

Programmanr. 26  
 24-03-2024 - 13:54

Meisjes, 400m wisselslag

 Jeugd 2 en jonger  
 Resultaten

ITTRec Jgd 1+2	5:01.09	Fleur Verdonck	BEL	Eindhoven	2022
ITTRec Jun 3-4	5:24.54	Elina D'Hooghe	BEL	Eindhoven	2023
ITTRec Jun 1-2	5:44.12	Juliette Van Brabant	BEL	Eindhoven	2022
Netherlands Age Group Records Jgd 2	4:51.93	Sharon van Rouwendaal	13-033	Montpellier (FRA)	2009
Netherlands Age Group Records Jgd 1	4:48.19	Sharon van Rouwendaal	13-033	Dunkerque (FRA)	2008
Netherlands Age Group Records Jun 4	4:56.95	Niamh E Hofland	13-033	Sheffield (GBR)	2016
Netherlands Age Group Records Jun 3	5:00.77	Niamh E Hofland	13-033	Coventry (GBR)	2015
Netherlands Age Group Records Jun 2	5:28.09	Fay Boxum	04-002	Eindhoven	2021
Netherlands Age Group Records Jun 1	5:47.93	Merel Hijink	NED	Corby (GBR)	2014

rang	naam	vereniging	intijd	tijd	RT			
<b>Junioren 1 en 2</b>								
1.	Ylène Zondervan	ZPC Amersfoort	5:41.48	201200016	<b>5:42.70</b> +0,85			
	50m: 36.57	36.57	150m: 2:04.45	44.79	250m: 3:36.32	49.06	350m: 5:04.60	38.82
	100m: 1:19.66	43.09	200m: 2:47.26	42.81	300m: 4:25.78	49.46	400m: 5:42.70	38.10
2.	Frédérique Nijziel	Zwemclub Geel	5:33.83	ZGEEL/21129/11	<b>5:51.38</b> +0,74			
	50m: 34.20	34.20	150m: 2:01.24	45.80	250m: 3:38.05	53.81	350m: 5:12.89	39.33
	100m: 1:15.44	41.24	200m: 2:44.24	43.00	300m: 4:33.56	55.51	400m: 5:51.38	38.49
3.	Noortje Bisperink	ZPC Amersfoort	6:21.72	201100486	<b>6:02.81</b> +0,77			
	50m: 39.98	39.98	150m: 2:12.59	44.38	250m: 3:50.24	54.35	350m: 5:24.56	40.16
	100m: 1:28.21	48.23	200m: 2:55.89	43.30	300m: 4:44.40	54.16	400m: 6:02.81	38.25
4.	Niene Verluyten	TSZ	NT	TSZ/41093/12	<b>6:03.06</b> +0,57			
	50m: 39.52	39.52	150m: 2:13.18	47.14	250m: 3:53.17	55.01	350m: 5:24.99	38.69
	100m: 1:26.04	46.52	200m: 2:58.16	44.98	300m: 4:46.30	53.13	400m: 6:03.06	38.07
5.	Brechtje Slootweg	ZPC Amersfoort	5:54.11	201101744	<b>6:05.43</b> +0,94			
	50m: 37.23	37.23	150m: 2:10.21	47.13	250m: 3:51.65	56.28	350m: 5:28.61	39.82
	100m: 1:23.08	45.85	200m: 2:55.37	45.16	300m: 4:48.79	57.14	400m: 6:05.43	36.82
6.	Julia Ketelaars	Hellas-Glana	5:58.06	201200028	<b>6:05.58</b> +0,61			
	50m: 37.34	37.34	150m: 2:17.09	49.82	250m: 3:56.61	49.85	350m: 5:27.71	40.94
	100m: 1:27.27	49.93	200m: 3:06.76	49.67	300m: 4:46.77	50.16	400m: 6:05.58	37.87
7.	Hanna Heller	ZPC Amersfoort	6:22.80	201102730	<b>6:17.91</b> +0,79			
	50m: 39.71	39.71	150m: 2:17.41	47.97	250m: 3:55.91	51.96	350m: 5:33.13	44.75
	100m: 1:29.44	49.73	200m: 3:03.95	46.54	300m: 4:48.38	52.47	400m: 6:17.91	44.78
8.	Kate Broekman	Arethusa	6:51.61	201200176	<b>6:50.27</b> +0,67			
	50m: 46.28	46.28	150m: 2:35.46	51.55	250m: 4:21.33	56.31	350m: 6:05.79	47.82
	100m: 1:43.91	57.63	200m: 3:25.02	49.56	300m: 5:17.97	56.64	400m: 6:50.27	44.48
DIS	Noa van Zalk	ZPC Amersfoort	5:44.84	201102534		SK		
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>							
NG	Sara Creemers	Hellas-Glana	6:37.98	201100242				
<b>Junioren 3 en 4</b>								
1.	Luus Gielens	PSV	5:21.91	200900138	<b>5:16.85</b> +0,89			
	50m: 32.68	32.68	150m: 1:51.02	40.86	250m: 3:17.04	46.50	350m: 4:40.95	37.65
	100m: 1:10.16	37.48	200m: 2:30.54	39.52	300m: 4:03.30	46.26	400m: 5:16.85	35.90
2.	Bregje Dekkers	PSV	5:24.79	200900746	<b>5:22.63</b> +0,57			
	50m: 34.45	34.45	150m: 1:56.26	41.81	250m: 3:22.21	44.57	350m: 4:45.83	37.10
	100m: 1:14.45	40.00	200m: 2:37.64	41.38	300m: 4:08.73	46.52	400m: 5:22.63	36.80
3.	Fenne Metten	ZPC Amersfoort	5:47.46	201000102	<b>5:27.15</b> +0,69			
	50m: 34.50	34.50	150m: 1:55.94	41.57	250m: 3:24.74	49.11	350m: 4:51.72	37.63
	100m: 1:14.37	39.87	200m: 2:35.63	39.69	300m: 4:14.09	49.35	400m: 5:27.15	35.43
4.	Myrthe Stelten	Hellas-Glana	5:48.12	200900234	<b>5:34.87</b> +0,75			
	50m: 33.78	33.78	150m: 2:02.18	46.03	250m: 3:31.04	45.38	350m: 4:58.45	40.99
	100m: 1:16.15	42.37	200m: 2:45.66	43.48	300m: 4:17.46	46.42	400m: 5:34.87	36.42
5.	Esmaré de Gans	ZPC Amersfoort	5:54.85	200900134	<b>5:48.22</b> +0,85			
	50m: 36.12	36.12	150m: 2:04.70	44.70	250m: 3:38.72	49.52	350m: 5:10.52	40.42
	100m: 1:20.00	43.88	200m: 2:49.20	44.50	300m: 4:30.10	51.38	400m: 5:48.22	37.70
6.	Elodie Waelpuut	TSZ	NT	TSZ/21075/10	<b>5:50.15</b> +0,74			
	50m: 38.58	38.58	150m: 2:09.29	44.26	250m: 3:42.51	49.13	350m: 5:11.29	39.37
	100m: 1:25.03	46.45	200m: 2:53.38	44.09	300m: 4:31.92	49.41	400m: 5:50.15	38.86
7.	Elisabeth Dury	CNSW	6:25.90	CNSW/012928/10	<b>6:05.43</b> +0,67			
	50m: 37.96	37.96	150m: 2:12.77	46.46	250m: 3:47.05	50.01	350m: 5:22.69	44.06
	100m: 1:26.31	48.35	200m: 2:57.04	44.27	300m: 4:38.63	51.58	400m: 6:05.43	42.74

## Programmanr. 26, Meisjes, 400m wisselslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
8.	Chloé Fontaine	Waterloo Natation	5:50.98	WN/011144/09	<b>6:12.00</b> +0,81
	50m: 38.70	38.70 150m: 2:14.71	49.11	250m: 3:55.48	52.68
	100m: 1:25.60	46.90 200m: 3:02.80	48.09	300m: 4:49.70	54.22
				350m: 5:31.30	41.60
				400m: 6:12.00	40.70
9.	Ilja van Gemeren	Arethusa	6:34.74	201001330	<b>6:14.24</b> +0,67
	50m: 40.51	40.51 150m: 2:17.47	47.53	250m: 3:55.85	52.45
	100m: 1:29.94	49.43 200m: 3:03.40	45.93	300m: 4:48.54	52.69
				350m: 5:31.92	43.38
				400m: 6:14.24	42.32
10.	Kaelyn Schouten	Z&PV Nuenen	7:28.72	200903322	<b>7:13.24</b> +0,82
	50m: 48.65	48.65 150m: 2:42.33	54.09	250m: 4:35.11	59.63
	100m: 1:48.24	59.59 200m: 3:35.48	53.15	300m: 5:38.84	1:03.73
				350m: 6:26.68	47.84
				400m: 7:13.24	46.56
NG	Lara Müller	Arethusa	6:44.57	200903610	
NG	Sterre Dietvorst	ZPC Amersfoort	5:46.54	200900726	
NG	Bo Bontrup	PSV	5:44.44	200902150	

## Jeugd 1 en 2

1.	Nova Nijziel	Zwemclub Geel	4:59.37	ZGEEL/21085/08	<b>5:14.56</b> +0,74
	50m: 32.25	32.25 150m: 1:49.44	40.28	250m: 3:15.15	46.55
	100m: 1:09.16	36.91 200m: 2:28.60	39.16	300m: 4:02.24	47.09
				350m: 4:38.22	35.98
				400m: 5:14.56	36.34
2.	Maite Van Gysel	MEGA	5:18.89	MEGA/21373/08	<b>5:17.64</b> +0,73
	50m: 33.94	33.94 150m: 1:53.28	40.44	250m: 3:17.66	44.86
	100m: 1:12.84	38.90 200m: 2:32.80	39.52	300m: 4:04.05	46.39
				350m: 4:41.44	37.39
				400m: 5:17.64	36.20
3.	Tine Vinck	MEGA	5:21.25	MEGA/41315/08	<b>5:17.88</b> +0,69
	50m: 34.70	34.70 150m: 1:56.54	41.93	250m: 3:23.71	46.09
	100m: 1:14.61	39.91 200m: 2:37.62	41.08	300m: 4:09.60	45.89
				350m: 4:45.12	35.52
				400m: 5:17.88	32.76
4.	Manon Colinet	CNSW	5:23.15	CNSW/012926/07	<b>5:20.76</b> +0,72
	50m: 34.04	34.04 150m: 1:57.70	43.11	250m: 3:23.87	43.46
	100m: 1:14.59	40.55 200m: 2:40.41	42.71	300m: 4:07.79	43.92
				350m: 4:45.00	37.21
				400m: 5:20.76	35.76
5.	Nieke Dovic	PSV	NT	200700238	<b>5:28.35</b> +0,81
	50m: 34.69	34.69 150m: 2:01.66	46.68	250m: 3:27.15	41.13
	100m: 1:14.98	40.29 200m: 2:46.02	44.36	300m: 4:09.59	42.44
				350m: 4:49.99	40.40
				400m: 5:28.35	38.36
6.	Norah Dillen	Zwemclub Geel	5:23.16	ZGEEL/21099/08	<b>5:33.99</b> +0,75
	50m: 35.44	35.44 150m: 2:01.62	44.80	250m: 3:30.79	45.61
	100m: 1:16.82	41.38 200m: 2:45.18	43.56	300m: 4:17.50	46.71
				350m: 4:56.89	39.39
				400m: 5:33.99	37.10
7.	Amélie Put	KAZS	5:39.37	KAZS/21128/07	<b>5:45.30</b> +0,75
	50m: 36.58	36.58 150m: 2:07.32	45.85	250m: 3:39.60	47.78
	100m: 1:21.47	44.89 200m: 2:51.82	44.50	300m: 4:27.09	47.49
				350m: 5:06.99	39.90
				400m: 5:45.30	38.31
8.	Laia Perez Zubrzycka	CNSW	5:40.28	CNSW/012925/08	<b>5:59.49</b> +0,81
	50m: 38.67	38.67 150m: 2:14.33	47.45	250m: 3:49.75	48.81
	100m: 1:26.88	48.21 200m: 3:00.94	46.61	300m: 4:40.06	50.31
				350m: 5:20.92	40.86
				400m: 5:59.49	38.57
9.	Manadou Verhaar	AquaDream	5:51.62	200801376	<b>6:11.00</b> +0,51
	50m: 35.94	35.94 150m: 2:11.86	48.17	250m: 3:53.00	55.79
	100m: 1:23.69	47.75 200m: 2:57.21	45.35	300m: 4:51.12	58.12
				350m: 5:32.18	41.06
				400m: 6:11.00	38.82
10.	Elaine Geeven	Arethusa	6:48.41	200801972	<b>7:18.47</b> +0,96
	50m: 44.45	44.45 150m: 2:41.64	58.44	250m: 4:39.37	1:05.67
	100m: 1:43.20	58.75 200m: 3:33.70	52.06	300m: 5:41.56	1:02.19
				350m: 6:32.57	51.01
				400m: 7:18.47	45.90
NG	Livia Groenewegen	PSV	5:44.02	200700244	