

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Programmanr. 11
11/03/2023 - 12:00

Meisjes, 400m vrije slag

Jeugd 2 en jonger
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Juniores 1 en 2					
1.	Paulien Present	Mega Zwemteam 1 1	5:03.63	MEGA/21245/10	5:05.40 +0,79
	50m: 33.84	33.84 150m: 1:51.01	39.19	250m: 3:09.49	39.32 350m: 4:27.60
	100m: 1:11.82	37.98 200m: 2:30.17	39.16	300m: 3:48.75	39.26 400m: 5:05.40
2.	Fenne Metten	ZPC AMERSFOORT 1	5:21.80	201000102	5:13.64 +0,56
	50m: 34.77	34.77 150m: 1:54.81	40.14	250m: 3:16.24	40.73 350m: 4:36.51
	100m: 1:14.67	39.90 200m: 2:35.51	40.70	300m: 3:56.91	40.67 400m: 5:13.64
3.	Febe De Decker	Mega Zwemteam 2 2	5:31.52	MEGA/21363/10	5:16.93 +0,79
	50m: 36.45	36.45 150m: 1:57.86	40.35	250m: 3:18.36	40.24 350m: 4:39.09
	100m: 1:17.51	41.06 200m: 2:38.12	40.26	300m: 3:59.14	40.78 400m: 5:16.93
4.	Melina Van Beylen	Racing Swimming Club Mechel	5:34.63	RSCM/21221/10	5:22.73 +0,75
	50m: 35.89	35.89 150m: 1:57.69	41.78	250m: 3:21.05	41.55 350m: 4:43.64
	100m: 1:15.91	40.02 200m: 2:39.50	41.81	300m: 4:02.50	41.45 400m: 5:22.73
5.	Frédérique Nijziel	Zwemclub Geel	5:24.20	ZGEEL/21129/11	5:24.11 +0,76
	50m: 35.28	35.28 150m: 1:57.08	41.42	250m: 3:21.58	42.03 350m: 4:45.14
	100m: 1:15.66	40.38 200m: 2:39.55	42.47	300m: 4:03.71	42.13 400m: 5:24.11
6.	Lian Vonk	ZPC AMERSFOORT	5:32.52	201001606	5:26.46 +0,62
	50m: 35.14	35.14 150m: 1:57.94	41.81	250m: 3:22.85	42.14 350m: 4:47.40
	100m: 1:16.13	40.99 200m: 2:40.71	42.77	300m: 4:05.09	42.24 400m: 5:26.46
7.	Noortje Bisperink	ZPC AMERSFOORT	5:27.90	201100486	5:26.72 +0,84
	50m: 36.21	36.21 150m: 1:58.98	42.24	250m: 3:23.35	42.41 350m: 4:47.22
	100m: 1:16.74	40.53 200m: 2:40.94	41.96	300m: 4:05.41	42.06 400m: 5:26.72
8.	Lore Borghs	Zwemclub Geel	5:24.14	ZGEEL/21123/10	5:28.13 +0,80
	50m: 35.51	35.51 150m: 1:58.72	42.00	250m: 3:23.68	42.17 350m: 4:49.71
	100m: 1:16.72	41.21 200m: 2:41.51	42.79	300m: 4:06.89	43.21 400m: 5:28.13
9.	Sterre de Veen	Hellas-Glana 1	5:23.96	201100086	5:30.00 +0,65
	50m: 35.41	35.41 150m: 1:56.88	41.94	250m: 3:22.65	42.93 350m: 4:48.71
	100m: 1:14.94	39.53 200m: 2:39.72	42.84	300m: 4:05.36	42.71 400m: 5:30.00
10.	Brechtje Sloopweg	ZPC AMERSFOORT	5:34.72	201101744	5:33.26 +0,87
	50m: 36.74	36.74 150m: 1:59.96	41.83	250m: 3:25.13	42.03 350m: 4:52.31
	100m: 1:18.13	41.39 200m: 2:43.10	43.14	300m: 4:08.33	43.20 400m: 5:33.26
11.	Ilse Stout	Acz	5:19.64	201001704	5:36.54 +0,78
	50m: 36.35	36.35 150m: 2:01.77	43.31	250m: 3:28.42	43.74 350m: 4:55.79
	100m: 1:18.46	42.11 200m: 2:44.68	42.91	300m: 4:12.40	43.98 400m: 5:36.54
12.	Jayna Wagemakers	AquaDream	5:23.43	201000226	5:37.21 +0,84
	50m: 36.20	36.20 150m: 2:02.42	44.14	250m: 3:30.60	43.74 350m: 4:58.17
	100m: 1:18.28	42.08 200m: 2:46.86	44.44	300m: 4:14.86	44.26 400m: 5:37.21
13.	Pieke Beekhuis	De Blauwe Schuur	5:33.12	201000090	5:38.17 +0,81
	50m: 36.87	36.87 150m: 2:00.61	42.68	250m: 3:28.47	44.09 350m: 4:56.33
	100m: 1:17.93	41.06 200m: 2:44.38	43.77	300m: 4:12.50	44.03 400m: 5:38.17
14.	Alissa Rooijackers	Z&PV Nuenen	5:52.87	201101892	5:44.59 +0,73
	50m: 36.21	36.21 150m: 2:01.75	44.26	250m: 3:30.41	44.82 350m: 5:02.09
	100m: 1:17.49	41.28 200m: 2:45.59	43.84	300m: 4:16.84	46.43 400m: 5:44.59
15.	Annelotte Lagendaal	O.Z. & P.C. De Warande	6:22.15	201003354	5:45.38 +0,90
	50m: 38.29	38.29 150m: 2:04.40	43.62	250m: 3:34.29	44.47 350m: 5:05.03
	100m: 1:20.78	42.49 200m: 2:49.82	45.42	300m: 4:19.76	45.47 400m: 5:45.38
16.	Julie Maes	Zwemclub Geel	5:48.76	ZGEEL/21105/10	5:46.88 +0,71
	50m: 37.64	37.64 150m: 2:05.19	44.50	250m: 3:34.01	43.55 350m: 5:04.74
	100m: 1:20.69	43.05 200m: 2:50.46	45.27	300m: 4:19.27	45.26 400m: 5:46.88
17.	Lana Pérez	Mega Zwemteam 2 2	6:13.67	MEGA/21322/10	5:53.22 +0,64
	50m: 38.69	38.69 150m: 2:08.54	45.67	250m: 3:40.15	45.55 350m: 5:09.91
	100m: 1:22.87	44.18 200m: 2:54.60	46.06	300m: 4:25.50	45.35 400m: 5:53.22
18.	Amélie Claeys	Mega	6:56.95	MEGA/21344/10	5:58.85 +0,66
	50m: 39.02	39.02 150m: 2:08.21	44.46	250m: 3:40.94	46.41 350m: 5:14.86
	100m: 1:23.75	44.73 200m: 2:54.53	46.32	300m: 4:28.10	47.16 400m: 5:58.85
19.	Frances Lugtu	ZV De Aalscholver	6:03.62	201000418	6:02.15 +0,65
	50m: 39.73	39.73 150m: 2:12.84	47.76	250m: 3:46.41	46.41 350m: 5:19.27
	100m: 1:25.08	45.35 200m: 3:00.00	47.16	300m: 4:33.07	46.66 400m: 6:02.15
20.	Hayley Roosenbroeck	Zwemclub Geel	5:55.57	ZGEEL/21124/10	6:04.86 +0,47
	50m: 38.49	38.49 150m: 2:11.04	47.39	250m: 3:46.11	47.11 350m: 5:19.99
	100m: 1:23.65	45.16 200m: 2:59.00	47.96	300m: 4:33.88	47.77 400m: 6:04.86
21.	Lieze Anseeuw	Mega	7:14.51	MEGA/21343/10	6:07.36 +0,56
	50m: 41.23	41.23 150m: 2:15.13	47.50	250m: 3:49.51	46.20 350m: 5:23.16
	100m: 1:27.63	46.40 200m: 3:03.31	48.18	300m: 4:37.44	47.93 400m: 6:07.36

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Programmanr. 11, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
22.	Fien Viaene	Mega	6:45.22	MEGA/21361/11	4:41.39 +0,74
	50m: 42.72	42.72 150m: 2:23.51	51.54	250m: 4:07.62 52.58	350m: 5:50.88 50.79
	100m: 1:31.97	49.25 200m: 3:15.04	51.53	300m: 5:00.09 52.47	400m: 6:41.39 50.51
23.	Yanne Valkenborghs	Zwemclub Geel	7:12.64	ZGEEL/21151/10	4:43.47 +0,63
	50m: 43.03	43.03 150m: 2:24.67	51.92	250m: 4:10.31 52.71	350m: 5:54.91 52.25
	100m: 1:32.75	49.72 200m: 3:17.60	52.93	300m: 5:02.66 52.35	400m: 6:43.47 48.56
24.	Mit Wouters	Zwemclub Geel	NT	ZGEEL/21163/10	7:00.86 +0,80
	50m: 44.28	44.28 150m: 2:29.15	54.10	250m: 4:18.56 55.27	350m: 6:08.04 55.44
	100m: 1:35.05	50.77 200m: 3:23.29	54.14	300m: 5:12.60 54.04	400m: 7:00.86 52.82
DIS	Evi Bouten	Mosa~Regio	6:33.39	201000270	+0,63
	AA - Gestart voor het startsignaal (en wel gezwommen).				

Junioren 3 en 4

1.	Elina D'Hooghe	Mega Zwemteam 1 1	4:38.89	MEGA/21338/08	4:41.61 +0,78
	50m: 33.09	33.09 150m: 1:44.73	36.12	250m: 2:56.77 35.40	350m: 4:08.00 35.04
	100m: 1:08.61	35.52 200m: 2:21.37	36.64	300m: 3:32.96 36.19	400m: 4:41.61 33.61
2.	Julie van Nispen	Z&PV Nuenen	4:42.34	200800290	4:43.46 +0,78
	50m: 32.22	32.22 150m: 1:44.56	36.40	250m: 2:55.83 35.76	350m: 4:08.75 36.15
	100m: 1:08.16	35.94 200m: 2:20.07	35.51	300m: 3:32.60 36.77	400m: 4:43.46 34.71
3.	Bregje Dekkers	Psv 3	5:04.70	200900746	4:48.52 +0,68
	50m: 32.44	32.44 150m: 1:43.80	36.37	250m: 2:57.25 36.84	350m: 4:12.20 37.52
	100m: 1:07.43	34.99 200m: 2:20.41	36.61	300m: 3:34.68 37.43	400m: 4:48.52 36.32
4.	Robine Moot	ZPC AMERSFOORT 1	4:51.81	200900330	4:49.78 +0,73
	50m: 32.74	32.74 150m: 1:47.21	37.39	250m: 3:00.92 36.96	350m: 4:14.59 36.79
	100m: 1:09.82	37.08 200m: 2:23.96	36.75	300m: 3:37.80 36.88	400m: 4:49.78 35.19
5.	Marija Yepifanova	Schwimbezirk Aachen e.V.	4:43.42	454711	4:50.03 +0,71
	50m: 32.53	32.53 150m: 1:46.00	37.21	250m: 2:59.99 37.18	350m: 4:14.67 37.27
	100m: 1:08.79	36.26 200m: 2:22.81	36.81	300m: 3:37.34 37.35	400m: 4:50.03 35.36
6.	Nova Nijziel	Zwemclub Geel	4:50.63	ZGEEL/21085/08	4:50.15 +0,71
	50m: 32.40	32.40 150m: 1:45.65	36.83	250m: 2:59.85 37.12	350m: 4:14.17 37.13
	100m: 1:08.82	36.42 200m: 2:22.73	37.08	300m: 3:37.04 37.19	400m: 4:50.15 35.98
7.	Juliette Van Brabant	Mega Zwemteam 2 2	4:45.50	MEGA/21249/09	4:50.67 +0,75
	50m: 31.82	31.82 150m: 1:45.56	37.22	250m: 3:00.10 37.04	350m: 4:14.81 37.27
	100m: 1:08.34	36.52 200m: 2:23.06	37.50	300m: 3:37.54 37.44	400m: 4:50.67 35.86
8.	Luus Gielens	Psv	5:06.54	200900138	4:56.81 +0,84
	50m: 33.75	33.75 150m: 1:50.77	38.73	250m: 3:06.88 38.57	350m: 4:21.95 36.91
	100m: 1:12.04	38.29 200m: 2:28.31	37.54	300m: 3:45.04 38.16	400m: 4:56.81 34.86
9.	Norah Dillen	Zwemclub Geel	4:57.41	ZGEEL/21099/08	4:56.83 +0,73
	50m: 33.16	33.16 150m: 1:48.30	38.20	250m: 3:04.36 38.38	350m: 4:21.06 38.56
	100m: 1:10.10	36.94 200m: 2:25.98	37.68	300m: 3:42.50 38.14	400m: 4:56.83 35.77
10.	Iris Tilburg	Arethusa	5:22.37	200902662	4:59.96 +0,71
	50m: 32.87	32.87 150m: 1:49.13	38.78	250m: 3:07.34 39.02	350m: 4:24.68 38.21
	100m: 1:10.35	37.48 200m: 2:28.32	39.19	300m: 3:46.47 39.13	400m: 4:59.96 35.28
11.	Sterre Dietvorst	ZPC AMERSFOORT	5:01.49	200900726	5:00.70 +0,79
	50m: 33.84	33.84 150m: 1:50.94	38.93	250m: 3:08.21 38.72	350m: 4:24.74 38.03
	100m: 1:12.01	38.17 200m: 2:29.49	38.55	300m: 3:46.71 38.50	400m: 5:00.70 35.96
12.	Lisa Gerkens	Schwimbezirk Aachen e.V.	5:05.97		5:04.57 +0,71
	50m: 32.91	32.91 150m: 1:48.50	38.56	250m: 3:06.56 38.78	350m: 4:25.92 39.75
	100m: 1:09.94	37.03 200m: 2:27.78	39.28	300m: 3:46.17 39.61	400m: 5:04.57 38.65
13.	Esmaé de Gans	ZPC AMERSFOORT	5:13.43	200900134	5:09.26 +0,81
	50m: 34.38	34.38 150m: 1:51.74	38.56	250m: 3:10.42 39.07	350m: 4:31.33 39.59
	100m: 1:13.18	38.80 200m: 2:31.35	39.61	300m: 3:51.74 41.32	400m: 5:09.26 37.93
14.	Senna Rijnbeek	ZPC AMERSFOORT	5:14.27	200901480	5:12.03 +0,72
	50m: 35.42	35.42 150m: 1:54.80	39.09	250m: 3:16.69 41.89	350m: 4:35.54 38.60
	100m: 1:15.71	40.29 200m: 2:34.80	40.00	300m: 3:56.94 40.25	400m: 5:12.03 36.49
15.	Amilia Coesemans	Zwemclub Geel	5:25.83	ZGEEL/21119/08	5:14.39 +0,73
	50m: 34.96	34.96 150m: 1:54.43	40.06	250m: 3:15.93 40.68	350m: 4:37.07 40.53
	100m: 1:14.37	39.41 200m: 2:35.25	40.82	300m: 3:56.54 40.61	400m: 5:14.39 37.32
16.	Manadou Verhaar	AquaDream	5:08.69	200801376	5:16.31 +0,78
	50m: 34.25	34.25 150m: 1:52.20	39.10	250m: 3:14.12 41.30	350m: 4:36.92 40.95
	100m: 1:13.10	38.85 200m: 2:32.82	40.62	300m: 3:55.97 41.85	400m: 5:16.31 39.39
17.	Lore Martelé	Mega	5:37.26	MEGA/21280/09	5:17.38 +0,71
	50m: 36.46	36.46 150m: 1:56.79	40.75	250m: 3:18.63 40.76	350m: 4:39.59 40.10
	100m: 1:16.04	39.58 200m: 2:37.87	41.08	300m: 3:59.49 40.86	400m: 5:17.38 37.79
18.	Hadewych Forschelen	MNC Dordrecht	5:25.04	200903572	5:23.12 +0,83
	50m: 37.49	37.49 150m: 2:00.01	41.47	250m: 3:22.45 40.88	350m: 4:45.12 40.95
	100m: 1:18.54	41.05 200m: 2:41.57	41.56	300m: 4:04.17 41.72	400m: 5:23.12 38.00

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Programmanr. 11, Meisjes, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
19.	Noa Roberts	Hellas-Glana 1	5:49.96	200800702	5:26.63 +0,83
	50m: 36.72	36.72 150m: 1:58.02	41.22 250m: 3:21.31	41.64 350m: 4:46.01	42.63
	100m: 1:16.80	40.08 200m: 2:39.67	41.65 300m: 4:03.38	42.07 400m: 5:26.63	40.62
20.	Juliette Sanders	Mega	5:48.63	MEGA/21258/09	5:32.45 +0,74
	50m: 39.16	39.16 150m: 2:04.87	42.72 250m: 3:29.31	42.18 350m: 4:54.05	42.37
	100m: 1:22.15	42.99 200m: 2:47.13	42.26 300m: 4:11.68	42.37 400m: 5:32.45	38.40
21.	Nomi Poels	Zwemclub Geel	5:35.94	ZGEEL/21095/08	5:33.11 +0,79
	50m: 37.47	37.47 150m: 2:01.47	42.37 250m: 3:27.04	42.46 350m: 4:53.23	42.55
	100m: 1:19.10	41.63 200m: 2:44.58	43.11 300m: 4:10.68	43.64 400m: 5:33.11	39.88
22.	Stine Baeke	Mega	6:01.76	MEGA/21332/09	5:40.05 +0,89
	50m: 38.79	38.79 150m: 2:04.29	43.49 250m: 3:32.05	44.22 350m: 4:58.80	43.36
	100m: 1:20.80	42.01 200m: 2:47.83	43.54 300m: 4:15.44	43.39 400m: 5:40.05	41.25
23.	Mélissa Begue	Zwemclub Geel	5:45.00	ZGEEL/21154/08	5:41.51 +0,68
	50m: 36.78	36.78 150m: 2:00.21	42.24 250m: 3:27.91	44.29 350m: 4:57.50	45.16
	100m: 1:17.97	41.19 200m: 2:43.62	43.41 300m: 4:12.34	44.43 400m: 5:41.51	44.01
24.	Carice Forschelen	MNC Dordrecht	5:31.39	200804338	5:42.34 +0,71
	50m: 37.05	37.05 150m: 2:02.79	43.41 250m: 3:30.78	43.94 350m: 4:59.70	44.17
	100m: 1:19.38	42.33 200m: 2:46.84	44.05 300m: 4:15.53	44.75 400m: 5:42.34	42.64
25.	Lara Müller	Arethusa	6:04.35	200903610	5:44.69 +0,80
	50m: 36.88	36.88 150m: 2:02.50	43.73 250m: 3:31.20	44.90 350m: 5:01.28	45.22
	100m: 1:18.77	41.89 200m: 2:46.30	43.80 300m: 4:16.06	44.86 400m: 5:44.69	43.41
26.	Elaine Geeven	Arethusa	5:49.16	200801972	5:47.07 +0,91
	50m: 38.51	38.51 150m: 2:05.26	43.65 250m: 3:34.86	44.88 350m: 5:06.22	45.96
	100m: 1:21.61	43.10 200m: 2:49.98	44.72 300m: 4:20.26	45.40 400m: 5:47.07	40.85
27.	Lynn Peters	Mosa-Regio	6:35.37	200900454	5:51.64 +0,78
	50m: 37.10	37.10 150m: 2:03.49	44.17 250m: 3:34.90	46.47 350m: 5:09.60	47.45
	100m: 1:19.32	42.22 200m: 2:48.43	44.94 300m: 4:22.15	47.25 400m: 5:51.64	42.04
28.	Fien Wynants	Zwemclub Geel	6:12.91	ZGEEL/21110/09	5:55.52 +0,84
	50m: 39.01	39.01 150m: 2:07.89	44.86 250m: 3:39.08	45.65 350m: 5:11.69	46.71
	100m: 1:23.03	44.02 200m: 2:53.43	45.54 300m: 4:24.98	45.90 400m: 5:55.52	43.83
29.	Defne Ela Sahin	Zwemclub Geel	6:11.24	ZGEEL/21128/09	6:24.24 +0,82
	50m: 39.82	39.82 150m: 2:15.51	48.16 250m: 3:54.59	49.18 350m: 5:36.28	50.58
	100m: 1:27.35	47.53 200m: 3:05.41	49.90 300m: 4:45.70	51.11 400m: 6:24.24	47.96

Jeugd 1 en 2

1.	Noa Hollebosch	Mega Zwemteam 1 1	4:26.19	MEGA/21148/07	4:34.99 +0,69
	50m: 31.81	31.81 150m: 1:40.64	34.00 250m: 2:49.67	34.08 350m: 4:00.42	35.04
	100m: 1:06.64	34.83 200m: 2:15.59	34.95 300m: 3:25.38	35.71 400m: 4:34.99	34.57
2.	Nynke Boerefijn	ZPC AMERSFOORT 1	4:33.04	200700114	4:38.50 +0,82
	50m: 31.57	31.57 150m: 1:42.06	35.67 250m: 2:53.43	35.83 350m: 4:04.17	35.15
	100m: 1:06.39	34.82 200m: 2:17.60	35.54 300m: 3:29.02	35.59 400m: 4:38.50	34.33
3.	Marieke Vanhoof	Racing Swimming Club Mechel	4:41.90	RSCM/21147/07	4:47.78 +0,79
	50m: 31.51	31.51 150m: 1:43.41	36.50 250m: 2:57.49	37.10 350m: 4:11.60	36.89
	100m: 1:06.91	35.40 200m: 2:20.39	36.98 300m: 3:34.71	37.22 400m: 4:47.78	36.18
4.	Suze Creemers	Hellas-Glana 1	4:47.96	200700738	4:49.04 +0,75
	50m: 32.56	32.56 150m: 1:45.55	36.55 250m: 2:59.11	37.10 350m: 4:13.17	37.00
	100m: 1:09.00	36.44 200m: 2:22.01	36.46 300m: 3:36.17	37.06 400m: 4:49.04	35.87
5.	Sien Dries	Zwemclub Geel	5:04.19	ZGEEL/21072/07	4:56.46 +0,68
	50m: 33.20	33.20 150m: 1:47.93	37.84 250m: 3:04.01	38.03 350m: 4:20.25	37.98
	100m: 1:10.09	36.89 200m: 2:25.98	38.05 300m: 3:42.27	38.26 400m: 4:56.46	36.21
6.	Majda Lachiri Gongora	Cercle De Natation Sportcity	5:06.901	CNSW/011818/06	4:57.15 +0,78
	50m: 34.00	34.00 150m: 1:50.64	38.68 250m: 3:06.29	37.71 350m: 4:20.62	36.97
	100m: 1:11.96	37.96 200m: 2:28.58	37.94 300m: 3:43.65	37.36 400m: 4:57.15	36.53
7.	Ioana Vasilescu	Cercle De Natation Sportcity	5:06.952	CNSW/008183/07	4:58.41 +0,84
	50m: 34.65	34.65 150m: 1:51.36	38.10 250m: 3:06.85	37.41 350m: 4:22.62	37.44
	100m: 1:13.26	38.61 200m: 2:29.44	38.08 300m: 3:45.18	38.33 400m: 4:58.41	35.79
8.	Olivia Heijl	Mega Zwemteam 1 1	4:56.44	MEGA/21227/07	5:01.76 +0,77
	50m: 33.67	33.67 150m: 1:50.82	39.43 250m: 3:08.74	38.64 350m: 4:25.80	38.50
	100m: 1:11.39	37.72 200m: 2:30.10	39.28 300m: 3:47.30	38.56 400m: 5:01.76	35.96
9.	Sari Ooms	Zwemclub Geel	5:03.50	ZGEEL/21041/07	5:03.17 +0,76
	50m: 34.22	34.22 150m: 1:49.53	37.87 250m: 3:06.75	38.65 350m: 4:25.81	39.39
	100m: 1:11.66	37.44 200m: 2:28.10	38.57 300m: 3:46.42	39.67 400m: 5:03.17	37.36
10.	Vera Wassink	ZPC AMERSFOORT	4:56.96	200604976	5:04.02 +0,69
	50m: 33.42	33.42 150m: 1:50.39	38.76 250m: 3:09.02	38.74 350m: 4:26.53	38.54
	100m: 1:11.63	38.21 200m: 2:30.28	39.89 300m: 3:47.99	38.97 400m: 5:04.02	37.49
11.	Lotte Van Laecke	Mega Zwemteam 2 2	4:44.02	MEGA/21200/06	5:04.18 +0,77
	50m: 34.30	34.30 150m: 1:50.03	38.40 250m: 3:07.73	38.90 350m: 4:26.76	38.89
	100m: 1:11.63	37.33 200m: 2:28.83	38.80 300m: 3:47.87	40.14 400m: 5:04.18	37.42

Arena International Talent Trophy 2023
Eindhoven, 10 - 12/3/2023

Programmanr. 11, Meisjes, 400m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT			
12.	Finja Herrmann	Schwimmbezirk Aachen e.V.	14:57.47	355176	5:05.46 +0,82			
	50m: 33.65	33.65	150m: 1:50.77	38.74	250m: 3:09.28	39.04	350m: 4:27.18	38.63
	100m: 1:12.03	38.38	200m: 2:30.24	39.47	300m: 3:48.55	39.27	400m: 5:05.46	38.28
13.	Amélie Put	K. Aarschotse Zwemclub Sch	4:55.07en	KAZS/21128/07	5:05.65 +0,77			
	50m: 34.15	34.15	150m: 1:52.49	39.39	250m: 3:10.94	39.19	350m: 4:29.10	39.14
	100m: 1:13.10	38.95	200m: 2:31.75	39.26	300m: 3:49.96	39.02	400m: 5:05.65	36.55
14.	Birgit Hage	Psv 2	5:00.38	200602898	5:07.32 +0,88			
	50m: 34.67	34.67	150m: 1:51.90	38.91	250m: 3:11.14	39.89	350m: 4:30.18	39.57
	100m: 1:12.99	38.32	200m: 2:31.25	39.35	300m: 3:50.61	39.47	400m: 5:07.32	37.14
15.	Lieke van Geijn	O.Z. & P.C. De Warande	5:15.50	200600314	5:11.91 +0,70			
	50m: 33.99	33.99	150m: 1:51.97	39.37	250m: 3:11.45	40.04	350m: 4:32.69	40.95
	100m: 1:12.60	38.61	200m: 2:31.41	39.44	300m: 3:51.74	40.29	400m: 5:11.91	39.22
16.	Lieselot Leyten	Zwemclub Geel	4:52.16	ZGEEL/21044/07	5:16.12 +0,77			
	50m: 33.75	33.75	150m: 1:51.37	39.79	250m: 3:12.22	40.59	350m: 4:35.29	41.16
	100m: 1:11.58	37.83	200m: 2:31.63	40.26	300m: 3:54.13	41.91	400m: 5:16.12	40.83
17.	Febe Meeus	Zwemclub Geel	5:20.25	ZGEEL/21111/07	5:16.88 +0,79			
	50m: 33.75	33.75	150m: 1:52.37	39.96	250m: 3:13.70	41.01	350m: 4:36.93	41.37
	100m: 1:12.41	38.66	200m: 2:32.69	40.32	300m: 3:55.56	41.86	400m: 5:16.88	39.95
18.	Emilia Hermans	K. Aarschotse Zwemclub Sch	5:05.63en	KAZS/21170/07	5:24.32 +0,70			
	50m: 35.35	35.35	150m: 1:56.41	41.60	250m: 3:19.73	42.67	350m: 4:43.61	41.45
	100m: 1:14.81	39.46	200m: 2:37.06	40.65	300m: 4:02.16	42.43	400m: 5:24.32	40.71
19.	Miya Begue	Zwemclub Geel	5:25.00	ZGEEL/21155/06	5:36.01 +0,76			
	50m: 37.59	37.59	150m: 2:01.54	42.34	250m: 3:27.09	42.33	350m: 4:54.18	43.38
	100m: 1:19.20	41.61	200m: 2:44.76	43.22	300m: 4:10.80	43.71	400m: 5:36.01	41.83
20.	Ines Keijzers	Z&PV Nuenen	5:30.21	200704296	5:39.25 +0,82			
	50m: 36.78	36.78	150m: 2:02.30	43.21	250m: 3:30.09	43.88	350m: 4:57.61	42.99
	100m: 1:19.09	42.31	200m: 2:46.21	43.91	300m: 4:14.62	44.53	400m: 5:39.25	41.64
21.	Meike de Waard	O.Z. & P.C. De Warande	5:44.34	200702380	5:48.86 +0,83			
	50m: 39.39	39.39	150m: 2:07.56	44.86	250m: 3:36.57	44.93	350m: 5:05.93	44.78
	100m: 1:22.70	43.31	200m: 2:51.64	44.08	300m: 4:21.15	44.58	400m: 5:48.86	42.93
22.	Rixt Wiersma	ZV De Aalscholver	6:26.84	200605086	6:11.62 +0,75			
	50m: 37.85	37.85	150m: 2:10.03	47.23	250m: 3:47.59	48.74	350m: 5:25.28	48.55
	100m: 1:22.80	44.95	200m: 2:58.85	48.82	300m: 4:36.73	49.14	400m: 6:11.62	46.34