

Programmanr. 1
 20-3-2026 - 17:45

Meisjes, 200m rugslag

 12 - 17 jaar
 Resultaten

Arena I.T.T. Record 16 - 17	2:19.46	Fleur Verdonck	BEL	Eindhoven	2022
Arena I.T.T. Record 14 - 15	2:27.25	Luus Gielens	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	2:32.75	Fay Boxum	NED	Eindhoven	2022

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
12 - 13 jaar								
1. Fenna Beumer	PSV	2:33.55 201300176	2:36.76	+0,73	37.11	39.30	40.61	39.74
2. Valerie Rienties	Zwemsport Parkstad	2:46.67 201200400	2:37.46	+0,53	36.41	39.51	41.17	40.37
3. Ylène Zondervan	ZPC AMERSFOORT	2:30.87 201200016	2:42.68	+0,63	37.38	40.19	42.24	42.87
4. Noor Boogers	Zwemclub Geel	2:35.54 ZGEEEL/21166/12	2:44.33	+0,86	38.22	41.67	42.82	41.62
5. Louise Terwisscha	ZPC AMERSFOORT	2:53.54 201201240	2:46.40	+0,63	39.08	43.02	43.54	40.76
6. Hanna Jurek	St. Olimpijczyk Brzesko	2:48.00	2:47.29	+0,68	40.10	42.17	43.06	41.96
7. Charlotte Braeken	Zwemclub Geel	2:46.18 ZGEEEL/21167/12	2:47.44	+0,67	39.39	42.69	43.02	42.34
8. Kaja Kowalska	Hieronymus	2:46.13 201301986	2:47.83	+0,77	39.71	42.29	43.23	42.60
9. Jolie Potier	MEGA	2:46.84 MEGa/21398/12	2:48.18	+0,78	39.25	43.03	43.46	42.44
10. Annika Dzene	CNSW	2:46.93 CNSW/013210/12	2:49.26	+0,63	39.28	42.73	43.89	43.36
11. Indy Verbist	De Marlijn (SG)	2:51.68 201200286	2:50.48	+0,68	40.39	43.42	45.50	41.17
12. Emma Juliette Jansen	ZPC AMERSFOORT	3:02.03 201200158	2:51.45	+0,59	40.10	42.49	45.27	43.59
13. Natalia Matras	St. Olimpijczyk Brzesko	2:59.66	2:51.84	+1,03	40.23	42.81	44.47	44.33
14. T. van de Wetering	Arethusa	2:45.00 201200780	2:53.21	+0,71	40.81	45.02	46.12	41.26
15. Jana Nelissen	PSV	2:57.91 201200350	2:53.36	+0,62	40.25	43.91	45.12	44.08
16. Leonie Maes	Peltse Zwemclub	2:50.99 PZC/21106/12	2:53.38	+0,65	40.19	44.49	44.87	43.83
17. E. van den Enden	Hellas-Glana	2:49.40 201300914	2:53.44	+0,71	39.20	43.07	45.92	45.25
18. Victoria Kacejko	Waterloo Natation	2:49.92 WN/014143/13	2:54.20	+0,83	41.96	44.10	44.22	43.92
19. Rosalie Vlassaks	Peltse Zwemclub	2:53.42 PZC/21103/13	2:54.83	+0,67	41.23	44.78	45.45	43.37
20. Jaylin Roks	Hieronymus	2:50.66 201300620	2:56.69	+0,65	41.58	43.74	46.39	44.98
21. A. van den Bosch	V.Z.V. Njord	3:02.47 201200368	3:07.28	+0,87	44.67	47.47	48.67	46.47
22. Pien van Putten	Zwemsport Parkstad	3:03.76 201301034	3:09.78	+0,77	44.43	48.61	49.04	47.70
23. Djaylenn van Betteray	Mosa-Regio	NT 201302196	3:17.37	+0,74	46.14	49.03	51.46	50.74
24. Dora Wouters	Zwemclub Geel	3:18.56 ZGEEEL/21168/12	3:23.05	+0,68	48.17	51.56	52.77	50.55
25. Elize Snabel	ZPC AMERSFOORT	NT 201203198	3:24.94	+0,76	46.94	52.96	54.08	50.96
26. Luna Van Mechelen	KST	3:28.82 KST/21097/13	3:27.18	+0,74	47.48	52.61	55.70	51.39
DIS Julie De Vreese	MEGA	2:33.55 MEGA/21418/12						

RD

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

AFGEM Juliette Vanhaecke MEGA 2:52.43 MEGA/21419/12

14 - 15 jaar

1. Fenne Metten <i>Arena I.T.T. Record</i>	ZPC AMERSFOORT	2:29.26 201000102	2:21.04	+0,73	33.49	35.95	36.46	35.14
2. Yanique Bax	ZPC AMERSFOORT	2:29.25 201001428	2:28.13	+0,69	34.33	37.77	38.63	37.40
3. Anna Lepoutre	PSV	2:34.02 201100534	2:31.33	+0,64	35.84	37.85	39.04	38.60
4. Fenna Zusterzeel	PSV	2:28.91 201000008	2:31.51	+0,67	34.70	38.39	39.56	38.86
5. Mila Schram	MEGA	2:31.15 MEGA/21296/10	2:31.75	+0,61	34.50	38.56	39.31	39.38
6. Romy de Graaf	Hellas-Glana	2:33.94 201003660	2:31.99	+0,79	34.71	38.10	39.73	39.45
7. Sara Creemers	Hellas-Glana	2:37.27 201100242	2:34.65	+0,65	36.48	39.76	39.79	38.62
8. Nona Watelle	Leuven Aquatics	2:36.28 LAQUA/21446/10	2:36.43	+0,72	36.08	39.53	40.74	40.08
9. Clara Beso	CNSW	2:35.73 CNSW/013202/11	2:37.01	+0,67	36.74	39.22	40.34	40.71
10. Noa Verleysen	Topsportschool Hasselt	2:41.24 HZS/21233/11	2:37.41	+0,63	36.69	40.18	41.74	38.80
11. Noortje Bisperink	ZPC AMERSFOORT	2:34.68 201100486	2:37.53	+0,67	37.21	39.66	40.59	40.07
12. Stien Wouters	KAZS	2:39.60 KAZS/21210/10	2:38.50	+0,56	36.53	40.16	41.12	40.69
13. L. Vanlommel	Zwemclub Geel	2:43.08 ZGEEEL/21150/11	2:38.99	+0,68	36.45	40.50	41.46	40.58
14. R. van den Bosch	V.Z.V. Njord	2:42.99 201001828	2:39.20	+0,75	37.70	40.57	41.55	39.38
15. Hanna Heller	ZPC AMERSFOORT	2:37.20 201102730	2:39.51	+0,70	37.05	40.12	41.96	40.38
16. Myrthe Bruinsma	ZPC AMERSFOORT	2:43.66 201101108	2:39.62	+0,70	37.00	40.83	42.25	39.54
17. Chloé Asscherickx	KAZS	2:41.07 KAZS/21184/11	2:40.84	+0,71	37.51	40.80	41.62	40.91
18. Julie Maes	Zwemclub Geel	2:40.43 ZGEEEL/21105/10	2:41.34	+0,59	37.16	41.08	42.03	41.07
19. Maria Kotsubailo	ZV De Aalscholver	3:00.48 201001722	2:41.55	+0,85	36.22	40.63	43.42	41.28
20. Sterre de Veen	Hellas-Glana	2:39.76 201100086	2:41.56	+0,68	36.86	40.25	42.58	41.87

Programmanr. 1, Meisjes, 200m rugslag, 14 - 15 jaar

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
21. Jayna Wagemakers	Hieronymus	2:40.33	201000226	2:42.24	+0,79	37.78	41.08	42.24	41.14
22. B. van Ravensteijn	Arethusa	2:44.17	201100738	2:45.14	+0,84	39.33	41.69	43.64	40.48
23. Mila Silverans	KAZS	2:57.30	KAZS/21116/11	2:45.48	+0,75	38.97	42.64	43.53	40.34
24. Ans Michiels	De Lommelse Waterber	2:46.92	LWB/21052/10	2:46.61	+0,67	39.42	42.10	42.95	42.14
25. Fenne Hardeman	Hellas-Glana	2:48.39	201100244	2:47.36	+0,88	40.32	42.53	42.58	41.93
26. June Schuurmans	Hellas-Glana	2:47.33	201100874	2:47.90	+0,77	38.88	42.56	44.11	42.35
27. Lily Watson	CNSW	2:55.51	CNSW/014695/10	2:47.91	+0,89	39.65	42.72	43.49	42.05
28. Renske Slangen	Hellas-Glana	2:48.13	201002740	2:48.18	+0,79	39.65	42.86	43.35	42.32
29. Bente Toth	ZPC AMERSFOORT	2:47.35	201102818	2:51.25	+0,73	39.73	43.28	44.86	43.38
30. Mare Engelse	Niemo Barracuda	2:57.64	201100826	2:51.66	+0,79	39.37	43.94	45.13	43.22
31. Eva Hensen	Niemo Barracuda	2:53.44	201100806	2:51.95	+0,60	39.53	44.20	45.93	42.29
32. Kendra van der Voort	Arethusa	2:53.53	201100536	2:52.52	+0,84	41.93	44.18	45.14	41.27
33. Lena Vlassaks	Peltse Zwemclub	2:45.00	PZC/21085/10	2:52.75	+0,80	41.00	43.84	44.63	43.28
34. Emma Starkie Alves	Waterloo Natation	2:51.97	WN/015315/11	2:52.99	+0,64	40.30	43.56	45.25	43.88
35. Gitte Bollen	Peltse Zwemclub	2:48.74	PZC/41102/S15	2:53.30	+0,49	39.98	43.43	45.72	44.17
<i>Arena I.T.T. Para Record</i>									
36. Lotte de Wit	ZV Hydra	NT	201001164	2:53.43	+0,84	39.91	43.19	45.68	44.65
37. Carys Gerard	KAZS	2:55.05	KAZS/21124/11	2:53.92	+1,14	41.20	44.14	45.20	43.38
38. Do De Cat	KAZS	2:59.07	KAZS/21134/10	2:55.20	+0,78	41.09	44.76	46.21	43.14
39. Helene Maes	Peltse Zwemclub	2:46.31	PZC/21074/10	2:57.60	+0,72	41.15	45.18	46.28	44.99
40. Nina Jansen	De Lommelse Waterbengels	NT	LWB/21087/11	2:57.67	+0,76	41.50	45.18	46.32	44.67
41. Zoë Van Mechelen	KST	2:56.17	KST/21077/10	2:59.09	+0,92	40.75	44.82	47.76	45.76
42. Ize Thijs	ZV Hydra	NT	201101388	3:00.00	+0,68	42.98	46.21	48.16	42.65
43. Tessa Pannemans	Topsportschool Hasselt	3:11.51	GZVN/21340/10	3:01.39	+0,68	42.64	47.27	47.06	44.42
44. Lore Borghs	Zwemclub Geel	2:53.30	ZGEEL/21123/10	3:03.15	+0,76	42.58	45.72	47.09	47.76
45. Yelena Cools	Zwemclub Geel	3:02.98	ZGEEL/21171/11	3:03.28	+0,84	42.98	47.60	46.91	45.79
46. Mit Wouters	Zwemclub Geel	2:58.38	ZGEEL/21163/10	3:03.76	+0,76	43.80	46.34	47.83	45.79
47. Vera Broekman	Arethusa	3:07.14	201001454	3:16.57	+0,61	45.69	50.74	51.83	48.31
AFGEM Kensi Thieleman	ZPC De Rog Weert	2:55.64	201104082						

16 - 17 jaar

1. Luus Gielens	PSV	2:27.25	200900138	2:23.70	+0,77	33.84	36.08	37.34	36.44
2. Senna Rijnbeek	ZPC AMERSFOORT	2:29.41	200901480	2:25.36	+0,66	34.22	37.75	37.78	35.61
3. Myrthe Stelten	Hellas-Glana	2:29.25	200900234	2:32.42	+0,61	34.86	38.24	40.05	39.27
4. Virginia Xenou	CNSW	2:35.44	CNSW/011249/09	2:37.79	+0,75	36.90	40.51	40.51	39.87
5. Isis Verhoeff	ZPC AMERSFOORT	2:39.69	200902962	2:40.47	+0,58	37.48	40.84	41.43	40.72
6. H. Forschelen	MNC Dordrecht	2:37.65	200903572	2:41.55	+0,66	38.05	40.56	41.39	41.55
7. Kaat Gypen	KAZS	2:38.18	KAZS/21208/09	2:41.92	+0,68	37.30	40.67	42.36	41.59
8. Anaïs Gries	Waterloo Natation	2:40.64	WN/12735/09	2:45.35	+0,56	37.28	41.57	43.41	43.09
9. Lotte Lauwers	KST	NT	KST/21049/08	2:50.82	+0,81	40.65	43.18	43.85	43.14
10. A. van Buren	PSV	2:48.23	200803856	2:52.19	+0,72	38.28	43.60	45.79	44.52
11. Phyllis Legein	PSV	2:48.33	200801396	2:57.76	+0,71	38.47	43.82	48.26	47.21
12. Stine Baeke	MEGA	3:02.76	MEGA/21332/09	2:59.26	+0,72	42.24	44.59	46.45	45.98
13. Amilia Coesemans	Zwemclub Geel	2:53.07	ZGEEL/21119/08	2:59.99	+0,84	43.52	44.94	47.88	43.65
14. Katho Beylemans	Peltse Zwemclub	2:59.25	PZC/21073/08	3:00.35	+0,76	43.21	46.25	46.43	44.46
15. Nomi Poels	Zwemclub Geel	3:01.19	ZGEEL/21095/08	3:04.14	+0,87	42.97	48.16	47.66	45.35
16. Lara Müller	Arethusa	2:56.25	200903610	3:04.19	+0,81	41.28	46.29	48.24	48.38
17. Britt van der Ham	WZV	2:59.07	200801320	3:07.20	+0,80	43.37	47.31	48.80	47.72
AFGEM Maaïke Ooms	ZPC AMERSFOORT	2:22.34	200801580						