

Provinciale Zomerkampioenschappen 2025

Eindhoven, 17- - 25-5-2025

Event 9
17-5-2025 - 16:29

Men, 400m Freestyle

Senioren Open Results

rang	naam	vereniging				intijd				tijd				RT
Onder 14 - Limburg														
1.	Laurens van van Nulck <i>Top time - Limburg</i>	Hellas-Glana				4:40.81		201100521		4:36.27		+0,67		
	50m: 31.15 100m: 1:05.26	31.15 34.11	150m: 200m:	1:40.65 2:16.17	35.39 35.52	250m: 300m:	2:51.84 3:27.00	35.67 35.16	350m: 400m:	4:01.93 4:36.27	34.93 34.34			
2.	Zion Eijkenboom	Hellas-Glana				5:13.92		201100043		5:04.07		+0,75		
	50m: 33.81 100m: 1:12.14	33.81 38.33	150m: 200m:	1:52.59 2:33.15	40.45 40.56	250m: 300m:	3:12.88 3:50.91	39.73 38.03	350m: 400m:	4:28.39 5:04.07	37.48 35.68			
3.	Tibo Janssen	ZPC De Rog Weert				5:21.58		201101591		5:04.96		+0,75		
	50m: 33.32 100m: 1:10.73	33.32 37.41	150m: 200m:	1:49.11 2:28.98	38.38 39.87	250m: 300m:	3:08.68 3:48.74	39.70 40.06	350m: 400m:	4:28.21 5:04.96	39.47 36.75			
4.	Gido van Dijk	SG Patrick - De Roersoppers				5:11.67		201100341		5:11.72		+0,72		
	50m: 33.73 100m: 1:13.62	33.73 39.89	150m: 200m:	1:54.32 2:34.67	40.70 40.35	250m: 300m:	3:15.47 3:54.79	40.80 39.32	350m: 400m:	4:35.18 5:11.72	40.39 36.54			
5.	Fedde Bijma	Vivalo				5:21.99		201103053		5:21.05		+0,77		
	50m: 34.66 100m: 1:13.58	34.66 38.92	150m: 200m:	1:53.59 2:34.52	40.01 40.93	250m: 300m:	3:15.69 3:57.96	41.17 42.27	350m: 400m:	4:40.65 5:21.05	42.69 40.40			
6.	H. Kuzey Kudat	Hellas-Glana				5:39.57		201201917		5:23.91		+0,62		
	50m: 35.65 100m: 1:16.22	35.65 40.57	150m: 200m:	1:57.68 2:38.70	41.46 41.02	250m: 300m:	3:21.84 4:03.19	43.14 41.35	350m: 400m:	4:45.47 5:23.91	42.28 38.44			
7.	Yari Van de Port	ZPC De Rog Weert				5:45.07		201201803		5:39.23		+0,48		
	50m: 36.51 100m: 1:17.10	36.51 40.59	150m: 200m:	2:00.66 2:44.18	43.56 43.52	250m: 300m:	3:28.24 4:13.05	44.06 44.81	350m: 400m:	4:57.92 5:39.23	44.87 41.31			
8.	Mels Diederens	SG Patrick - De Roersoppers				5:27.01		201100923		5:41.25		+0,61		
	50m: 37.88 100m: 1:20.29	37.88 42.41	150m: 200m:	2:04.83 2:49.29	44.54 44.46	250m: 300m:	3:34.67 4:18.88	45.38 44.21	350m: 400m:	5:01.96 5:41.25	43.08 39.29			
9.	Miel Berghs	Zeps				5:32.49		201100573		5:41.72		+0,61		
	50m: 36.45 100m: 1:18.70	36.45 42.25	150m: 200m:	2:02.84 2:46.53	44.14 43.69	250m: 300m:	3:30.84 4:16.22	44.31 45.38	350m: 400m:	5:03.06 5:41.72	46.84 38.66			
Onder 14 - Brabant														
1.	A. Janse van Rensburg	De Treffers				4:59.62		201202261		5:06.59		+0,68		
	50m: 34.23 100m: 1:12.14	34.23 37.91	150m: 200m:	1:50.94 2:29.75	38.80 38.81	250m: 300m:	3:08.92 3:48.66	39.17 39.74	350m: 400m:	4:28.60 5:06.59	39.94 37.99			
2.	Jaro Hermans	PSV				5:18.61		201200173		5:11.85				
	50m: 34.78 100m: 1:13.63	34.78 38.85	150m: 200m:	1:52.99 2:32.36	39.36 39.37	250m: 300m:	3:13.26 3:53.30	40.90 40.04	350m: 400m:	4:34.04 5:11.85	40.74 37.81			
3.	Sjoerd van Zwienen	O.Z. & P.C. De Warande				5:12.40		201102195		5:13.51				
	50m: 33.93 100m: 1:12.39	33.93 38.46	150m: 200m:	1:52.45 2:32.90	40.06 40.45	250m: 300m:	3:15.03 3:55.80	42.13 40.77	350m: 400m:	4:37.41 5:13.51	41.61 36.10			
4.	Elliot van Ruth	PSV				5:31.89		201102347		5:15.84		+0,63		
	50m: 35.53 100m: 1:15.94	35.53 40.41	150m: 200m:	1:56.38 2:37.07	40.44 40.69	250m: 300m:	3:17.37 3:58.08	40.30 40.71	350m: 400m:	4:38.09 5:15.84	40.01 37.75			
5.	Michael Simons	PSV				5:35.15		201200025		5:28.44				
	50m: 37.18 100m: 1:18.97	37.18 41.79	150m: 200m:	2:02.39 2:44.24	43.42 41.85	250m: 300m:	3:26.31 4:08.66	42.07 42.35	350m: 400m:	4:49.87 5:28.44	41.21 38.57			
6.	Celestin van der Beek	PSV				5:32.23		201201183		5:29.30				
	50m: 37.42 100m: 1:20.92	37.42 43.50	150m: 200m:	2:03.82 2:47.58	42.90 43.76	250m: 300m:	3:29.71 4:11.61	42.13 41.90	350m: 400m:	4:51.81 5:29.30	40.20 37.49			
7.	Wessel Vis	De Treffers				5:36.08		201201273		5:29.73		+0,67		
	50m: 36.75 100m: 1:18.16	36.75 41.41	150m: 200m:	2:01.66 2:45.28	43.50 43.62	250m: 300m:	3:28.50 4:10.93	43.22 42.43	350m: 400m:	4:52.03 5:29.73	41.10 37.70			
8.	Djayden van Dooren	ZWK Merlet				5:53.96		201201361		5:30.62		+0,67		
	50m: 37.48 100m: 1:18.93	37.48 41.45	150m: 200m:	2:01.59 2:43.85	42.66 42.26	250m: 300m:	3:26.14 4:09.83	42.29 43.69	350m: 400m:	4:51.86 5:30.62	42.03 38.76			
9.	Tijn van den Berkmortel	Neptunus'58				5:17.47		201102579		5:34.05		+0,71		
	50m: 35.33 100m: 1:14.26	35.33 38.93	150m: 200m:	1:56.19 2:38.75	41.93 42.56	250m: 300m:	3:22.46 4:06.30	43.71 43.84	350m: 400m:	4:50.46 5:34.05	44.16 43.59			
10.	Jelle Stevens	ZWK Merlet				5:59.67		201200393		5:39.25		+0,80		
	50m: 37.57 100m: 1:20.52	37.57 42.95	150m: 200m:	2:03.88 2:48.33	43.36 44.45	250m: 300m:	3:31.36 4:14.89	43.03 43.53	350m: 400m:	4:58.11 5:39.25	43.22 41.14			
11.	Douwe Jonker	Sbc2000				5:47.45		201101465		5:41.90				
	50m: 36.43 100m: 1:18.10	36.43 41.67	150m: 200m:	2:02.18 2:46.57	44.08 44.39	250m: 300m:	3:31.01 4:15.80	44.44 44.79	350m: 400m:	5:00.13 5:41.90	44.33 41.77			

Provinciale Zomerkampioenschappen 2025
Eindhoven, 17 - 25-5-2025

Event 9, Boys, 400m Freestyle, Onder 14 - Brabant

rang	naam	vereniging		intijd		tijd		RT
12.	Mishaël Dirawi Rawi	PSV		5:32.80	201202263	5:57.52		
	50m: 37.74	37.74	150m: 2:04.80	44.77	250m: 3:37.69	46.85	350m: 5:12.00	46.94
	100m: 1:20.03	42.29	200m: 2:50.84	46.04	300m: 4:25.06	47.37	400m: 5:57.52	45.52

Onder 14 - Zeeland

1.	Xander De Jonghe	De Marlijn (SG)		5:38.96	201101095	5:18.85		+0,77
	50m: 35.88	35.88	150m: 1:58.39	41.72	250m: 3:22.24	42.14	350m: 4:42.95	40.01
	100m: 1:16.67	40.79	200m: 2:40.10	41.71	300m: 4:02.94	40.70	400m: 5:18.85	35.90

Onder 16 - Limburg

1.	Vanja Kvočka	Hellas-Glana		4:22.96	200904007	4:20.79		+0,76
	50m: 29.28	29.28	150m: 1:35.09	33.20	250m: 2:42.57	33.32	350m: 3:50.23	33.45
	100m: 1:01.89	32.61	200m: 2:09.25	34.16	300m: 3:16.78	34.21	400m: 4:20.79	30.56
2.	Mattia Maggio	Hellas-Glana		4:24.24	200903311	4:21.52		+0,59
	50m: 29.23	29.23	150m: 1:35.42	33.67	250m: 2:42.82	33.51	350m: 3:49.70	33.07
	100m: 1:01.75	32.52	200m: 2:09.31	33.89	300m: 3:16.63	33.81	400m: 4:21.52	31.82
3.	Tren Wullms	Hellas-Glana		4:39.71	201000469	4:39.37		+0,69
	50m: 31.10	31.10	150m: 1:40.92	35.73	250m: 2:52.78	36.02	350m: 4:04.65	35.87
	100m: 1:05.19	34.09	200m: 2:16.76	35.84	300m: 3:28.78	36.00	400m: 4:39.37	34.72
4.	Sacha van Hees Ajdnik	Zeps		4:52.39	200900489	4:41.43		+0,66
	50m: 30.86	30.86	150m: 1:42.81	36.45	250m: 2:56.21	36.76	350m: 4:08.50	35.77
	100m: 1:06.36	35.50	200m: 2:19.45	36.64	300m: 3:32.73	36.52	400m: 4:41.43	32.93
5.	Alexander van Nulck	Zeps		5:01.95	200902167	4:58.25		+0,75
	50m: 32.51	32.51	150m: 1:48.55	38.80	250m: 3:05.87	38.11	350m: 4:22.69	38.07
	100m: 1:09.75	37.24	200m: 2:27.76	39.21	300m: 3:44.62	38.75	400m: 4:58.25	35.56
6.	Tygo Kamps	MZ&PC Maastricht		4:53.93	201000987	5:00.21		+0,79
	50m: 33.01	33.01	150m: 1:48.37	38.53	250m: 3:05.35	38.80	350m: 4:23.12	39.80
	100m: 1:09.84	36.83	200m: 2:26.55	38.18	300m: 3:43.32	37.97	400m: 5:00.21	37.09
7.	Thijs Gelissen	SG Patrick - De Roersoppers		5:02.61	200904027	5:16.02		+0,70
	50m: 35.14	35.14	150m: 1:55.02	40.70	250m: 3:16.55	40.55	350m: 4:38.89	40.74
	100m: 1:14.32	39.18	200m: 2:36.00	40.98	300m: 3:58.15	41.60	400m: 5:16.02	37.13
8.	Sam Diederén	SG Patrick - De Roersoppers		5:24.54	201001863	5:17.08		+0,75
	50m: 35.60	35.60	150m: 1:54.48	39.73	250m: 3:17.25	41.32	350m: 4:39.17	40.53
	100m: 1:14.75	39.15	200m: 2:35.93	41.45	300m: 3:58.64	41.39	400m: 5:17.08	37.91
9.	Quint Lusthuis	Zwemsport Parkstad		5:16.19	201002507	5:18.09		+0,70
	50m: 34.12	34.12	150m: 1:57.65	42.31	250m: 3:20.99	41.53	350m: 4:41.55	39.12
	100m: 1:15.34	41.22	200m: 2:39.46	41.81	300m: 4:02.43	41.44	400m: 5:18.09	36.54

Onder 16 - Brabant

1.	Theodore Allan	PSV		4:20.32	200902925	4:21.72		+0,63
	50m: 29.23	29.23	150m: 1:35.29	33.36	250m: 2:42.89	33.31	350m: 3:50.75	33.51
	100m: 1:01.93	32.70	200m: 2:09.58	34.29	300m: 3:17.24	34.35	400m: 4:21.72	30.97
2.	Thijmen Puijssers	Hieronymus		4:37.23	201000129	4:34.13		
	50m: 29.96	29.96	150m: 1:38.22	34.68	250m: 2:49.22	35.22	350m: 4:00.32	35.39
	100m: 1:03.54	33.58	200m: 2:14.00	35.78	300m: 3:24.93	35.71	400m: 4:34.13	33.81
3.	Thomas Nauta	Arethusa		4:40.12	200900339	4:39.57		+0,69
	50m: 30.78	30.78	150m: 1:41.32	35.60	250m: 2:53.09	35.72	350m: 4:05.17	35.48
	100m: 1:05.72	34.94	200m: 2:17.37	36.05	300m: 3:29.69	36.60	400m: 4:39.57	34.40
4.	Sven Buijs	Hieronymus		4:37.75	200902853	4:45.10		+0,68
	50m: 31.60	31.60	150m: 1:42.80	36.39	250m: 2:56.34	37.14	350m: 4:10.02	37.21
	100m: 1:06.41	34.81	200m: 2:19.20	36.40	300m: 3:32.81	36.47	400m: 4:45.10	35.08
5.	Thijn Runia	DZT'62		4:54.14	201000895	4:45.27		+0,72
	50m: 31.33	31.33	150m: 1:44.03	36.71	250m: 2:57.30	36.53	350m: 4:10.85	36.51
	100m: 1:07.32	35.99	200m: 2:20.77	36.74	300m: 3:34.34	37.04	400m: 4:45.27	34.42
6.	Davi Fonseca Gomes	PSV		4:44.01	200902795	4:46.17		+0,69
	50m: 31.09	31.09	150m: 1:43.53	36.87	250m: 2:57.44	36.48	350m: 4:10.95	36.68
	100m: 1:06.66	35.57	200m: 2:20.96	37.43	300m: 3:34.27	36.83	400m: 4:46.17	35.22
7.	Nicolai Matla	PSV		5:01.94	200901031	4:58.79		+0,71
	50m: 33.49	33.49	150m: 1:49.84	38.88	250m: 3:06.06	38.23	350m: 4:22.53	38.50
	100m: 1:10.96	37.47	200m: 2:27.83	37.99	300m: 3:44.03	37.97	400m: 4:58.79	36.26
8.	Jelle Veenhuis	zegenwerp		5:01.92	200900745	5:04.13		+0,72
	50m: 32.33	32.33	150m: 1:48.06	39.05	250m: 3:07.54	39.82	350m: 4:26.30	39.30
	100m: 1:09.01	36.68	200m: 2:27.72	39.66	300m: 3:47.00	39.46	400m: 5:04.13	37.83
9.	Rins Welten	DZT'62		5:13.80	201000329	5:08.05		+0,78
	50m: 34.03	34.03	150m: 1:52.53	39.47	250m: 3:13.29	40.40	350m: 4:31.35	39.06
	100m: 1:13.06	39.03	200m: 2:32.89	40.36	300m: 3:52.29	39.00	400m: 5:08.05	36.70

Provinciale Zomerkampioenschappen 2025
Eindhoven, 17- - 25-5-2025

Event 9, Boys, 400m Freestyle, Onder 16 - Brabant

rang	naam	vereniging				intijd				tijd				RT
10.	K. van der van der Westen	Sbc2000				5:20.85		200900503		5:10.82		+0,89		
	50m:	34.43	34.43	150m:	1:52.89	39.71	250m:	3:13.79	40.57	350m:	4:33.91	40.12		
	100m:	1:13.18	38.75	200m:	2:33.22	40.33	300m:	3:53.79	40.00	400m:	5:10.82	36.91		
11.	Ben Konings	Sbc2000				5:20.35		201002835		5:16.40		+0,62		
	50m:	34.61	34.61	150m:	1:53.80	39.65	250m:	3:15.88	41.08	350m:	4:38.27	40.80		
	100m:	1:14.15	39.54	200m:	2:34.80	41.00	300m:	3:57.47	41.59	400m:	5:16.40	38.13		
12.	Collin van der Ham	Wzv				5:03.51		201000877		5:22.22				
	50m:	33.89	33.89	150m:	1:54.16	40.71	250m:	3:18.01	42.10	350m:	4:43.38	42.76		
	100m:	1:13.45	39.56	200m:	2:35.91	41.75	300m:	4:00.62	42.61	400m:	5:22.22	38.84		
13.	Rink Vlemmix	Nuenen				5:10.80		201002721		5:22.69		+0,72		
	50m:	34.55	34.55	150m:	1:53.71	39.86	250m:	3:16.66	41.56	350m:	4:41.56	42.05		
	100m:	1:13.85	39.30	200m:	2:35.10	41.39	300m:	3:59.51	42.85	400m:	5:22.69	41.13		

Onder 16 - Zeeland

1.	Matthijs Vinke	Scheldestroom	5:24.08	200900105	5:19.09	+0,69
	50m: 32.97	32.97	150m: 1:51.07	40.20	250m: 3:13.79	42.06
	100m: 1:10.87	37.90	200m: 2:31.73	40.66	300m: 3:56.51	42.72
					350m: 4:39.31	42.80
					400m: 5:19.09	39.78
WDR	Sven Vette	De Bevelanders	5:21.27	200900519		

Onder 18 - Limburg

1.	Ties Berghs		Zeps		4:26.69		200700709		4:30.79		+0,69	
	50m:	29.67	29.67	150m:	1:36.90	34.36	250m:	2:46.91	35.26	350m:	3:57.35	35.27
	100m:	1:02.54	32.87	200m:	2:11.65	34.75	300m:	3:22.08	35.17	400m:	4:30.79	33.44
2.	Jesse Jacobs		HZPC		4:49.30		200700407		4:44.10		+0,77	
	50m:	31.36	31.36	150m:	1:42.80	36.28	250m:	2:56.38	36.67	350m:	4:09.87	36.47
	100m:	1:06.52	35.16	200m:	2:19.71	36.91	300m:	3:33.40	37.02	400m:	4:44.10	34.23
3.	Jannick van Eeghem, van		Hellas-Glana		4:47.18		200800147		4:47.38		+0,67	
	50m:	29.99	29.99	150m:	1:41.40	36.59	250m:	2:56.80	37.76	350m:	4:13.32	38.33
	100m:	1:04.81	34.82	200m:	2:19.04	37.64	300m:	3:34.99	38.19	400m:	4:47.38	34.06
4.	Stephan Sjeptoera		HZPC		4:50.83		200800871		4:48.92		+0,69	
	50m:	31.88	31.88	150m:	1:44.21	36.83	250m:	2:58.67	37.36	350m:	4:14.30	37.81
	100m:	1:07.38	35.50	200m:	2:21.31	37.10	300m:	3:36.49	37.82	400m:	4:48.92	34.62
5.	Bodewyn Long		Hellas-Glana		4:37.22		200702205		4:52.01		+0,66	
	50m:	31.59	31.59	150m:	1:44.30	37.24	250m:	2:59.98	38.00	350m:	4:16.09	38.00
	100m:	1:07.06	35.47	200m:	2:21.98	37.68	300m:	3:38.09	38.11	400m:	4:52.01	35.92

Onder 18 - Brabant

1.	Tiago Fonseca Gomes	PSV	3:52.52	200703587	3:55.15	+0,61		
	50m: 26.94	26.94	150m: 1:26.16	29.95	250m: 2:26.20	30.10	350m: 3:26.28	29.85
	100m: 56.21	29.27	200m: 1:56.10	29.94	300m: 2:56.43	30.23	400m: 3:55.15	28.87
2.	Frits Hoeflaken	PSV	4:42.94	200804101	4:33.56	+0,63		
	50m: 30.04	30.04	150m: 1:39.02	35.10	250m: 2:50.04	35.69	350m: 4:00.63	35.23
	100m: 1:03.92	33.88	200m: 2:14.35	35.33	300m: 3:25.40	35.36	400m: 4:33.56	32.93
3.	Tom Beishuizen	PSV	4:45.67	200804087	4:41.04			
	50m: 29.62	29.62	150m: 1:39.72	35.98	250m: 2:54.71	37.78	350m: 4:07.55	35.91
	100m: 1:03.74	34.12	200m: 2:16.93	37.21	300m: 3:31.64	36.93	400m: 4:41.04	33.49
4.	Joris van Keulen	De Treffers	4:39.09	200700159	4:46.90	+0,60		
	50m: 31.47	31.47	150m: 1:43.02	36.36	250m: 2:57.12	37.18	350m: 4:11.65	37.44
	100m: 1:06.66	35.19	200m: 2:19.94	36.92	300m: 3:34.21	37.09	400m: 4:46.90	35.25
5.	Ondrej Sevcik	V.Z.V. Njord	4:37.84	200702971	4:47.76	+0,74		
	50m: 31.21	31.21	150m: 1:43.56	36.44	250m: 2:58.78	37.73	350m: 4:13.40	37.38
	100m: 1:07.12	35.91	200m: 2:21.05	37.49	300m: 3:36.02	37.24	400m: 4:47.76	34.36
6.	Floris Melchers	Sbc2000	4:51.60	200703285	4:50.60	+0,66		
	50m: 31.43	31.43	150m: 1:43.84	36.78	250m: 2:58.09	37.21	350m: 4:13.86	37.95
	100m: 1:07.06	35.63	200m: 2:20.88	37.04	300m: 3:35.91	37.82	400m: 4:50.60	36.74
7.	Lars de Kooter	De Biesboschzwemmers	4:52.85	200800185	4:55.66	+0,67		
	50m: 32.06	32.06	150m: 1:45.87	37.45	250m: 3:02.19	38.14	350m: 4:18.19	37.74
	100m: 1:08.42	36.36	200m: 2:24.05	38.18	300m: 3:40.45	38.26	400m: 4:55.66	37.47

Provinciale Zomerkampioenschappen 2025
Eindhoven, 17 - 25-5-2025

Event 9, Men, 400m Freestyle

Senioren Open - Limburg

1.	Ruben de Vries, de	Hellas-Glana	4:24.83	200600497	4:25.62	+0,67
	50m: 30.11	30.11 150m: 1:37.48	34.07 250m: 2:45.37	33.91 350m: 3:52.96	33.77	
	100m: 1:03.41	33.30 200m: 2:11.46	33.98 300m: 3:19.19	33.82 400m: 4:25.62	32.66	
2.	Jesse Marijn Thimister	Zeps	4:42.82	200602893	4:31.02	+0,72
	50m: 30.67	30.67 150m: 1:38.69	34.51 250m: 2:48.63	35.20 350m: 3:57.52	34.30	
	100m: 1:04.18	33.51 200m: 2:13.43	34.74 300m: 3:23.22	34.59 400m: 4:31.02	33.50	
3.	Jelle Huntjens	Hellas-Glana	4:40.97	200604257	4:32.45	+0,67
	50m: 30.23	30.23 150m: 1:38.39	34.61 250m: 2:48.73	35.57 350m: 3:58.88	34.69	
	100m: 1:03.78	33.55 200m: 2:13.16	34.77 300m: 3:24.19	35.46 400m: 4:32.45	33.57	
4.	Jason van der Beek	SG Patrick - De Roersoppers	4:38.00	200403933	4:35.08	+0,69
	50m: 30.35	30.35 150m: 1:38.55	34.56 250m: 2:48.58	35.10 350m: 4:00.06	36.20	
	100m: 1:03.99	33.64 200m: 2:13.48	34.93 300m: 3:23.86	35.28 400m: 4:35.08	35.02	
5.	Sam Luyten	RZL	4:28.76	200005187	4:46.11	+0,80
	50m: 29.58	29.58 150m: 1:40.40	36.50 250m: 2:55.45	37.70 350m: 4:10.07	36.60	
	100m: 1:03.90	34.32 200m: 2:17.75	37.35 300m: 3:33.47	38.02 400m: 4:46.11	36.04	
6.	Koen Wijnands	SG Patrick - De Roersoppers	4:39.60	199800247	5:08.32	+0,66
	50m: 31.80	31.80 150m: 1:46.49	38.52 250m: 3:06.11	40.28 350m: 4:28.42	41.21	
	100m: 1:07.97	36.17 200m: 2:25.83	39.34 300m: 3:47.21	41.10 400m: 5:08.32	39.90	

Senioren Open - Brabant

1.	Lucas van Rooij	PSV	4:12.53	200603943	4:12.81	+0,66
	50m: 28.75	28.75 150m: 1:31.10	31.40 250m: 2:35.55	32.40 350m: 3:41.04	32.66	
	100m: 59.70	30.95 200m: 2:03.15	32.05 300m: 3:08.38	32.83 400m: 4:12.81	31.77	
2.	Cas Versteegen	PSV	4:10.91	200500891	4:21.94	+0,67
	50m: 29.56	29.56 150m: 1:35.32	33.64 250m: 2:42.19	33.26 350m: 3:49.61	33.72	
	100m: 1:01.68	32.12 200m: 2:08.93	33.61 300m: 3:15.89	33.70 400m: 4:21.94	32.33	
3.	Paolo del Villar	PSV	4:19.61	200504559	4:25.45	+0,55
	50m: 29.58	29.58 150m: 1:35.56	33.57 250m: 2:44.11	34.44 350m: 3:52.96	34.34	
	100m: 1:01.99	32.41 200m: 2:09.67	34.11 300m: 3:18.62	34.51 400m: 4:25.45	32.49	
4.	Milco Matla	PSV	4:38.11	200600555	4:43.39	
	50m: 30.56	30.56 150m: 1:42.20	36.26 250m: 2:54.97	36.32 350m: 4:07.92	36.21	
	100m: 1:05.94	35.38 200m: 2:18.65	36.45 300m: 3:31.71	36.74 400m: 4:43.39	35.47	
5.	Tim Versteegen	DBD	4:31.45	200200085	4:49.60	+0,72
	50m: 31.13	31.13 150m: 1:42.67	36.41 250m: 2:58.50	38.17 350m: 4:14.78	37.73	
	100m: 1:06.26	35.13 200m: 2:20.33	37.66 300m: 3:37.05	38.55 400m: 4:49.60	34.82	
6.	Brian van Gennip	ZV Hydra	4:45.73	200003573	4:51.84	+0,80
	50m: 31.58	31.58 150m: 1:43.40	36.60 250m: 2:58.19	37.70 350m: 4:14.24	37.91	
	100m: 1:06.80	35.22 200m: 2:20.49	37.09 300m: 3:36.33	38.14 400m: 4:51.84	37.60	