

Limietwedstrijd Korte Baan
Eindhoven, 19-10-2025

Programmanr. 2
19-10-2025 - 13:32

Heren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Thijmen Pruijssers	Hieronymus		4:28.38		201000129		4:23.16	+0,49
	50m: 28.80	28.80	150m: 1:33.69	33.40	250m: 2:41.56	33.95	350m: 3:50.00	34.31	
	100m: 1:00.29	31.49	200m: 2:07.61	33.92	300m: 3:15.69	34.13	400m: 4:23.16	33.16	
2.	Celestin van der Beek	PSV		5:29.30		201201183		5:06.97	
	50m: 34.20	34.20	150m: 1:54.10	40.20	250m: 3:13.90	39.87	350m: 4:31.14	38.58	
	100m: 1:13.90	39.70	200m: 2:34.03	39.93	300m: 3:52.56	38.66	400m: 5:06.97	35.83	
3.	Michael Simons	PSV		5:19.58		201200025		5:12.87	
	50m: 35.14	35.14	150m: 1:54.31	40.29	250m: 3:15.73	40.83	350m: 4:35.45	39.39	
	100m: 1:14.02	38.88	200m: 2:34.90	40.59	300m: 3:56.06	40.33	400m: 5:12.87	37.42	
4.	Lars de Greef	Hieronymus		6:18.46		201003899		5:20.54	+0,61
	50m: 33.96	33.96	150m: 1:54.14	41.04	250m: 3:18.24	42.02	350m: 4:41.09	41.63	
	100m: 1:13.10	39.14	200m: 2:36.22	42.08	300m: 3:59.46	41.22	400m: 5:20.54	39.45	
5.	Iede de Wit	Hieronymus		7:12.82		201300213		5:55.27	
	50m: 38.78	38.78	150m: 2:09.25	46.07	250m: 3:41.06	45.57	350m: 5:13.11	46.22	
	100m: 1:23.18	44.40	200m: 2:55.49	46.24	300m: 4:26.89	45.83	400m: 5:55.27	42.16	