

Competitie ronde 1  
Eindhoven, 5-10-2025

Programmanr. 11  
5-10-2025 - 13:48

Heren, 400m vrije slag

Senioren Open  
Resultaten

| rang  | naam                                          | vereniging             | intijd  | tijd          | RT             |
|-------|-----------------------------------------------|------------------------|---------|---------------|----------------|
| 1.    | Luuk Smits                                    | Z&PV Nuenen            | 4:11.13 | 200001015     | <b>4:13.91</b> |
|       | 50m: 27.78                                    | 27.78 150m:            | 250m:   | 350m:         |                |
|       | 100m: 59.59                                   | 31.81 200m: 2:05.98    | 300m:   | 400m: 4:13.91 |                |
| 2.    | Kalle van Gemert                              | Z & PC De Zeeuwse Kust | 4:10.64 | 199801259     | <b>4:17.59</b> |
|       | 50m: 28.31                                    | 28.31 150m:            | 250m:   | 350m:         |                |
|       | 100m: 59.93                                   | 31.62 200m: 2:05.49    | 300m:   | 400m: 4:17.59 |                |
| 3.    | Alexander Nijst                               | Z&PV Nuenen            | 4:17.89 | 200104869     | <b>4:20.22</b> |
|       | 50m: 29.12                                    | 29.12 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:01.81                                 | 32.69 200m: 2:08.57    | 300m:   | 400m: 4:20.22 |                |
| 4.    | Olivier Orban                                 | Psv 2                  | 4:21.67 | 200205177     | <b>4:22.79</b> |
|       | 50m: 29.31                                    | 29.31 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:01.26                                 | 31.95 200m: 2:07.55    | 300m:   | 400m: 4:22.79 |                |
| 5.    | Bas van den Akker                             | Psv 2                  | NT      | 200204651     | <b>4:23.36</b> |
|       | 50m: 29.03                                    | 29.03 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:01.27                                 | 32.24 200m: 2:08.55    | 300m:   | 400m: 4:23.36 |                |
| 6.    | Sem Belmon                                    | Psv 2                  | 4:18.86 | 200702099     | <b>4:24.62</b> |
|       | 50m: 30.30                                    | 30.30 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:04.23                                 | 33.93 200m: 2:45.55    | 300m:   | 400m: 4:24.62 |                |
| 7.    | Milco Matla                                   | Psv 2                  | 4:27.95 | 200600555     | <b>4:26.75</b> |
|       | 50m: 29.27                                    | 29.27 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:03.14                                 | 33.87 200m: 2:12.19    | 300m:   | 400m: 4:26.75 |                |
| 8.    | Paolo del Villar                              | Psv 2                  | 4:19.61 | 200504559     | <b>4:26.94</b> |
|       | 50m: 28.81                                    | 28.81 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:00.59                                 | 31.78 200m: 2:07.81    | 300m:   | 400m: 4:26.94 |                |
| 9.    | Tom Balsen Versteeg                           | Hieronymus             | 4:23.87 | 200005673     | <b>4:29.30</b> |
|       | 50m: 29.26                                    | 29.26 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:01.84                                 | 32.58 200m: 2:10.03    | 300m:   | 400m: 4:29.30 |                |
| 10.   | Wouter Sijmons                                | Z&PV Nuenen            | 4:18.45 | 199302695     | <b>4:31.52</b> |
|       | 50m: 28.65                                    | 28.65 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:00.89                                 | 32.24 200m: 2:09.21    | 300m:   | 400m: 4:31.52 |                |
| 11.   | Remco van Althuis                             | Z&PV Nuenen            | 4:34.88 | 198300029     | <b>4:33.01</b> |
|       | 50m: 30.51                                    | 30.51 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:04.59                                 | 34.08 200m: 2:14.60    | 300m:   | 400m: 4:33.01 |                |
| 12.   | Sebastiaan Broere                             | Hieronymus             | 4:27.76 | 199803687     | <b>4:35.73</b> |
|       | 50m: 30.73                                    | 30.73 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:05.09                                 | 34.36 200m: 2:14.81    | 300m:   | 400m: 4:35.73 |                |
| 13.   | Lars Diesch                                   | Z&PV Nuenen            | 4:35.67 | 200103189     | <b>4:38.06</b> |
|       | 50m: 30.74                                    | 30.74 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:04.96                                 | 34.22 200m: 2:16.71    | 300m:   | 400m: 4:38.06 |                |
| 14.   | Tristan Kloet                                 | Z & PC De Zeeuwse Kust | 4:34.83 | 200200063     | <b>4:39.61</b> |
|       | 50m: 30.30                                    | 30.30 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:04.62                                 | 34.32 200m: 2:15.29    | 300m:   | 400m: 4:39.61 |                |
| 15.   | Sem Bonte                                     | Z & PC De Zeeuwse Kust | 4:27.82 | 200400427     | <b>4:43.72</b> |
|       | 50m: 31.34                                    | 31.34 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:06.14                                 | 34.80 200m: 2:17.15    | 300m:   | 400m: 4:43.72 |                |
| 16.   | Sander van Bentum                             | Hieronymus             | 4:56.44 | 199602391     | <b>4:44.98</b> |
|       | 50m: 29.80                                    | 29.80 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:04.08                                 | 34.28 200m: 2:17.14    | 300m:   | 400m: 4:44.98 |                |
| 17.   | Tom van Gils                                  | Z & PC De Zeeuwse Kust | 4:40.23 | 199501799     | <b>4:47.67</b> |
|       | 50m: 32.92                                    | 32.92 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:08.68                                 | 35.76 200m: 2:21.40    | 300m:   | 400m: 4:47.67 |                |
| 18.   | Flynn Wolterman                               | Z & PC De Zeeuwse Kust | 4:37.36 | 200301063     | <b>4:52.41</b> |
|       | 50m: 31.87                                    | 31.87 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:06.70                                 | 34.83 200m: 2:19.79    | 300m:   | 400m: 4:52.41 |                |
| 19.   | Roel Janssen                                  | Z&PV Nuenen            | NT      | 200205051     | <b>4:53.35</b> |
|       | 50m: 30.68                                    | 30.68 150m:            | 250m:   | 350m:         |                |
|       | 100m: 1:06.08                                 | 35.40 200m: 2:19.10    | 300m:   | 400m: 4:53.35 |                |
| DIS   | Marco Bos                                     | Z & PC De Zeeuwse Kust | 6:13.02 | 200703499     | AF             |
|       | AF - De aangegeven afstand niet uitgezwommen. |                        |         |               |                |
| AFGEM | Loris Klippel                                 | Hieronymus             | 5:30.37 | 200602419     |                |