	100%	

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400m wisselslag	series	5.	5:12.53	474	5:19.25	22/05/2022	104%	5	
Nicolai Matla, 12/09/2009									
50m vrije slag	series	28.	32.92	256	33.50	20/03/2022	104%		
100m vrije slag	series	31.	1:12.51	270	1:18.44	18/04/2022	117%		
400m vrije slag	series	22.	5:40.69	269	5:37.18	27/02/2022	98%		
100m schoolslag	series	12.	1:26.84	281	1:37.54		126%		
200m schoolslag	series	9.	3:04.31	320	3:22.69	22/05/2022	121%		
50m vlinderslag	series	17.	37.95	202	39.85	12/02/2023	110%		
100m vlinderslag	series	15.	1:33.98	146	1:30.28	12/02/2023	92%		
Suus Bontrup, 17/04/2006									
50m vrije slag	series	21.	30.60	462	30.79	20/02/2022	101%	2	
50m schoolslag	series	8.	38.11	459	36.46	21/05/2022	92%		
100m schoolslag	series	8.	1:21.58	485	1:20.85	22/05/2022	98%		
200m schoolslag	series	8.	3:03.59	435	3:07.81	20/03/2022	105%		
50m vlinderslag	series	21.	34.97	340	34.11		95%		
200m wisselslag	series	12.	2:48.03	422	2:43.00		94%		
Wout Serrarens, 09/04/2008									
50m vrije slag	series	18.	27.91	420	28.47	02/07/2022	104%	4	
100m vrije slag	series	20.	1:00.33	470	1:01.75	14/05/2022	105%		
200m vrije slag	series	8.	2:12.01	461	2:15.01	12/06/2022	105%		
400m vrije slag	series	7.	4:34.00	518	4:38.37	10/06/2022	103%		
50m schoolslag	series	11.	36.68	354	36.57	02/07/2022	99%		
200m schoolslag	series	11.	2:58.48	352	2:57.94	11/06/2022	99%		

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								22
Racing Swimming Club Mechelen								4
Adriaan Haesen, 31/07/2007								4
100m vrije slag	series	23.	1:01.38	446	1:04.43	26/05/2022	110%	
400m vrije slag	series	6.	4:32.20	528	4:37.23	16/10/2022	104%	
100m schoolslag	series	10.	1:23.68	314	1:23.36	27/05/2022	99%	
50m vlinderslag	series	13.	29.51	429	31.13	25/05/2022	111%	
100m vlinderslag	series	6.	1:06.71	408	1:08.16	16/10/2022	104%	
Bill De Maerschallck, 15/02/2009								5
100m vrije slag	series	15.	1:03.26	407	1:07.22	17/07/2022	113%	
400m vrije slag	series	12.	4:58.56	400	5:16.39	20/03/2022	112%	
50m rugslag	series	11.	35.43	310	35.49	16/10/2022	100%	
200m rugslag	series	10.	2:39.99	342	2:48.02	15/07/2022	110%	
200m wisselslag	series	18.	2:47.60	314	2:52.07	17/07/2022	105%	
Ella De Maerschallck, 26/04/2007								-
100m vrije slag	series	9.	1:04.27	520	1:03.42	25/02/2022	97%	
200m vrije slag	series	6.	2:21.56	508	2:19.92	31/07/2022	98%	
50m rugslag	series	14.	35.55	437	34.42	30/01/2022	94%	
Frederic Van Den Bosch, 09/03/2008								4
100m vrije slag	series	5.	56.56	570	56.86	26/05/2022	101%	
50m rugslag	series	13.	32.70	395	33.26	16/10/2022	103%	
50m schoolslag	series	14.	38.01	318	37.48	18/03/2022	97%	
50m vlinderslag	series	4.	27.62	524	27.90	16/10/2022	102%	
100m vlinderslag	series	4.	1:03.19	480	1:02.55	27/05/2022	98%	
200m wisselslag	series	6.	2:28.45	452	2:32.36		105%	
Korneel Van Hissenhoven, 15/08/2006								4
100m vrije slag	series	20.	59.44	491	1:00.07	16/10/2022	102%	
200m vrije slag	series	12.	2:10.71	475	2:13.87	30/04/2022	105%	
400m vrije slag	series	8.	4:34.24	516	4:36.10	16/10/2022	101%	
50m schoolslag	series	12.	34.08	441	33.13	25/05/2022	95%	
100m schoolslag	series	8.	1:14.77	440	1:15.18	27/05/2022	101%	
Lowie Van Gorp, 02/03/2006								2
100m vrije slag	series	16.	58.78	508	1:00.46	16/10/2022	106%	
200m vrije slag	series	17.	2:14.36	437	2:14.96	15/10/2022	101%	
50m rugslag	series	12.	31.85	427	31.51	16/10/2022	98%	
200m rugslag	series	9.	2:30.54	410	2:27.65	16/10/2022	96%	
Marieke Vanhoof, 24/12/2007								-
100m vrije slag	series	10.	1:04.41	517	1:03.95	16/10/2021	99%	
200m vrije slag	series	13.	2:25.93	464	2:16.16	17/10/2021	87%	
400m vrije slag	series	3.	4:47.78	554	4:41.90	15/10/2022	96%	
50m vlinderslag	series	12.	32.42	427	32.36	15/10/2022	100%	
Maxine Van Den Bosch, 16/06/2006								-
50m vlinderslag	series	1.	30.09	535	30.01	15/10/2022	99%	
100m vlinderslag	series	2.	1:08.75	525	1:07.16	15/10/2022	95%	
Melina Van Beylen, 02/04/2010								3
100m vrije slag	series	14.	1:11.64	376	1:10.99	15/10/2022	98%	
200m vrije slag	series	4.	2:30.99	418	2:32.34	16/10/2022	102%	
400m vrije slag	series	4.	5:22.73	393	5:34.63	19/03/2022	108%	
200m rugslag	series	6.	2:51.73	370	2:57.00		106%	

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RZC

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Sbc2000								6
Isa Jansen, 09/10/2007								3
50m vrije slag	series	16.	30.08	487	31.00	03/04/2022	106%	
100m rugslag	series	4.	1:12.47	501	1:14.32	12/02/2023	105%	
200m schoolslag	series	5.	2:54.97	502	2:56.88	16/04/2022	102%	
Lotte Blanken, 26/11/2008								2
50m vrije slag	series	34.	31.75	414	36.79	12/02/2023	134%	
100m rugslag	series	18.	1:18.13	400	1:19.42	06/11/2022	103%	
400m wisselslag	series	9.	6:07.12	381	NT		-	
Tibbe Rongen, 22/10/2008								1
50m vrije slag	series	32.	29.82	344	30.79	22/05/2022	107%	
200m schoolslag	series	10.	2:54.89	375	NT		-	

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Schwimmbezirk Aachen e.V.

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Schwimmbezirk Aachen e.V.							21
Elias Lamberty, 01/01/2007							2
50m vrije slag	series	7.	27.15	456	27.55	103%	
100m vrije slag	series	17.	59.63	486	57.88	94%	
200m vrije slag	series	6.	2:09.45	489	2:09.10	99%	
400m vrije slag	series	5.	4:29.16	546	4:29.09	100%	
50m vlinderslag	series	11.	29.24	441	29.95	105%	
Finn Martinett, 01/01/2006							2
50m vrije slag	series	14.	26.58	486	26.20	97%	
100m vrije slag	series	10.	57.35	547	57.70	101%	
50m vlinderslag	series	5.	28.29	487	27.30	93%	
100m vlinderslag	series	7.	1:05.49	431	1:02.21	90%	
200m vlinderslag	series	5.	2:33.65	374	2:23.86	88%	
200m wisselslag	series	14.	2:32.69	416	2:33.48	101%	
Jonas Merten, 01/01/2006							5
50m vrije slag	series	11.	26.48	492	26.78	102%	
100m vrije slag	series	AFGEM	-	-	58.86	-	
50m rugslag	series	11.	31.24	453	31.56	102%	
100m rugslag	series	15.	1:10.91	390	1:27.57	153%	
50m vlinderslag	series	AFGEM	-	-	29.48	-	
100m vlinderslag	series	9.	1:07.50	394	1:08.59	103%	
200m wisselslag	series	18.	2:38.29	373	3:11.58	146%	
Julius Uellendall, 01/01/2007							6
50m vrije slag	series	11.	27.31	448	27.02	98%	
100m vrije slag	series	15.	59.45	491	59.63	101%	
50m rugslag	series	22.	36.16	292	37.38	107%	
100m rugslag	series	24.	1:19.45	277	1:21.23	105%	
50m schoolslag	series	13.	37.81	323	39.51	109%	
100m schoolslag	series	16.	1:28.71	263	1:34.34	113%	
100m vlinderslag	series	10.	1:13.74	302	1:14.50	102%	
Lara Anna Vandenhirtz, 01/01/2010							6
50m vrije slag	series	1.	29.27	528	30.92	112%	
100m vrije slag	series	2.	1:06.99	459	1:10.60	111%	
50m vlinderslag	series	1.	30.12	533	32.91	119%	
100m vlinderslag	series	2.	1:13.13	436	1:18.45	115%	
200m vlinderslag	series	2.	3:01.06	304	3:10.95	111%	
200m wisselslag	series	6.	2:50.97	401	3:04.99	117%	
Tim Faulwetter, 01/01/2005							-
100m rugslag	series	AFGEM	-	-	1:06.03	-	
200m rugslag	series	AFGEM	-	-	2:23.85	-	
50m schoolslag	series	AFGEM	-	-	32.90	-	
100m schoolslag	series	AFGEM	-	-	1:10.21	-	
200m wisselslag	series	AFGEM	-	-	2:19.56	-	
400m wisselslag	series	AFGEM	-	-	4:53.06	-	
Tom Hoppermann, 01/01/2005							-
50m vrije slag	series	AFGEM	-	-	25.70	-	
100m vrije slag	series	AFGEM	-	-	57.67	-	
50m vlinderslag	series	AFGEM	-	-	27.76	-	
100m vlinderslag	series	AFGEM	-	-	1:05.03	-	

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Schwimmbezirk Aachen e.V. 1							34
Anna Gerkens, 01/01/2010							5
50m vrije slag	series	3.	29.96	493	NT	-	
50m vrije slag	series	3.	29.68	507	29.93	102%	
100m vrije slag	series	3.	1:07.39	451	1:08.46	103%	
200m vrije slag	series	6.	2:34.22	393	2:35.57	102%	
50m rugslag	series	5.	37.37	376	38.66	107%	
200m rugslag	series	6.	2:51.73	370	2:56.12	105%	
200m wisselslag	series	11.	2:56.26	366	2:55.30	99%	
Anna Gueth, 01/01/2010							3
50m vrije slag	series	5.	31.51	423	30.87	96%	
100m vrije slag	series	8.	1:09.72	407	1:08.87	98%	
200m vrije slag	series	2.	2:30.60	422	2:35.23	106%	
100m rugslag	series	4.	1:17.39	411	1:24.17	118%	
200m rugslag	series	8.	2:54.08	355	2:50.00	95%	
200m wisselslag	series	3.	2:49.44	412	2:56.94	109%	
Dalina Kruwinnus, 01/01/2006							1
100m rugslag	series	AFGEM	-	-	1:15.83	-	
50m schoolslag	series	9.	38.39	449	37.97	98%	
100m schoolslag	series	AFGEM	-	-	1:22.76	-	
200m schoolslag	series	AFGEM	-	-	3:00.84	-	
50m vlinderslag	series	13.	33.35	393	33.52	101%	
200m wisselslag	series	AFGEM	-	-	2:42.17	-	
Finja Herrmann, 01/01/2007							3
50m vrije slag	series	17.	30.09	486	30.85	105%	
200m vrije slag	series	10.	2:23.10	492	2:25.56	103%	
400m vrije slag	series	12.	5:05.46	463	4:57.47	95%	
200m wisselslag	series	11.	2:47.70	425	2:47.76	100%	
400m wisselslag	series	8.	5:51.82	433	5:49.45	99%	
Finn Albus, 01/01/2007							3
50m vrije slag	series	19.	27.98	417	28.18	101%	
100m vrije slag	series	12.	59.16	498	59.62	102%	
200m vrije slag	series	5.	2:08.98	494	2:08.29	99%	
50m rugslag	series	4.	30.55	484	30.72	101%	
100m rugslag	series	4.	1:06.98	463	1:05.97	97%	
200m rugslag	series	3.	2:25.02	459	2:23.98	99%	
Jan Faulwetter, 01/01/2008							4
200m rugslag	series	9.	2:30.04	415	2:31.50	102%	
100m schoolslag	series	5.	1:17.03	402	1:18.60	104%	
200m schoolslag	series	3.	2:45.87	439	2:47.23	102%	
50m vlinderslag	series	17.	30.27	398	30.19	99%	
100m vlinderslag	series	8.	1:08.59	375	1:08.34	99%	
200m vlinderslag	series	5.	2:29.64	405	2:29.82	100%	
200m wisselslag	series	10.	2:31.56	425	2:29.87	98%	
Jan Moritz Bogdol, 01/01/2006							5
50m vrije slag	series	23.	27.75	427	27.97	102%	
50m rugslag	series	14.	33.31	374	33.43	101%	
50m schoolslag	series	6.	32.35	516	32.37	100%	
100m schoolslag	series	5.	1:11.65	500	1:10.99	98%	
200m schoolslag	series	3.	2:36.29	525	2:35.51	99%	
50m vlinderslag	series	6.	29.00	452	29.55	104%	
200m wisselslag	series	8.	2:26.71	469	2:27.15	101%	
Lisa Gerkens, 01/01/2008							3
50m vrije slag	series	3.	28.83	553	28.69	99%	
100m vrije slag	series	5.	1:03.22	547	1:03.55	101%	
200m vrije slag	series	8.	2:19.92	526	2:20.33	101%	
400m vrije slag	series	12.	5:04.57	467	5:05.97	101%	
200m rugslag	series	11.	2:40.49	454	2:35.54	94%	
200m wisselslag	series	4.	2:38.87	500	2:36.15	97%	
Mariia Yepifanova, 01/01/2009							1
100m vrije slag	series	16.	1:04.72	510	1:03.73	97%	
200m vrije slag	series	6.	2:18.97	537	2:16.16	96%	
400m vrije slag	series	5.	4:50.03	541	4:43.42	95%	
200m rugslag	series	6.	2:35.45	499	2:39.19	105%	
200m schoolslag	series	8.	2:57.57	480	2:53.33	95%	
Mats Pöhler, 01/01/2005							1
100m rugslag	series	4.	1:05.56	494	1:05.14	99%	
200m rugslag	series	3.	2:22.60	483	2:20.12	97%	
50m schoolslag	series	7.	32.44	511	32.41	100%	
100m schoolslag	series	1.	1:09.96	537	1:11.52	105%	
200m schoolslag	series	1.	2:27.72	622	2:26.97	99%	
200m wisselslag	series	3.	2:20.92	529	2:19.22	98%	

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Matti Porath, 01/01/2010							3
50m vrije slag	series	19.	30.26	329	30.87	104%	
100m vrije slag	series	18.	1:06.53	350	1:07.10	102%	
100m schoolslag	series	13.	1:26.99	279	1:18.67	82%	
50m vlinderslag	series	8.	31.30	360	37.25	142%	
200m vlinderslag	series	7.	2:57.50	242	2:53.00	95%	
Moritz Gerads, 01/01/2009							2
50m vrije slag	series	9.	27.99	416	NT	-	
50m vrije slag	series	10.	28.93	377	30.65	112%	
100m vrije slag	series	14.	1:02.79	416	1:00.95	94%	
200m vrije slag	series	4.	2:14.15	439	2:14.00	100%	
400m vrije slag	series	6.	4:43.67	466	4:42.10	99%	
100m rugslag	series	9.	1:14.62	335	1:11.31	91%	
50m vlinderslag	series	9.	32.49	322	36.34	125%	
200m wisselslag	series	11.	2:39.47	365	2:36.33	96%	

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SG Octopus - ZVV

Isabel Eemstra, 09/02/2009

100m vrije slag	series	AFGEM	-	1:12.35	14/05/2022	-
50m rugslag	series	AFGEM	-	36.43	22/05/2022	-
100m rugslag	series	AFGEM	-	1:22.06	14/05/2022	-
50m schoolslag	series	AFGEM	-	41.14	14/05/2022	-
100m schoolslag	series	AFGEM	-	1:31.75	15/05/2022	-
200m schoolslag	series	AFGEM	-	3:21.21	21/05/2022	-
200m wisselslag	series	AFGEM	-	2:58.04	15/05/2022	-

Thalassa

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TRB-RES

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unattached

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Waalwijkse Zwem Vereniging								19
Chris Geers, 29/11/2006								8
50m vrije slag	series	9.	26.60	485	NT		-	
50m vrije slag	series	18.	27.09	459	27.53	22/05/2022	103%	
100m vrije slag	series	18.	59.24	496	1:00.37	14/05/2022	104%	
200m vrije slag	series	16.	2:14.33	437	2:19.12	19/03/2022	107%	
50m rugslag	series	13.	31.93	424	32.63	12/02/2023	104%	
100m rugslag	series	11.	1:09.28	419	1:11.35	15/05/2022	106%	
50m schoolslag	series	14.	35.72	383	37.28	12/02/2023	109%	
50m vlinderslag	series	14.	31.20	363	33.43	21/05/2022	115%	
200m wisselslag	series	16.	2:35.52	393	2:37.96	14/05/2022	103%	
Kim Theuns, 09/09/2007								3
50m vrije slag	series	29.	31.52	423	31.31	14/05/2022	99%	
100m vrije slag	series	31.	1:13.26	351	1:12.40	15/05/2022	98%	
50m rugslag	series	22.	38.67	339	38.30	19/03/2022	98%	
100m rugslag	series	23.	1:22.91	334	1:23.55	20/03/2022	102%	
50m vlinderslag	series	26.	37.14	284	37.85	18/04/2022	104%	
100m vlinderslag	series	16.	1:30.65	229	1:34.68	02/07/2022	109%	
Liza Theuns, 09/09/2007								5
50m vrije slag	series	23.	30.99	445	31.54	14/05/2022	104%	
50m schoolslag	series	15.	39.26	419	40.53	21/05/2022	107%	
100m schoolslag	series	13.	1:28.71	377	1:29.15	22/05/2022	101%	
200m schoolslag	series	13.	3:17.38	350	3:13.27	14/05/2022	96%	
50m vlinderslag	series	24.	35.68	320	36.34	15/05/2022	104%	
100m vlinderslag	series	13.	1:21.35	317	1:23.86	02/07/2022	106%	
Maikel Blijlevens, 01/07/2007								1
50m schoolslag	series	10.	36.48	359	35.48	18/04/2022	95%	
50m vlinderslag	series	3.	27.24	546	27.61	21/05/2022	103%	
Timo Hartevelde, 17/11/2005								2
50m vrije slag	series	28.	30.82	312	30.18	12/02/2023	96%	
50m schoolslag	series	16.	37.45	332	38.99	12/02/2023	108%	
100m schoolslag	series	11.	1:24.11	309	1:23.70	12/02/2023	99%	
200m schoolslag	series	11.	3:08.82	297	3:06.61	02/10/2022	98%	
50m vlinderslag	series	16.	32.76	314	35.14	18/03/2022	115%	
100m vlinderslag	series	12.	1:21.69	222	1:17.47	24/04/2022	90%	

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WVZ

Daan Sonneveld, 09/03/2006

2

2

50m vrije slag	series	4.	25.02	583	24.86	99%
50m rugslag	series	1.	26.83	715	26.42	97%
100m rugslag	series	1.	57.99	714	58.17	101%
200m rugslag	series	1.	2:09.60	644	2:08.31	98%
200m wisselslag	series	2.	2:12.85	631	2:15.12	103%

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Z&PV Nuenen								34
Alissa Rooijackers, 26/01/2011								3
50m vrije slag	series	15.	32.36	391	32.33	22/01/2023	100%	
200m vrije slag	series	11.	2:40.71	347	2:53.84	06/11/2022	117%	
400m vrije slag	series	14.	5:44.59	323	5:52.87	06/11/2022	105%	
50m schoolslag	series	16.	47.82	232	46.82	30/12/2022	96%	
200m schoolslag	series	14.	3:40.54	250	NT		-	
50m vlinderslag	series	11.	38.46	256	42.66	12/02/2023	123%	
Antoni Bilinski, 07/12/2010								5
50m vrije slag	series	38.	39.09	153	43.34	20/11/2022	123%	
100m vrije slag	series	40.	1:29.46	144	1:37.75	20/11/2022	119%	
200m vrije slag	series	18.	3:09.38	156	3:46.81	13/02/2022	143%	
50m rugslag	series	20.	46.70	135	53.86	09/07/2022	133%	
200m schoolslag	series	15.	3:58.75	147	4:13.75	29/01/2023	113%	
Arlyn Schouten, 28/10/2009								4
50m vrije slag	series	31.	31.63	419	31.02	14/05/2022	96%	
50m rugslag	series	16.	36.56	401	38.75	12/02/2023	112%	
100m rugslag	series	22.	1:21.77	348	1:20.19	12/02/2023	96%	
50m schoolslag	series	20.	40.78	374	39.87	12/02/2023	96%	
100m schoolslag	series	15.	1:29.92	362	1:33.49	22/05/2022	108%	
50m vlinderslag	series	17.	34.27	362	36.94	19/03/2022	116%	
200m wisselslag	series	20.	2:58.24	354	3:03.79	15/05/2022	106%	
Fin Horrocks, 24/12/2010								3
100m vrije slag	series	34.	1:13.65	258	1:18.49	12/02/2023	114%	
50m rugslag	series	16.	39.49	224	40.50	16/10/2022	105%	
200m wisselslag	series	30.	3:01.29	248	3:20.17	20/11/2022	122%	
Gor Gasparyan, 25/05/2009								2
50m schoolslag	series	17.	47.96	158	48.50	29/01/2023	102%	
50m vlinderslag	series	20.	43.08	138	44.77	16/10/2022	108%	
Ines Keijzers, 01/09/2007								3
50m vrije slag	series	30.	32.91	372	33.12	20/03/2022	101%	
400m vrije slag	series	20.	5:39.25	338	5:30.21	20/11/2022	95%	
100m rugslag	series	22.	1:22.19	343	1:24.42	20/02/2022	106%	
50m vlinderslag	series	19.	34.74	347	34.86	12/02/2023	101%	
100m vlinderslag	series	14.	1:21.77	312	1:20.51	19/03/2022	97%	
Julie van Nispen, 14/02/2008								3
50m vrije slag	series	6.	29.21	532	29.39	20/03/2022	101%	
100m vrije slag	series	9.	1:03.97	528	1:04.81	12/06/2022	103%	
200m vrije slag	series	4.	2:15.75	576	2:14.85	12/02/2023	99%	
400m vrije slag	series	2.	4:43.46	580	4:42.34	12/02/2023	99%	
400m wisselslag	series	2.	5:32.62	513	6:00.50	20/03/2022	117%	
Kaelyn Schouten, 28/10/2009								1
50m vrije slag	series	52.	37.63	248	38.05	12/02/2023	102%	
50m rugslag	series	30.	46.43	196	44.70	19/03/2022	93%	
50m vlinderslag	series	25.	47.80	133	46.72	20/02/2022	96%	
200m wisselslag	series	35.	3:29.01	219	3:25.94	06/11/2022	97%	
400m wisselslag	series	14.	7:28.72	209	7:18.15	29/01/2023	95%	
Koen van den Wildenberg, 04/07/2008								5
50m vrije slag	series	21.	28.34	401	30.47	22/05/2022	116%	
100m vrije slag	series	30.	1:03.37	405	1:07.22	14/05/2022	113%	
200m vrije slag	series	14.	2:20.71	380	2:26.71	15/05/2022	109%	
50m rugslag	series	19.	35.04	321	36.69	19/03/2022	110%	
100m rugslag	series	17.	1:13.65	348	1:18.27	15/05/2022	113%	
200m rugslag	series	15.	2:40.31	340	2:34.37	20/11/2022	93%	
Liselot van der Velden, 17/04/2007								-
100m vrije slag	series	32.	1:13.80	343	1:11.63	15/05/2022	94%	
200m rugslag	series	15.	3:11.35	267	3:01.00		89%	
Rink Vlemmix, 23/01/2010								5
50m vrije slag	series	22.	31.04	305	34.07	12/02/2023	120%	
100m vrije slag	series	26.	1:10.31	296	1:09.32	12/02/2023	97%	
200m vrije slag	series	12.	2:35.41	282	2:44.19	12/02/2023	112%	
50m rugslag	series	14.	38.59	240	41.20	16/10/2022	114%	
200m rugslag	series	18.	2:59.32	243	3:17.42	02/10/2022	121%	
200m wisselslag	series	23.	2:56.12	271	3:05.36	20/11/2022	111%	

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ZPC AMERSFOORT								122
Anouschka Henselmans, 05/09/2007								1
200m vrije slag	series	25.	2:38.66	361	2:40.63	21/05/2022	102%	
100m schoolslag	series	15.	1:40.97	256	1:39.96	02/04/2022	98%	
200m wisselslag	series	21.	3:12.08	283	3:11.11	19/03/2022	99%	
Brechtje Slootweg, 27/01/2011								6
50m vrije slag	series	22.	33.00	369	36.15	12/02/2023	120%	
100m vrije slag	series	22.	1:14.71	331	1:13.96	12/02/2023	98%	
200m vrije slag	series	13.	2:43.13	332	2:46.45	12/02/2023	104%	
400m vrije slag	series	10.	5:33.26	357	5:34.72	12/02/2023	101%	
50m rugslag	series	22.	41.41	276	41.99	12/02/2023	103%	
100m rugslag	series	22.	1:28.23	277	1:27.85	12/02/2023	99%	
200m rugslag	series	17.	3:03.70	302	3:05.52	23/10/2022	102%	
200m wisselslag	series	18.	3:08.88	297	3:09.72	19/11/2022	101%	
Esmaé de Gans, 04/09/2009								9
50m vrije slag	series	10.	30.02	490	NT	-	-	
50m vrije slag	series	22.	30.53	466	31.03	20/03/2022	103%	
100m vrije slag	series	12.	1:04.27	520	1:05.94	12/02/2023	105%	
200m vrije slag	series	13.	2:23.70	485	2:29.29	11/06/2022	108%	
400m vrije slag	series	13.	5:09.26	446	5:13.43	10/06/2022	103%	
100m rugslag	series	17.	1:17.28	413	1:21.64	12/06/2022	112%	
200m rugslag	series	12.	2:41.92	442	2:54.13	11/06/2022	116%	
50m schoolslag	series	11.	38.72	437	41.01	09/04/2022	112%	
100m vlinderslag	series	9.	1:15.55	396	1:17.68	12/02/2023	106%	
400m wisselslag	series	7.	5:54.85	422	6:00.43	12/06/2022	103%	
Jasper Stoel, 20/07/2008								3
50m vrije slag	series	27.	29.17	368	29.06	21/01/2023	99%	
100m vrije slag	series	35.	1:05.69	364	1:05.05	12/02/2023	98%	
200m vrije slag	series	20.	2:34.84	285	2:19.57	23/10/2022	81%	
50m schoolslag	series	15.	38.04	317	38.07	09/04/2022	100%	
100m schoolslag	series	9.	1:23.32	318	1:24.63	19/03/2022	103%	
200m schoolslag	series	15.	3:08.27	300	3:06.54	20/03/2022	98%	
50m vlinderslag	series	24.	34.80	262	36.20	08/04/2022	108%	
200m wisselslag	series	22.	2:45.96	324	2:42.64	28/01/2023	96%	
Jesse Rijnbeek, 12/10/2010								6
50m vrije slag	series	35.	34.59	320	38.29	12/02/2023	123%	
100m vrije slag	series	31.	1:20.30	267	1:23.44	12/02/2023	108%	
200m vrije slag	series	22.	2:55.04	268	2:54.86	12/02/2023	100%	
50m rugslag	series	25.	43.10	245	47.53	12/02/2023	122%	
100m rugslag	series	29.	1:34.98	222	1:42.85	12/02/2023	117%	
50m schoolslag	series	17.	47.92	230	50.93	28/01/2023	113%	
50m vlinderslag	series	16.	39.75	232	39.69	12/02/2023	100%	
200m wisselslag	series	30.	3:19.75	251	3:35.45	19/11/2022	116%	
Joey Snabel, 22/07/2010								4
200m vrije slag	series	13.	2:37.94	269	2:52.82	03/02/2023	120%	
400m vrije slag	series	21.	5:39.24	272	5:40.28	10/12/2022	101%	
50m rugslag	series	18.	41.18	197	49.55	12/02/2022	145%	
200m wisselslag	series	32.	3:09.48	217	3:15.03	29/10/2022	106%	
Kim Bouman, 04/01/2010								5
50m vrije slag	series	7.	31.70	416	33.54	20/03/2022	112%	
50m rugslag	series	2.	35.10	454	37.54	09/04/2022	114%	
100m rugslag	series	3.	1:17.23	414	1:24.43	21/05/2022	120%	
100m vlinderslag	series	6.	1:25.39	274	1:26.38	14/05/2022	102%	
200m wisselslag	series	14.	3:01.03	338	3:05.84	12/02/2023	105%	
Kim van Dijk, 27/02/2007								-
50m vrije slag	series	10.	29.49	517	29.15	10/04/2022	98%	
100m vrije slag	series	17.	1:05.76	486	1:03.70	15/05/2022	94%	
200m vrije slag	series	15.	2:26.23	461	2:19.06	21/05/2022	90%	
50m rugslag	series	11.	34.69	470	34.01	15/05/2022	96%	
100m rugslag	series	14.	1:16.02	434	1:13.66	25/02/2022	94%	
50m vlinderslag	series	20.	34.77	346	33.86	22/05/2022	95%	
100m vlinderslag	series	11.	1:18.66	350	1:13.77	12/03/2022	88%	
Lara van den Hombergh, 23/11/2008								5
50m vrije slag	series	35.	32.13	399	31.82	10/04/2022	98%	
100m vrije slag	series	38.	1:14.05	340	1:11.61	09/04/2022	94%	
200m vrije slag	series	26.	2:38.13	364	2:43.22	09/04/2022	107%	
50m rugslag	series	19.	38.68	339	39.25	19/03/2022	103%	
100m rugslag	series	25.	1:24.43	317	1:25.99	20/03/2022	104%	
50m schoolslag	series	30.	45.00	278	45.77	16/10/2021	103%	
50m vlinderslag	series	22.	36.97	288	38.72	15/05/2022	110%	
200m wisselslag	series	27.	3:02.99	327	3:02.05	15/05/2022	99%	

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Lian Vonk, 03/07/2010							7
50m vrije slag	series	13.	32.55	384	NT	-	
50m vrije slag	series	25.	33.52	352	35.41	05/06/2022	112%
100m vrije slag	series	19.	1:13.31	350	1:15.05	12/02/2023	105%
400m vrije slag	series	6.	5:26.46	379	5:32.52	12/02/2023	104%
50m rugslag	series	12.	39.27	324	42.09	12/02/2023	115%
100m rugslag	series	12.	1:24.34	318	1:25.88	12/02/2023	104%
200m rugslag	series	13.	2:58.10	332	NT	-	
50m vlinderslag	series	12.	38.49	255	42.72	04/06/2022	123%
200m wisselslag	series	23.	3:11.14	287	3:12.33		101%
Lieve Verschoor, 11/04/2008							6
50m vrije slag	series	29.	31.56	421	32.17	14/05/2022	104%
100m vrije slag	series	35.	1:12.32	365	1:11.18	18/03/2022	97%
200m vrije slag	series	29.	2:41.12	344	2:43.35	21/05/2022	103%
50m rugslag	series	25.	39.91	308	39.30	12/02/2023	97%
100m rugslag	series	27.	1:25.53	304	1:28.69	20/03/2022	108%
50m schoolslag	series	24.	41.83	347	43.45	12/02/2023	108%
50m vlinderslag	series	21.	35.06	338	38.35	15/05/2022	120%
200m wisselslag	series	25.	3:00.95	338	3:01.82	15/05/2022	101%
Milan Schuilenburg, 19/05/2010							6
50m vrije slag	series	33.	33.64	240	34.66	12/02/2023	106%
100m vrije slag	series	31.	1:12.51	270	1:12.36	12/02/2023	100%
400m vrije slag	series	20.	5:25.56	308	5:25.13	12/02/2023	100%
100m rugslag	series	24.	1:27.28	209	1:28.02	12/02/2023	102%
200m rugslag	series	20.	3:01.98	232	2:58.92	01/10/2022	97%
50m schoolslag	series	10.	39.74	278	41.86	09/04/2022	111%
100m schoolslag	series	11.	1:26.27	286	1:33.19	10/04/2022	117%
200m schoolslag	series	10.	3:06.66	308	3:13.18	08/04/2022	107%
200m wisselslag	series	29.	3:00.34	252	3:03.97	09/04/2022	104%
Myrthe Bruinsma, 10/11/2011							4
50m vrije slag	series	41.	36.77	266	37.24	12/02/2023	103%
50m rugslag	series	16.	40.05	305	42.42	12/02/2023	112%
100m rugslag	series	23.	1:29.18	269	1:27.53	12/02/2023	96%
200m rugslag	series	20.	3:05.45	294	3:16.04	01/10/2022	112%
50m schoolslag	series	9.	44.26	293	43.02	22/01/2023	94%
100m schoolslag	series	14.	1:38.68	274	1:32.53	22/01/2023	88%
200m schoolslag	series	9.	3:29.05	294	3:20.45	28/01/2023	92%
200m wisselslag	series	21.	3:09.19	296	3:16.42	06/11/2022	108%
Nasr-Eddine Tallih, 12/02/2007							2
50m vrije slag	series	12.	27.92	420	NT	-	
50m vrije slag	series	20.	28.32	402	28.74	22/05/2022	103%
100m vrije slag	series	24.	1:01.62	441	59.58	28/01/2023	93%
200m vrije slag	series	18.	2:23.37	360	2:17.52	23/10/2022	92%
50m rugslag	series	11.	32.49	403	31.75	29/10/2022	95%
100m rugslag	series	15.	1:12.84	360	1:08.86	19/11/2022	89%
50m schoolslag	series	20.	39.79	277	37.59	22/10/2022	89%
50m vlinderslag	series	15.	29.89	413	30.86	03/07/2022	107%
200m wisselslag	series	17.	2:40.06	361	2:34.15	28/01/2023	93%
Noortje Bisperink, 22/02/2011							6
50m vrije slag	series	24.	33.22	361	35.10	12/02/2023	112%
100m vrije slag	series	16.	1:11.75	374	1:13.09	12/02/2023	104%
400m vrije slag	series	7.	5:26.72	379	5:27.90	12/02/2023	101%
50m rugslag	series	4.	37.31	378	39.52	12/02/2023	112%
100m rugslag	series	5.	1:19.03	386	1:19.91	12/02/2023	102%
200m rugslag	series	3.	2:43.54	429	2:44.24	10/12/2022	101%
200m wisselslag	series	13.	2:59.33	347	2:55.17	19/11/2022	95%
Quinten Oostveen, 14/12/2010							5
50m vrije slag	series	26.	32.82	258	36.16	12/02/2023	121%
100m vrije slag	series	33.	1:13.61	258	1:14.95	12/02/2023	104%
200m vrije slag	series	14.	2:38.71	265	2:48.80	03/02/2023	113%
50m rugslag	series	17.	39.51	224	42.60	12/02/2023	116%
100m rugslag	series	25.	1:29.11	197	1:29.10	12/02/2023	100%
200m rugslag	series	23.	3:06.28	216	3:08.52	29/10/2022	102%
50m vlinderslag	series	19.	40.44	167	37.97	22/01/2023	88%
200m wisselslag	series	33.	3:09.59	217	3:03.21	29/10/2022	93%
Sanne Korndewal, 05/06/2008							4
50m vrije slag	series	23.	30.54	465	30.46	05/06/2022	99%
100m vrije slag	series	27.	1:09.47	412	1:10.87	15/05/2022	104%
200m vrije slag	series	22.	2:34.35	392	2:33.44	01/10/2022	99%
100m rugslag	series	19.	1:20.10	371	1:20.59	21/05/2022	101%
200m rugslag	series	21.	2:58.50	329	2:51.61	22/05/2022	92%
50m schoolslag	series	13.	38.78	435	40.80	05/06/2022	111%
100m schoolslag	series	13.	1:26.82	403	1:26.15	22/01/2023	98%

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200m schoolslag	series	19.	3:17.26	350	3:18.22	31/10/2021	101%	
200m wisselslag	series	23.	2:58.89	350	2:51.74	29/10/2022	92%	
Senna Rijnbeek, 13/03/2009								
50m vrije slag	series	9.	29.76	503	NT		-	7
50m vrije slag	series	19.	30.18	482	31.44	05/06/2022	109%	
100m vrije slag	series	22.	1:07.59	447	1:09.55	04/06/2022	106%	
200m vrije slag	series	20.	2:31.10	418	2:29.20	21/05/2022	98%	
400m vrije slag	series	14.	5:12.03	435	5:14.27	03/02/2023	101%	
50m rugslag	series	3.	33.26	533	34.50	15/05/2022	108%	
100m rugslag	series	8.	1:13.27	485	1:17.83	21/05/2022	113%	
200m rugslag	series	13.	2:42.30	438	2:46.01	22/05/2022	105%	
50m vlinderslag	series	14.	33.93	373	34.21	22/05/2022	102%	
200m wisselslag	series	26.	3:02.51	329	2:58.63	15/05/2022	96%	
Sterre Dietvorst, 14/09/2009								
50m vrije slag	series	7.	29.44	519	NT		-	8
50m vrije slag	series	18.	30.02	490	30.56	20/03/2022	104%	
100m vrije slag	series	17.	1:04.73	509	1:05.18	12/02/2023	101%	
200m vrije slag	series	7.	2:19.73	528	2:20.85	12/02/2023	102%	
400m vrije slag	series	11.	5:00.70	486	5:01.49	12/02/2023	101%	
100m rugslag	series	15.	1:16.90	419	1:19.05	12/06/2022	106%	
200m rugslag	series	15.	2:45.00	417	2:45.83	11/06/2022	101%	
50m schoolslag	series	16.	39.57	410	41.14	18/03/2022	108%	
200m wisselslag	series	11.	2:45.14	445	2:43.25	19/03/2022	98%	
400m wisselslag	series	5.	5:47.54	450	5:52.09	12/06/2022	103%	
Thijn Metten, 23/07/2008								
50m vrije slag	series	34.	29.94	340	32.27	20/03/2022	116%	8
100m vrije slag	series	33.	1:04.79	379	1:10.96	14/05/2022	120%	
200m vrije slag	series	17.	2:23.36	360	2:31.52	12/02/2023	112%	
50m rugslag	series	21.	35.34	313	37.62	12/02/2023	113%	
100m rugslag	series	23.	1:18.00	293	1:24.14	19/02/2022	116%	
200m rugslag	series	23.	2:51.14	279	3:00.02	18/03/2022	111%	
50m vlinderslag	series	21.	32.53	320	35.49	21/05/2022	119%	
200m wisselslag	series	23.	2:49.68	303	3:02.84	19/03/2022	116%	
Thijs Wellink, 28/08/2006								
50m vrije slag	series	10.	26.80	474	NT		-	4
50m vrije slag	series	20.	27.35	446	27.76	21/05/2022	103%	
100m vrije slag	series	21.	1:00.47	466	59.39	14/05/2022	96%	
200m vrije slag	series	15.	2:13.39	447	2:10.54	21/05/2022	96%	
400m vrije slag	series	12.	4:38.39	493	4:45.82	19/03/2022	105%	
100m rugslag	series	17.	1:11.54	380	1:10.49	10/04/2022	97%	
200m rugslag	series	8.	2:29.77	417	2:25.79	23/10/2022	95%	
50m vlinderslag	series	11.	29.77	418	30.29	21/05/2022	104%	
200m wisselslag	series	12.	2:30.64	433	2:32.68	09/04/2022	103%	
Tobian Vos, 03/02/2009								
50m vrije slag	series	7.	27.87	422	NT		-	5
50m vrije slag	series	5.	27.71	429	28.92	12/02/2023	109%	
100m vrije slag	series	8.	1:00.96	455	1:00.67	12/02/2023	99%	
200m vrije slag	series	3.	2:13.02	450	2:14.23	12/02/2023	102%	
400m vrije slag	series	5.	4:43.02	470	4:33.47	12/02/2023	93%	
100m rugslag	series	3.	1:05.91	486	1:05.83	12/02/2023	100%	
200m rugslag	series	2.	2:23.78	471	2:34.17	03/07/2022	115%	
50m vlinderslag	series	10.	32.68	316	34.87	21/05/2022	114%	
200m wisselslag	series	7.	2:32.43	418	2:45.47	03/07/2022	118%	
400m wisselslag	series	3.	5:27.93	411	5:27.87	10/12/2022	100%	
Vera Wassink, 13/02/2006								
50m vrije slag	series	8.	29.28	528	NT		-	-
50m vrije slag	series	13.	29.81	500	28.98	14/05/2022	95%	
100m vrije slag	series	11.	1:04.44	516	1:02.98	15/05/2022	96%	
200m vrije slag	series	11.	2:23.11	492	2:20.82	19/03/2022	97%	
400m vrije slag	series	10.	5:04.02	470	4:56.96	12/02/2023	95%	
100m rugslag	series	19.	1:17.82	404	1:17.11	10/04/2022	98%	
200m rugslag	series	10.	2:41.82	442	2:41.44	10/04/2022	100%	
50m vlinderslag	series	17.	34.12	367	33.91	04/06/2022	99%	
200m wisselslag	series	15.	2:50.97	401	2:47.97	03/06/2022	97%	
400m wisselslag	series	9.	6:06.07	385	5:50.00		91%	
Wesley Korndewal, 24/12/2009								
50m vrije slag	series	27.	32.85	257	32.85	21/01/2023	100%	4
100m vrije slag	series	27.	1:11.17	286	1:10.51	22/01/2023	98%	
200m vrije slag	series	11.	2:35.01	284	2:42.08	24/04/2022	109%	
400m vrije slag	series	16.	5:20.96	322	5:34.82	14/10/2022	109%	
100m rugslag	series	16.	1:22.76	245	1:21.06	22/01/2023	96%	
200m rugslag	series	15.	2:52.89	271	2:54.81	01/10/2022	102%	
50m schoolslag	series	16.	45.65	183	46.56	18/03/2022	104%	

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Yfke Wijnalda, 26/11/2010

7

50m vrije slag	series	32.	34.38	326	35.62	14/05/2022	107%
100m vrije slag	series	25.	1:16.35	310	1:20.02	12/02/2023	110%
200m vrije slag	series	12.	2:41.78	340	2:45.39	12/02/2023	105%
50m rugslag	series	17.	40.29	300	45.78	12/02/2023	129%
100m rugslag	series	11.	1:23.73	325	1:32.93	12/02/2023	123%
200m rugslag	series	14.	3:01.80	312	3:07.38	12/02/2023	106%
200m wisselslag	series	24.	3:11.19	287	3:14.63	19/11/2022	104%

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ZPC AMERSFOORT 1								59
Benthe Martens, 26/06/2007								5
50m vrije slag	series	10.	29.41	521	NT		-	
100m vrije slag	series	7.	1:02.80	558	1:01.97	09/04/2022	97%	
50m schoolslag	series	6.	36.11	539	35.62	18/03/2022	97%	
100m schoolslag	series	6.	1:19.63	522	1:19.18	11/06/2022	99%	
200m schoolslag	series	6.	2:55.23	500	2:56.50	20/03/2022	101%	
50m vlinderslag	series	7.	31.58	462	31.78	08/04/2022	101%	
100m vlinderslag	series	6.	1:12.31	451	1:14.08	19/03/2022	105%	
200m vlinderslag	series	4.	2:46.45	391	2:46.58	15/05/2022	100%	
200m wisselslag	series	3.	2:35.82	530	2:37.39	12/06/2022	102%	
Feddo Smink, 25/01/2009								6
50m vrije slag	series	4.	26.62	484	NT		-	
50m vrije slag	series	3.	26.79	475	28.29	22/05/2022	112%	
100m vrije slag	series	5.	58.91	504	1:01.18	11/06/2022	108%	
200m rugslag	series	5.	2:26.64	444	2:31.07	18/04/2022	106%	
50m schoolslag	series	3.	35.86	378	35.51	12/02/2023	98%	
100m schoolslag	series	3.	1:16.19	416	1:15.93	12/02/2023	99%	
200m schoolslag	series	2.	2:48.50	419	2:53.88	11/06/2022	106%	
100m vlinderslag	series	3.	1:04.93	443	1:05.08	12/02/2023	100%	
200m wisselslag	series	3.	2:26.93	467	2:33.97	10/06/2022	110%	
Felbe van 't Land, 23/01/2009								9
50m vrije slag	series	3.	26.46	493	NT		-	
50m vrije slag	series	4.	27.02	463	27.09	12/02/2023	101%	
100m vrije slag	series	3.	57.53	542	58.10	12/02/2023	102%	
200m vrije slag	series	2.	2:11.46	467	2:15.15	12/06/2022	106%	
400m vrije slag	series	4.	4:41.96	475	4:48.90	19/03/2022	105%	
50m rugslag	series	2.	30.20	501	31.41	14/05/2022	108%	
100m rugslag	series	2.	1:05.57	494	1:07.51	11/06/2022	106%	
200m rugslag	series	3.	2:24.88	460	2:32.73	12/06/2022	111%	
50m vlinderslag	series	2.	28.25	489	28.66	08/04/2022	103%	
200m wisselslag	series	6.	2:32.16	420	2:32.87	10/06/2022	101%	
Fenne Metten, 23/05/2010								8
50m vrije slag	series	7.	31.38	429	NT		-	
50m vrije slag	series	13.	32.24	395	34.18	20/03/2022	112%	
100m vrije slag	series	7.	1:09.71	408	1:16.66	12/02/2023	121%	
200m vrije slag	series	9.	2:34.91	387	2:39.95	12/02/2023	107%	
400m vrije slag	series	2.	5:13.64	428	5:21.80	12/02/2023	105%	
50m rugslag	series	6.	37.75	365	40.56	19/03/2022	115%	
100m rugslag	series	6.	1:19.21	383	1:26.87	20/03/2022	120%	
200m rugslag	series	4.	2:44.27	423	3:02.73	22/05/2022	124%	
200m wisselslag	series	9.	2:52.93	387	2:58.84	12/02/2023	107%	
Maaïke Ooms, 15/07/2008								2
50m vrije slag	series	2.	27.99	604	NT		-	
50m vrije slag	series	1.	27.93	608	27.58	20/03/2022	98%	
100m vrije slag	series	1.	1:00.09	637	59.01	12/06/2022	96%	
200m vrije slag	series	1.	2:14.79	588	2:12.46	11/06/2022	97%	
50m rugslag	series	2.	33.06	543	33.08	15/05/2022	100%	
100m rugslag	series	3.	1:10.70	539	1:09.90	12/06/2022	98%	
200m rugslag	series	3.	2:32.99	524	2:33.99	22/05/2022	101%	
100m vlinderslag	series	4.	1:12.76	443	1:11.02	14/05/2022	95%	
Mads van Norden, 03/05/2007								3
50m vrije slag	series	8.	26.90	469	NT		-	
50m vrije slag	series	6.	26.85	472	26.37	12/02/2023	96%	
100m vrije slag	series	6.	58.12	525	1:01.15	19/02/2022	111%	
200m vrije slag	series	7.	2:09.52	488	2:17.58	19/03/2022	113%	
400m vrije slag	series	8.	4:37.00	501	5:33.21	10/04/2022	145%	
200m rugslag	series	5.	2:26.90	442	2:19.31	11/12/2022	90%	
200m wisselslag	series	12.	2:33.63	408	2:24.91	12/02/2023	89%	
Noa van Zalk, 05/05/2011								7
50m vrije slag	series	9.	31.56	421	NT		-	
50m vrije slag	series	11.	32.14	399	34.00	10/04/2022	112%	
100m vrije slag	series	9.	1:10.62	392	1:11.03	12/02/2023	101%	
50m schoolslag	series	6.	41.54	354	44.58	09/04/2022	115%	
100m schoolslag	series	3.	1:30.76	352	1:33.43	10/04/2022	106%	
200m schoolslag	series	4.	3:14.79	364	3:11.31	11/12/2022	96%	
50m vlinderslag	series	6.	34.47	355	34.76	08/04/2022	102%	
100m vlinderslag	series	5.	1:21.89	310	1:27.24	09/04/2022	113%	
200m wisselslag	series	4.	2:49.91	408	2:55.52	08/04/2022	107%	
Nynke Boerefijn, 13/02/2007								2
50m vrije slag	series	3.	27.73	621	NT		-	
50m vrije slag	series	5.	28.29	585	27.99	20/03/2022	98%	

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100m vrije slag	series	4.	1:00.26	631	59.27	12/06/2022	97%	
200m vrije slag	series	1.	2:09.59	662	2:07.37	10/06/2022	97%	
400m vrije slag	series	2.	4:38.50	612	4:33.04	11/06/2022	96%	
50m rugslag	series	13.	35.45	440	35.05	15/05/2022	98%	
100m rugslag	series	7.	1:13.47	481	1:17.53	20/03/2022	111%	
200m rugslag	series	6.	2:36.56	489	2:40.28	18/03/2022	105%	
Rens Stijf, 30/07/2005								
50m vrije slag	series	3.	24.98	586	NT		-	
50m vrije slag	series	6.	25.50	551	25.03	22/05/2022	96%	
100m vrije slag	series	4.	55.34	609	55.07	09/04/2022	99%	
400m vrije slag	series	2.	4:21.47	596	4:19.82	12/02/2023	99%	
200m rugslag	series	2.	2:20.13	509	2:19.78	18/06/2022	100%	
100m vlinderslag	series	4.	1:02.35	500	1:05.13	22/05/2022	109%	
200m wisselslag	series	5.	2:24.00	496	2:20.40	14/05/2022	95%	
400m wisselslag	series	2.	5:06.95	501	5:06.52	20/03/2022	100%	
Rens van Wijngaarden, 23/12/2008								
50m vrije slag	series	13.	28.26	405	NT		-	
50m vrije slag	series	25.	28.86	380	28.88	14/05/2022	100%	
100m vrije slag	series	29.	1:03.29	407	1:04.08	21/05/2022	103%	
50m rugslag	series	12.	32.59	399	33.01	15/05/2022	103%	
50m schoolslag	series	3.	34.03	443	35.10	21/05/2022	106%	
100m schoolslag	series	2.	1:14.40	446	1:19.18	22/05/2022	113%	
200m schoolslag	series	2.	2:44.50	450	2:57.68	11/06/2022	117%	
50m vlinderslag	series	19.	30.71	381	30.80	22/05/2022	101%	
100m vlinderslag	series	11.	1:14.46	293	1:14.11	12/06/2022	99%	
Robine Moot, 03/12/2009								
50m vrije slag	series	3.	28.33	583	NT		-	
50m vrije slag	series	2.	28.81	554	30.18	20/03/2022	110%	
100m vrije slag	series	6.	1:03.58	537	1:05.14	12/06/2022	105%	
400m vrije slag	series	4.	4:49.78	543	4:51.81	10/06/2022	101%	
50m schoolslag	series	8.	37.64	476	38.31	10/04/2022	104%	
100m schoolslag	series	4.	1:19.51	524	1:21.49	10/04/2022	105%	
200m schoolslag	series	2.	2:47.76	570	2:52.64	12/06/2022	106%	
50m vlinderslag	series	11.	33.01	405	33.83	15/05/2022	105%	
200m wisselslag	series	2.	2:34.29	546	2:39.11	10/06/2022	106%	
Tenzing Geutjes, 28/05/2006								
50m vrije slag	series	4.	25.26	567	NT		-	
50m vrije slag	series	8.	26.24	506	25.36	11/06/2022	93%	
100m vrije slag	series	3.	54.91	623	54.38	11/06/2022	98%	
200m vrije slag	series	2.	2:01.06	598	1:58.93	12/06/2022	97%	
50m rugslag	series	3.	28.68	585	28.54	16/06/2022	99%	
100m rugslag	series	6.	1:05.62	493	1:02.85	17/06/2022	92%	
50m schoolslag	series	4.	32.14	526	31.84	21/01/2023	98%	
100m schoolslag	series	7.	1:12.50	482	1:08.77	21/01/2023	90%	
200m schoolslag	series	9.	2:47.00	430	2:44.28	02/10/2022	97%	
50m vlinderslag	series	3.	27.01	560	27.74	08/04/2022	105%	

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ZPC De Rog Weert								6
Fenna Greijn, 26/01/2009								4
50m vrije slag	series	46.	33.51	352	34.44	14/05/2022	106%	
200m vrije slag	series	28.	2:38.78	360	2:58.51	19/03/2022	126%	
50m rugslag	series	23.	39.70	313	44.35	19/03/2022	125%	
200m rugslag	series	25.	3:01.83	312	NT		-	
50m schoolslag	series	31.	45.23	274	45.63	12/02/2023	102%	
400m wisselslag	series	12.	6:42.79	289	NT		-	
Phyllis Legein, 14/07/2008								2
50m vrije slag	series	7.	29.57	512	29.56	12/02/2023	100%	
100m vrije slag	series	21.	1:07.20	455	1:05.02	12/02/2023	94%	
50m schoolslag	series	22.	41.28	361	40.96	21/05/2022	98%	
100m schoolslag	series	17.	1:30.42	356	1:31.69	03/07/2022	103%	
200m schoolslag	series	16.	3:12.84	375	3:37.39		127%	
200m wisselslag	series	14.	2:53.32	385	2:48.28	15/05/2022	94%	

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ZV De Aalscholver									21
Daan van Oogen, 20/02/2007									2
50m vrije slag	series	26.	28.98	375	29.27	24/04/2022	102%		
400m wisselslag	series	6.	5:39.74	369	5:52.48	12/12/2021	108%		
Daria Pankratova, 06/05/2008									1
50m vrije slag	series	32.	31.74	414	32.11	24/04/2022	102%		
200m vrije slag	series	31.	2:52.81	279	2:44.94	30/10/2022	91%		
50m rugslag	series	21.	39.18	326	NT		-		
200m schoolslag	series	27.	3:46.73	230	NT		-		
200m wisselslag	series	34.	3:18.20	257	3:11.45	04/06/2022	93%		
Esmee Slingerland, 20/06/2007									2
50m vrije slag	series	32.	33.13	364	37.21		126%		
200m schoolslag	series	14.	3:37.28	262	3:40.33		103%		
Frances Lugtu, 26/09/2010									2
50m vrije slag	series	17.	32.53	385	34.19	18/04/2022	110%		
400m vrije slag	series	19.	6:02.15	278	6:03.62	22/10/2022	101%		
200m schoolslag	series	16.	3:43.07	242	NT		-		
100m vlinderslag	series	8.	1:31.12	225	1:26.04	07/01/2023	89%		
Iris Brouwer, 23/01/2008									1
50m vrije slag	series	37.	32.22	396	42.89		177%		
400m wisselslag	series	11.	6:13.18	363	6:05.87	06/11/2022	96%		
Isabel van Oogen, 29/03/2009									2
50m vrije slag	series	44.	33.10	365	33.38	29/01/2023	102%		
200m schoolslag	series	22.	3:26.65	305	3:48.35	12/12/2021	122%		
Jayden Lammers, 08/10/2007									1
50m vrije slag	series	30.	29.65	350	30.90	21/01/2023	109%		
Judith van der Wal, 07/08/2007									-
50m vrije slag	series	33.	37.41	253	36.86	27/11/2022	97%		
200m schoolslag	series	15.	3:53.92	210	3:46.33	02/10/2022	94%		
Liam Matthews, 18/11/2009									2
50m rugslag	series	15.	39.45	225	43.61	18/04/2022	122%		
100m schoolslag	series	20.	1:39.27	188	NT		-		
200m wisselslag	series	31.	3:09.37	218	3:13.86	27/11/2022	105%		
Maria Kotsubailo, 29/11/2010									1
50m vrije slag	series	31.	34.23	330	34.07	21/05/2022	99%		
200m vrije slag	series	AFGEM	-	-	2:54.14	15/05/2022	-		
50m rugslag	series	AFGEM	-	-	39.20	22/05/2022	-		
100m rugslag	series	20.	1:26.40	295	1:28.01	30/04/2022	104%		
Mikail van Gent, 07/12/2006									1
50m vrije slag	series	26.	28.81	382	28.93	21/01/2023	101%		
200m schoolslag	series	12.	3:18.18	257	3:10.50	09/10/2022	92%		
Oleksandr Hordienko, 08/04/2010									2
100m schoolslag	series	18.	1:34.61	217	1:39.53	15/01/2023	111%		
200m wisselslag	series	20.	2:48.06	312	2:50.09	09/10/2022	102%		
Rashika Naganasoore, 21/04/2008									-
200m vrije slag	series	AFGEM	-	-	3:07.82	02/10/2022	-		
50m rugslag	series	AFGEM	-	-	43.86	19/09/2021	-		
Rixt Wiersma, 27/09/2006									1
400m vrije slag	series	22.	6:11.62	257	6:26.84	18/04/2022	108%		
200m wisselslag	series	22.	3:13.91	275	3:10.60	22/10/2022	97%		
Ryan Schuts, 13/06/2007									-
100m schoolslag	series	17.	1:33.94	221	1:29.53	06/11/2022	91%		
200m wisselslag	series	24.	3:02.58	243	NT		-		
Sarah Lute, 30/08/2007									1
100m rugslag	series	15.	1:16.45	427	1:18.75	18/04/2022	106%		
200m vlinderslag	series	9.	3:11.62	256	2:57.86	27/11/2022	86%		
Sem Kinninging, 29/08/2009									2
50m vrije slag	series	17.	29.92	341	32.60	18/04/2022	119%		
100m rugslag	series	22.	1:23.77	237	1:23.79	15/01/2023	100%		

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								108
Zwemclub Geel								7
Amilia Coesemans, 05/04/2008								7
50m vrije slag	series	30.	31.58	421	33.37	20/03/2022	112%	
100m vrije slag	series	23.	1:07.92	441	1:09.10	15/10/2022	104%	
200m vrije slag	series	18.	2:28.82	437	2:28.17	16/07/2022	99%	
400m vrije slag	series	15.	5:14.39	425	5:25.83	15/10/2022	107%	
50m rugslag	series	26.	39.94	308	39.93	08/01/2023	100%	
100m rugslag	series	26.	1:25.04	310	1:24.89	09/01/2022	100%	
50m schoolslag	series	27.	43.99	298	45.23	08/01/2023	106%	
200m schoolslag	series	24.	3:30.73	287	3:40.05	01/05/2022	109%	
50m vlinderslag	series	16.	34.09	368	35.85	15/10/2022	111%	
200m wisselslag	series	17.	2:56.55	364	3:00.86	19/03/2022	105%	
Brecht Verdonck, 29/07/2007								5
50m vrije slag	series	9.	27.24	452	NT	-	-	
50m vrije slag	series	14.	27.64	432	27.67	25/05/2022	100%	
100m vrije slag	series	11.	59.12	499	59.91	30/07/2022	103%	
200m vrije slag	series	13.	2:18.23	401	2:08.94	31/07/2022	87%	
400m vrije slag	series	9.	4:37.89	496	4:35.78	29/07/2022	98%	
100m rugslag	series	13.	1:12.51	365	1:14.48	26/05/2022	106%	
50m schoolslag	series	8.	35.66	385	35.89	18/03/2022	101%	
100m schoolslag	series	8.	1:22.02	333	1:20.01	13/02/2022	95%	
50m vlinderslag	series	9.	28.60	472	30.09	25/05/2022	111%	
200m wisselslag	series	9.	2:29.85	440	2:29.68	19/03/2022	100%	
400m wisselslag	series	3.	5:20.34	441	5:15.21	31/07/2022	97%	
Defne Ela Sahin, 07/06/2009								1
400m vrije slag	series	29.	6:24.24	233	6:11.24	15/10/2022	93%	
200m wisselslag	series	33.	3:18.05	258	3:19.29	17/07/2022	101%	
Dida Meeus, 26/08/2009								6
100m vrije slag	series	21.	1:07.62	333	1:11.38	17/07/2022	111%	
400m vrije slag	series	15.	5:17.08	334	5:23.28	15/07/2022	104%	
100m rugslag	series	13.	1:17.89	294	1:22.10	17/07/2022	111%	
200m rugslag	series	11.	2:44.72	313	2:54.21	16/10/2022	112%	
200m wisselslag	series	19.	2:47.69	314	2:55.61	11/11/2022	110%	
400m wisselslag	series	6.	5:59.06	313	6:00.00	-	101%	
Febe Meeus, 11/12/2007								2
100m vrije slag	series	29.	1:11.18	383	1:09.96	17/07/2022	97%	
400m vrije slag	series	17.	5:16.88	415	5:20.25	08/04/2022	102%	
100m rugslag	series	23.	1:22.91	334	1:20.49	17/07/2022	94%	
50m schoolslag	series	17.	42.21	337	41.65	09/04/2022	97%	
200m schoolslag	series	11.	3:09.07	398	3:07.52	16/07/2022	98%	
200m wisselslag	series	14.	2:50.64	403	2:51.16	15/10/2022	101%	
Fien Wynants, 15/01/2009								1
400m vrije slag	series	28.	5:55.52	294	6:12.91	-	110%	
200m wisselslag	series	30.	3:07.30	305	NT	-	-	
Frédérique Nijziel, 17/10/2011								5
50m vrije slag	series	4.	30.46	469	33.54	18/04/2022	121%	
100m vrije slag	series	4.	1:08.14	437	1:08.96	11/11/2022	102%	
400m vrije slag	series	5.	5:24.11	388	5:24.20	23/07/2022	100%	
50m vlinderslag	series	2.	30.74	501	31.82	15/10/2022	107%	
100m vlinderslag	series	1.	1:11.09	475	1:12.68	11/11/2022	105%	
400m wisselslag	series	1.	5:59.86	405	5:58.26	10/12/2022	99%	
Hayley Roosenbroeck, 16/08/2010								4
100m vrije slag	series	30.	1:19.39	276	1:19.81	18/04/2022	101%	
400m vrije slag	series	20.	6:04.86	272	5:55.57	08/10/2022	95%	
100m rugslag	series	24.	1:29.73	264	1:29.85	17/07/2022	100%	
200m schoolslag	series	19.	3:57.57	200	NT	-	-	
50m vlinderslag	series	13.	38.50	255	43.06	18/04/2022	125%	
200m wisselslag	series	27.	3:15.65	267	3:22.87	16/07/2022	108%	
Jarne Haesendonckx, 14/07/2008								7
50m vrije slag	series	10.	27.48	440	NT	-	-	
50m vrije slag	series	15.	27.77	426	28.82	15/10/2022	108%	
100m vrije slag	series	27.	1:02.79	416	1:03.81	08/01/2023	103%	
200m vrije slag	series	16.	2:23.34	360	2:18.76	16/07/2022	94%	
400m vrije slag	series	15.	5:01.99	386	4:53.96	15/07/2022	95%	
50m rugslag	series	17.	34.23	344	34.86	08/01/2023	104%	
100m rugslag	series	16.	1:13.51	350	1:13.35	17/07/2022	100%	
200m rugslag	series	12.	2:33.56	387	2:44.72	30/04/2022	115%	
50m schoolslag	series	18.	39.30	287	39.73	08/01/2023	102%	
200m schoolslag	series	13.	3:07.35	305	3:16.65	15/10/2022	110%	
200m wisselslag	series	15.	2:39.07	368	2:39.79	17/07/2022	101%	

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Julie Maes, 24/12/2010								4
50m vrije slag	series	38.	35.74	290	36.16	16/10/2022	102%	
100m vrije slag	series	27.	1:17.51	296	1:18.87	08/01/2023	104%	
200m vrije slag	series	18.	2:51.99	283	2:50.02	16/10/2022	98%	
400m vrije slag	series	16.	5:46.88	316	5:48.76	15/07/2022	101%	
50m rugslag	series	19.	40.71	291	41.33	09/04/2022	103%	
100m rugslag	series	13.	1:24.45	316	1:24.41	08/01/2023	100%	
200m rugslag	series	11.	2:57.23	337	2:55.45	15/10/2022	98%	
100m schoolslag	series	18.	1:43.16	240	1:40.85	16/07/2022	96%	
50m vlinderslag	series	14.	38.74	250	37.90	08/01/2023	96%	
200m wisselslag	series	16.	3:05.30	315	3:03.00	16/07/2022	98%	
Klaas Dries, 20/06/2007								4
50m vrije slag	series	11.	27.62	433	NT	-	-	
50m vrije slag	series	16.	27.79	425	28.39	10/04/2022	104%	
100m vrije slag	series	22.	1:01.00	454	1:00.41	30/07/2022	98%	
200m vrije slag	series	11.	2:13.01	450	2:10.78	31/07/2022	97%	
400m vrije slag	series	10.	4:40.42	483	4:38.06	29/07/2022	98%	
50m rugslag	series	7.	31.42	445	31.46	30/07/2022	100%	
100m rugslag	series	7.	1:07.92	444	1:07.00	31/07/2022	97%	
200m rugslag	series	4.	2:26.48	446	2:25.49	29/07/2022	99%	
50m schoolslag	series	9.	35.94	376	34.34	19/11/2022	91%	
200m schoolslag	series	8.	2:52.61	390	2:59.90	01/05/2022	109%	
200m wisselslag	series	4.	2:27.39	462	2:28.64	16/10/2022	102%	
Lieselot Leyten, 09/11/2007								1
100m vrije slag	series	26.	1:09.73	407	1:08.55	27/05/2022	97%	
200m vrije slag	series	19.	2:29.77	429	2:29.89	19/03/2022	100%	
400m vrije slag	series	16.	5:16.12	418	4:52.16	19/07/2022	85%	
50m schoolslag	series	16.	40.78	374	38.80	17/07/2022	91%	
100m schoolslag	series	11.	1:27.37	395	1:24.60	16/07/2022	94%	
50m vlinderslag	series	23.	35.62	322	35.48	25/05/2022	99%	
200m wisselslag	series	17.	2:52.71	389	2:45.41	15/07/2022	92%	
Liselotte Lagey, 14/05/2006								4
50m vrije slag	series	2.	27.61	630	NT	-	-	
50m vrije slag	series	4.	28.07	599	27.49	29/07/2022	96%	
100m vrije slag	series	5.	1:01.82	585	1:01.36	30/07/2022	99%	
200m vrije slag	series	9.	2:22.87	494	2:23.10	30/04/2022	100%	
50m rugslag	series	6.	33.76	510	33.88	15/10/2022	101%	
100m rugslag	series	20.	1:18.88	388	1:15.15	20/03/2022	91%	
50m schoolslag	series	2.	34.29	630	33.94	31/07/2022	98%	
100m schoolslag	series	4.	1:17.58	564	1:17.58	29/07/2022	100%	
200m schoolslag	series	4.	2:52.32	526	2:56.43	01/05/2022	105%	
50m vlinderslag	series	6.	31.55	464	32.37	08/01/2023	105%	
200m wisselslag	series	16.	2:51.23	399	2:39.67	15/10/2022	87%	
Lore Borghs, 10/02/2010								6
50m vrije slag	series	4.	30.79	454	NT	-	-	
50m vrije slag	series	6.	31.69	416	31.96	16/10/2022	102%	
100m vrije slag	series	6.	1:09.14	418	1:08.22	08/01/2023	97%	
200m vrije slag	series	7.	2:34.46	391	2:37.89	16/10/2022	104%	
400m vrije slag	series	8.	5:28.13	374	5:24.14	23/07/2022	98%	
50m rugslag	series	8.	38.67	339	40.68	25/05/2022	111%	
100m rugslag	series	15.	1:24.50	316	1:22.85	27/05/2022	96%	
200m rugslag	series	12.	2:57.51	335	2:52.53	08/05/2022	94%	
100m schoolslag	series	7.	1:34.61	311	1:37.78	15/10/2022	107%	
200m schoolslag	series	7.	3:21.24	330	3:26.84	16/10/2022	106%	
50m vlinderslag	series	4.	33.98	371	34.50	08/01/2023	103%	
Luisa Valentina Vanlommel, 22/07/2011								2
50m rugslag	series	23.	42.35	258	45.48	15/10/2022	115%	
200m wisselslag	series	33.	3:29.88	216	3:41.99	15/10/2022	112%	
Matthias Van Tilburg, 06/10/2009								5
50m vrije slag	series	5.	27.14	457	NT	-	-	
50m vrije slag	series	6.	27.95	418	28.72	15/10/2022	106%	
100m vrije slag	series	11.	1:01.93	434	1:01.63	08/01/2023	99%	
200m vrije slag	series	5.	2:17.66	406	2:18.42	22/07/2022	101%	
400m vrije slag	series	8.	4:54.41	417	4:56.58	24/07/2022	101%	
50m rugslag	series	8.	34.15	347	33.38	16/10/2022	96%	
100m rugslag	series	5.	1:08.83	427	1:08.65	08/01/2023	99%	
200m rugslag	series	6.	2:31.41	403	2:33.48	22/07/2022	103%	
50m vlinderslag	series	14.	34.80	262	33.99	08/01/2023	95%	
200m wisselslag	series	14.	2:42.58	344	2:49.37	17/10/2021	109%	
400m wisselslag	series	5.	5:47.48	345	5:40.00	-	96%	

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Maxine Nijziel, 20/05/2006								-
50m vrije slag	series	13.	30.14	484	NT			-
50m vrije slag	series	24.	31.05	443	30.01	26/02/2022		93%
100m vrije slag	series	25.	1:09.52	411	1:04.27	25/02/2022		85%
200m vrije slag	series	22.	2:35.12	386	2:25.38	16/10/2022		88%
50m rugslag	series	12.	34.96	459	34.02	30/07/2022		95%
100m rugslag	series	13.	1:15.34	446	1:12.79	12/09/2021		93%
50m schoolslag	series	10.	38.70	438	38.18	18/03/2022		97%
50m vlinderslag	series	5.	31.53	465	30.69	25/02/2022		95%
100m vlinderslag	series	3.	1:10.47	487	1:08.02	27/02/2022		93%
200m vlinderslag	series	2.	2:43.35	414	2:32.65	31/07/2022		87%
200m wisselslag	series	6.	2:43.29	460	2:37.50	30/07/2022		93%
Mit Wouters, 11/03/2010								-
50m vrije slag	series	48.	41.15	190	NT			-
100m vrije slag	series	38.	1:31.14	182	NT			-
400m vrije slag	series	24.	7:00.86	177	NT			-
100m rugslag	series	31.	1:39.29	194	NT			-
50m schoolslag	series	21.	56.48	141	NT			-
200m wisselslag	series	37.	3:53.55	157	NT			-
Miya Begue, 08/08/2006								2
50m vrije slag	series	25.	31.14	439	30.65	16/10/2022		97%
100m vrije slag	series	24.	1:09.41	413	1:07.86	15/10/2022		96%
400m vrije slag	series	19.	5:36.01	348	5:25.00			94%
200m schoolslag	series	12.	3:14.98	363	3:18.23	16/10/2022		103%
50m vlinderslag	series	18.	34.56	353	33.93	19/11/2022		96%
200m wisselslag	series	10.	2:47.64	425	2:53.40	15/10/2022		107%
Mélissa Begue, 25/03/2008								6
50m vrije slag	series	32.	31.74	414	33.93	16/10/2022		114%
100m vrije slag	series	29.	1:10.28	398	1:13.45	08/01/2023		109%
400m vrije slag	series	23.	5:41.51	331	5:45.00			102%
50m schoolslag	series	19.	40.32	387	42.92	19/11/2022		113%
200m schoolslag	series	18.	3:15.29	361	3:28.85	16/10/2022		114%
200m wisselslag	series	18.	2:57.61	358	3:12.54	15/10/2022		118%
Nomi Poels, 03/06/2008								2
400m vrije slag	series	21.	5:33.11	357	5:35.94	15/10/2022		102%
100m rugslag	series	29.	1:25.87	301	1:23.08	08/01/2023		94%
200m schoolslag	series	21.	3:25.50	310	3:24.23	16/10/2022		99%
200m wisselslag	series	24.	2:59.84	344	3:02.88	15/10/2022		103%
Norah Dillen, 23/06/2008								2
50m vrije slag	series	13.	30.57	464	NT			-
50m vrije slag	series	24.	30.61	462	30.46	20/03/2022		99%
100m vrije slag	series	20.	1:06.63	467	1:05.82	18/03/2022		98%
200m vrije slag	series	14.	2:25.48	468	2:24.84	13/02/2022		99%
400m vrije slag	series	9.	4:56.83	505	4:57.41	23/07/2022		100%
100m rugslag	series	16.	1:17.24	414	1:15.34	22/07/2022		95%
50m schoolslag	series	6.	37.35	487	37.27	23/01/2022		100%
100m schoolslag	series	5.	1:20.58	504	1:18.68	23/07/2022		95%
200m schoolslag	series	7.	2:56.17	492	2:47.22	24/07/2022		90%
50m vlinderslag	series	13.	33.84	376	35.40	08/04/2022		109%
200m wisselslag	series	9.	2:43.14	462	2:38.66	11/02/2022		95%
Nova Nijziel, 07/06/2008								5
50m vrije slag	series	6.	29.31	526	NT			-
50m vrije slag	series	8.	29.60	511	29.43	02/07/2022		99%
100m vrije slag	series	11.	1:04.10	524	1:04.48	01/05/2022		101%
200m vrije slag	series	9.	2:21.00	514	2:20.11	30/04/2022		99%
400m vrije slag	series	6.	4:50.15	541	4:50.63	23/07/2022		100%
100m rugslag	series	1.	1:09.49	568	1:09.02	22/01/2023		99%
200m rugslag	series	1.	2:28.91	568	2:28.72	23/07/2022		100%
50m schoolslag	series	11.	38.72	437	39.48	02/07/2022		104%
100m schoolslag	series	9.	1:25.21	426	1:23.81	15/10/2022		97%
200m schoolslag	series	5.	2:52.90	520	2:53.01	20/11/2021		100%
50m vlinderslag	series	3.	30.70	503	30.18	03/07/2022		97%
100m vlinderslag	series	2.	1:07.38	558	1:07.70	11/06/2022		101%
Paulien Boeckx, 23/08/2010								2
200m vrije slag	series	23.	3:00.22	246	3:09.29	19/07/2022		110%
200m wisselslag	series	35.	3:30.09	216	3:32.99	02/10/2022		103%
Quinten Michoel, 06/05/2009								4
50m vrije slag	series	6.	27.85	423	NT			-
50m vrije slag	series	11.	29.04	373	28.64	15/10/2022		97%
100m vrije slag	series	13.	1:02.56	421	1:01.91	08/01/2023		98%
200m vrije slag	series	8.	2:19.29	392	2:22.07	22/07/2022		104%
400m vrije slag	series	10.	4:55.44	413	5:01.97	11/02/2022		104%

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50m rugslag	series	9.	34.26	343	34.06	08/01/2023	99%	
100m rugslag	series	8.	1:12.95	359	1:15.39	24/07/2022	107%	
50m vlinderslag	series	7.	31.04	369	30.82	16/10/2022	99%	
100m vlinderslag	series	8.	1:11.43	332	1:10.68	22/07/2022	98%	
200m wisselslag	series	12.	2:39.54	364	2:38.11	08/01/2023	98%	
400m wisselslag	series	4.	5:39.16	371	5:40.00		100%	
Sari Ooms, 26/04/2007								
50m vrije slag	series	9.	29.36	523	NT		-	5
50m vrije slag	series	18.	30.13	484	29.86	16/10/2022	98%	
100m vrije slag	series	14.	1:04.91	505	1:02.70	08/01/2023	93%	
200m vrije slag	series	8.	2:22.21	501	2:23.07	16/10/2022	101%	
400m vrije slag	series	9.	5:03.17	474	5:03.50	15/10/2022	100%	
50m rugslag	series	8.	34.63	472	34.30	15/10/2022	98%	
100m rugslag	series	6.	1:13.01	490	1:12.98	08/01/2023	100%	
200m rugslag	series	7.	2:36.62	488	2:37.77	16/04/2022	101%	
50m vlinderslag	series	15.	33.76	378	32.90	08/01/2023	95%	
100m vlinderslag	series	10.	1:18.51	352	1:18.55	26/05/2022	100%	
400m wisselslag	series	5.	5:47.08	451	5:50.36	16/10/2022	102%	
Sien Dries, 20/06/2007								
50m vrije slag	series	10.	29.41	521	NT		-	5
50m vrije slag	series	20.	30.26	478	30.51	20/03/2022	102%	
100m vrije slag	series	16.	1:05.60	489	1:05.23	08/01/2023	99%	
200m vrije slag	series	5.	2:20.39	521	2:25.86	16/10/2022	108%	
400m vrije slag	series	5.	4:56.46	507	5:04.19	08/04/2022	105%	
50m rugslag	series	10.	34.66	471	34.65	25/05/2022	100%	
100m rugslag	series	8.	1:13.99	471	1:13.31	31/07/2022	98%	
200m rugslag	series	8.	2:37.56	479	2:37.42	29/07/2022	100%	
50m vlinderslag	series	11.	32.35	430	33.04	25/05/2022	104%	
100m vlinderslag	series	8.	1:14.07	420	1:13.18	08/01/2023	98%	
400m wisselslag	series	3.	5:37.64	490	5:50.36	20/03/2022	108%	
Vincent De Maertelaere, 13/02/2008								
400m vrije slag	series	17.	5:35.80	281	5:41.60	15/07/2022	103%	3
100m rugslag	series	25.	1:25.46	223	1:24.31	01/05/2022	97%	
200m schoolslag	series	17.	3:34.63	202	3:39.48	01/05/2022	105%	
200m wisselslag	series	25.	3:03.59	239	3:08.37	17/07/2022	105%	
Wael Zrirak, 24/11/2010								
50m vrije slag	series	36.	37.45	174	NT		-	-
100m vrije slag	series	38.	1:22.42	184	NT		-	
200m vrije slag	series	17.	2:57.50	189	NT		-	
50m rugslag	series	19.	43.06	173	NT		-	
100m rugslag	series	26.	1:31.60	181	NT		-	
50m schoolslag	series	19.	49.36	145	NT		-	
Xander Vanthournout, 24/02/2006								
50m vrije slag	series	8.	26.34	500	NT		-	6
50m vrije slag	series	12.	26.49	491	26.69	29/07/2022	102%	
100m vrije slag	series	15.	58.67	511	57.62	29/07/2022	96%	
200m vrije slag	series	9.	2:09.67	486	2:12.82	30/04/2022	105%	
400m vrije slag	series	16.	4:46.47	453	4:51.07	17/10/2021	103%	
100m rugslag	series	14.	1:10.65	395	1:11.10	01/05/2022	101%	
200m rugslag	series	12.	2:34.95	376	2:34.83	30/04/2022	100%	
100m schoolslag	series	10.	1:19.12	371	1:16.48	30/12/2022	93%	
50m vlinderslag	series	10.	29.56	427	30.15	16/10/2022	104%	
100m vlinderslag	series	11.	1:11.13	337	1:10.26	30/04/2022	98%	
400m wisselslag	series	8.	5:28.93	407	5:38.08	15/10/2022	106%	
Yanne Valkenborghs, 14/06/2010								
400m vrije slag	series	23.	6:43.47	201	7:12.64	15/10/2022	115%	2
100m schoolslag	series	24.	1:55.71	170	1:58.86	11/11/2022	106%	

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Zwemvereniging De Flippers

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Linn van Overveld, 11/12/2007

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50m vrije slag	series	28.	31.48	425	32.07		104%
200m vrije slag	series	23.	2:35.17	385	2:50.91		121%
50m rugslag	series	20.	37.31	378	39.38	06/11/2022	111%
50m schoolslag	series	14.	39.09	425	36.82	06/11/2022	89%
200m schoolslag	series	10.	3:08.02	405	2:59.82		91%
50m vlinderslag	series	25.	36.00	312	35.02		95%
200m wisselslag	series	20.	2:57.90	356	2:48.72		90%

Zwemvereniging Zaltbommel

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