

Event 9

Girls, 400m Freestyle

12 - 17 years

21-3-2026 - 10:45

Startlist

Arena I.T.T. Record 16 - 17	4:25.66	Fleur Verdonck	BEL	Eindhoven	2022
Arena I.T.T. Record 14 - 15	4:36.89	Bregje Dekkers	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	4:48.66	Yill van Bezouw	NED	Eindhoven	2024

naam	vereniging	inschrijftijd					
Heat 1 of 8, 10:45							
0 Louzel Stuurop	Z & PC De Zeeuwse Kust	5:48.46	25m	12 - 13	201300984		
1 Noor van der Ploeg	Hieronymus	5:45.65	25m	12 - 13	201201694		
2 Lotte de Wit	ZV Hydra	5:30.80	25m	14 - 15	201001164		
3 Jaylin Roks	Hieronymus	5:16.54	25m	12 - 13	201300620		
4 Jante Cremers	Tempo Valkenswaard	5:15.22	25m	14 - 15	201102406		
5 Dominique Forschelen	MNC Dordrecht	5:15.63	25m	12 - 13	201300602		
6 Nomi Poels	Zwemclub Geel	5:19.16	25m	16 - 17	ZGEEL/21095/08		
7 Paulien Boeckx	Zwemclub Geel	5:32.65	25m	14 - 15	ZGEEL/21145/10		
8 Yanne Valkenborghs	Zwemclub Geel	5:46.27	25m	14 - 15	ZGEEL/21151/10		
9 Pien van Putten	Zwemsport Parkstad	6:24.88	25m	12 - 13	201301034		

Heat 2 of 8, 10:52							
0 Luisa Valentina Vanlommel	Zwemclub Geel	5:08.94	25m	14 - 15	ZGEEL/21150/11		
1 Julia Dijkstra	PSV	4:47.59	25m	16 - 17	200904546		
2 Eva Drost	ZPC AMERSFOORT	6:11.33	50m	12 - 13	201202120		
3 Maria Kotsubailo	ZV De Aalscholver	5:56.24	50m	14 - 15	201001722		
4 Ize Thijs	ZV Hydra	5:54.21	50m	14 - 15	201101388		
5 Sien Lembrechts	KAZS	5:54.94	50m	12 - 13	KAZS/21176/13		
6 Luna Willen	KAZS	6:04.63	50m	12 - 13	KAZS/21221/13		
7 Mira Kaim	ZPC AMERSFOORT	7:30.00	50m	12 - 13	201301078		
8 Julie Maes	Zwemclub Geel	5:06.88	25m	14 - 15	ZGEEL/21105/10		
9 Yelena Cools	Zwemclub Geel	5:13.62	25m	14 - 15	ZGEEL/21171/11		

Heat 3 of 8, 11:00							
0 Emma Juliette Jansen	ZPC AMERSFOORT	5:38.44	50m	12 - 13	201200158		
1 Nehir Ozer	CNSW	5:37.03	50m	12 - 13	CNSW/013485/13		
2 Mila Hermans	DZT'62	5:33.71	50m	16 - 17	200801006		
3 Sterre Dirar	ZPC AMERSFOORT	5:33.41	50m	16 - 17	200900354		
4 Tesse van de Wetering	Arethusa	5:24.36	50m	12 - 13	201200780		
5 Indy Verbist	De Marlijn (SG)	5:24.61	50m	12 - 13	201200286		
6 Abby Kootstra	ZV De Aalscholver	5:33.50	50m	14 - 15	201000264		
7 Do De Cat	KAZS	5:35.20	50m	14 - 15	KAZS/21134/10		
8 Lina Meurrens	KAZS	5:38.16	50m	12 - 13	KAZS/21154/12		
9 E. van den Enden van den	Hellas-Glana	5:48.65	50m	12 - 13	201300914		

Heat 4 of 8, 11:07							
0 Ines Bultot El Kouchi	Waterloo Natation	5:22.00	50m	12 - 13	WN/013188/13		WDR
1 Demi Bos	Niemo Barracuda	5:20.04	50m	14 - 15	201001282		
2 Stien Wouters	KAZS	5:18.87	50m	14 - 15	KAZS/21210/10		
3 Danne van Munster	Hellas-Glana	5:17.81	50m	16 - 17	200901262		
4 Fenne Hardeman	Hellas-Glana	5:15.81	50m	14 - 15	201100244		
5 Annika Dzene	CNSW	5:16.51	50m	12 - 13	CNSW/013210/12		
6 Hanna Advokaat	PSV	5:18.35	50m	16 - 17	200901502		
7 Rosalie Devue	KAZS	5:19.51	50m	12 - 13	KAZS/21141/13		
8 Elle Vansina	KAZS	5:20.96	50m	12 - 13	KAZS/21147/12		
9 Ilja van Gemeren	Arethusa	5:23.45	50m	14 - 15	201001330		

Event 9, Girls, 400m Freestyle

Heat 5 of 8, 11:13

0	Jana Nelissen	PSV	5:15.15	50m	12 - 13	201200350	_____	
1	Yfke Wijnalda	ZPC AMERSFOORT	5:12.81	50m	14 - 15	201002618	_____	WDR
2	Juliette Vanhaecke	MEGA	5:12.22	50m	12 - 13	MEGA/21419/12	_____	WDR
3	Julie Simonis	Hellas-Glana	5:11.72	50m	14 - 15	201000144	_____	
4	Aleksandra Wolnik	St. Olimpijczyk Brzesko	5:08.31	50m	12 - 13		_____	
5	Maria Zuideveld	Aachener SV 06	5:10.91	50m	14 - 15	494695	_____	
6	Carlijn Dezutter	Scheldestroom	5:11.96	50m	14 - 15	201100770	_____	
7	Brecht van Ravensteijn	Arethusa	5:12.34	50m	14 - 15	201100738	_____	
8	Valerie Rienties	Zwemsport Parkstad	5:13.64	50m	12 - 13	201200400	_____	
9	Zora Spriet	Hieronymus	5:15.27	50m	14 - 15	201100532	_____	WDR

Heat 6 of 8, 11:18

0	Louise Terwisscha	ZPC AMERSFOORT	5:07.77	50m	12 - 13	201201240	_____	
1	Stine Baeke	MEGA	5:05.95	50m	16 - 17	MEGA/21332/09	_____	
2	Lore Martele	MEGA	5:05.10	50m	16 - 17	MEGA/21280/09	_____	
3	Esra Simon	Hellas-Glana	5:02.76	50m	14 - 15	201100004	_____	
4	Lian Vonk	ZPC AMERSFOORT	5:02.44	50m	14 - 15	201001606	_____	
5	Isus Verdysseldonk	PSV	5:02.67	50m	14 - 15	201002878	_____	
6	Anais Gries	Waterloo Natation	5:04.95	50m	16 - 17	WN/12735/09	_____	
7	Lucia Tavernier	MEGA	5:05.21	50m	12 - 13	MEGA/21402/13	_____	
8	Benthe de Beer	PSV	5:07.12	50m	12 - 13	201302638	_____	
9	Jayna Wagemakers	Hieronymus	5:08.28	50m	14 - 15	201000226	_____	

Heat 7 of 8, 11:24

0	Julia Ketelaars	PSV	5:00.69	50m	12 - 13	201200028	_____	
1	Alaine Lomans	Hellas-Glana	5:00.01	50m	14 - 15	201000420	_____	
2	Elise Den Baes	MEGA	4:58.04	50m	14 - 15	MEGA/21509/10	_____	
3	Mirthe Gaytant	ZORO Zwemteam	4:56.24	50m	16 - 17	ZORO/21204/08	_____	
4	Lena Thys	Leuven Aquatics	4:52.52	50m	14 - 15	LAQUA/21704/11	_____	
5	Julie De Vreese	MEGA	4:56.04	50m	12 - 13	MEGA/21418/12	_____	
6	Hadewych Forschelen	MNC Dordrecht	4:57.86	50m	16 - 17	200903572	_____	
7	Milly Van Herpe	MEGA	4:58.42	50m	14 - 15	MEGA/21399/10	_____	
8	Sofie Lauwers	KST	5:00.64	50m	14 - 15	KST/21054/11	_____	
9	Martha Luise Blum	SG Rhein-Mosel	5:01.22	50m	14 - 15	423080	_____	

Heat 8 of 8, 11:30

0	Yanique Bax	ZPC AMERSFOORT	4:47.13	50m	14 - 15	201001428	_____	
1	Thyrvi Meyer	KAZS	4:44.69	50m	16 - 17	KAZS/21181/09	_____	
2	Chiara Lammertink	ZPC AMERSFOORT	4:43.01	50m	16 - 17	200902200	_____	
3	Anna Lepoutre	PSV	4:37.42	50m	14 - 15	201100534	_____	
4	Fenne Metten	ZPC AMERSFOORT	4:28.23	50m	14 - 15	201000102	_____	
5	Yill van Bezouw	Hieronymus	4:32.02	50m	14 - 15	201100704	_____	
6	Ylene Zondervan	ZPC AMERSFOORT	4:38.88	50m	12 - 13	201200016	_____	
7	Brechtje Slootweg	ZPC AMERSFOORT	4:44.67	50m	14 - 15	201101744	_____	
8	Noa van Zalk	ZPC AMERSFOORT	4:45.42	50m	14 - 15	201102534	_____	
9	Pien Walstra	De Treffers	4:50.34	50m	14 - 15	201101034	_____	