

Brabantse Winter Kampioenschappen
Tilburg, 29 & 30-11-2025

Programmanr. 1
29/11/2025 - 13:15

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging				intijd				tijd				RT	
Onder 14															
1.	Fenna Beumer	PSV				5:58.00				201300176				5:41.37	
	50m: 37.15	37.15	150m:	2:04.65	44.79	250m:	3:35.67	50.04	350m:	5:05.38	39.27				
	100m: 1:19.86	42.71	200m:	2:45.63	40.98	300m:	4:26.11	50.44	400m:	5:41.37	35.99				
2.	Coco Scheepers	PSV				5:51.29				201301462				5:42.39	
	50m: 37.25	37.25	150m:	2:04.69	44.37	250m:	3:35.70	48.68	350m:	5:05.53	40.86				
	100m: 1:20.32	43.07	200m:	2:47.02	42.33	300m:	4:24.67	48.97	400m:	5:42.39	36.86				
3.	Jaylin Roks	Hieronymus				5:58.97				201300620				5:57.13	+0,73
	50m: 38.68	38.68	150m:	2:11.78	44.95	250m:	3:48.08	52.29	350m:	5:20.75	39.54				
	100m: 1:26.83	48.15	200m:	2:55.79	44.01	300m:	4:41.21	53.13	400m:	5:57.13	36.38				
4.	Femke van den Oven	Sbc2000				6:20.86				201300130				6:05.95	
	50m: 38.77	38.77	150m:	2:12.86	47.69	250m:	3:49.33	51.00	350m:	5:26.27	43.00				
	100m: 1:25.17	46.40	200m:	2:58.33	45.47	300m:	4:43.27	53.94	400m:	6:05.95	39.68				
5.	Sophie Runia	Dzt'62				6:14.78				201300930				6:12.53	+0,68
	50m: 39.58	39.58	150m:	2:16.07	48.03	250m:	3:55.27	52.61	350m:	5:32.23	43.36				
	100m: 1:28.04	48.46	200m:	3:02.66	46.59	300m:	4:48.87	53.60	400m:	6:12.53	40.30				
6.	Anoek van den Bosch	V.Z.V. Njord				6:15.22				201200368				6:14.34	+0,94
	50m: 41.90	41.90	150m:	2:19.65	47.96	250m:	3:59.56	52.35	350m:	5:34.71	41.56				
	100m: 1:31.69	49.79	200m:	3:07.21	47.56	300m:	4:53.15	53.59	400m:	6:14.34	39.63				
GEM	Kate Broekman	Arethusa				6:23.02				201200176					
Onder 16															
1.	Yill van Bezouw	Hieronymus				4:57.58				201100704				4:56.10	
	50m: 30.63	30.63	150m:	1:44.15	37.95	250m:	3:04.71	43.29	350m:	4:23.00	34.92				
	100m: 1:06.20	35.57	200m:	2:21.42	37.27	300m:	3:48.08	43.37	400m:	4:56.10	33.10				
2.	Anna Lepoutre	PSV				5:20.94				201100534				5:15.36	
	50m: 32.85	32.85	150m:	1:52.53	41.61	250m:	3:18.62	45.78	350m:	4:41.42	36.28				
	100m: 1:10.92	38.07	200m:	2:32.84	40.31	300m:	4:05.14	46.52	400m:	5:15.36	33.94				
3.	Pien Walstra	De Treffers				5:39.91				201101034				5:26.49	+0,78
	50m: 34.61	34.61	150m:	2:00.53	44.12	250m:	3:28.25	47.30	350m:	4:52.17	36.19				
	100m: 1:16.41	41.80	200m:	2:40.95	40.42	300m:	4:15.98	47.73	400m:	5:26.49	34.32				
4.	Renske van den Bosch	V.Z.V. Njord				5:37.34				201001828				5:32.51	+0,70
	50m: 35.10	35.10	150m:	1:59.14	42.20	250m:	3:29.21	48.43	350m:	4:55.05	38.19				
	100m: 1:16.94	41.84	200m:	2:40.78	41.64	300m:	4:16.86	47.65	400m:	5:32.51	37.46				
5.	Jayna Wagemakers	Hieronymus				5:32.88				201000226				5:39.11	+0,83
	50m: 35.91	35.91	150m:	2:01.82	43.12	250m:	3:31.79	47.69	350m:	5:01.51	41.20				
	100m: 1:18.70	42.79	200m:	2:44.10	42.28	300m:	4:20.31	48.52	400m:	5:39.11	37.60				
6.	Kendra van der Voort	Arethusa				5:57.84				201100536				5:42.06	
	50m: 36.75	36.75	150m:	2:07.55	46.50	250m:	3:40.09	47.84	350m:	5:06.41	37.51				
	100m: 1:21.05	44.30	200m:	2:52.25	44.70	300m:	4:28.90	48.81	400m:	5:42.06	35.65				
7.	Brecht van Ravensteijn	Arethusa				5:47.86				201100738				5:43.29	+0,71
	50m: 37.01	37.01	150m:	2:06.81	46.02	250m:	3:38.25	48.59	350m:	5:06.20	39.88				
	100m: 1:20.79	43.78	200m:	2:49.66	42.85	300m:	4:26.32	48.07	400m:	5:43.29	37.09				
8.	Ilja van Gemeren	Arethusa				5:48.90				201001330				5:45.61	
	50m: 37.14	37.14	150m:	2:06.48	45.01	250m:	3:37.66	46.97	350m:	5:06.22	40.12				
	100m: 1:21.47	44.33	200m:	2:50.69	44.21	300m:	4:26.10	48.44	400m:	5:45.61	39.39				
9.	Dagmar Wierckx	Sbc2000				5:59.10				201101278				5:51.13	
	50m: 37.47	37.47	150m:	2:07.30	45.50	250m:	3:42.25	49.79	350m:	5:12.74	39.86				
	100m: 1:21.80	44.33	200m:	2:52.46	45.16	300m:	4:32.88	50.63	400m:	5:51.13	38.39				
10.	Jante Cremers	Tempo Valkenswaard				6:26.11				201102406				6:12.24	+0,57
	50m: 38.25	38.25	150m:	2:16.20	47.44	250m:	3:53.22	50.13	350m:	5:29.55	43.29				
	100m: 1:28.76	50.51	200m:	3:03.09	46.89	300m:	4:46.26	53.04	400m:	6:12.24	42.69				
11.	Lieve Bakker	Dzt'62				6:22.64				201101788				6:24.72	+0,82
	50m: 40.73	40.73	150m:	2:19.99	48.37	250m:	4:00.19	53.80	350m:	5:40.07	45.80				
	100m: 1:31.62	50.89	200m:	3:06.39	46.40	300m:	4:54.27	54.08	400m:	6:24.72	44.65				
DIS	Lise Markes	Sbc2000				5:42.49				201101276				+0,74	
SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.															

Brabantse Winter Kampioenschappen
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Programmanr. 1, Dames, 400m wisselslag

Onder 18

1.	Bregje Dekkers	PSV	5:00.87	200900746	5:03.57	
	50m: 31.64	31.64	150m: 1:46.32	39.26	250m: 3:08.34	44.07
	100m: 1:07.06	35.42	200m: 2:24.27	37.95	300m: 3:53.32	44.98
					350m: 4:28.93	35.61
					400m: 5:03.57	34.64
2.	Lotte Blanken	Sbc2000	5:31.59	200801476	5:24.17	+0,79
	50m: 33.14	33.14	150m: 1:54.81	41.14	250m: 3:21.02	45.92
	100m: 1:13.67	40.53	200m: 2:35.10	40.29	300m: 4:08.09	47.07
					350m: 4:47.80	39.71
					400m: 5:24.17	36.37
3.	Anne Madelief van Buren	PSV	6:01.77	200803856	5:45.51	+0,55
	50m: 34.51	34.51	150m: 2:01.25	44.30	250m: 3:36.77	50.70
	100m: 1:16.95	42.44	200m: 2:46.07	44.82	300m: 4:28.37	51.60
					350m: 5:08.27	39.90
					400m: 5:45.51	37.24
4.	Kyana de Vries	ZWK Merlet	6:13.87	200901260	5:50.13	+0,89
	<i>* 100m backup</i>					
	50m: 37.62	37.62	150m: 2:08.69	46.43	250m: 3:38.31	45.47
	100m: 1:22.26	44.64	200m: 2:52.84	44.15	300m: 4:25.33	47.02
					350m: 5:08.12	42.79
					400m: 5:50.13	42.01
5.	Jansje de Ridder	De Biesboschzwemmers	6:01.52	200800194	6:02.08	+0,83
	50m: 37.53	37.53	150m: 2:10.85	46.73	250m: 3:51.27	54.38
	100m: 1:24.12	46.59	200m: 2:56.89	46.04	300m: 4:46.88	55.61
					350m: 5:24.77	37.89
					400m: 6:02.08	37.31
6.	Marith Ewijk	Waalwijkse Zwem Vereniging	6:04.64	200801414	6:14.36	+0,80
	50m: 36.64	36.64	150m: 2:10.36	47.30	250m: 3:51.11	54.39
	100m: 1:23.06	46.42	200m: 2:56.72	46.36	300m: 4:46.02	54.91
					350m: 5:30.93	44.91
					400m: 6:14.36	43.43
7.	Britt van der Ham	Waalwijkse Zwem Vereniging	6:13.54	200801320	6:14.54	+0,56
	50m: 39.89	39.89	150m: 2:15.14	46.36	250m: 3:55.66	54.46
	100m: 1:28.78	48.89	200m: 3:01.20	46.06	300m: 4:50.22	54.56
					350m: 5:33.61	43.39
					400m: 6:14.54	40.93

18 en ouder

1.	Roos Englebert	Hieronymus	4:56.72	200200606	4:59.15	
	50m: 31.31	31.31	150m: 1:47.08	39.79	250m: 3:08.27	42.74
	100m: 1:07.29	35.98	200m: 2:25.53	38.45	300m: 3:51.76	43.49
					350m: 4:25.90	34.14
					400m: 4:59.15	33.25
2.	Isa Schellekens	Zegenwerp	5:02.29	200002330	5:00.91	+0,77
	50m: 31.88	31.88	150m: 1:47.35	38.35	250m: 3:07.99	42.90
	100m: 1:09.00	37.12	200m: 2:25.09	37.74	300m: 3:51.84	43.85
					350m: 4:26.69	34.85
					400m: 5:00.91	34.22
3.	Nikita van den Ouden	Z&PV Nuenen	4:48.85	199900622	5:03.70	
	50m: 31.35	31.35	150m: 1:46.32	38.99	250m: 3:07.34	43.10
	100m: 1:07.33	35.98	200m: 2:24.24	37.92	300m: 3:51.17	43.83
					350m: 4:27.42	36.25
					400m: 5:03.70	36.28
4.	Robin Goossens	Z&PV Nuenen	5:05.92	200003128	5:07.75	+0,80
	50m: 33.36	33.36	150m: 1:53.82	40.72	250m: 3:13.63	41.29
	100m: 1:13.10	39.74	200m: 2:32.34	38.52	300m: 3:55.24	41.61
					350m: 4:32.53	37.29
					400m: 5:07.75	35.22
5.	Isa Jansen	Sbc2000	5:14.34	200701176	5:14.87	+0,75
	50m: 31.86	31.86	150m: 1:50.71	40.00	250m: 3:14.90	44.77
	100m: 1:10.71	38.85	200m: 2:30.13	39.42	300m: 4:00.64	45.74
					350m: 4:38.40	37.76
					400m: 5:14.87	36.47
6.	Eline van Dijk	V.Z.V. Njord	5:45.44	200703660	5:42.86	+0,71
	50m: 35.75	35.75	150m: 2:02.25	44.91	250m: 3:34.35	48.62
	100m: 1:17.34	41.59	200m: 2:45.73	43.48	300m: 4:22.66	48.31
					350m: 5:03.89	41.23
					400m: 5:42.86	38.97