

Programmanr. 21
 24-03-2024 - 11:15

Jongens, 400m vrije slag

 Jeugd 2 en jonger
 Resultaten

ITTRec Jgd 1-2	4:07.22	Yanieck Weijland	NED	Eindhoven	2022
ITTRec Jun 3-4	4:03.67	Tiago Fonseca Gomes	NED	Eindhoven	2023
ITTRec Jun 1-2	4:23.43	Xiaoyu Yin	NED	Eindhoven	2022

rang	naam	vereniging	intijd	tijd	RT	
Junioren 1 en 2						
1.	Alief Jan van der Sluis	PSV	4:45.58	201003425	4:42.10 +0,71	
	50m: 30.94	30.94	150m: 1:43.18	35.96	250m: 2:56.55	36.28
	100m: 1:07.22	36.28	200m: 2:20.27	37.09	300m: 3:33.91	37.36
					350m: 4:10.21	36.30
					400m: 4:42.10	31.89
2.	Louiz Ameloot	MEGA	4:58.01	MEGA/11328/10	4:49.72 +0,65	
	50m: 32.20	32.20	150m: 1:43.88	36.42	250m: 2:57.27	36.86
	100m: 1:07.46	35.26	200m: 2:20.41	36.53	300m: 3:35.17	37.90
					350m: 4:13.67	38.50
					400m: 4:49.72	36.05
3.	Sibe Michiels	TSZ	4:58.47	TSZ/11052/10	4:50.59 +0,66	
	50m: 32.77	32.77	150m: 1:48.87	38.13	250m: 3:00.52	35.80
	100m: 1:10.74	37.97	200m: 2:24.72	35.85	300m: 3:38.19	37.67
					350m: 4:14.95	36.76
					400m: 4:50.59	35.64
4.	Elias Debbaut	MEGA	5:01.44	MEGA/11351/10	4:51.30 +0,74	
	50m: 33.38	33.38	150m: 1:47.66	37.44	250m: 3:02.41	37.03
	100m: 1:10.22	36.84	200m: 2:25.38	37.72	300m: 3:40.14	37.73
					350m: 4:16.24	36.10
					400m: 4:51.30	35.06
5.	Joey Snabel	ZPC Amersfoort	5:39.24	201002847	4:56.03 +0,74	
	50m: 31.40	31.40	150m: 1:45.15	37.69	250m: 3:01.56	38.27
	100m: 1:07.46	36.06	200m: 2:23.29	38.14	300m: 3:40.33	38.77
					350m: 4:18.72	38.39
					400m: 4:56.03	37.31
6.	Ewout Loeyes	MEGA	4:53.46	MEGA/11352/10	4:56.64 +0,65	
	50m: 33.17	33.17	150m: 1:46.22	36.94	250m: 3:01.54	37.19
	100m: 1:09.28	36.11	200m: 2:24.35	38.13	300m: 3:40.28	38.74
					350m: 4:18.72	38.44
					400m: 4:56.64	37.92
7.	Matti Porath	ASV06	4:53.20	419321	4:59.14 +0,79	
	50m: 31.84	31.84	150m: 1:47.50	38.71	250m: 3:05.76	38.19
	100m: 1:08.79	36.95	200m: 2:27.57	40.07	300m: 3:44.94	39.18
					350m: 4:23.94	39.00
					400m: 4:59.14	35.20
8.	Laurens van Nulck	Hellas-Glana	5:09.58	201100521	5:01.57 +0,71	
	50m: 33.37	33.37	150m: 1:49.71	39.04	250m: 3:07.55	38.88
	100m: 1:10.67	37.30	200m: 2:28.67	38.96	300m: 3:47.08	39.53
					350m: 4:25.07	37.99
					400m: 5:01.57	36.50
9.	Tibe De Decker	MEGA	5:15.11	MEGA/11330/11	5:06.66 +0,52	
	50m: 35.13	35.13	150m: 1:52.75	38.86	250m: 3:12.29	39.73
	100m: 1:13.89	38.76	200m: 2:32.56	39.81	300m: 3:51.61	39.32
					350m: 4:30.00	38.39
					400m: 5:06.66	36.66
10.	Milan Schuilenburg	ZPC Amersfoort	5:06.79	201000935	5:07.16 +0,72	
	50m: 33.82	33.82	150m: 1:52.71	40.17	250m: 3:12.04	39.55
	100m: 1:12.54	38.72	200m: 2:32.49	39.78	300m: 3:51.58	39.54
					350m: 4:30.18	38.60
					400m: 5:07.16	36.98
11.	Quinten Oostveen	ZPC Amersfoort	5:17.95	201002605	5:08.83 +0,66	
	50m: 34.36	34.36	150m: 1:53.35	39.42	250m: 3:13.48	39.68
	100m: 1:13.93	39.57	200m: 2:33.80	40.45	300m: 3:54.40	40.92
					350m: 4:33.48	39.08
					400m: 5:08.83	35.35
12.	Warre Huens	MEGA	5:16.21	MEGA/11253/10	5:10.30 +0,69	
	50m: 35.34	35.34	150m: 1:54.00	39.82	250m: 3:14.54	40.17
	100m: 1:14.18	38.84	200m: 2:34.37	40.37	300m: 3:54.40	39.86
					350m: 4:34.07	39.67
					400m: 5:10.30	36.23
13.	Vince van Dam	ACZ	5:21.89	201000405	5:10.38 +0,65	
	50m: 33.89	33.89	150m: 1:51.71	39.22	250m: 3:11.68	40.14
	100m: 1:12.49	38.60	200m: 2:31.54	39.83	300m: 3:51.65	39.97
					350m: 4:31.68	40.03
					400m: 5:10.38	38.70
14.	Fin Horrocks	Z&PV Nuenen	5:10.69	201002417	5:11.10 +0,76	
	50m: 34.91	34.91	150m: 1:54.98	41.11	250m: 3:15.30	39.89
	100m: 1:13.87	38.96	200m: 2:35.41	40.43	300m: 3:56.51	41.21
					350m: 4:33.90	37.39
					400m: 5:11.10	37.20
15.	Aurélien De Becker	Waterloo Natation	5:03.53	WN/011113/10	5:12.14 +0,73	
	50m: 34.49	34.49	150m: 1:53.44	39.88	250m: 3:13.46	40.07
	100m: 1:13.56	39.07	200m: 2:33.39	39.95	300m: 3:54.33	40.87
					350m: 4:33.61	39.28
					400m: 5:12.14	38.53
16.	Rink Vlemmix	Z&PV Nuenen	5:33.98	201002721	5:20.20 +0,65	
	50m: 33.90	33.90	150m: 1:54.15	40.95	250m: 3:17.20	41.13
	100m: 1:13.20	39.30	200m: 2:36.07	41.92	300m: 3:59.26	42.06
					350m: 4:41.13	41.87
					400m: 5:20.20	39.07
17.	Daoud El boujaddayni	TSZ	6:07.46	TSZ/11057/10	5:26.40 +0,76	
	50m: 35.82	35.82	150m: 1:58.27	41.30	250m: 3:22.90	43.01
	100m: 1:16.97	41.15	200m: 2:39.89	41.62	300m: 4:04.79	41.89
					350m: 4:46.63	41.84
					400m: 5:26.40	39.77
18.	Wael Zrirak	Zwemclub Geel	5:36.97	ZGEEL/11159/10	5:28.15 +0,86	
	50m: 33.90	33.90	150m: 1:56.14	42.36	250m: 3:24.47	44.27
	100m: 1:13.78	39.88	200m: 2:40.20	44.06	300m: 4:07.27	42.80
					350m: 4:50.35	43.08
					400m: 5:28.15	37.80
19.	Federico Gorini	CNSW	5:44.84	CNSW/012484/11	5:36.55 +0,77	
	50m: 36.82	36.82	150m: 2:03.59	43.20	250m: 3:33.87	45.40
	100m: 1:20.39	43.57	200m: 2:48.47	44.88	300m: 4:16.27	42.40
					350m: 4:58.53	42.26
					400m: 5:36.55	38.02

Programmanr. 21, Jongens, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT		
20.	Jasper Cox	ZPC Amersfoort	5:43.10	201003589	5:38.06 +0,75		
	50m: 37.00	37.00 150m: 2:03.03	43.41	250m: 3:30.29	43.84	350m: 4:56.53	42.74
	100m: 1:19.62	42.62 200m: 2:46.45	43.42	300m: 4:13.79	43.50	400m: 5:38.06	41.53
21.	Eren Paker	CNSW	5:37.22	CNSW/013488/11	5:39.09 +0,81		
	50m: 38.76	38.76 150m: 2:03.53	41.52	250m: 3:31.80	44.55	350m: 4:58.23	42.30
	100m: 1:22.01	43.25 200m: 2:47.25	43.72	300m: 4:15.93	44.13	400m: 5:39.09	40.86
22.	Mats Verbruggen	KAZS	5:49.45	KAZS/11101/11	5:45.47 +0,74		
	50m: 38.26	38.26 150m: 2:07.21	45.14	250m: 3:36.49	44.92	350m: 5:05.56	44.58
	100m: 1:22.07	43.81 200m: 2:51.57	44.36	300m: 4:20.98	44.49	400m: 5:45.47	39.91
23.	Julian van Manen	ZV De Aalscholver	6:24.64	201100301	6:06.21 +0,68		
	50m: 38.13	38.13 150m: 2:08.81	46.43	250m: 3:44.69	48.04	350m: 5:20.53	47.93
	100m: 1:22.38	44.25 200m: 2:56.65	47.84	300m: 4:32.60	47.91	400m: 6:06.21	45.68

Junioren 3 en 4

1.	Wout Van Egdorn	Zwemclub Nijlen	NT	ZN/11076/08	4:14.71 +0,68		
	50m: 28.06	28.06 150m: 1:31.34	32.31	250m: 2:38.20	33.51	350m: 3:43.79	32.71
	100m: 59.03	30.97 200m: 2:04.69	33.35	300m: 3:11.08	32.88	400m: 4:14.71	30.92
2.	Martijn Nies	PSV	4:33.47	200902095	4:16.88 +0,77		
	50m: 28.86	28.86 150m: 1:34.60	32.98	250m: 2:39.62	31.48	350m: 3:44.77	32.40
	100m: 1:01.62	32.76 200m: 2:08.14	33.54	300m: 3:12.37	32.75	400m: 4:16.88	32.11
3.	Yarno van Dam	ACZ	4:28.24	200800115	4:17.61 +0,74		
	50m: 28.22	28.22 150m: 1:32.70	32.49	250m: 2:39.30	33.39	350m: 3:45.64	33.06
	100m: 1:00.21	31.99 200m: 2:05.91	33.21	300m: 3:12.58	33.28	400m: 4:17.61	31.97
4.	Theodore Allan	PSV	4:24.25	200902925	4:20.36 +0,63		
	50m: 28.39	28.39 150m: 1:33.55	33.03	250m: 2:40.91	33.65	350m: 3:48.25	33.45
	100m: 1:00.52	32.13 200m: 2:07.26	33.71	300m: 3:14.80	33.89	400m: 4:20.36	32.11
5.	Tobian Vos	ZPC Amersfoort	4:24.23	200900005	4:22.45 +0,77		
	50m: 29.45	29.45 150m: 1:35.76	33.58	250m: 2:43.46	33.62	350m: 3:50.56	33.44
	100m: 1:02.18	32.73 200m: 2:09.84	34.08	300m: 3:17.12	33.66	400m: 4:22.45	31.89
6.	Arne Struyvelt	MEGA	4:27.44	MEGA/11256/08	4:25.72 +0,67		
	50m: 30.07	30.07 150m: 1:36.87	33.50	250m: 2:44.96	33.95	350m: 3:52.84	33.83
	100m: 1:03.37	33.30 200m: 2:11.01	34.14	300m: 3:19.01	34.05	400m: 4:25.72	32.88
7.	Lowie Vanbesien	MEGA	4:28.32	MEGA/11251/09	4:28.34 +0,74		
	50m: 30.78	30.78 150m: 1:38.18	33.79	250m: 2:47.20	34.22	350m: 3:57.08	34.68
	100m: 1:04.39	33.61 200m: 2:12.98	34.80	300m: 3:22.40	35.20	400m: 4:28.34	31.26
8.	Quinten Michoel	Zwemclub Geel	4:31.80	ZGEEL/11112/09	4:30.20 +0,79		
	50m: 28.96	28.96 150m: 1:36.26	34.34	250m: 2:46.38	35.23	350m: 3:57.81	35.39
	100m: 1:01.92	32.96 200m: 2:11.15	34.89	300m: 3:22.42	36.04	400m: 4:30.20	32.39
9.	Mattia Maggio	Hellas-Glana	4:32.07	200903311	4:31.11 +0,62		
	50m: 28.64	28.64 150m: 1:35.49	33.89	250m: 2:43.98	34.69	350m: 3:55.72	36.13
	100m: 1:01.60	32.96 200m: 2:09.29	33.80	300m: 3:19.59	35.61	400m: 4:31.11	35.39
10.	Siebe Van Deursen	MEGA	4:29.52	MEGA/11333/09	4:35.34 +0,70		
	50m: 30.63	30.63 150m: 1:38.03	33.98	250m: 2:48.94	35.57	350m: 4:00.18	35.37
	100m: 1:04.05	33.42 200m: 2:13.37	35.34	300m: 3:24.81	35.87	400m: 4:35.34	35.16
11.	Thomas Waelput	TSZ	4:32.95	TSZ/11076/09	4:35.44 +0,75		
	50m: 30.30	30.30 150m: 1:37.06	33.92	250m: 2:47.97	35.56	350m: 4:00.04	35.63
	100m: 1:03.14	32.84 200m: 2:12.41	35.35	300m: 3:24.41	36.44	400m: 4:35.44	35.40
12.	Matthias Van Tilburg	Zwemclub Geel	4:41.05	ZGEEL/11084/09	4:35.79 +0,68		
	50m: 30.24	30.24 150m: 1:40.60	35.80	250m: 2:52.28	35.85	350m: 4:03.56	35.53
	100m: 1:04.80	34.56 200m: 2:16.43	35.83	300m: 3:28.03	35.75	400m: 4:35.79	32.23
13.	Mehdi Sfar	CNSW	4:40.00	CNSW/013108/08	4:36.67 +0,66		
	50m: 29.81	29.81 150m: 1:37.56	34.47	250m: 2:48.39	35.62	350m: 4:01.23	36.35
	100m: 1:03.09	33.28 200m: 2:12.77	35.21	300m: 3:24.88	36.49	400m: 4:36.67	35.44
14.	Ian Lambrechts	Zwemclub Nijlen	5:41.38	ZN/11034/08	4:40.84 +0,65		
	50m: 30.88	30.88 150m: 1:41.63	35.89	250m: 2:53.43	36.05	350m: 4:06.43	36.66
	100m: 1:05.74	34.86 200m: 2:17.38	35.75	300m: 3:29.77	36.34	400m: 4:40.84	34.41
15.	Emiel Vermeylen	Zwemclub Nijlen	5:14.01	ZN/11074/08	4:40.97 +0,68		
	50m: 31.21	31.21 150m: 1:42.54	36.03	250m: 2:55.78	36.72	350m: 4:07.54	35.42
	100m: 1:06.51	35.30 200m: 2:19.06	36.52	300m: 3:32.12	36.34	400m: 4:40.97	33.43
16.	Simon Van Belle	MEGA	4:40.58	MEGA/11259/09	4:41.62 +0,72		
	50m: 31.07	31.07 150m: 1:43.11	36.08	250m: 2:55.25	35.44	350m: 4:06.97	35.44
	100m: 1:07.03	35.96 200m: 2:19.81	36.70	300m: 3:31.53	36.28	400m: 4:41.62	34.65

Programmanr. 21, Jongens, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT			
17.	Xander Kragting	ZPC Amersfoort	4:44.41	200900077	4:42.31 +0,68			
	50m: 31.20	31.20	150m: 1:41.35	35.75	250m: 2:54.33	36.71	350m: 4:07.59	36.93
	100m: 1:05.60	34.40	200m: 2:17.62	36.27	300m: 3:30.66	36.33	400m: 4:42.31	34.72
18.	Davi Fonseca Gomes	PSV	4:40.44	200902795	4:44.01 +0,71			
	50m: 30.28	30.28	150m: 1:41.70	35.82	250m: 2:53.41	35.15	350m: 4:07.64	36.97
	100m: 1:05.88	35.60	200m: 2:18.26	36.56	300m: 3:30.67	37.26	400m: 4:44.01	36.37
19.	Jesse Molegraaf	ZPC Amersfoort	4:35.07	200800887	4:44.34 +0,65			
	50m: 30.50	30.50	150m: 1:38.97	34.35	250m: 2:52.89	37.40	350m: 4:05.33	37.27
	100m: 1:04.62	34.12	200m: 2:15.49	36.52	300m: 3:28.06	35.17	400m: 4:44.34	39.01
20.	Thomas Nauta	Arethusa	4:51.41	200900339	4:46.57 +0,71			
	50m: 31.80	31.80	150m: 1:44.10	36.70	250m: 2:58.04	37.03	350m: 4:11.79	36.51
	100m: 1:07.40	35.60	200m: 2:21.01	36.91	300m: 3:35.28	37.24	400m: 4:46.57	34.78
21.	Thijn Metten	ZPC Amersfoort	5:06.98	200801327	4:46.99 +0,70			
	50m: 30.76	30.76	150m: 1:41.30	35.70	250m: 2:55.54	37.45	350m: 4:10.94	37.39
	100m: 1:05.60	34.84	200m: 2:18.09	36.79	300m: 3:33.55	38.01	400m: 4:46.99	36.05
22.	Jannick van Eeghem	Hellas-Glana	5:03.07	200800147	4:52.67 +0,71			
	50m: 31.23	31.23	150m: 1:45.87	37.79	250m: 3:02.52	38.23	350m: 4:19.41	38.07
	100m: 1:08.08	36.85	200m: 2:24.29	38.42	300m: 3:41.34	38.82	400m: 4:52.67	33.26
23.	Moritz Gerads	ASV06	4:28.88	419358	4:59.36 +0,74			
	50m: 32.30	32.30	150m: 1:46.32	38.13	250m: 3:03.17	38.51	350m: 4:21.75	39.19
	100m: 1:08.19	35.89	200m: 2:24.66	38.34	300m: 3:42.56	39.39	400m: 4:59.36	37.61
24.	Tijn Welten	Dzt'62	4:48.13	200800263	5:00.55 +0,76			
	50m: 33.08	33.08	150m: 1:48.94	38.50	250m: 3:07.16	39.35	350m: 4:24.87	38.65
	100m: 1:10.44	37.36	200m: 2:27.81	38.87	300m: 3:46.22	39.06	400m: 5:00.55	35.68
25.	Yarne Coutant	MEGA	5:37.92	MEGA/11367/08	5:08.95 +0,68			
	50m: 32.64	32.64	150m: 1:49.23	39.64	250m: 3:09.69	40.56	350m: 4:30.84	40.81
	100m: 1:09.59	36.95	200m: 2:29.13	39.90	300m: 3:50.03	40.34	400m: 5:08.95	38.11
26.	Avery Arrindell	ACZ	5:22.35	200902655	5:10.81 +0,77			
	50m: 33.46	33.46	150m: 1:51.97	39.88	250m: 3:11.44	40.07	350m: 4:34.24	42.30
	100m: 1:12.09	38.63	200m: 2:31.37	39.40	300m: 3:51.94	40.50	400m: 5:10.81	36.57
27.	Sem Kinneging	ZV De Aalscholver	5:35.17	200903141	5:13.95 +0,71			
	50m: 33.73	33.73	150m: 1:53.76	40.60	250m: 3:14.32	40.36	350m: 4:35.64	40.19
	100m: 1:13.16	39.43	200m: 2:33.96	40.20	300m: 3:55.45	41.13	400m: 5:13.95	38.31
28.	Wesley Korndewal	ZPC Amersfoort	5:20.96	200900405	5:20.04 +0,77			
	50m: 35.38	35.38	150m: 1:54.70	39.92	250m: 3:17.92	42.34	350m: 4:40.70	41.02
	100m: 1:14.78	39.40	200m: 2:35.58	40.88	300m: 3:59.68	41.76	400m: 5:20.04	39.34
29.	Liam Matthews	ZV De Aalscholver	5:37.36	200902685	5:35.02 +0,51			
	50m: 35.05	35.05	150m: 1:58.83	42.79	250m: 3:27.68	44.09	350m: 4:55.33	43.68
	100m: 1:16.04	40.99	200m: 2:43.59	44.76	300m: 4:11.65	43.97	400m: 5:35.02	39.69

Jeugd 1 en 2

1.	Tiago Fonseca Gomes <i>ITT Record</i>	PSV	3:59.55	200703587	4:01.23 +0,60			
	50m: 27.40	27.40	150m: 1:27.76	30.65	250m: 2:29.51	30.72	350m: 3:31.49	30.56
	100m: 57.11	29.71	200m: 1:58.79	31.03	300m: 3:00.93	31.42	400m: 4:01.23	29.74
2.	Lucas van Rooij	PSV	4:16.95	200603943	4:12.53 +0,68			
	50m: 28.52	28.52	150m: 1:31.31	32.17	250m: 2:36.52	32.85	350m: 3:41.31	32.35
	100m: 59.14	30.62	200m: 2:03.67	32.36	300m: 3:08.96	32.44	400m: 4:12.53	31.22
3.	Bas Blanker	ACZ	4:22.47	200601497	4:20.32 +0,67			
	50m: 29.71	29.71	150m: 1:34.96	33.20	250m: 2:41.95	33.53	350m: 3:48.95	33.51
	100m: 1:01.76	32.05	200m: 2:08.42	33.46	300m: 3:15.44	33.49	400m: 4:20.32	31.37
4.	Thijs Wellink	ZPC Amersfoort	4:32.58	200600715	4:24.61 +0,71			
	50m: 29.01	29.01	150m: 1:35.11	33.43	250m: 2:42.72	33.80	350m: 3:51.15	34.17
	100m: 1:01.68	32.67	200m: 2:08.92	33.81	300m: 3:16.98	34.26	400m: 4:24.61	33.46
5.	Henri Kockx	MEGA	4:16.66	MEGA/11104/06	4:27.64 +0,63			
	50m: 30.37	30.37	150m: 1:37.04	33.50	250m: 2:44.52	33.46	350m: 3:53.60	34.58
	100m: 1:03.54	33.17	200m: 2:11.06	34.02	300m: 3:19.02	34.50	400m: 4:27.64	34.04
6.	Tenzing Geutjes	ZPC Amersfoort	4:10.26	200600441	4:31.21 +0,69			
	50m: 28.57	28.57	150m: 1:32.34	32.86	250m: 2:41.36	35.19	350m: 3:54.30	36.93
	100m: 59.48	30.91	200m: 2:06.17	33.83	300m: 3:17.37	36.01	400m: 4:31.21	36.91
7.	Pierrick Moriau	CNSW	4:37.92	CNSW/008173/07	4:33.11 +0,69			
	50m: 30.08	30.08	150m: 1:39.24	34.92	250m: 2:50.18	35.43	350m: 3:59.99	34.48
	100m: 1:04.32	34.24	200m: 2:14.75	35.51	300m: 3:25.51	35.33	400m: 4:33.11	33.12

Programmanr. 21, Jongens, 400m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT
8.	Ruben de Vries	Hellas-Glana	4:34.82	200600497	4:33.20 +0,67
	50m: 29.90	29.90 150m: 1:39.29	35.28	250m: 2:49.81	35.19
	100m: 1:04.01	34.11 200m: 2:14.62	35.33	300m: 3:25.24	35.43
				350m: 4:00.01	34.77
				400m: 4:33.20	33.19
9.	Klaas Dries	Zwemclub Geel	4:20.92	ZGEEL/11071/07	4:36.68 +0,75
	50m: 30.38	30.38 150m: 1:40.36	35.20	250m: 2:51.61	35.48
	100m: 1:05.16	34.78 200m: 2:16.13	35.77	300m: 3:27.79	36.18
				350m: 4:03.12	35.33
				400m: 4:36.68	33.56
10.	Milco Matla	PSV	4:41.13	200600555	4:41.92 +0,76
	50m: 30.57	30.57 150m: 1:42.20	36.27	250m: 2:54.92	36.12
	100m: 1:05.93	35.36 200m: 2:18.80	36.60	300m: 3:31.48	36.56
				350m: 4:07.41	35.93
				400m: 4:41.92	34.51
11.	Nicolas Rosiers	MEGA	NT	MEGA/31368/07	4:51.05 +0,68
	50m: 32.33	32.33 150m: 1:46.83	37.57	250m: 3:02.65	37.21
	100m: 1:09.26	36.93 200m: 2:25.44	38.61	300m: 3:39.80	37.15
				350m: 4:15.92	36.12
				400m: 4:51.05	35.13
12.	Roman Vasylyshyn	ASV06	4:35.37	459002	4:58.60 +0,80
	50m: 31.83	31.83 150m: 1:46.84	37.89	250m: 3:03.62	38.64
	100m: 1:08.95	37.12 200m: 2:24.98	38.14	300m: 3:42.05	38.43
				350m: 4:20.99	38.94
				400m: 4:58.60	37.61
13.	Jonas Roegis	MEGA	5:13.48	MEGA/11365/07	5:04.38 +0,72
	50m: 32.46	32.46 150m: 1:49.32	39.45	250m: 3:08.68	39.67
	100m: 1:09.87	37.41 200m: 2:29.01	39.69	300m: 3:49.17	40.49
				350m: 4:28.58	39.41
				400m: 5:04.38	35.80
14.	Mikail van Gent	ZV De Aalscholver	5:04.02	200604069	5:09.61 +0,72
	50m: 34.13	34.13 150m: 1:52.57	39.94	250m: 3:13.56	40.00
	100m: 1:12.63	38.50 200m: 2:33.56	40.99	300m: 3:53.69	40.13
				350m: 4:32.70	39.01
				400m: 5:09.61	36.91
15.	Phin van Ek	PSV	5:25.53	200702827	5:14.36 +0,66
	50m: 32.41	32.41 150m: 1:49.85	39.32	250m: 3:11.13	40.06
	100m: 1:10.53	38.12 200m: 2:31.07	41.22	300m: 3:53.26	42.13
				350m: 4:34.95	41.69
				400m: 5:14.36	39.41
NG	Vladimir Weigandt	ASV06	4:47.70	406071	