

Programmanr. 15
21-3-2026 - 13:56

Meisjes, 200m vrije slag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	2:06.61	Maaïke Ooms	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	2:09.24	Nynke Boerefijn	NED	Eindhoven	2022
Arena I.T.T. Record 12 - 13	2:19.79	Lola Verheijen	NED	Eindhoven	2024

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
12 - 13 jaar										
1.	Julie De Vreese	MEGA	2:20.68	MEGA/21418/12	2:18.79	+0,66	32.52	35.71	36.14	34.42
2.	Coco Scheepers	PSV	2:34.76	201301462	2:21.26	+0,74	32.84	35.74	37.12	35.56
3.	Valerie Rienties	Zwemsport Parkstad	2:30.47	201200400	2:21.76	+0,66	31.82	36.21	36.78	36.95
4.	Benthe de Beer	PSV	2:25.07	201302638	2:22.22	+0,64	32.83	35.89	36.85	36.65
5.	Lucia Tavernier	MEGA	2:29.12	MEGA/21402/13	2:23.93	+0,65	33.10	36.26	37.81	36.76
6.	Annika Dzene	CNSW	2:27.39	CNSW/013210/12	2:25.93	+0,70	33.97	37.84	38.13	35.99
7.	Sophie Masschelein	Waterloo Natation	2:27.49	WN/012125/13	2:26.62	+0,56	34.03	37.42	38.77	36.40
8.	Jana Nelissen	PSV	2:24.45	201200350	2:27.70	+0,55	33.32	37.42	37.98	38.98
9.	Ylène Zondervan	ZPC AMERSFOORT	2:15.82	201200016	2:28.23	+0,77	33.57	37.48	38.32	38.86
10.	Louise Terwisscha	ZPC AMERSFOORT	2:30.77	201201240	2:29.26	+0,79	34.30	38.06	38.69	38.21
11.	Elle Vansina	KAZS	2:33.38	KAZS/21147/12	2:29.65	+0,78	34.43	38.31	39.08	37.83
12.	Indy Verbist	De Marlijn (SG)	2:34.28	201200286	2:31.96		34.39	39.33	40.09	38.15
13.	Frauke Van Tilburg	Zwemclub Geel	2:29.28	ZGEEL/21144/13	2:32.33	+0,62	33.92	38.74	39.81	39.86
14.	Jolie Potier	MEGA	2:35.57	MEGA/21398/12	2:34.53	+0,76	36.12	39.31	40.16	38.94
15.	Nehir Ozer	CNSW	2:37.75	CNSW/013485/13	2:34.57	+0,88	36.49	39.81	41.01	37.26
16.	Hanna Jurek	St. Olimpijczyk Brzesko	2:38.39		2:35.13		36.50	40.46	39.28	38.89
17.	Maria Layla Franke	MEGA	2:38.02	MEGA/21460/12	2:35.49	+0,57	38.01	39.87	39.55	38.06
18.	Romee Claeys	MEGA	2:25.98	MEGA/21446/12	2:35.67	+0,64	33.83	39.23	41.39	41.22
19.	Charlotte Braeken	Zwemclub Geel	2:32.74	ZGEEL/21167/12	2:36.20	+0,81	33.83	39.34	41.52	41.51
20.	Jaylin Roks	Hieronymus	2:40.05	201300620	2:37.04	+0,71	36.63	40.91	41.52	37.98
21.	Rosalie Devue	KAZS	2:36.55	KAZS/21141/13	2:38.17		36.41	40.82	41.67	39.27
22.	Sien Lembrechts	KAZS	2:44.17	KAZS/21176/13	2:38.86		35.40	40.55	41.73	41.18
23.	Lina Meurrens	KAZS	2:41.42	KAZS/21154/12	2:39.27	+0,73	36.58	40.79	41.72	40.18
24.	Victoria Kacejko	Waterloo Natation	2:31.43	WN/014143/13	2:39.29		36.35	40.69	41.92	40.33
25.	Emma Juliette Jansen	ZPC AMERSFOORT	2:43.22	201200158	2:39.32	+0,63	35.45	41.22	42.53	40.12
26.	Renée Van Asten	Zwemclub Geel	2:47.00	ZGEEL/21178/13	2:41.03		37.81	42.04	41.85	39.33
27.	Elina Hufkens	Zwemclub Geel	2:47.77	ZGEEL/21180/12	2:41.08	+0,70	36.76	41.45	42.34	40.53
28.	Dora Wouters	Zwemclub Geel	2:48.83	ZGEEL/21168/12	2:42.77	+0,45	36.45	42.50	43.41	40.41
29.	Jolene van Dam	Niemo Barracuda	2:46.93	201201344	2:45.49	+0,77	37.51	43.08	45.23	39.67
30.	Julia van Kuijk	ZV De Aalscholver	3:04.25	201301190	2:47.55	+0,66	38.13	42.47	45.17	41.78
31.	Mira Kaim	ZPC AMERSFOORT	2:43.01	201301078	2:47.88	+0,75	38.28	42.74	43.45	43.41
32.	Luna Willen	KAZS	NT	KAZS/21221/13	2:49.54	+0,69	38.43	44.50	44.89	41.72
33.	Itzana Djonou Imba	Zwemclub Geel	2:50.37	ZGEEL/21208/13	2:49.72	+0,78	39.82	45.18	43.47	41.25
34.	Elize Snabel	ZPC AMERSFOORT	4:17.10	201203198	2:51.85	+0,65	38.48	44.35	45.85	43.17
35.	Eva Drost	ZPC AMERSFOORT	2:55.84	201202120	2:52.03	+0,75	38.14	44.08	45.14	44.67
36.	Jada van Dijk	ZPC AMERSFOORT	2:59.98	201300866	2:54.50		39.68	45.64	46.55	42.63
37.	Savannah Feyaerts	KAZS	2:59.84	KAZS/21219/13	2:55.66	+0,88	39.61	45.68	46.90	43.47
38.	Deveny Moerland	ZPC De Rog Weert	NT	201202678	2:56.50	+0,78	39.33	45.23	47.01	44.93
39.	Noa Laman	ZPC AMERSFOORT	2:50.39	201302266	2:58.38		40.41	46.27	47.60	44.10
40.	Luna Van Mechelen	KST	3:10.06	KST/21097/13	3:04.41	+0,94	39.93	46.28	49.62	48.58
41.	Anna Ostländer	Aachener SV 06	2:58.95	459893	3:07.10	+0,66	39.54	46.19	49.71	51.66
42.	Emma Linders	Arethusa	3:36.79	201302414	3:15.22	+0,77	43.32	49.63	51.84	50.43
AFGEM	Juliette Vanhaecke	MEGA	2:27.86	MEGA/21419/12						
AFGEM	Inès Bultot El Kouchi	Waterloo Natation	2:30.76	WN/013188/13						

14 - 15 jaar

1.	Fenne Metten	ZPC AMERSFOORT	2:09.19	201000102	2:06.22	+0,75	30.08	32.22	32.64	31.28
<i>Arena I.T.T. Record</i>										
2.	Anna Lepoutre	PSV	2:12.63	201100534	2:10.23	+0,62	29.68	32.65	33.51	34.39
3.	Sterre Gaytant	ZORO Zwemteam	2:12.60	ZORO/21203/11	2:12.86	+0,69	30.22	33.73	34.56	34.35
4.	Mila Schram	MEGA	2:16.74	MEGA/21296/10	2:15.93	+0,62	31.02	34.27	35.46	35.18
5.	Brechtje Slootweg	ZPC AMERSFOORT	2:14.37	201101744	2:16.33	+0,70	30.09	34.15	35.93	36.16
6.	Isus Verdysseidonk	PSV	2:23.43	201002878	2:17.74	+0,62	33.28	34.70	34.90	34.86
7.	Yanique Bax	ZPC AMERSFOORT	2:17.75	201001428	2:18.26	+0,59	31.57	34.99	36.23	35.47

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rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
8. Nona Watelle	Leuven Aquatics	2:20.77	LAQUA/21446/10	2:19.73	+0,70	32.40	35.96	35.92	35.45
9. Chloé Asscherickx	KAZS	2:20.59	KAZS/21184/11	2:20.08	+0,60	32.61	36.75	36.62	34.10
10. Lena Thys	Leuven Aquatics	2:18.76	LAQUA/21704/11	2:20.16	+0,69	32.87	36.08	36.55	34.66
11. Elise Den Baes	MEGA	2:19.65	MEGA/21509/10	2:20.80	+0,60	32.41	36.57	36.52	35.30
12. Carlijn Dezutter	Scheldestroom	2:26.09	201100770	2:21.41	+0,74	32.15	36.22	37.30	35.74
13. Martha Luise Blum	SG Rhein-Mosel	2:22.87	423080	2:21.64	+0,67	32.35	36.11	37.27	35.91
14. Milly Van Herpe	MEGA	2:18.26	MEGA/21399/10	2:22.01	+0,78	32.67	36.45	38.28	34.61
15. Sarah Förster	Hellas-Glana	2:24.37	201102682	2:22.49	+0,69	32.60	36.50	37.13	36.26
16. Fleur Buijs	Hieronymus	2:24.46	201100676	2:23.91	+0,72	33.13	36.62	37.38	36.78
17. Renske Slangen	Hellas-Glana	2:23.90	201002740	2:23.95	+0,76	32.80	36.34	37.56	37.25
18. Lian Vonk	ZPC AMERSFOORT	2:22.86	201001606	2:24.73	+0,78	33.31	37.07	37.65	36.70
19. Kendra van der Voort	Arethusa	2:27.43	201100536	2:25.01	+0,79	33.33	37.50	38.55	35.63
20. Hanna Heller	ZPC AMERSFOORT	2:20.90	201102730	2:25.02	+0,56	32.65	36.28	37.63	38.46
21. Julie Simonis	Hellas-Glana	2:25.23	201000144	2:25.09	+0,80	33.99	37.32	37.25	36.53
22. Sterre de Veen	Hellas-Glana	2:18.45	201100086	2:25.47	+0,60	32.46	36.13	38.17	38.71
23. Lily Watson	CNSW	2:29.24	CNSW/014695/10	2:26.14	+0,69	35.00	38.52	37.88	34.74
24. Noortje Bisperink	ZPC AMERSFOORT	2:25.54	201100486	2:26.42	+0,76	33.93	37.20	38.22	37.07
25. B. van Ravensteijn	Arethusa	2:29.66	201100738	2:26.79	+0,74	33.11	37.56	38.59	37.53
26. Maria Zuideveld	Aachener SV 06	2:26.30	494695	2:27.43	+0,73	32.58	37.43	39.90	37.52
27. L. Vanlommel	Zwemclub Geel	2:27.30	ZGEEL/21150/11	2:28.11	+0,56	33.20	38.08	38.97	37.86
28. Emma Stokmans	PSV	2:21.62	201004190	2:28.30	+0,65	34.80	37.67	38.05	37.78
29. Carys Gerard	KAZS	2:35.01	KAZS/21124/11	2:30.29	+0,63	33.56	39.57	39.84	37.32
30. Mila Ehemann	Aachener SV 06	2:30.74	437562	2:34.05	+0,80	34.07	39.16	40.66	40.16
31. Do De Cat	KAZS	2:39.95	KAZS/21134/10	2:34.45	+0,83	35.77	39.90	40.21	38.57
32. Lili de Graaf	Hellas-Glana	2:43.55	201103068	2:35.88	+0,72	36.05	40.21	40.90	38.72
33. Doortje Maat	Z & PC De Zeeuwse Kl	2:33.57	201002970	2:36.17	+0,74	35.63	40.11	41.07	39.36
34. Zoë Van Mechelen	KST	2:43.04	KST/21077/10	2:37.03	+0,76	35.89	41.01	42.15	37.98
35. Jinte de Leeuw	Hieronymus	2:42.67	201003350	2:37.37	+0,84	37.54	40.95	41.53	37.35
36. Yelena Cools	Zwemclub Geel	2:32.57	ZGEEL/21171/11	2:37.66	+0,91	36.19	41.33	41.08	39.06
37. Suze van Oosterhout	WZV	2:57.90	201101758	2:46.28	+0,70	38.19	41.81	43.35	42.93
38. Eva Hensen	Niemo Barracuda	2:48.05	201100806	2:46.38	+0,55	37.18	43.72	44.69	40.79
39. Ize Thijs	ZV Hydra	2:46.06	201101388	2:46.48	+0,77	37.15	42.51	43.97	42.85
40. Fleur Braam	Zwemsport Parkstad	2:52.79	201002000	2:48.71		38.78	43.07	44.20	42.66
41. Elise Pastorelli	Hieronymus	2:49.31	201103462	2:49.19	+0,74	37.17	42.17	45.46	44.39
42. Vera Broekman	Arethusa	2:44.38	201001454	2:49.38	+0,78	37.64	43.75	45.48	42.51
43. Mit Wouters	Zwemclub Geel	2:52.47	ZGEEL/21163/10	3:01.96	+0,67	41.31	47.48	48.12	45.05
AFGEM June Schuurmans	Hellas-Glana	2:33.11	201100874						
AFGEM Zora Spriet	Hieronymus	2:36.07	201100532						
AFGEM Louise Teirlinck	Leuven Aquatics	2:19.92	LAQUA/21392/10						
AFGEM Lola Verheijen	PSV	2:10.44	201100832						
AFGEM Yfke Wijnalda	ZPC AMERSFOORT	2:28.04	201002618						

16 - 17 jaar

1. Maaïke Ooms	ZPC AMERSFOORT	2:05.83	200801580	2:06.49	+0,79	29.85	32.08	33.12	31.44
2. Luus Gielens	PSV	2:10.30	200900138	2:07.66	+0,83	30.19	32.83	32.92	31.72
3. Esmaë de Gans	ZPC AMERSFOORT	2:17.93	200900134	2:13.72	+0,71	30.48	34.48	34.51	34.25
4. H. Forschelen	MNC Dordrecht	2:18.57	200903572	2:19.98	+0,66	31.30	35.34	36.66	36.68
5. Djelaysa Buunk	Z & PC De Zeeuwse Kl	2:17.56	200900536	2:20.22	+0,74	31.75	35.96	36.28	36.23
6. Alice Boxho	ZORO Zwemteam	2:20.83	ZORO/21167/09	2:20.31	+0,69	32.63	35.71	35.67	36.30
7. Alva Renaud	CNSW	2:27.92	CNSW/011653/09	2:21.78	+0,68	32.40	35.93	37.38	36.07
8. Kaat Gypen	KAZS	2:24.37	KAZS/21208/09	2:24.58	+0,94	32.89	36.34	37.98	37.37
9. Anaïs Gries	Waterloo Natation	2:28.47	WN/12735/09	2:25.03	+0,74	32.59	36.21	38.86	37.37
10. Lore Martelé	MEGA	2:23.43	MEGA/21280/09	2:25.33	+0,74	33.21	37.09	37.68	37.35
11. Evy Zipper	CNSW	2:25.28	CNSW/010567/09	2:25.42	+0,66	32.14	36.92	38.31	38.05
12. Stine Baeke	MEGA	2:28.81	MEGA/21332/09	2:26.07	+0,56	33.22	36.79	38.38	37.68
13. Siska Vervloessem	KAZS	NT	KAZS/21200/08	2:27.74	+0,74	33.29	37.04	38.84	38.57
14. Alix De Corte	ZORO Zwemteam	2:22.47	ZORO/21157/09	2:27.83	+0,72	33.38	37.24	38.66	38.55
15. Tereza Boom	PSV	2:18.91	200904028	2:28.43	+0,72	32.89	37.50	38.46	39.58
16. Fien Campforts	KST	2:31.59	KST/21069/09	2:29.17	+0,81	34.00	38.44	38.66	38.07
17. Bente Hölsgens	Hellas-Glana	2:29.32	200801470	2:29.51	+0,65	33.44	38.48	38.90	38.69
18. Amilia Coesemans	Zwemclub Geel	2:32.50	ZGEEL/21119/08	2:29.74	+0,58	33.35	38.55	40.50	37.34
19. Hanna Advokaat	PSV	2:33.37	200901502	2:32.01	+0,82	33.23	38.36	40.37	40.05

Programmanr. 15, Meisjes, 200m vrije slag, 16 - 17 jaar

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
20. Sterre Dirar	ZPC AMERSFOORT	2:42.94	200900354	2:34.98	+0,62	35.06	40.02	40.89	39.01
21. Nomi Poels	Zwemclub Geel	2:35.10	ZGEEL/21095/08	2:39.68	+0,77	36.34	40.69	41.80	40.85
22. Mila Hermans	DZT'62	2:34.83	200801006	2:39.76	+0,80	35.91	40.90	42.50	40.45
23. Isa van der Sanden	Hieronymus	2:30.78	200904528	2:41.14		36.97	41.51	41.90	40.76
24. Lara Müller	Arethusa	2:37.38	200903610	2:41.18	+0,68	36.31	40.03	42.39	42.45
25. Katho Beylemans	Peltse Zwemclub	2:36.28	PZC/21073/08	2:43.43	+0,83	38.16	42.29	43.17	39.81
26. Britt van der Ham	WZV	2:45.15	200801320	2:46.46	+0,78	36.95	41.75	44.49	43.27
AFGEM Kiki Sauerborn	ZPC AMERSFOORT	2:36.40	200904158						