

Programmanr. 14
 23-03-2024 - 13:45

Jongens, 400m wisselslag

 Jeugd 2 en jonger
 Resultaten

ITTRec Jgd 1-2	4:36.78	Yanieck Weijland	NED	Eindhoven	2022
ITTRec Jun 3-4	4:49.26	Tiago Fonseca Gomes	NED	Eindhoven	2022
ITTRec Jun 1-2	5:17.22	Mattia Maggio	NED	Eindhoven	2023

rang	naam	vereniging	intijd	tijd	RT			
Junioren 1 en 2								
1.	Matisse Thonon	MEGA	5:20.74	MEGA/11383/11	5:27.07 +0,76			
	50m: 34.05	34.05	150m: 1:58.21	41.10	250m: 3:25.41	45.96	350m: 4:50.33	37.06
	100m: 1:17.11	43.06	200m: 2:39.45	41.24	300m: 4:13.27	47.86	400m: 5:27.07	36.74
2.	Thijn Runia	Dzt'62	5:15.41	201000895	5:37.80 +0,76			
	50m: 34.84	34.84	150m: 2:03.36	46.13	250m: 3:34.04	46.37	350m: 5:00.73	38.68
	100m: 1:17.23	42.39	200m: 2:47.67	44.31	300m: 4:22.05	48.01	400m: 5:37.80	37.07
3.	Joey Snabel	ZPC Amersfoort	5:38.65	201002847	5:44.57 +0,80			
	50m: 35.72	35.72	150m: 2:08.28	46.07	250m: 3:41.71	49.34	350m: 5:08.05	37.68
	100m: 1:22.21	46.49	200m: 2:52.37	44.09	300m: 4:30.37	48.66	400m: 5:44.57	36.52
4.	Quinten Oostveen	ZPC Amersfoort	6:33.41	201002605	5:58.37 +0,70			
	50m: 35.74	35.74	150m: 2:10.46	49.66	250m: 3:49.15	53.27	350m: 5:21.86	40.05
	100m: 1:20.80	45.06	200m: 2:55.88	45.42	300m: 4:41.81	52.66	400m: 5:58.37	36.51

Junioren 3 en 4

1.	Yarno van Dam	ACZ	4:54.89	200800115	4:44.15 +0,72			
	<i>ITT Record</i>							
	50m: 29.41	29.41	150m: 1:39.69	36.46	250m: 2:57.00	40.67	350m: 4:12.20	33.25
	100m: 1:03.23	33.82	200m: 2:16.33	36.64	300m: 3:38.95	41.95	400m: 4:44.15	31.95
2.	Martijn Nies	PSV	5:10.07	200902095	4:56.00 +0,76			
	50m: 30.66	30.66	150m: 1:44.23	38.47	250m: 3:05.76	43.92	350m: 4:23.78	33.35
	100m: 1:05.76	35.10	200m: 2:21.84	37.61	300m: 3:50.43	44.67	400m: 4:56.00	32.22
3.	Nout Folkersma	PSV	5:13.75	200800595	5:04.58 +0,72			
	50m: 31.37	31.37	150m: 1:50.00	40.41	250m: 3:12.01	42.60	350m: 4:30.48	34.93
	100m: 1:09.59	38.22	200m: 2:29.41	39.41	300m: 3:55.55	43.54	400m: 5:04.58	34.10
4.	Mehdi Sfar	CNSW	5:11.29	CNSW/013108/08	5:08.61 +0,63			
	50m: 30.97	30.97	150m: 1:48.87	38.78	250m: 3:11.09	44.33	350m: 4:33.73	36.46
	100m: 1:10.09	39.12	200m: 2:26.76	37.89	300m: 3:57.27	46.18	400m: 5:08.61	34.88
5.	Jesse Molegraaf	ZPC Amersfoort	5:42.72	200800887	5:09.50 +0,70			
	50m: 31.56	31.56	150m: 1:50.95	42.03	250m: 3:14.19	44.47	350m: 4:35.73	36.65
	100m: 1:08.92	37.36	200m: 2:29.72	38.77	300m: 3:59.08	44.89	400m: 5:09.50	33.77
6.	Quinten Michoel	Zwemclub Geel	5:18.06	ZGEEL/11112/09	5:13.14 +0,73			
	50m: 31.49	31.49	150m: 1:50.84	41.79	250m: 3:17.27	46.76	350m: 4:39.74	36.00
	100m: 1:09.05	37.56	200m: 2:30.51	39.67	300m: 4:03.74	46.47	400m: 5:13.14	33.40
7.	Thibeaau Fransen	TSZ	5:10.04	TSZ/11027/08	5:13.53 +0,69			
	50m: 32.10	32.10	150m: 1:53.90	41.61	250m: 3:17.08	42.97	350m: 4:38.10	36.96
	100m: 1:12.29	40.19	200m: 2:34.11	40.21	300m: 4:01.14	44.06	400m: 5:13.53	35.43
8.	Feddo Smink	ZPC Amersfoort	5:12.93	200900007	5:14.75 +0,68			
	50m: 30.62	30.62	150m: 1:51.45	43.40	250m: 3:17.69	45.90	350m: 4:40.65	35.71
	100m: 1:08.05	37.43	200m: 2:31.79	40.34	300m: 4:04.94	47.25	400m: 5:14.75	34.10
9.	Thijs Bogaerts	MEGA	NT	MEGA/11337/09	5:27.12 +0,77			
	50m: 33.66	33.66	150m: 1:59.24	44.72	250m: 3:28.19	46.04	350m: 4:53.30	37.54
	100m: 1:14.52	40.86	200m: 2:42.15	42.91	300m: 4:15.76	47.57	400m: 5:27.12	33.82
10.	Nicolai Matla	PSV	6:12.48	200901031	5:59.77 +0,69			
	50m: 35.84	35.84	150m: 2:12.63	51.16	250m: 3:47.63	45.76	350m: 5:19.42	42.15
	100m: 1:21.47	45.63	200m: 3:01.87	49.24	300m: 4:37.27	49.64	400m: 5:59.77	40.35
11.	Thomas Zondag	MNC Dordrecht	6:20.00	200800063	6:30.23 +0,75			
	50m: 42.87	42.87	150m: 2:24.53	49.36	250m: 4:08.11	56.35	350m: 5:50.21	43.35
	100m: 1:35.17	52.30	200m: 3:11.76	47.23	300m: 5:06.86	58.75	400m: 6:30.23	40.02

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Jeugd 1 en 2

1. Tiede Groener	De Dinkel		4:41.75			200700155			4:43.53		+0,76
50m: 28.96	28.96	150m: 1:40.28	37.23	250m: 2:57.76	40.86	350m: 4:14.00	34.39	400m: 4:43.53	29.53		
100m: 1:03.05	34.09	200m: 2:16.90	36.62	300m: 3:39.61	41.85						
2. Klaas Dries	Zwemclub Geel		5:00.73			ZGEEL/11071/07			5:09.66		+0,78
50m: 33.18	33.18	150m: 1:53.79	39.44	250m: 3:16.10	45.15	350m: 4:36.29	34.94	400m: 5:09.66	33.37		
100m: 1:14.35	41.17	200m: 2:30.95	37.16	300m: 4:01.35	45.25						
3. Ruben de Vries	Hellas-Glana		5:08.71			200600497			5:12.13		+0,68
50m: 31.31	31.31	150m: 1:55.35	44.98	250m: 3:18.51	39.78	350m: 4:37.71	36.47	400m: 5:12.13	34.42		
100m: 1:10.37	39.06	200m: 2:38.73	43.38	300m: 4:01.24	42.73						
4. Henri Kockx	MEGA		5:12.29			MEGA/11104/06			5:12.30		+0,60
50m: 33.09	33.09	150m: 1:53.35	40.47	250m: 3:18.35	45.57	350m: 4:38.90	34.66	400m: 5:12.30	33.40		
100m: 1:12.88	39.79	200m: 2:32.78	39.43	300m: 4:04.24	45.89						
5. Milco Matla	PSV		5:08.16			200600555			5:12.80		+0,77
50m: 29.93	29.93	150m: 1:49.34	43.98	250m: 3:16.14	45.04	350m: 4:38.47	36.41	400m: 5:12.80	34.33		
100m: 1:05.36	35.43	200m: 2:31.10	41.76	300m: 4:02.06	45.92						