

Programmanr. 14
21-3-2026 - 13:23

Jongens, 400m wisselslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	4:36.78	Yanieck Weijland	NED	Eindhoven	2022
Arena I.T.T. Record 14 - 15	4:44.15	Yarno van Dam	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	5:17.22	Mattia Maggio	NED	Eindhoven	2023

rang	naam	vereniging	intijd	tijd	RT			
12 - 13 jaar								
1.	Louis Guo	CNSW	5:35.19	CNSW/014551/12	5:35.27 +0,64			
	50m: 34.24	34.24	150m: 2:00.84	45.51	250m: 3:32.01	47.94	350m: 4:59.15	38.65
	100m: 1:15.33	41.09	200m: 2:44.07	43.23	300m: 4:20.50	48.49	400m: 5:35.27	36.12
2.	Thomas Metz	ZPC AMERSFOORT	5:46.57	201300043	5:45.20 +0,69			
	50m: 39.33	39.33	150m: 2:11.72	45.25	250m: 3:42.71	46.58	350m: 5:08.45	39.17
	100m: 1:26.47	47.14	200m: 2:56.13	44.41	300m: 4:29.28	46.57	400m: 5:45.20	36.75
3.	Alex Pasala	PSV	NT	201300803	5:55.67 +0,58			
	50m: 38.85	38.85	150m: 2:09.74	45.20	250m: 3:45.36	51.76	350m: 5:17.37	40.10
	100m: 1:24.54	45.69	200m: 2:53.60	43.86	300m: 4:37.27	51.91	400m: 5:55.67	38.30
4.	Lars Stelten	Hellas-Glana	5:40.73	201200151	6:01.07 +0,64			
	50m: 36.64	36.64	150m: 2:11.69	48.58	250m: 3:49.56	50.89	350m: 5:20.96	40.96
	100m: 1:23.11	46.47	200m: 2:58.67	46.98	300m: 4:40.00	50.44	400m: 6:01.07	40.11
5.	Jan Peter Topaloski	Aachener SV 06	5:49.01	435283	6:03.66 +0,71			
	50m: 37.00	37.00	150m: 2:10.59	46.28	250m: 3:50.39	53.75	350m: 5:24.60	39.73
	100m: 1:24.31	47.31	200m: 2:56.64	46.05	300m: 4:44.87	54.48	400m: 6:03.66	39.06
6.	Milan Metz	ZPC AMERSFOORT	6:00.02	201300045	6:06.30 +0,71			
	50m: 40.65	40.65	150m: 2:18.76	48.44	250m: 4:01.26	52.30	350m: 5:28.72	37.40
	100m: 1:30.32	49.67	200m: 3:08.96	50.20	300m: 4:51.32	50.06	400m: 6:06.30	37.58
7.	Miguel Kuijken	PSV	6:07.94	201300251	6:08.64 +0,72			
	50m: 40.75	40.75	150m: 2:16.77	48.26	250m: 3:56.47	53.47	350m: 5:29.25	40.27
	100m: 1:28.51	47.76	200m: 3:03.00	46.23	300m: 4:48.98	52.51	400m: 6:08.64	39.39
8.	Rens Bouwmans	DZT'62	NT	201301389	6:14.26 +0,50			
	50m: 39.74	39.74	150m: 2:17.00	47.77	250m: 3:58.04	55.12	350m: 5:35.34	41.38
	100m: 1:29.23	49.49	200m: 3:02.92	45.92	300m: 4:53.96	55.92	400m: 6:14.26	38.92
9.	L. Goßmann Lopez	Aachener SV 06	6:12.38	458819	6:19.25 +0,74			
	50m: 41.73	41.73	150m: 2:21.18	49.22	250m: 4:03.96	52.61	350m: 5:38.97	43.38
	100m: 1:31.96	50.23	200m: 3:11.35	50.17	300m: 4:55.59	51.63	400m: 6:19.25	40.28
10.	Bartek Kolodziej	PSV	NT	201301141	6:57.89 +0,77			
	50m: 46.69	46.69	150m: 2:38.57	53.70	250m: 4:28.44	59.04	350m: 6:14.04	46.04
	100m: 1:44.87	58.18	200m: 3:29.40	50.83	300m: 5:28.00	59.56	400m: 6:57.89	43.85
AFGEM	Bram Engelen	Hellas-Glana	5:33.24	201300421				
AFGEM	Celestin van der Beek	PSV	5:36.37	201201183				
AFGEM	Pjotr Dezutter	Scheldestroom	6:30.98	201300125				
AFGEM	Augustin Blampain	Waterloo Natation	5:58.76	WN/012181/13				

14 - 15 jaar

1.	Eli Shields	Niemo Barracuda	5:09.19	201000407	5:02.20 +0,65			
	50m: 30.31	30.31	150m: 1:45.11	39.60	250m: 3:08.74	44.68	350m: 4:28.11	35.02
	100m: 1:05.51	35.20	200m: 2:24.06	38.95	300m: 3:53.09	44.35	400m: 5:02.20	34.09
2.	Douwe Enzerink	ZPC AMERSFOORT	5:04.29	201102657	5:08.16 +0,68			
	50m: 31.03	31.03	150m: 1:51.05	42.20	250m: 3:14.97	43.76	350m: 4:34.40	34.44
	100m: 1:08.85	37.82	200m: 2:31.21	40.16	300m: 3:59.96	44.99	400m: 5:08.16	33.76
3.	Thijmen Pruijssers	Hieronymus	5:09.47	201000129	5:10.63 +0,64			
	50m: 32.25	32.25	150m: 1:51.95	40.39	250m: 3:15.59	44.54	350m: 4:36.47	36.22
	100m: 1:11.56	39.31	200m: 2:31.05	39.10	300m: 4:00.25	44.66	400m: 5:10.63	34.16
4.	Enrico Robba	CNSW	5:23.79	CNSW/012493/11	5:14.39 +0,73			
	50m: 33.62	33.62	150m: 1:53.71	42.15	250m: 3:17.82	43.97	350m: 4:39.32	37.64
	100m: 1:11.56	37.94	200m: 2:33.85	40.14	300m: 4:01.68	43.86	400m: 5:14.39	35.07
5.	Leo De Witte	KAZS	5:18.65	KAZS/11102/10	5:15.37 +0,71			
	50m: 32.54	32.54	150m: 1:52.33	40.23	250m: 3:19.03	46.71	350m: 4:41.58	36.06
	100m: 1:12.10	39.56	200m: 2:32.32	39.99	300m: 4:05.52	46.49	400m: 5:15.37	33.79
6.	Kalle Blacquièrre	PSV	5:32.38	201003751	5:20.45 +0,62			
	50m: 33.16	33.16	150m: 1:51.62	40.63	250m: 3:16.83	45.70	350m: 4:42.49	38.58
	100m: 1:10.99	37.83	200m: 2:31.13	39.51	300m: 4:03.91	47.08	400m: 5:20.45	37.96

Programmanr. 14, Jongens, 400m wisselslag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT			
7.	Wael Zrirak	Zwemclub Geel	NT ZGEEL/11159/10	5:28.64	+0,71			
	50m: 31.59	31.59	150m: 1:54.48	43.19	250m: 3:26.83	50.08	350m: 4:53.70	34.92
	100m: 1:11.29	39.70	200m: 2:36.75	42.27	300m: 4:18.78	51.95	400m: 5:28.64	34.94
8.	Eren Paker	CNSW	5:26.93 CNSW/013488/11	5:30.53	+0,71			
	50m: 36.29	36.29	150m: 2:03.91	45.44	250m: 3:33.06	44.30	350m: 4:56.50	38.34
	100m: 1:18.47	42.18	200m: 2:48.76	44.85	300m: 4:18.16	45.10	400m: 5:30.53	34.03
9.	Wannes Vets	KAZS	6:13.94 KAZS/11117/11	5:34.23	+0,69			
	50m: 32.37	32.37	150m: 1:56.09	44.34	250m: 3:30.60	52.41	350m: 4:59.97	36.91
	100m: 1:11.75	39.38	200m: 2:38.19	42.10	300m: 4:23.06	52.46	400m: 5:34.23	34.26
10.	Ian Timmermans	PSV	NT 201004001	5:35.33	+0,65			
	50m: 33.16	33.16	150m: 1:55.04	43.63	250m: 3:26.64	50.28	350m: 4:58.86	38.49
	100m: 1:11.41	38.25	200m: 2:36.36	41.32	300m: 4:20.37	53.73	400m: 5:35.33	36.47
11.	Mathias Mannaerts	De Lommelse Waterbengels	6:01.28 LWB/11069/11	5:41.15	+0,52			
	50m: 36.99	36.99	150m: 2:08.18	44.47	250m: 3:37.95	47.49	350m: 5:04.52	37.00
	100m: 1:23.71	46.72	200m: 2:50.46	42.28	300m: 4:27.52	49.57	400m: 5:41.15	36.63
12.	Tibo Janssen	ZPC De Rog Weert	5:57.98 201101591	5:46.54	+0,71			
	50m: 37.38	37.38	150m: 2:09.33	45.38	250m: 3:43.21	50.19	350m: 5:10.70	36.96
	100m: 1:23.95	46.57	200m: 2:53.02	43.69	300m: 4:33.74	50.53	400m: 5:46.54	35.84
13.	Tiago Verheggen	ZV Hydra	NT 201003277	6:37.01	+0,89			
	50m: 42.41	42.41	150m: 2:25.34	50.94	250m: 4:12.35	56.29	350m: 5:56.47	44.43
	100m: 1:34.40	51.99	200m: 3:16.06	50.72	300m: 5:12.04	59.69	400m: 6:37.01	40.54
DIS	Oleksandr Hordiienko	ZV De Aalscholver	5:18.75 201003061					RH
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>							
DIS	Mathias Rosiers	MEGA	NT MEGA/11424/10					SR
	<i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i>							
AFGEM	Milan Schuilenburg	ZPC AMERSFOORT	5:23.75 201000935					
AFGEM	Milann Begue	Zwemclub Geel	5:44.09 ZGEEL/11156/11					

16 - 17 jaar

1.	Martijn Nies	PSV	4:43.89 200902095	4:37.03	+0,71			
	50m: 28.42	28.42	150m: 1:39.50	38.43	250m: 2:55.47	38.93	350m: 4:07.45	31.04
	100m: 1:01.07	32.65	200m: 2:16.54	37.04	300m: 3:36.41	40.94	400m: 4:37.03	29.58
2.	Yarno van Dam	ACZ	4:39.79 200800115	4:37.38	+0,70			
	50m: 28.12	28.12	150m: 1:35.96	35.37	250m: 2:52.75	41.15	350m: 4:06.65	32.09
	100m: 1:00.59	32.47	200m: 2:11.60	35.64	300m: 3:34.56	41.81	400m: 4:37.38	30.73
3.	Xander Kragting	ZPC AMERSFOORT	5:16.30 200900077	4:59.03	+0,72			
	50m: 29.16	29.16	150m: 1:44.57	39.79	250m: 3:06.38	44.03	350m: 4:26.11	34.58
	100m: 1:04.78	35.62	200m: 2:22.35	37.78	300m: 3:51.53	45.15	400m: 4:59.03	32.92
4.	Niklas Ehemann	Aachener SV 06	5:10.71 437561	5:21.37	+0,72			
	50m: 33.21	33.21	150m: 1:55.59	41.53	250m: 3:19.95	43.34	350m: 4:43.06	38.76
	100m: 1:14.06	40.85	200m: 2:36.61	41.02	300m: 4:04.30	44.35	400m: 5:21.37	38.31
5.	Nicolai Matla	PSV	5:25.75 200901031	5:23.09	+0,71			
	50m: 32.50	32.50	150m: 1:57.62	46.33	250m: 3:25.13	42.64	350m: 4:47.43	38.24
	100m: 1:11.29	38.79	200m: 2:42.49	44.87	300m: 4:09.19	44.06	400m: 5:23.09	35.66
6.	Hannes Wouters	KAZS	NT KAZS/11077/08	5:28.38	+0,69			
	50m: 36.71	36.71	150m: 2:03.45	43.07	250m: 3:31.29	45.45	350m: 4:52.98	36.91
	100m: 1:20.38	43.67	200m: 2:45.84	42.39	300m: 4:16.07	44.78	400m: 5:28.38	35.40
7.	Thijs Bijman	Niemo Barracuda	5:53.25 200901111	5:33.53	+0,75			
	50m: 34.64	34.64	150m: 2:04.51	47.68	250m: 3:35.08	46.04	350m: 4:59.70	39.52
	100m: 1:16.83	42.19	200m: 2:49.04	44.53	300m: 4:20.18	45.10	400m: 5:33.53	33.83
8.	Jasper Stoel	ZPC AMERSFOORT	5:45.01 200800543	5:41.73	+0,90			
	50m: 35.54	35.54	150m: 2:05.30	44.81	250m: 3:38.10	50.00	350m: 5:06.38	37.42
	100m: 1:20.49	44.95	200m: 2:48.10	42.80	300m: 4:28.96	50.86	400m: 5:41.73	35.35
9.	Lars Barendrecht	Niemo Barracuda	5:43.79 200800587	5:45.55	+0,84			
	50m: 35.59	35.59	150m: 2:07.87	44.33	250m: 3:40.43	48.95	350m: 5:08.82	39.17
	100m: 1:23.54	47.95	200m: 2:51.48	43.61	300m: 4:29.65	49.22	400m: 5:45.55	36.73
DIS	Yarne Coutant	MEGA	5:24.22 MEGA/11367/08					SR
	<i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i>							