

Programmanr. 21
22-3-2026 - 10:45

Jongens, 400m vrije slag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	4:01.23	Tiago Fonseca Gomes	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	4:03.67	Tiago Fonseca Gomes	NED	Eindhoven	2023
Arena I.T.T. Record 12 - 13	4:23.43	Xiaoyu Yin	NED	Eindhoven	2022

rang	naam	vereniging	intijd	tijd	RT			
12 - 13 jaar								
1.	Esteban Molina Fueyo	Waterloo Natation	4:39.02	WN/011918/12	4:37.55 +0,75			
	50m: 30.39	30.39	150m: 1:41.02	36.00	250m: 2:53.32	36.16	350m: 4:04.63	34.98
	100m: 1:05.02	34.63	200m: 2:17.16	36.14	300m: 3:29.65	36.33	400m: 4:37.55	32.92
2.	Lars Voet	KAZS	4:50.41	KAZS/11153/12	4:44.41 +0,67			
	50m: 30.53	30.53	150m: 1:42.51	36.50	250m: 2:56.30	37.08	350m: 4:09.27	36.34
	100m: 1:06.01	35.48	200m: 2:19.22	36.71	300m: 3:32.93	36.63	400m: 4:44.41	35.14
3.	A. Janse van Rensburg	De Treffers	5:01.32	201202261	4:47.64 +0,73			
	50m: 31.72	31.72	150m: 1:42.25	35.59	250m: 2:55.74	36.65	350m: 4:11.11	37.67
	100m: 1:06.66	34.94	200m: 2:19.09	36.84	300m: 3:33.44	37.70	400m: 4:47.64	36.53
4.	Ruben Lima Ribeiro	Hellas-Glana	4:47.49	201300693	4:49.93 +0,55			
	50m: 31.62	31.62	150m: 1:43.94	37.69	250m: 2:59.86	38.13	350m: 4:14.47	37.20
	100m: 1:06.25	34.63	200m: 2:21.73	37.79	300m: 3:37.27	37.41	400m: 4:49.93	35.46
5.	Felipe Kerkhoff	ZPC AMERSFOORT	4:52.76	201202625	4:50.07 +0,68			
	50m: 32.79	32.79	150m: 1:47.14	37.33	250m: 3:01.45	36.98	350m: 4:15.22	36.66
	100m: 1:09.81	37.02	200m: 2:24.47	37.33	300m: 3:38.56	37.11	400m: 4:50.07	34.85
6.	Jaro Hermans	PSV	4:55.57	201200173	4:52.80 +0,70			
	50m: 32.05	32.05	150m: 1:44.71	37.30	250m: 3:00.49	37.90	350m: 4:16.28	37.85
	100m: 1:07.41	35.36	200m: 2:22.59	37.88	300m: 3:38.43	37.94	400m: 4:52.80	36.52
7.	Giovanni Gleria	CNSW	5:00.26	CNSW/013530/13	4:54.78 +0,62			
	50m: 32.90	32.90	150m: 1:46.55	37.32	250m: 3:02.37	38.04	350m: 4:18.26	38.00
	100m: 1:09.23	36.33	200m: 2:24.33	37.78	300m: 3:40.26	37.89	400m: 4:54.78	36.52
8.	Celestin van der Beek	PSV	5:29.30	201201183	4:56.88 +0,65			
	50m: 32.38	32.38	150m: 1:49.17	38.99	250m: 3:05.92	37.93	350m: 4:20.73	36.51
	100m: 1:10.18	37.80	200m: 2:27.99	38.82	300m: 3:44.22	38.30	400m: 4:56.88	36.15
9.	Michael Simons	PSV	5:28.44	201200025	5:02.98 +0,66			
	50m: 33.73	33.73	150m: 1:51.84	39.31	250m: 3:09.66	39.14	350m: 4:26.47	38.82
	100m: 1:12.53	38.80	200m: 2:30.52	38.68	300m: 3:47.65	37.99	400m: 5:02.98	36.51
10.	Jayden Korndewal	ZPC AMERSFOORT	5:12.52	201200015	5:03.73			
	50m: 33.94	33.94	150m: 1:50.72	38.69	250m: 3:09.45	39.39	350m: 4:26.90	37.98
	100m: 1:12.03	38.09	200m: 2:30.06	39.34	300m: 3:48.92	39.47	400m: 5:03.73	36.83
11.	Anton Istoc	Waterloo Natation	5:13.58	WN/013138/13	5:09.02 +0,71			
	50m: 34.36	34.36	150m: 1:52.00	39.33	250m: 3:10.97	39.49	350m: 4:30.42	39.75
	100m: 1:12.67	38.31	200m: 2:31.48	39.48	300m: 3:50.67	39.70	400m: 5:09.02	38.60
12.	Alex Pasala	PSV	6:09.75	201300803	5:09.63 +0,70			
	50m: 35.12	35.12	150m: 1:53.99	39.66	250m: 3:13.51	39.66	350m: 4:32.02	38.56
	100m: 1:14.33	39.21	200m: 2:33.85	39.86	300m: 3:53.46	39.95	400m: 5:09.63	37.61
13.	Alex Haesebroek	Waterloo Natation	5:29.58	WN/013137/13	5:10.18 +0,70			
	50m: 33.71	33.71	150m: 1:50.87	38.84	250m: 3:09.71	39.28	350m: 4:30.41	40.21
	100m: 1:12.03	38.32	200m: 2:30.43	39.56	300m: 3:50.20	40.49	400m: 5:10.18	39.77
14.	Gilles Goffette	CNSW	5:18.29	CNSW/013487/13	5:13.27			
	50m: 35.54	35.54	150m: 1:54.40	40.12	250m: 3:14.51	39.85	350m: 4:35.91	40.24
	100m: 1:14.28	38.74	200m: 2:34.66	40.26	300m: 3:55.67	41.16	400m: 5:13.27	37.36
15.	Willem Vanhulle	MEGA	5:48.02	MEGA/11457/13	5:14.86 +0,60			
	50m: 35.99	35.99	150m: 1:56.25	40.51	250m: 3:17.64	40.20	350m: 4:36.95	39.23
	100m: 1:15.74	39.75	200m: 2:37.44	41.19	300m: 3:57.72	40.08	400m: 5:14.86	37.91
16.	Barnaby Southworth	CNSW	5:55.24	CNSW/015057/13	5:16.55 +0,39			
	50m: 36.37	36.37	150m: 1:57.10	40.87	250m: 3:19.03	41.23	350m: 4:39.11	40.16
	100m: 1:16.23	39.86	200m: 2:37.80	40.70	300m: 3:58.95	39.92	400m: 5:16.55	37.44
17.	H. Kuzey Kudat	Hellas-Glana	5:23.91	201201917	5:19.16 +0,71			
	50m: 35.10	35.10	150m: 1:53.94	40.05	250m: 3:15.18	40.90	350m: 4:39.26	41.84
	100m: 1:13.89	38.79	200m: 2:34.28	40.34	300m: 3:57.42	42.24	400m: 5:19.16	39.90
18.	Ian van Os	Z & PC De Zeeuwse Kust	5:24.67	201301239	5:19.71 +0,57			
	50m: 34.57	34.57	150m: 1:54.42	40.57	250m: 3:16.71	41.86	350m: 4:40.63	41.76
	100m: 1:13.85	39.28	200m: 2:34.85	40.43	300m: 3:58.87	42.16	400m: 5:19.71	39.08

Programmanr. 21, Jongens, 400m vrije slag, 12 - 13 jaar

rang	naam	vereniging	intijd	tijd	RT
19.	Nicolas Devue	KAZS	5:17.61	KAZS/11115/12	5:20.44 +0,58
	50m: 33.72	33.72 150m: 1:54.56	40.67 250m: 3:17.95	42.18 350m: 4:41.92	42.11
	100m: 1:13.89	40.17 200m: 2:35.77	41.21 300m: 3:59.81	41.86 400m: 5:20.44	38.52
20.	Malek Majed	CNSW	5:20.75	CNSW/014414/13	5:23.69 +0,79
	50m: 37.60	37.60 150m: 1:59.50	41.33 250m: 3:22.05	40.61 350m: 4:44.38	40.66
	100m: 1:18.17	40.57 200m: 2:41.44	41.94 300m: 4:03.72	41.67 400m: 5:23.69	39.31
21.	Miguel Kuijken	PSV	6:19.26	201300251	5:24.33 +0,69
	50m: 36.29	36.29 150m: 1:58.97	41.71 250m: 3:23.00	42.10 350m: 4:46.18	40.79
	100m: 1:17.26	40.97 200m: 2:40.90	41.93 300m: 4:05.39	42.39 400m: 5:24.33	38.15
22.	Rube Lievens	Zwemclub Geel	NT	ZGEEL/11194/12	5:31.14 +0,68
	50m: 35.23	35.23 150m: 1:58.88	42.40 250m: 3:25.60	43.39 350m: 4:52.65	42.94
	100m: 1:16.48	41.25 200m: 2:42.21	43.33 300m: 4:09.71	44.11 400m: 5:31.14	38.49
23.	L. Goßmann Lopez	Aachener SV 06	5:31.20	458819	5:32.96 +0,63
	50m: 36.35	36.35 150m: 1:59.00	42.16 250m: 3:25.41	43.23 350m: 4:52.23	43.56
	100m: 1:16.84	40.49 200m: 2:42.18	43.18 300m: 4:08.67	43.26 400m: 5:32.96	40.73
24.	Ruben Neyrinck	Zwemclub Geel	5:22.77	ZGEEL/11153/13	5:35.15
	50m: 37.00	37.00 150m: 2:01.72	43.33 250m: 3:27.53	44.23 350m: 4:52.76	43.52
	100m: 1:18.39	41.39 200m: 2:43.30	41.58 300m: 4:09.24	41.71 400m: 5:35.15	42.39
25.	Merijn Hofmans	Arethusa	NT	201200607	5:37.97 +0,60
	50m: 36.47	36.47 150m: 2:01.37	43.48 250m: 3:29.50	43.84 350m: 4:57.42	43.80
	100m: 1:17.89	41.42 200m: 2:45.66	44.29 300m: 4:13.62	44.12 400m: 5:37.97	40.55
26.	Abdelaziz El Omrani	Aachener SV 06	5:45.11	444344	5:40.89 +0,76
	50m: 35.14	35.14 150m: 2:00.06	44.06 250m: 3:29.58	44.48 350m: 4:59.10	44.85
	100m: 1:16.00	40.86 200m: 2:45.10	45.04 300m: 4:14.25	44.67 400m: 5:40.89	41.79
27.	Mauro Hindryckx	MEGA	6:02.45	MEGA/11510/13	5:42.45 +0,79
	50m: 35.00	35.00 150m: 1:57.26	42.53 250m: 3:27.23	45.85 350m: 4:58.19	45.42
	100m: 1:14.73	39.73 200m: 2:41.38	44.12 300m: 4:12.77	45.54 400m: 5:42.45	44.26
28.	Musa Kaan Bozkurt	Hieronymus	7:06.15	201202593	5:47.82 +0,94
	50m: 36.51	36.51 150m: 2:03.69	44.80 250m: 3:35.13	46.40 350m: 5:05.25	44.84
	100m: 1:18.89	42.38 200m: 2:48.73	45.04 300m: 4:20.41	45.28 400m: 5:47.82	42.57
29.	Luuk Bijman	Niemo Barracuda	6:06.77	201200201	5:50.58
	50m: 38.25	38.25 150m: 2:04.93	44.08 250m: 3:35.58	45.47 350m: 5:07.43	45.48
	100m: 1:20.85	42.60 200m: 2:50.11	45.18 300m: 4:21.95	46.37 400m: 5:50.58	43.15
30.	Enzi Nyembo	ZV De Aalscholver	NT	201300163	5:52.39 +0,68
	50m: 36.97	36.97 150m: 2:05.66	45.65 250m: 3:38.79	47.32 350m: 5:11.55	45.57
	100m: 1:20.01	43.04 200m: 2:51.47	45.81 300m: 4:25.98	47.19 400m: 5:52.39	40.84
31.	Iede de Wit	Hieronymus	7:12.82	201300213	5:54.71 +0,56
	50m: 37.04	37.04 150m: 2:05.24	45.38 250m: 3:38.95	47.02 350m: 5:12.19	46.82
	100m: 1:19.86	42.82 200m: 2:51.93	46.69 300m: 4:25.37	46.42 400m: 5:54.71	42.52
32.	Taim Manlaali	ZPC AMERSFOORT	5:58.75	201202831	6:02.38 +0,73
	50m: 36.07	36.07 150m: 2:05.09	46.46 250m: 3:40.74	48.36 350m: 5:17.16	48.74
	100m: 1:18.63	42.56 200m: 2:52.38	47.29 300m: 4:28.42	47.68 400m: 6:02.38	45.22
33.	Bartek Kolodziej	PSV	NT	201301141	6:03.76
	50m: 39.36	39.36 150m: 2:13.40	47.83 250m: 3:48.00	46.47 350m: 5:21.68	46.92
	100m: 1:25.57	46.21 200m: 3:01.53	48.13 300m: 4:34.76	46.76 400m: 6:03.76	42.08
34.	Tim Lindner	Aachener SV 06	6:01.39	449744	6:11.85
	50m: 37.45	37.45 150m: 2:09.15	46.74 250m: 3:46.76	49.70 350m: 5:24.61	47.95
	100m: 1:22.41	44.96 200m: 2:57.06	47.91 300m: 4:36.66	49.90 400m: 6:11.85	47.24
35.	Ali Sezer	PSV	7:12.76	201301921	6:26.47 +0,74
	50m: 42.55	42.55 150m: 2:20.68	49.68 250m: 4:00.47	50.14 350m: 5:39.28	49.27
	100m: 1:31.00	48.45 200m: 3:10.33	49.65 300m: 4:50.01	49.54 400m: 6:26.47	47.19
AFGEM	Bram Engelen	Hellas-Glana	4:54.69	201300421	
AFGEM	Pjotr Dezutter	Scheldestroom	5:57.96	201300125	

14 - 15 jaar

1.	Laurens van Nulck	Hellas-Glana	4:32.40	201100521	4:22.96 +0,70
	50m: 30.23	30.23 150m: 1:36.23	33.36 250m: 2:43.21	33.57 350m: 3:50.08	33.46
	100m: 1:02.87	32.64 200m: 2:09.64	33.41 300m: 3:16.62	33.41 400m: 4:22.96	32.88
2.	Lukas Roosen	Peltse Zwemclub	4:31.54	PZC/11077/10	4:27.67 +0,64
	50m: 29.84	29.84 150m: 1:37.55	33.98 250m: 2:46.11	34.09 350m: 3:54.53	33.78
	100m: 1:03.57	33.73 200m: 2:12.02	34.47 300m: 3:20.75	34.64 400m: 4:27.67	33.14

Programmanr. 21, Jongens, 400m vrije slag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT			
3.	Erdem Eren	PSV	4:38.51	201103697	4:29.65 +0,66			
	50m: 30.13	30.13	150m: 1:38.35	34.75	250m: 2:48.80	35.20	350m: 3:57.88	34.38
	100m: 1:03.60	33.47	200m: 2:13.60	35.25	300m: 3:23.50	34.70	400m: 4:29.65	31.77
4.	Thijmen Puijssers	Hieronymus	4:33.77	201000129	4:29.91 +0,63			
	50m: 29.69	29.69	150m: 1:37.51	34.38	250m: 2:47.21	34.92	350m: 3:57.14	35.05
	100m: 1:03.13	33.44	200m: 2:12.29	34.78	300m: 3:22.09	34.88	400m: 4:29.91	32.77
5.	Leo De Witte	KAZS	4:30.27	KAZS/11102/10	4:30.55 +0,69			
	50m: 30.05	30.05	150m: 1:38.58	34.35	250m: 2:48.09	34.97	350m: 3:57.39	34.42
	100m: 1:04.23	34.18	200m: 2:13.12	34.54	300m: 3:22.97	34.88	400m: 4:30.55	33.16
6.	Vic Van Nooten	Leuven Aquatics	4:30.94	LAQUA/11454/10	4:30.75 +0,74			
	50m: 29.73	29.73	150m: 1:38.24	34.52	250m: 2:47.99	34.87	350m: 3:57.40	34.52
	100m: 1:03.72	33.99	200m: 2:13.12	34.88	300m: 3:22.88	34.89	400m: 4:30.75	33.35
7.	Wannes Vets	KAZS	4:33.22	KAZS/11117/11	4:30.80 +0,66			
	50m: 30.39	30.39	150m: 1:38.33	34.67	250m: 2:48.36	34.92	350m: 3:57.43	34.28
	100m: 1:03.66	33.27	200m: 2:13.44	35.11	300m: 3:23.15	34.79	400m: 4:30.80	33.37
8.	Douwe Enzerink	ZPC AMERSFOORT	4:38.90	201102657	4:30.91 +0,70			
	50m: 29.42	29.42	150m: 1:37.31	34.61	250m: 2:47.35	35.21	350m: 3:57.47	34.92
	100m: 1:02.70	33.28	200m: 2:12.14	34.83	300m: 3:22.55	35.20	400m: 4:30.91	33.44
9.	Tren Wullms	Hellas-Glana	4:39.37	201000469	4:31.67 +0,73			
	50m: 29.95	29.95	150m: 1:37.76	34.36	250m: 2:47.27	34.99	350m: 3:57.63	35.23
	100m: 1:03.40	33.45	200m: 2:12.28	34.52	300m: 3:22.40	35.13	400m: 4:31.67	34.04
10.	Warre Leyssen	Peltse Zwemclub	4:31.81	PZC/11082/10	4:37.50 +0,67			
	50m: 31.18	31.18	150m: 1:41.25	35.88	250m: 2:52.92	35.55	350m: 4:03.92	35.07
	100m: 1:05.37	34.19	200m: 2:17.37	36.12	300m: 3:28.85	35.93	400m: 4:37.50	33.58
11.	Milan Schuilenburg	ZPC AMERSFOORT	4:39.39	201000935	4:38.79 +0,65			
	50m: 30.84	30.84	150m: 1:41.01	35.67	250m: 2:53.31	36.09	350m: 4:05.26	35.53
	100m: 1:05.34	34.50	200m: 2:17.22	36.21	300m: 3:29.73	36.42	400m: 4:38.79	33.53
12.	Sam Diederens	Hellas-Glana	5:17.08	201001863	4:40.69 +0,72			
	50m: 31.21	31.21	150m: 1:41.15	35.42	250m: 2:54.18	36.65	350m: 4:06.75	35.52
	100m: 1:05.73	34.52	200m: 2:17.53	36.38	300m: 3:31.23	37.05	400m: 4:40.69	33.94
13.	Tristan Kerguiduff	Waterloo Natation	4:44.69	WN/011264/11	4:43.38 +0,59			
	50m: 31.31	31.31	150m: 1:41.85	35.89	250m: 2:54.02	36.31	350m: 4:07.67	36.80
	100m: 1:05.96	34.65	200m: 2:17.71	35.86	300m: 3:30.87	36.85	400m: 4:43.38	35.71
14.	Wael Zrirak	Zwemclub Geel	4:35.41	ZGEEL/11159/10	4:45.34 +0,70			
	50m: 30.42	30.42	150m: 1:41.99	36.84	250m: 2:56.22	37.13	350m: 4:10.16	36.28
	100m: 1:05.15	34.73	200m: 2:19.09	37.10	300m: 3:33.88	37.66	400m: 4:45.34	35.18
15.	Dylano Fransen	Peltse Zwemclub	NT	NT	4:45.36 +0,72			
	50m: 31.18	31.18	150m: 1:42.83	36.17	250m: 2:57.51	37.81	350m: 4:10.73	35.64
	100m: 1:06.66	35.48	200m: 2:19.70	36.87	300m: 3:35.09	37.58	400m: 4:45.36	34.63
16.	Daan Vermeulen	MEGA	4:50.30	MEGA/11441/11	4:45.74 +0,71			
	50m: 32.99	32.99	150m: 1:45.84	36.41	250m: 2:58.05	35.86	350m: 4:10.10	35.30
	100m: 1:09.43	36.44	200m: 2:22.19	36.35	300m: 3:34.80	36.75	400m: 4:45.74	35.64
17.	Vince van Dam	ACZ	5:01.87	201000405	4:46.94 +0,68			
	50m: 32.30	32.30	150m: 1:44.99	36.50	250m: 2:58.71	36.59	350m: 4:11.65	36.35
	100m: 1:08.49	36.19	200m: 2:22.12	37.13	300m: 3:35.30	36.59	400m: 4:46.94	35.29
18.	Sebastian Asscherickx	KAZS	4:54.66	KAZS/11185/11	4:48.88 +0,70			
	50m: 33.36	33.36	150m: 1:49.31	37.79	250m: 3:03.70	37.13	350m: 4:16.85	35.61
	100m: 1:11.52	38.16	200m: 2:26.57	37.26	300m: 3:41.24	37.54	400m: 4:48.88	32.03
19.	Thomas Garcia	CNSW	4:44.59	CNSW/012483/11	4:51.26 +0,71			
	50m: 32.23	32.23	150m: 1:44.10	36.63	250m: 2:58.96	37.49	350m: 4:14.67	37.81
	100m: 1:07.47	35.24	200m: 2:21.47	37.37	300m: 3:36.86	37.90	400m: 4:51.26	36.59
20.	Warre Huens	MEGA	4:42.01	MEGA/11253/10	4:51.42 +0,66			
	50m: 31.28	31.28	150m: 1:42.58	36.49	250m: 2:58.21	38.48	350m: 4:14.54	38.00
	100m: 1:06.09	34.81	200m: 2:19.73	37.15	300m: 3:36.54	38.33	400m: 4:51.42	36.88
21.	Ian Timmermans	PSV	4:41.48	201004001	4:52.19 +0,61			
	50m: 31.57	31.57	150m: 1:43.77	37.29	250m: 3:00.39	39.21	350m: 4:16.82	38.25
	100m: 1:06.48	34.91	200m: 2:21.18	37.41	300m: 3:38.57	38.18	400m: 4:52.19	35.37
22.	Enzo Cardaci	CNSW	5:01.81	CNSW/016000/11	4:53.69 +0,76			
	50m: 30.75	30.75	150m: 1:44.82	38.09	250m: 2:59.89	37.12	350m: 4:16.82	37.77
	100m: 1:06.73	35.98	200m: 2:22.77	37.95	300m: 3:39.05	39.16	400m: 4:53.69	36.87
23.	Xander De Jonghe	De Marlijn (SG)	5:18.85	201101095	4:54.08 +0,70			
	50m: 32.24	32.24	150m: 1:45.35	37.37	250m: 3:01.36	38.39	350m: 4:18.22	38.60
	100m: 1:07.98	35.74	200m: 2:22.97	37.62	300m: 3:39.62	38.26	400m: 4:54.08	35.86

Programmanr. 21, Jongens, 400m vrije slag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT	
24.	Jasper Cox	ZPC AMERSFOORT	4:55.79	201003589	4:57.67 +0,59	
	50m: 32.16	32.16 150m: 1:47.12	38.50	250m: 3:04.24	38.61 350m: 4:21.51	38.70
	100m: 1:08.62	36.46 200m: 2:25.63	38.51	300m: 3:42.81	38.57 400m: 4:57.67	36.16
25.	Tibo Janssen	ZPC De Rog Weert	5:04.96	201101591	4:59.81 +0,69	
	50m: 32.45	32.45 150m: 1:48.21	38.37	250m: 3:06.65	39.05 350m: 4:24.04	39.05
	100m: 1:09.84	37.39 200m: 2:27.60	39.39	300m: 3:44.99	38.34 400m: 4:59.81	35.77
26.	Elliot van Ruth	PSV	5:15.84	201102347	5:03.42 +0,72	
	50m: 33.80	33.80 150m: 1:51.61	38.95	250m: 3:09.46	38.78 350m: 4:27.35	38.77
	100m: 1:12.66	38.86 200m: 2:30.68	39.07	300m: 3:48.58	39.12 400m: 5:03.42	36.07
27.	Mauro De Bal Suijs	MEGA	5:07.73	MEGA/11387/11	5:04.39 +0,67	
	50m: 32.36	32.36 150m: 1:48.81	38.93	250m: 3:08.45	39.75 350m: 4:27.84	39.07
	100m: 1:09.88	37.52 200m: 2:28.70	39.89	300m: 3:48.77	40.32 400m: 5:04.39	36.55
28.	Dante Vanhelmont	KAZS	5:15.06	KAZS/11131/11	5:10.44 +0,69	
	50m: 34.34	34.34 150m: 1:55.49	41.38	250m: 3:16.49	40.15 350m: 4:34.63	38.33
	100m: 1:14.11	39.77 200m: 2:36.34	40.85	300m: 3:56.30	39.81 400m: 5:10.44	35.81
29.	Stephen Verheyen	KAZS	5:12.59	KAZS/11223/11	5:11.75 +0,80	
	50m: 35.25	35.25 150m: 1:57.07	41.53	250m: 3:17.11	39.80 350m: 4:34.05	38.44
	100m: 1:15.54	40.29 200m: 2:37.31	40.24	300m: 3:55.61	38.50 400m: 5:11.75	37.70
30.	Tiago Verheggen	ZV Hydra	5:23.62	201003277	5:39.40 +0,77	
	50m: 35.13	35.13 150m: 1:56.79	41.95	250m: 3:26.97	45.77 350m: 4:57.33	44.59
	100m: 1:14.84	39.71 200m: 2:41.20	44.41	300m: 4:12.74	45.77 400m: 5:39.40	42.07
31.	Pepijn van Rijn	PSV	5:30.94	201100331	5:51.71 +0,61	
	50m: 37.41	37.41 150m: 2:05.05	44.61	250m: 3:36.60	45.30 350m: 5:07.62	45.59
	100m: 1:20.44	43.03 200m: 2:51.30	46.25	300m: 4:22.03	45.43 400m: 5:51.71	44.09
DIS	Federico Gorini	CNSW	5:02.13	CNSW/012484/11		AA
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
AFGEM	Benjamin Wiemer	Aachener SV 06	5:02.88	458695		
AFGEM	Mathias Mannaerts	De Lommelse Waterbengels	4:51.52	LWB/11069/11		
AFGEM	Taysir Hadj Fradj	MEGA	5:02.16	MEGA/11360/10		
AFGEM	Milann Begue	Zwemclub Geel	4:39.58	ZGEEL/11156/11		

16 - 17 jaar

1.	Martijn Nies	PSV	4:04.22	200902095	4:01.10 +0,69	
	<i>Arena I.T.T. Record</i>					
	50m: 27.57	27.57 150m: 1:28.06	30.39	250m: 2:29.58	30.81 350m: 3:31.56	30.89
	100m: 57.67	30.10 200m: 1:58.77	30.71	300m: 3:00.67	31.09 400m: 4:01.10	29.54
2.	Yarno van Dam	ACZ	4:11.86	200800115	4:05.78 +0,72	
	50m: 27.52	27.52 150m: 1:28.91	31.30	250m: 2:31.95	31.75 350m: 3:35.29	31.86
	100m: 57.61	30.09 200m: 2:00.20	31.29	300m: 3:03.43	31.48 400m: 4:05.78	30.49
3.	Tobian Vos	ZPC AMERSFOORT	4:12.14	200900005	4:05.92 +0,74	
	50m: 27.56	27.56 150m: 1:28.71	31.23	250m: 2:31.49	31.35 350m: 3:35.53	31.88
	100m: 57.48	29.92 200m: 2:00.14	31.43	300m: 3:03.65	32.16 400m: 4:05.92	30.39
4.	Xander Kragting	ZPC AMERSFOORT	4:27.74	200900077	4:23.19 +0,70	
	50m: 29.49	29.49 150m: 1:35.33	33.01	250m: 2:42.44	33.49 350m: 3:50.15	33.64
	100m: 1:02.32	32.83 200m: 2:08.95	33.62	300m: 3:16.51	34.07 400m: 4:23.19	33.04
5.	Theodore Allan	PSV	4:20.32	200902925	4:26.84 +0,61	
	50m: 28.79	28.79 150m: 1:33.82	32.99	250m: 2:42.57	34.56 350m: 3:52.80	34.96
	100m: 1:00.83	32.04 200m: 2:08.01	34.19	300m: 3:17.84	35.27 400m: 4:26.84	34.04
6.	Lowie Vanbesien	MEGA	4:27.99	MEGA/11251/09	4:31.02 +0,73	
	50m: 30.68	30.68 150m: 1:39.22	34.71	250m: 2:48.24	34.06 350m: 3:57.89	35.20
	100m: 1:04.51	33.83 200m: 2:14.18	34.96	300m: 3:22.69	34.45 400m: 4:31.02	33.13
7.	Siebe Vets	KAZS	4:29.24	KAZS/11065/08	4:34.17 +0,78	
	50m: 30.48	30.48 150m: 1:39.22	34.82	250m: 2:49.43	34.94 350m: 3:59.59	35.09
	100m: 1:04.40	33.92 200m: 2:14.49	35.27	300m: 3:24.50	35.07 400m: 4:34.17	34.58
8.	Thijn Metten	ZPC AMERSFOORT	4:39.93	200801327	4:35.46 +0,77	
	50m: 28.29	28.29 150m: 1:36.66	35.20	250m: 2:50.12	36.67 350m: 4:02.19	35.61
	100m: 1:01.46	33.17 200m: 2:13.45	36.79	300m: 3:26.58	36.46 400m: 4:35.46	33.27
9.	Arthur Willem	KAZS	4:39.85	KAZS/11114/09	4:41.63 +0,69	
	50m: 30.73	30.73 150m: 1:40.17	35.23	250m: 2:53.37	36.51 350m: 4:06.93	36.53
	100m: 1:04.94	34.21 200m: 2:16.86	36.69	300m: 3:30.40	37.03 400m: 4:41.63	34.70

Programmanr. 21, Jongens, 400m vrije slag, 16 - 17 jaar

rang	naam	vereniging	intijd	tijd	RT			
10.	Korneel Bulckaen	MEGA	4:58.03	MEGA/11326/09	4:49.61 +0,75			
	50m: 32.21	32.21	150m: 1:45.08	37.10	250m: 2:59.98	37.73	350m: 4:14.25	37.01
	100m: 1:07.98	35.77	200m: 2:22.25	37.17	300m: 3:37.24	37.26	400m: 4:49.61	35.36
11.	Hannes Wouters	KAZS	4:55.53	KAZS/11077/08	4:51.22 +0,63			
	50m: 32.12	32.12	150m: 1:45.97	37.79	250m: 3:01.65	38.04	350m: 4:16.67	37.21
	100m: 1:08.18	36.06	200m: 2:23.61	37.64	300m: 3:39.46	37.81	400m: 4:51.22	34.55
12.	Sven Buijs	Hieronymus	4:37.75	200902853	4:52.00 +0,73			
	50m: 30.88	30.88	150m: 1:41.30	36.15	250m: 2:58.28	38.00	350m: 4:15.54	39.12
	100m: 1:05.15	34.27	200m: 2:20.28	38.98	300m: 3:36.42	38.14	400m: 4:52.00	36.46
13.	Michaël Danilov	Peltse Zwemclub	4:49.50	PZC/11054/09	4:52.49 +0,74			
	50m: 32.60	32.60	150m: 1:46.22	37.29	250m: 3:02.30	38.27	350m: 4:17.83	37.58
	100m: 1:08.93	36.33	200m: 2:24.03	37.81	300m: 3:40.25	37.95	400m: 4:52.49	34.66
14.	Elias Van Thillo	MEGA	4:55.43	MEGA/11469/09	4:54.07 +0,70			
	50m: 32.35	32.35	150m: 1:45.57	37.02	250m: 3:01.62	37.88	350m: 4:17.88	37.65
	100m: 1:08.55	36.20	200m: 2:23.74	38.17	300m: 3:40.23	38.61	400m: 4:54.07	36.19
15.	Liam Matthews	ZV De Aalscholver	4:53.75	200902685	4:55.54 +0,65			
	50m: 31.02	31.02	150m: 1:43.50	37.26	250m: 3:00.07	39.53	350m: 4:19.10	39.73
	100m: 1:06.24	35.22	200m: 2:20.54	37.04	300m: 3:39.37	39.30	400m: 4:55.54	36.44
16.	Wesley Korndewal	ZPC AMERSFOORT	4:59.60	200900405	4:58.02 +0,72			
	50m: 32.58	32.58	150m: 1:47.08	38.08	250m: 3:04.39	38.93	350m: 4:21.51	38.48
	100m: 1:09.00	36.42	200m: 2:25.46	38.38	300m: 3:43.03	38.64	400m: 4:58.02	36.51
17.	Thijs Bijman	Niemo Barracuda	5:07.55	200901111	4:59.52 +0,73			
	50m: 33.24	33.24	150m: 1:48.61	38.66	250m: 3:07.15	38.99	350m: 4:25.59	39.34
	100m: 1:09.95	36.71	200m: 2:28.16	39.55	300m: 3:46.25	39.10	400m: 4:59.52	33.93

Programmanr. 22
22-3-2026 - 11:39

Meisjes, 200m schoolslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	2:37.32	Nieke Dovic	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	2:44.33	Suze Creemers	NED	Eindhoven	2022
Arena I.T.T. Record 12 - 13	2:53.81	Fay Boxum	NED	Eindhoven	2022

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
12 - 13 jaar										
1.	Amelia W s	St. Olimpijczyk Brzesko	2:46.13	2:45.07	+0,62	37.18	1:18.41	2:01.24	2:45.07	
2.	Valerie Rienties	Zwemsport Parkstad	2:51.41	201200400	2:46.01	+0,65	36.00	1:17.68	2:01.55	2:46.01
3.	Julia Ketelaars	PSV	3:02.86	201200028	3:00.44	+0,78	41.07	1:27.22	2:13.90	3:00.44
4.	Emma Juliette Jansen	ZPC AMERSFOORT	3:05.57	201200158	3:02.54	+0,66	39.93	1:26.27	2:14.59	3:02.54
5.	Benthe de Beer	PSV	3:11.42	201302638	3:03.75	+0,65	41.67	1:27.56	2:14.94	3:03.75
6.	Rosie Waignein	MEGA	3:03.71	MEGA/21449/13	3:06.28	+0,75	42.57	1:30.28	2:18.47	3:06.28
7.	Noa Laman	ZPC AMERSFOORT	3:07.30	201302266	3:08.62	+0,65	43.16	1:31.19	2:20.19	3:08.62
8.	Jolie Potier	MEGA	3:05.54	MEGA/21398/12	3:09.83	+0,78	43.33	1:30.75	2:19.95	3:09.83
9.	Fenna Beumer	PSV	NT	201300176	3:10.05	+0,86	42.33	1:31.03	2:19.66	3:10.05
10.	Kaja Kowalska	Hieronymus	3:10.13	201301986	3:13.74	+0,83	42.99	1:31.52	2:21.78	3:13.74
11.	Julia Barszczewska	Waterloo Natation	3:24.06	WN/015149/12	3:16.92	+0,62	46.35	1:37.40	2:27.48	3:16.92
12.	Maria Zhukova	CNSW	3:15.16	CNSW/012761/12	3:18.50	+0,85	45.79	1:35.78	2:28.71	3:18.50
13.	Indy Verbist	De Marlijn (SG)	3:21.27	201200286	3:20.93	+0,80	45.85	1:38.21	2:30.59	3:20.93
14.	Jana Nelissen	PSV	3:16.53	201200350	3:22.14	+0,69	43.64	1:33.57	2:28.30	3:22.14
15.	Annika Dzene	CNSW	3:16.08	CNSW/013210/12	3:22.42	+0,66	47.28	1:38.36	2:31.52	3:22.42
16.	Sien Lembrechts	KAZS	3:29.49	KAZS/21176/13	3:23.51	+0,75	46.34	1:38.51	2:30.18	3:23.51
17.	Jolene Hirtz	Aachener SV 06	3:28.26	489352	3:25.64	+0,78	47.23	1:39.73	2:32.94	3:25.64
18.	Itzana Djonou Imba	Zwemclub Geel	NT	ZGEEL/21208/13	3:27.25	+0,67	48.55	1:41.23	2:33.63	3:27.25
19.	Pien van Putten	Zwemsport Parkstad	3:21.32	201301034	3:28.68	+0,70	48.26	1:41.40	2:36.86	3:28.68
20.	Lina Meurrens	KAZS	3:27.56	KAZS/21154/12	3:28.87		45.93	1:39.20	2:34.94	3:28.87
21.	Elina Hufkens	Zwemclub Geel	3:45.02	ZGEEL/21180/12	3:29.88	+0,68	47.10	1:41.28	2:36.62	3:29.88
22.	T. van de Wetering	Arethusa	3:17.24	201200780	3:30.76	+0,73	46.53	1:41.61	2:37.12	3:30.76
23.	Savannah Feyaerts	KAZS	3:47.13	KAZS/21219/13	3:45.15	+0,70	49.67	1:46.83	2:47.90	3:45.15
24.	Sophie Manders	ZPC De Rog Weert	NT	201202374 SB15	3:47.49		51.53	1:49.30	2:48.53	3:47.49
25.	Emma Linders	Arethusa	NT	201302414	3:47.62	+0,86	50.09	1:48.51	2:48.29	3:47.62
26.	Jada van Dijk	ZPC AMERSFOORT	3:58.82	201300866	3:53.80	+0,73	51.09	1:51.65	2:52.02	3:53.80

Programmanr. 22, Meisjes, 200m schoolslag, 12 - 13 jaar

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
DIS Livia van der Heide	Tempo Valkenswaard	3:32.98	201200764					
AA - De start ingezet voor het startsignaal (en wel gezwommen).								
NG.ZA Emilie Scarmure	Waterloo Natation	3:02.97	WN/014112/13					

14 - 15 jaar

1. Sarah Förster	Hellas-Glana	2:53.75	201102682	2:51.75	+0,67	38.88	1:22.55	2:07.08	2:51.75
2. Fleur Buijs	Hieronymus	2:54.27	201100676	2:54.07		39.38	1:23.00	2:08.32	2:54.07
3. Mia Hoeflaken	PSV	2:50.13	201004108	2:55.29	+0,65	38.70	1:23.07	2:08.60	2:55.29
4. Nona Watelle	Leuven Aquatics	2:48.83	LAQUA/21446/10	2:56.90	+0,71	39.36	1:25.04	2:10.53	2:56.90
5. Lena Thys	Leuven Aquatics	2:50.61	LAQUA/21704/11	2:58.10	+0,69	40.56	1:26.29	2:12.16	2:58.10
6. Alaine Lomans	Hellas-Glana	3:05.84	201000420	2:58.99	+0,72	41.08	1:25.60	2:11.96	2:58.99
7. Fenne Hardeman	Hellas-Glana	3:03.74	201100244	2:59.16	+0,68	40.80	1:26.94	2:13.15	2:59.16
8. Lili de Graaf	Hellas-Glana	3:10.50	201103068	3:01.21	+0,75	41.01	1:26.73	2:14.12	3:01.21
9. Sara Creemers	Hellas-Glana	2:59.76	201100242	3:02.47	+0,67	40.69	1:27.20	2:14.62	3:02.47
10. Martha Luise Blum	SG Rhein-Mosel	3:01.07	423080	3:03.27	+0,75	40.98	1:27.86	2:16.01	3:03.27
11. Annelie Batenburg	PSV	2:56.51	201001962	3:04.34	+0,73	40.88	1:26.88	2:14.75	3:04.34
12. Hanna Heller	ZPC AMERSFOORT	3:01.52	201102730	3:05.90	+0,67	41.86	1:29.38	2:17.68	3:05.90
13. B. van Ravensteijn	Arethusa	3:09.41	201100738	3:08.73	+0,71	42.29	1:30.04	2:19.87	3:08.73
14. Fenna Hölsgens	Hellas-Glana	3:11.07	201000276	3:09.31	+0,76	44.19	1:32.53	2:21.73	3:09.31
15. Dina El Moussaoui	CNSW	3:01.05	CNSW/013776/11	3:09.93	+0,83	43.89	1:30.46	2:20.45	3:09.93
16. Bente Toth	ZPC AMERSFOORT	3:21.35	201102818	3:12.99	+0,71	43.60	1:32.80	2:23.31	3:12.99
17. Yelena Cools	Zwemclub Geel	3:04.88	ZGEEL/21171/11	3:14.95	+0,86	43.20	1:31.90	2:23.00	3:14.95
18. Suze van Oosterhout	WZV	3:29.53	201101758	3:17.36	+0,69	42.68	1:32.09	2:25.91	3:17.36
19. Mare Engelse	Niemo Barracuda	3:17.48	201100826	3:17.48		43.59	1:33.03	2:25.28	3:17.48
20. Jante Cremers	Tempo Valkenswaard	3:14.82	201102406	3:17.97	+0,70	44.73	1:35.72	2:27.78	3:17.97
21. Frances Lugtu	ZV De Aalscholver	3:32.19	201000418	3:18.06	+0,52	44.60	1:34.92	2:27.87	3:18.06
22. Imke Leysen	Zwemclub Geel	3:21.80	ZGEEL/21152/11	3:19.68	+0,74	47.08	1:37.58	2:29.66	3:19.68
23. Vera Broekman	Arethusa	3:24.32	201001454	3:21.68	+0,54	44.90	1:37.47	2:30.29	3:21.68
24. Lieve Bakker	DZT'62	3:34.71	201101788	3:27.43	+0,64	47.78	1:41.58	2:36.37	3:27.43
25. Elise Pastorelli	Hieronymus	3:30.25	201103462	3:30.40	+0,80	47.05	1:39.45	2:34.95	3:30.40
26. Paulien Boeckx	Zwemclub Geel	3:27.31	ZGEEL/21145/10	3:31.31	+0,76	46.66	1:41.21	2:36.20	3:31.31
27. Do De Cat	KAZS	3:32.84	KAZS/21134/10	3:40.09	+0,82	48.30	1:44.67	2:43.04	3:40.09
28. Kiki Snoeks	ZV Hydra	NT	201003422	3:43.35	+0,75	49.32	1:45.92	2:45.08	3:43.35
DIS Morrison Schram	Z & PC De Zeeuwse Kl	3:02.04	201100686						
AA - De start ingezet voor het startsignaal (en wel gezwommen).									
AFGEM Zora Spriet	Hieronymus	3:20.39	201100532						

16 - 17 jaar

1. Tess Vonk	De Geul	2:42.83	200900024	2:43.41	+0,62	36.78	1:18.56	2:01.12	2:43.41
2. Myrthe Stelten	Hellas-Glana	2:44.60	200900234	2:46.79	+0,72	37.58	1:20.71	2:03.83	2:46.79
3. Robine Moot	ZPC AMERSFOORT	2:43.63	200900330	2:48.31	+0,72	37.31	1:20.14	2:03.94	2:48.31
4. Djelaysa Buunk	Z & PC De Zeeuwse Kl	2:49.56	200900536	2:53.13	+0,74	39.09	1:22.21	2:07.89	2:53.13
5. Michelle van Hemert	PSV	2:43.14	200901200	2:55.47	+0,76	38.79	1:24.21	2:10.65	2:55.47
6. Julia Dijkstra	PSV	2:54.97	200904546	2:55.49	+0,78	37.48	1:20.44	2:07.41	2:55.49
7. Alva Renaud	CNSW	2:53.96	CNSW/011653/09	2:58.30	+0,61	40.51	1:26.32	2:12.73	2:58.30
8. Mirthe Gaytant	ZORO Zwemteam	3:07.52	ZORO/21204/08	3:02.83	+0,87	39.03	1:25.44	2:13.54	3:02.83
9. Bo Bontrup	PSV	3:07.77	200902150	3:05.32	+0,71	42.43	1:29.33	2:16.78	3:05.32
10. Thyrv Meyer	KAZS	3:04.61	KAZS/21181/09	3:06.83	+0,73	42.96	1:30.79	2:19.59	3:06.83
11. Hanna Advokaat	PSV	3:10.41	200901502	3:09.81	+0,79	42.95	1:31.28	2:20.73	3:09.81
12. Rosalie Moller	Niemo Barracuda	3:25.04	200903292	3:13.86	+0,83	43.25	1:32.45	2:23.21	3:13.86
13. Stine Baeke	MEGA	3:15.16	MEGA/21332/09	3:14.73	+0,65	43.65	1:32.91	2:23.48	3:14.73
14. Laura Regniers	MEGA	3:15.59	MEGA/21239/09	3:19.27	+0,82	45.36	1:35.46	2:27.43	3:19.27
15. Inge Nooijen	ZV Hydra	3:18.43	200803830	3:20.05	+0,61	42.44	1:32.73	2:27.06	3:20.05
16. Mila Hermans	DZT'62	3:23.10	200801006	3:31.29	+0,78	48.73	1:42.62	2:37.99	3:31.29
17. Britt van der Ham	WZV	3:27.71	200801320	3:32.03	+0,75	47.63	1:40.42	2:36.18	3:32.03
18. Siska Vervloessem	KAZS	3:22.63	KAZS/21200/08	3:36.22	+0,62	48.95	1:43.81	2:39.90	3:36.22
AFGEM Nina Zusterzeel	PSV	2:37.19	200800656						

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 22-3-2026 - 12:10

Jongens, 200m schoolslag

 12 - 17 jaar
 Resultaten

Arena I.T.T. Record 16 - 17	2:18.76	Luca Janssen	NED	Eindhoven	2022
Arena I.T.T. Record 14 - 15	2:36.00	Anders van Norden	NED	Eindhoven	2019
Arena I.T.T. Record 12 - 13	2:32.54	Jonas Eversonas	BEL	Eindhoven	2024

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
12 - 13 jaar									
1. Paulius Eversonas	CNSW	2:43.47	CNSW/012494/12	2:41.82	+0,74	36.56	1:18.45	2:00.50	2:41.82
2. Thomas Metz	ZPC AMERSFOORT	2:55.78	201300043	2:55.57	+0,67	40.36	1:24.50	2:10.35	2:55.57
3. Wassim Ouraghi	CNSW	2:57.67	CNSW/013486/12	2:56.17	+0,70	40.76	1:25.99	2:11.48	2:56.17
4. Mason Borgman	ZV De Aalscholver	3:08.53	201200369	3:05.46	+0,61	41.57	1:28.28	2:16.31	3:05.46
5. Wessel Vis	De Treffers	3:36.09	201201273	3:07.51	+0,67	41.88	1:29.67	2:19.78	3:07.51
6. Sebas van Dam	ACZ	3:26.35	201300127	3:09.35	+0,57	42.58	1:31.10	2:20.42	3:09.35
7. Panayot Stankov	Aachener SV 06	3:19.21	462003	3:10.48	+0,52	42.95	1:31.13	2:21.21	3:10.48
8. Sam Wannée	WZV	3:43.99	201201573	3:11.34	+0,72	41.80	1:30.47	2:20.64	3:11.34
9. Théo De Coster	Waterloo Natation	3:15.39	WN/013162/13	3:14.69	+0,61	47.20	1:36.25	2:25.95	3:14.69
10. Cas Ruijs	ZV De Aalscholver	3:42.86	201300013	3:15.92	+0,62	47.53	1:37.70	2:27.08	3:15.92
11. Daan van Meerveld	ZPC AMERSFOORT	3:13.15	201200785	3:18.97	+0,51	44.15	1:35.30	2:27.39	3:18.97
12. David Noordwijk	Niemo Barracuda	3:21.02	201201253	3:19.39	+0,86	45.88	1:37.04	2:29.48	3:19.39
13. Alex Pasala	PSV	3:12.19	201300803	3:20.24	+0,69	46.18	1:37.54	2:29.04	3:20.24
14. Mateusz Nowacki	CNSW	3:23.68	CNSW/014691/13	3:22.86	+0,78	47.65	1:38.79	2:31.89	3:22.86
15. Can Koca	Aachener SV 06	3:34.47	449743	3:22.92	+0,73	44.99	1:37.43	2:30.60	3:22.92
16. Jan Peter Topaloski	Aachener SV 06	3:50.84	435283	3:24.37	+0,68	45.83	1:37.13	2:30.74	3:24.37
17. Raul Matthews	ZV De Aalscholver	NT	201202833	3:25.59	+0,73	43.69	1:35.75	2:31.92	3:25.59
18. Cong Liu	PSV	3:31.92	201301627	3:32.72	+0,80	48.06	1:41.65	2:37.33	3:32.72
19. Dylan van der Ham	WZV	3:35.49	201200425	3:35.33	+0,66	46.92	1:42.20	2:37.99	3:35.33
20. Sid Schut	Arethusa	3:47.54	201302057	3:37.71	+0,92	49.19	1:44.44	2:42.96	3:37.71
21. Aymen Ladhari	PSV	NT	201301579	3:56.89	+0,70	53.63	1:55.02	2:56.99	3:56.89
DIS Ali Sezer	PSV	3:46.36	201301921						

SA

SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het grootste gedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien.

14 - 15 jaar

1. Milan Schuilenburg	ZPC AMERSFOORT	2:34.74	201000935	2:31.19	+0,64	34.39	1:13.32	1:52.44	2:31.19
<i>Arena I.T.T. Record</i>									
2. Max van der Spank	TRB/RES	2:41.60	201000275	2:36.39	+0,67	34.83	1:13.65	1:54.93	2:36.39
3. Enrico Robba	CNSW	2:49.96	CNSW/012493/11	2:44.59	+0,74	37.83	1:19.89	2:02.78	2:44.59
4. Mels Diederden	Hellas-Glana	2:55.76	201100923	2:48.05	+0,55	36.55	1:18.86	2:03.00	2:48.05
5. Quint Lusthuis	Zwemsport Parkstad	2:59.20	201002507	2:48.71	+0,65	37.09	1:20.42	2:05.24	2:48.71
6. Joep Lindhout	Niemo Barracuda	2:54.77	201100873	2:48.74	+0,74	38.52	1:21.07	2:04.93	2:48.74
7. Lars Klanderman	De Marlijn (SG)	3:06.16	201000325	2:52.29	+0,70	37.70	1:21.92	2:07.43	2:52.29
8. Boyan Bobev	Leuven Aquatics	2:58.42	LAQUA/11400/10	2:52.37	+0,59	36.82	1:20.56	2:05.49	2:52.37
9. Tim van Ek	PSV	3:02.51	201100737	2:52.70	+0,68	39.16	1:23.27	2:07.53	2:52.70
10. Matteo Slotmaekers	Leuven Aquatics	2:56.81	LAQUA/11387/10	2:54.75	+0,62	39.97	1:24.45	2:10.66	2:54.75
11. Tristan Kerguiduff	Waterloo Natation	3:12.84	WN/011264/11	2:55.34	+0,69	38.91	1:23.50	2:09.77	2:55.34
12. Leo Pan	PSV	3:06.64	201100333	2:55.71	+0,68	39.58	1:25.37	2:11.44	2:55.71
13. Stijn van den Konink	ZPC AMERSFOORT	2:58.49	201102167	2:59.13	+0,74	39.82	1:25.64	2:13.50	2:59.13
14. Baris Yanginci	Waterloo Natation	3:07.75	WN/014168/11	2:59.35	+0,64	38.56	1:24.17	2:11.26	2:59.35
15. Quinten Oostveen	ZPC AMERSFOORT	2:56.25	201002605	3:02.14	+0,62	40.13	1:26.30	2:14.47	3:02.14
16. Zev De Strooper	MEGA	3:03.71	MEGA/11483/11	3:02.87	+0,71	40.48	1:27.50	2:15.44	3:02.87
17. Mathias Rosiers	MEGA	3:06.02	MEGA/11424/10	3:05.46	+0,60	43.51	1:30.33	2:18.86	3:05.46
18. Mats Verbruggen	KAZS	3:05.94	KAZS/11101/11	3:07.32	+0,74	40.63	1:28.23	2:17.81	3:07.32
19. Lars de Greef	Hieronimus	3:03.43	201003899	3:08.54	+0,82	42.59	1:30.68	2:20.56	3:08.54
20. Jaysley Brouwn	Niemo Barracuda	3:16.05	201101033	3:09.53		42.26	1:30.54	2:19.43	3:09.53
21. Aiden Burgzorg	ZV De Aalscholver	NT	201002691	3:18.61	+0,68	41.27	1:30.51	2:24.08	3:18.61
22. Lars Lembrecht	KAZS	4:23.13	KAZS/11158/10	4:06.03	+0,77	52.33	1:55.56	3:00.96	4:06.03
NG.ZA Jonas Eversonas	CNSW	2:27.57	CNSW/011059/10						
NG.ZA Eren Paker	CNSW	2:48.59	CNSW/013488/11						

Programmanr. 23, Jongens, 200m schoolslag

16 - 17 jaar

1. Frits Hoeflaken	PSV	2:34.62	200804101	2:30.15	+0,63	33.95	1:11.94	1:51.04	2:30.15
2. Joris Willemse	Hellas-Glana	2:38.84	200801745	2:36.64	+0,69	35.21	1:14.90	1:55.61	2:36.64
3. Thomas Nauta	Arethusa	2:41.82	200900339	2:38.20	+0,69	35.83	1:16.83	1:58.11	2:38.20
4. Fedor Sazonov	PSV	2:35.40	200900707	2:39.67	+0,71	34.93	1:14.95	1:56.40	2:39.67
5. Yarne Coutant	MEGA	2:45.39	MEGA/11367/08	2:43.34	+0,64	36.59	1:18.71	2:01.39	2:43.34
6. Jonathan Baaijens	PSV	2:38.58	200800409	2:44.61	+0,67	35.80	1:17.65	2:00.98	2:44.61
7. Cas Heylighen	Hellas-Glana	2:45.08	200901327	2:44.86	+0,65	35.79	1:17.48	2:01.00	2:44.86
8. Niklas Ehemann	Aachener SV 06	2:44.79	437561	2:46.12	+0,66	36.30	1:18.87	2:02.41	2:46.12
9. Tamsi Kamagate	De Lommelse Waterber	2:48.07	LWB/11071/09	2:46.25	+0,60	36.84	1:20.32	2:03.89	2:46.25
10. Nicolai Matla	PSV	2:49.49	200901031	2:47.27	+0,70	36.70	1:19.37	2:03.47	2:47.27
11. Hannes Wouters	KAZS	2:50.86	KAZS/11077/08	2:51.83	+0,70	40.45	1:23.79	2:09.13	2:51.83
12. Thijs Bijman	Niemo Barracuda	2:57.98	200901111	2:53.42	+0,67	40.49	1:25.92	2:09.78	2:53.42
13. Mitchell van Dijk	Niemo Barracuda	2:54.27	200800577	2:59.22	+0,74	40.40	1:25.77	2:12.60	2:59.22
14. Sven Buijs	Hieronymus	2:52.15	200902853	3:01.85	+0,75	38.22	1:23.67	2:12.29	3:01.85
AFGEM Nout Folkersma	PSV	2:34.78	200800595						

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Meisjes, 100m rugslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	1:05.39	Maaïke Ooms	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	1:07.29	Jetske Moot	NED	Eindhoven	2019
Arena I.T.T. Record 12 - 13	1:11.83	Fay Boxum	NED	Eindhoven	2022

rang	naam	vereniging	intijd	tijd	RT	50m	100m
12 - 13 jaar							
1.	Julie De Vreese	MEGA	1:12.40	MEGA/21418/12	1:12.06	+0,65	34.65 1:12.06
2.	Fenna Beumer	PSV	1:15.58	201300176	1:12.73	+0,64	35.28 1:12.73
3.	Valerie Rienties	Zwemsport Parkstad	1:17.24	201200400	1:13.48	+0,57	35.75 1:13.48
4.	Coco Scheepers	PSV	1:16.84	201301462	1:14.78	+0,64	36.09 1:14.78
5.	Maria Zhukova	CNSW	1:17.61	CNSW/012761/12	1:15.75	+0,78	37.59 1:15.75
6.	Vicky Horens	Hellas-Glana	1:17.73	201200252	1:15.80	+0,60	36.17 1:15.80
7.	Louise Terwisscha	ZPC AMERSFOORT	1:19.09	201201240	1:17.76	+0,63	38.11 1:17.76
8.	Ylène Zondervan	ZPC AMERSFOORT	1:11.81	201200016	1:18.44	+0,72	38.01 1:18.44
9.	Hanna Jurek	St. Olimpijczyk Brzesko	1:17.76		1:19.71	+0,62	39.07 1:19.71
	Charlotte Braeken	Zwemclub Geel	1:19.85	ZGEEL/21167/12	1:19.71	+0,66	37.96 1:19.71
11.	Tesse van de Wetering	Arethusa	1:14.90	201200780	1:19.78	+0,72	39.16 1:19.78
12.	Sophie Masschelein	Waterloo Natation	1:21.68	WN/012125/13	1:19.87	+0,75	38.59 1:19.87
13.	Leonie Maes	Peltse Zwemclub	1:18.57	PZC/21106/12	1:20.22	+0,61	39.00 1:20.22
14.	Jolie Potier	MEGA	1:18.95	MEGA/21398/12	1:20.45	+0,71	38.97 1:20.45
15.	Natalia Matras	St. Olimpijczyk Brzesko	1:19.13		1:20.87	+0,81	39.60 1:20.87
16.	Eveline van den Enden	Hellas-Glana	1:36.19	201300914	1:21.29	+0,66	39.58 1:21.29
17.	Emma Juliette Jansen	ZPC AMERSFOORT	1:22.17	201200158	1:21.94	+0,65	39.91 1:21.94
18.	Romee Claeys	MEGA	1:19.41	MEGA/21446/12	1:21.97	+0,73	39.10 1:21.97
19.	Victoria Kacejko	Waterloo Natation	1:21.01	WN/014143/13	1:22.45	+0,65	40.35 1:22.45
20.	Jaylin Roks	Hieronymus	1:24.23	201300620	1:22.68	+0,58	40.89 1:22.68
21.	Nehir Ozer	CNSW	1:21.94	CNSW/013485/13	1:23.29	+0,77	42.28 1:23.29
22.	Jolene Hirtz	Aachener SV 06	1:21.41	489352	1:23.89	+0,71	40.73 1:23.89
23.	Sien Lembrechts	KAZS	1:24.10	KAZS/21176/13	1:24.47	+0,84	41.62 1:24.47
24.	Sophie Runia	DZT'62	1:29.31	201300930	1:24.49	+0,63	41.62 1:24.49
25.	Jolene van Dam	Niemo Barracuda	1:23.16	201201344	1:24.50	+0,77	40.34 1:24.50
26.	Julia van Kuijk	ZV De Aalscholver	1:37.10	201301190	1:25.24	+1,01	42.92 1:25.24
27.	Mila Hoogendam	ZPC AMERSFOORT	1:29.16	201201692	1:25.45	+0,62	40.90 1:25.45
28.	Femke de Beir	ZPC AMERSFOORT	1:32.33	201203492	1:28.86	+0,72	42.90 1:28.86
29.	Pien van Putten	Zwemsport Parkstad	1:28.35	201301034	1:31.14	+0,71	44.35 1:31.14
30.	Natalie Nemes	PSV	1:44.51	201301942	1:31.39	+0,72	43.92 1:31.39
31.	M. van Zandvoort	Arethusa	1:36.50	201302416	1:31.43	+0,60	44.92 1:31.43
32.	Marit van der Voort	Arethusa	1:34.60	201300484	1:32.29	+0,79	45.75 1:32.29
33.	Eva Drost	ZPC AMERSFOORT	1:33.27	201202120	1:32.97	+0,67	44.76 1:32.97
34.	Jolie Lomans	Hellas-Glana	1:37.41	201300362	1:33.67	+0,75	45.87 1:33.67
35.	Elize Snabel	ZPC AMERSFOORT	1:37.53	201203198	1:33.94	+0,82	45.12 1:33.94

Programmanr. 24, Meisjes, 100m rugslag, 12 - 13 jaar

rang	naam	vereniging	intijd		tijd	RT	50m	100m
36.	Dora Wouters	Zwemclub Geel	1:35.39	ZGEEL/21168/12	1:34.07	+0,74	46.70	1:34.07
37.	Elina Hufkens	Zwemclub Geel	1:35.53	ZGEEL/21180/12	1:34.40	+0,73	47.27	1:34.40
38.	Lina Meurrens	KAZS	1:35.15	KAZS/21154/12	1:35.17	+0,60	45.28	1:35.17
39.	Fenna Freyzer	De Marlijn (SG)	1:35.83	201302728	1:35.44	+0,67	45.55	1:35.44
40.	Savannah Feyaerts	KAZS	1:35.04	KAZS/21219/13	1:36.41	+0,81	48.09	1:36.41
41.	Itzana Djonou Imba	Zwemclub Geel	1:39.48	ZGEEL/21208/13	1:37.66	+0,80	47.01	1:37.66
42.	Sophie Manders	ZPC De Rog Weert	1:46.38	201202374 S15	1:38.24	+0,71	47.03	1:38.24
<i>Arena I.T.T. Para Record</i>								
43.	Jada van Dijk	ZPC AMERSFOORT	1:46.16	201300866	1:47.32	+0,80	52.69	1:47.32
AFGEM	Rosalie Devue	KAZS	1:21.71	KAZS/21141/13				
AFGEM	Juliette Vanhaecke	MEGA	1:18.59	MEGA/21419/12				

14 - 15 jaar

1.	Fenna Zusterzeel	PSV	1:07.24	201000008	1:08.00	+0,59	32.77	1:08.00
2.	Anna Lepoutre	PSV	1:11.89	201100534	1:09.66	+0,60	33.81	1:09.66
3.	Mila Schram	MEGA	1:09.80	MEGA/21296/10	1:09.82	+0,58	34.00	1:09.82
4.	Romy de Graaf	Hellas-Glana	1:10.93	201003660	1:10.13	+0,75	34.21	1:10.13
5.	Yanique Bax	ZPC AMERSFOORT	1:10.14	201001428	1:11.04	+0,60	34.23	1:11.04
6.	Maria Kotsubailo	ZV De Aalscholver	1:18.55	201001722	1:13.27	+0,79	34.64	1:13.27
7.	Brechtje Slootweg	ZPC AMERSFOORT	1:14.87	201101744	1:13.41	+0,58	35.55	1:13.41
8.	Myrthe Bruinisma	ZPC AMERSFOORT	1:16.91	201101108	1:13.82	+0,65	36.40	1:13.82
9.	Frances Lugtu	ZV De Aalscholver	1:16.07	201000418	1:13.92	+0,49	35.67	1:13.92
10.	Maria Zuideveld	Aachener SV 06	1:12.86	494695	1:13.98	+0,69	35.30	1:13.98
11.	Noortje Bisperink	ZPC AMERSFOORT	1:13.36	201100486	1:14.15	+0,63	36.04	1:14.15
12.	Clara Beso	CNSW	1:13.30	CNSW/013202/11	1:14.50	+0,61	35.72	1:14.50
13.	Nona Watelle	Leuven Aquatics	1:13.39	LAQUA/21446/10	1:14.63	+0,70	36.20	1:14.63
14.	Sterre de Veen	Hellas-Glana	1:13.14	201100086	1:14.79	+0,72	35.78	1:14.79
15.	Chloé Asscherickx	KAZS	1:13.23	KAZS/21184/11	1:14.81	+0,58	36.66	1:14.81
16.	Jayna Wagemakers	Hieronymus	1:16.11	201000226	1:14.87	+0,76	36.63	1:14.87
17.	Kim Bouman	ZPC AMERSFOORT	1:10.32	201000262	1:15.02	+0,74	34.88	1:15.02
18.	Stien Wouters	KAZS	1:14.56	KAZS/21210/10	1:15.11	+0,58	36.41	1:15.11
19.	Emma Stokmans	PSV	1:13.34	201004190	1:15.67	+0,75	35.75	1:15.67
20.	Hanna Heller	ZPC AMERSFOORT	1:15.53	201102730	1:15.85	+0,77	37.37	1:15.85
21.	Ilja van Gemeren	Arethusa	1:18.44	201001330	1:15.96	+0,72	37.04	1:15.96
22.	Demi Bos	Niemo Barracuda	1:16.52	201001282	1:16.07	+0,72	36.07	1:16.07
23.	Sterre Gaytant	ZORO Zwemteam	1:12.39	ZORO/21203/11	1:16.15	+0,61	36.15	1:16.15
24.	Esra Simon	Hellas-Glana	1:17.47	201100004	1:16.16	+0,63	36.41	1:16.16
25.	Julie Maes	Zwemclub Geel	1:16.42	ZGEEL/21105/10	1:16.30	+0,54	36.57	1:16.30
26.	Jinte de Leeuw	Hieronymus	1:16.85	201003350	1:16.34	+0,70	37.68	1:16.34
27.	June Schuurmans	Hellas-Glana	1:15.91	201100874	1:16.58	+0,67	37.06	1:16.58
28.	Lily Watson	CNSW	1:19.89	CNSW/014695/10	1:17.07	+0,69	37.46	1:17.07
29.	Kaat Cornelis	Zwemclub Geel	1:21.17	ZGEEL/21217/11	1:17.17	+0,79	37.57	1:17.17
30.	Mila Ehemann	Aachener SV 06	1:17.41	437562	1:17.20	+0,72	36.76	1:17.20
31.	Julie Simonis	Hellas-Glana	1:16.63	201000144	1:17.68	+0,88	38.27	1:17.68
32.	Isus Verdysseeldonk	PSV	1:19.74	201002878	1:17.90	+0,78	38.31	1:17.90
33.	Carlijn Dezutter	Scheldestroom	1:18.08	201100770	1:18.25	+0,73	37.23	1:18.25
34.	Mila Silverans	KAZS	1:19.89	KAZS/21116/11	1:18.27	+0,66	38.24	1:18.27
35.	Marisa Molina Fueyo	Waterloo Natation	1:19.32	WN/011919/10	1:18.54	+0,73	37.99	1:18.54
36.	Lian Vonk	ZPC AMERSFOORT	1:19.73	201001606	1:18.58	+0,70	38.41	1:18.58
37.	Kendra van der Voort	Arethusa	1:20.67	201100536	1:19.59	+0,77	38.71	1:19.59
38.	Renske Slangen	Hellas-Glana	1:18.77	201002740	1:19.71	+0,73	38.52	1:19.71
39.	Elisabeth Dury	CNSW	1:17.11	CNSW/012928/10	1:19.76	+0,62	37.86	1:19.76
40.	Milly Van Herpe	MEGA	1:18.98	MEGA/21399/10	1:19.91	+0,71	39.48	1:19.91
41.	Helene Maes	Peltse Zwemclub	1:17.32	PZC/21074/10	1:20.01	+0,72	38.70	1:20.01
42.	Eva Hensen	Niemo Barracuda	1:20.37	201100806	1:20.48	+0,60	39.06	1:20.48
43.	Elise Den Baes	MEGA	1:23.05	MEGA/21509/10	1:20.51	+0,62	39.95	1:20.51
44.	Fenne Hardeman	Hellas-Glana	1:23.07	201100244	1:20.88	+0,86	39.80	1:20.88
45.	Emma Starkie Alves	Waterloo Natation	1:20.60	WN/015315/11	1:20.93	+0,61	39.25	1:20.93
46.	Carys Gerard	KAZS	1:21.91	KAZS/21124/11	1:21.00	+0,71	39.21	1:21.00
47.	Ize Thijs	ZV Hydra	1:24.65	201101388	1:23.07	+0,70	41.31	1:23.07
48.	Janne Bulckaen	MEGA	1:26.75	MEGA/21327/11	1:23.75	+0,58	40.16	1:23.75

Programmanr. 24, Meisjes, 100m rugslag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
49.	Jesse Rijnbeek	ZPC AMERSFOORT	1:24.72	201000720	1:24.88	+0,92	41.12	1:24.88
50.	Lieve Bakker	DZT'62	1:25.14	201101788	1:25.49	+0,70	42.75	1:25.49
51.	Mit Wouters	Zwemclub Geel	1:24.68	ZGEEL/21163/10	1:25.55	+0,61	41.21	1:25.55
52.	Lore Borghs	Zwemclub Geel	1:21.83	ZGEEL/21123/10	1:25.67	+0,71	41.09	1:25.67
53.	Frederique Bulsing	Hieronymus	1:30.20	201001716	1:26.74	+0,78	43.04	1:26.74
54.	Floor van Dorssen	ZPC AMERSFOORT	1:34.58	201102946	1:27.18	+0,69	42.13	1:27.18
55.	Yelena Cools	Zwemclub Geel	1:23.97	ZGEEL/21171/11	1:28.18	+0,84	42.94	1:28.18
56.	Imke Leysen	Zwemclub Geel	1:24.74	ZGEEL/21152/11	1:30.76	+0,67	43.44	1:30.76
AFGEM	Louise Teirlinck	Leuven Aquatics	1:17.45	LAQUA/21392/10				
AFGEM	Lola Verheijen	PSV	1:13.00	201100832				
AFGEM	Yfke Wijnalda	ZPC AMERSFOORT	1:19.50	201002618				
AFGEM	Kensi Thieleman	ZPC De Rog Weert	1:21.52	201104082				

16 - 17 jaar

1.	Maaïke Ooms	ZPC AMERSFOORT	1:03.88	200801580	1:04.98	+0,65	31.40	1:04.98
2.	Senna Rijnbeek	ZPC AMERSFOORT	1:07.53	200901480	1:06.85	+0,64	33.36	1:06.85
3.	Luus Gielens	PSV	1:07.57	200900138	1:08.56	+0,69	33.52	1:08.56
4.	Julia MacHale	CNSW	1:09.17	CNSW/010030/09	1:09.50	+0,64	33.63	1:09.50
5.	Chiara Lammertink	ZPC AMERSFOORT	1:11.71	200902200	1:11.37	+0,73	35.15	1:11.37
6.	Isis Verhoeff	ZPC AMERSFOORT	1:14.04	200902962	1:13.08	+0,59	35.14	1:13.08
7.	Virginia Xenou	CNSW	1:11.29	CNSW/011249/09	1:13.14	+0,73	35.19	1:13.14
8.	Siska Vervloessem	KAZS	1:16.10	KAZS/21200/08	1:15.11	+0,82	35.85	1:15.11
9.	Kaat Gypen	KAZS	1:13.59	KAZS/21208/09	1:15.13	+0,62	35.94	1:15.13
10.	Karlijn van der Schrier	Hieronymus	1:14.14	200900834	1:16.42	+0,65	36.31	1:16.42
11.	Isa van der Sanden	Hieronymus	1:15.77	200904528	1:16.55	+0,68	37.04	1:16.55
12.	Alice Boxho	ZORO Zwemteam	1:17.08	ZORO/21167/09	1:17.90	+0,56	37.08	1:17.90
13.	Alix De Corte	ZORO Zwemteam	1:18.35	ZORO/21157/09	1:20.30	+0,57	38.41	1:20.30
14.	Lore Martelé	MEGA	1:19.75	MEGA/21280/09	1:20.44	+0,81	38.13	1:20.44
15.	Danné van Munster	Hellas-Glana	1:23.54	200901262	1:21.55	+0,67	39.00	1:21.55
16.	Evy Zipper	CNSW	1:25.23	CNSW/010567/09	1:21.67	+0,71	39.27	1:21.67
17.	Lara Müller	Arethusia	1:21.33	200903610	1:24.43	+0,91	41.62	1:24.43
18.	Amilia Coesemans	Zwemclub Geel	1:22.77	ZGEEL/21119/08	1:24.66	+0,72	41.08	1:24.66
19.	Indy Verhoeven	Hieronymus	1:27.53	200902320	1:26.79	+0,66	42.20	1:26.79
20.	Mila Hermans	DZT'62	1:34.29	200801006	1:35.50	+0,75	47.53	1:35.50
AFGEM	Sterre Dirar	ZPC AMERSFOORT	1:27.48	200900354				
AFGEM	Kiki Sauerborn	ZPC AMERSFOORT	1:17.90	200904158				

Programmanr. 25
22-3-2026 - 13:06

Jongens, 100m rugslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	57.59	Daan Sonneveld	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	1:00.22	Yarno van Dam	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	1:02.75	Sami Burazerovi	BIH	Eindhoven	2024

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
12 - 13 jaar								
1.	Esteban Molina Fueyo	Waterloo Natation	1:07.85	WN/011918/12	1:07.95	+0,72	32.96	1:07.95
2.	Isai Shields	Niemo Barracuda	1:15.59	201300031	1:11.15	+0,64	35.02	1:11.15
3.	Lars Voet	KAZS	1:14.79	KAZS/11153/12	1:12.57	+0,68	34.67	1:12.57
4.	Michael Simons	PSV	1:15.03	201200025	1:13.59	+0,59	36.19	1:13.59
5.	Felipe Kerkhoff	ZPC AMERSFOORT	1:13.28	201202625	1:13.60	+0,70	35.60	1:13.60
6.	Ruben Lima Ribeiro	Hellas-Glana	1:39.51	201300693	1:15.30	+0,72	36.13	1:15.30
7.	Louis Guo	CNSW	1:18.01	CNSW/014551/12	1:16.03	+0,65	37.68	1:16.03
8.	Milan Metz	ZPC AMERSFOORT	1:22.59	201300045	1:16.22	+0,61	37.00	1:16.22
9.	Celestin van der Beek	PSV	1:25.63	201201183	1:16.28	+0,70	36.63	1:16.28
10.	Jaro Hermans	PSV	1:16.92	201200173	1:16.83	+0,67	36.79	1:16.83
11.	Mishaël Dirawi Rawi	PSV	1:23.10	201202263	1:16.84	+0,65	38.16	1:16.84
12.	Thomas Metz	ZPC AMERSFOORT	1:25.78	201300043	1:17.75	+0,76	37.66	1:17.75
13.	Giovanni Gleria	CNSW	1:19.36	CNSW/013530/13	1:17.85	+0,92	38.80	1:17.85

Programmanr. 25, Jongens, 100m rugslag, 12 - 13 jaar

rang	naam	vereniging	intijd		tijd	RT	50m	100m
14.	H. Kuzey Kudat	Hellas-Glana	1:21.49	201201917	1:18.29	+0,67	37.34	1:18.29
15.	Briek Huens	MEGA	1:21.70	MEGA/11400/13	1:18.31	+0,75	39.03	1:18.31
16.	Alex Pasala	PSV	1:18.40	201300803	1:18.46	+0,63	38.30	1:18.46
17.	Willem Vanhulle	MEGA	1:20.59	MEGA/11457/13	1:18.56	+0,74	38.67	1:18.56
18.	Ian van Os	Z & PC De Zeeuwse Kust	1:27.73	201301239	1:18.64	+0,58	38.24	1:18.64
19.	Mauro Hindryckx	MEGA	1:20.01	MEGA/11510/13	1:18.77	+0,79	38.79	1:18.77
20.	Stan Martelé	MEGA	1:17.55	MEGA/11331/12	1:18.94	+0,66	38.30	1:18.94
21.	Jayden Korndewal	ZPC AMERSFOORT	1:25.98	201200015	1:19.16	+0,71	39.42	1:19.16
22.	Gilles Goffette	CNSW	1:21.95	CNSW/013487/13	1:20.85	+0,63	40.32	1:20.85
23.	Anton Istoc	Waterloo Natation	1:20.07	WN/013138/13	1:20.98	+0,71	39.84	1:20.98
24.	Alex Haesebroek	Waterloo Natation	1:42.44	WN/013137/13	1:21.06	+0,65	38.71	1:21.06
25.	Merijn Hofmans	Arethusa	1:34.96	201200607	1:21.15	+0,68	41.13	1:21.15
26.	Mick Wessel	ZPC AMERSFOORT	1:21.88	201300307	1:21.17	+0,58	38.82	1:21.17
27.	Wassim Ouraghi	CNSW	1:23.06	CNSW/013486/12	1:21.59	+0,67	40.47	1:21.59
28.	Dex Barends	ZPC AMERSFOORT	1:19.57	201300265	1:22.66	+0,65	39.81	1:22.66
29.	Malek Majed	CNSW	1:25.36	CNSW/014414/13	1:22.69	+0,65	40.67	1:22.69
30.	Mason Borgman	ZV De Aalscholver	1:18.55	201200369	1:22.72	+0,68	40.03	1:22.72
31.	Mateusz Nowacki	CNSW	1:23.00	CNSW/014691/13	1:22.85	+0,69	41.28	1:22.85
32.	Lars Stelten	Hellas-Glana	1:26.68	201200151	1:22.89	+0,58	40.26	1:22.89
33.	Raul Matthews	ZV De Aalscholver	1:30.49	201202833	1:23.08	+0,85	40.53	1:23.08
34.	Enzi Nyembo	ZV De Aalscholver	1:24.54	201300163	1:23.39	+0,69	40.03	1:23.39
35.	Nicolas Devue	KAZS	1:23.89	KAZS/11115/12	1:23.45	+0,68	41.28	1:23.45
36.	Iede de Wit	Hieronimus	1:41.05	201300213	1:23.70	+0,62	40.42	1:23.70
37.	Luuk Bijman	Niemo Barracuda	1:25.66	201200201	1:24.85	+0,65	40.79	1:24.85
38.	Cas Ruijs	ZV De Aalscholver	1:30.29	201300013	1:25.53	+0,66	42.76	1:25.53
39.	Rube Lievens	Zwemclub Geel	1:22.45	ZGEEL/11194/12	1:26.10	+0,68	41.09	1:26.10
40.	Miguel Kuijken	PSV	1:25.94	201300251	1:26.17	+0,73	42.89	1:26.17
41.	Ruben Neyrinck	Zwemclub Geel	1:20.70	ZGEEL/11153/13	1:26.26	+0,58	41.75	1:26.26
42.	Gust Cremers	Tempo Valkenswaard	1:31.67	201201647	1:28.10	+0,63	41.82	1:28.10
43.	Cong Liu	PSV	1:31.56	201301627	1:28.44	+0,79	44.19	1:28.44
44.	David Noordwijk	Niemo Barracuda	1:28.82	201201253	1:28.77	+0,84	43.61	1:28.77
45.	Dylan van der Ham	WZV	1:43.33	201200425	1:31.78	+0,67	44.81	1:31.78
46.	Bartek Kolodziej	PSV	1:47.70	201301141	1:32.87	+0,58	44.25	1:32.87
47.	Joep Lemmens	ZV Hydra	1:55.63	201202611	1:38.61	+0,67	47.40	1:38.61
DIS	Alessio Cardaci	CNSW	1:37.42	CNSW/015999/13				

RL

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

AFGEM	Bram Engelen	Hellas-Glana	1:33.23	201300421				
AFGEM	Martijn Mannaerts	De Lommelse Waterbengel	1:56.74	LWB/11100/13				
AFGEM	Pjotr Dezutter	Scheldestroom	1:24.25	201300125				

14 - 15 jaar

1.	Daan Berlamont	Leuven Aquatics	1:01.57	LAQUA/11535/10	1:01.82	+0,75	30.84	1:01.82
2.	Eli Shields	Niemo Barracuda	1:05.28	201000407	1:04.49	+0,58	31.38	1:04.49
3.	Mathys Meremans	Leuven Aquatics	1:07.84	LAQUA/11407/10	1:05.33	+0,66	31.82	1:05.33
4.	Thijn Runia	DZT'62	1:06.84	201000895	1:06.23	+0,61	33.14	1:06.23
5.	Senn van Tongeren	Tempo Valkenswaard	1:10.50	201001137	1:06.95	+0,50	32.27	1:06.95
6.	Leo De Witte	KAZS	1:06.46	KAZS/11102/10	1:07.23	+0,55	32.40	1:07.23
7.	Jonathan Waldman	CNSW	1:08.56	CNSW/014219/10	1:07.68	+0,61	32.49	1:07.68
8.	Myron Artemenko	Niemo Barracuda	1:04.75	201003021	1:07.81	+0,54	33.35	1:07.81
9.	Ian Timmermans	PSV	1:11.25	201004001	1:07.94	+0,61	33.18	1:07.94
10.	Vic Van Nooten	Leuven Aquatics	1:09.54	LAQUA/11454/10	1:07.96	+0,64	32.67	1:07.96
11.	Enzo Cardaci	CNSW	1:09.36	CNSW/016000/11	1:08.13	+0,68	32.68	1:08.13
12.	Lukas Roosen	Peltse Zwemclub	1:12.43	PZC/11077/10	1:08.48	+0,57	33.33	1:08.48
13.	Wael Zrirak	Zwemclub Geel	1:08.66	ZGEEL/11159/10	1:08.53	+0,62	33.11	1:08.53
14.	Xander De Jonghe	De Marlijn (SG)	1:18.05	201101095	1:10.19	+0,59	33.94	1:10.19
15.	Pepijn van Rijn	PSV	1:11.49	201100331	1:10.74	+0,60	34.13	1:10.74
16.	Wannes Vets	KAZS	1:10.02	KAZS/11117/11	1:11.13	+0,65	33.70	1:11.13
17.	Kalle Blacquièrè	PSV	1:09.71	201003751	1:11.28	+0,60	34.56	1:11.28
18.	Tren Wullms	Hellas-Glana	1:15.38	201000469	1:11.40	+0,76	34.75	1:11.40
19.	Collin van der Ham	WZV	1:12.11	201000877	1:11.44	+0,70	34.38	1:11.44

Programmanr. 25, Jongens, 100m rugslag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
20.	Ambroos Van Thillo	MEGA	1:13.64	MEGA/11468/11	1:11.49	+0,72	34.68	1:11.49
21.	Berat Baykal	PSV	1:20.94	201003507	1:11.77	+0,72	34.98	1:11.77
22.	Jasper Cox	ZPC AMERSFOORT	1:12.42	201003589	1:11.85	+0,57	35.22	1:11.85
23.	Zion Eijkenboom	Hellas-Glana	1:14.25	201100043	1:11.87	+0,62	35.08	1:11.87
24.	Joep Lindhout	Niemo Barracuda	1:11.00	201100873	1:12.07	+0,64	34.87	1:12.07
25.	Douwe Enzerink	ZPC AMERSFOORT	1:13.50	201102657	1:12.38	+0,61	34.97	1:12.38
26.	Thomas Garcia	CNSW	1:12.09	CNSW/012483/11	1:12.55	+0,68	35.56	1:12.55
27.	Joey Luyckx	Waterloo Natation	1:12.80	WN/011221/10	1:12.74	+0,64	35.12	1:12.74
28.	S. Asscherickx	KAZS	1:13.79	KAZS/11185/11	1:13.17	+0,61	35.22	1:13.17
29.	Matteo Sloomackers	Leuven Aquatics	1:13.10	LAQUA/11387/10	1:13.50	+0,59	35.64	1:13.50
30.	Vince van Dam	ACZ	1:15.70	201000405	1:13.62	+0,54	35.11	1:13.62
31.	Tim van Ek	PSV	1:18.65	201100737	1:13.77	+0,62	36.69	1:13.77
32.	Dante Vanhelmont	KAZS	1:17.22	KAZS/11131/11	1:14.13	+0,66	36.18	1:14.13
33.	Lennart Boehm	CNSW	1:15.19	CNSW/011656/10	1:14.37	+0,68	36.44	1:14.37
34.	Quint Lusthuis	Zwemsport Parkstad	1:21.47	201002507	1:14.41	+0,66	36.28	1:14.41
35.	Wanja Chepenko	ACZ	1:14.42	201102065	1:14.66	+0,70	37.60	1:14.66
36.	Kick Buijs	Hieronymus	1:15.83	201000517	1:14.83	+0,60	35.75	1:14.83
37.	Lars de Greef	Hieronymus	1:19.37	201003899	1:16.82	+0,65	37.70	1:16.82
38.	Federico Gorini	CNSW	1:20.14	CNSW/012484/11	1:18.25	+0,60	38.71	1:18.25
39.	Ezzat Manlaali	ZPC AMERSFOORT	1:27.29	201103331	1:20.47	+0,56	38.87	1:20.47
40.	Julian van der Wegen	Hieronymus	1:23.55	201001959	1:20.72	+0,67	38.25	1:20.72
41.	Aiden Burgzorg	ZV De Aalscholver	1:21.02	201002691	1:20.81	+0,68	38.15	1:20.81
42.	Stijn van den Konink	ZPC AMERSFOORT	1:16.96	201102167	1:21.22	+0,76	38.22	1:21.22
43.	Jaysley Brouwn	Niemo Barracuda	1:27.95	201101033	1:23.59	+0,81	40.17	1:23.59
44.	Lars Lembrechts	KAZS	1:34.07	KAZS/11158/10	1:37.18	+0,57	45.23	1:37.18
AFGEM	Si Tian Chen	Hellas-Glana	1:14.24	201001069				
AFGEM	Mathias Mannaerts	De Lommelse Waterbengel	1:11.55	LWB/11069/11				
AFGEM	Taysir Hadj Fradj	MEGA	1:16.41	MEGA/11360/10				
AFGEM	Milann Begue	Zwemclub Geel	1:11.91	ZGEEL/11156/11				

16 - 17 jaar

1.	Yarno van Dam	ACZ	58.42	200800115	57.70	+0,67	27.89	57.70
2.	Felbe van 't Land	ZPC AMERSFOORT	1:01.68	200900027	59.46	+0,60	29.23	59.46
3.	Tobian Vos	ZPC AMERSFOORT	1:01.02	200900005	1:01.97	+0,76	30.23	1:01.97
4.	Delano van der Wegen	Hieronymus	1:06.23	200801941	1:05.61	+0,64	31.80	1:05.61
5.	Arthur Willem	KAZS	1:07.05	KAZS/11114/09	1:05.82	+0,70	32.00	1:05.82
6.	Tom Beishuizen	PSV	1:05.54	200804087	1:06.87	+0,56	32.72	1:06.87
7.	Dylano van Brussel	PSV	1:07.61	200901931	1:07.06	+0,59	31.81	1:07.06
8.	Thijn Metten	ZPC AMERSFOORT	1:12.57	200801327	1:09.12	+0,67	33.32	1:09.12
9.	Yahav Shalev	PSV	1:11.49	200902093	1:09.17	+0,63	33.71	1:09.17
10.	Jonathan Baaijens	PSV	1:11.49	200800409	1:10.12	+0,71	33.40	1:10.12
11.	Jannick van Eeghem	Hellas-Glana	1:11.28	200800147	1:10.64	+0,69	34.80	1:10.64
12.	Niklas Ehemann	Aachener SV 06	1:11.23	437561	1:11.37	+0,72	33.92	1:11.37
13.	Wesley Korndewal	ZPC AMERSFOORT	1:16.23	200900405	1:12.39	+0,68	35.00	1:12.39
	Jasper Stoel	ZPC AMERSFOORT	1:11.80	200800543	1:12.39	+0,78	35.16	1:12.39
15.	Mitchell van Dijk	Niemo Barracuda	1:12.43	200800577	1:13.45	+0,73	35.24	1:13.45
16.	Jayden Cijntje	ZPC AMERSFOORT	1:19.58	200801741	1:14.93	+0,63	36.09	1:14.93
17.	Lars Barendrecht	Niemo Barracuda	1:12.85	200800587	1:14.95	+0,77	36.07	1:14.95
18.	Liam Matthews	ZV De Aalscholver	1:13.72	200902685	1:15.04	+0,68	35.98	1:15.04
19.	Isaiah Koningsbloem	ZPC AMERSFOORT	1:14.81	200800127	1:15.65	+0,61	36.13	1:15.65
20.	Korneel Bulckaen	MEGA	1:17.50	MEGA/11326/09	1:16.67	+0,74	36.76	1:16.67

Programmanr. 26
22-3-2026 - 14:02

Meisjes, 400m wisselslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	5:01.09	Fleur Verdonck	BEL	Eindhoven	2022
Arena I.T.T. Record 14 - 15	5:16.85	Luus Gielens	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	5:42.70	Ylène Zondervan	NED	Eindhoven	2024

rang	naam	vereniging	intijd	tijd	RT			
12 - 13 jaar								
1.	Amelia W s	St. Olimpijczyk Brzesko	5:23.71	5:24.84	+0,62			
	50m: 33.23	33.23	150m: 1:57.40	43.62	250m: 3:24.44	44.03	350m: 4:48.10	37.48
	100m: 1:13.78	40.55	200m: 2:40.41	43.01	300m: 4:10.62	46.18	400m: 5:24.84	36.74
2.	Valerie Rienties	Zwemsport Parkstad	5:50.36	5:35.31	+0,72			
	50m: 36.01	36.01	150m: 2:04.39	42.79	250m: 3:32.25	45.80	350m: 4:58.19	40.15
	100m: 1:21.60	45.59	200m: 2:46.45	42.06	300m: 4:18.04	45.79	400m: 5:35.31	37.12
3.	Fenna Beumer	PSV	5:55.18	5:45.56	+0,67			
	50m: 36.20	36.20	150m: 2:00.27	39.33	250m: 3:34.13	52.20	350m: 5:07.36	39.32
	100m: 1:20.94	44.74	200m: 2:41.93	41.66	300m: 4:28.04	53.91	400m: 5:45.56	38.20
4.	Benthe de Beer	PSV	5:56.16	5:50.61	+0,51			
	50m: 36.34	36.34	150m: 2:07.98	47.19	250m: 3:43.23	49.92	350m: 5:12.73	39.45
	100m: 1:20.79	44.45	200m: 2:53.31	45.33	300m: 4:33.28	50.05	400m: 5:50.61	37.88
5.	Coco Scheepers	PSV	5:42.39	5:54.90	+0,79			
	50m: 37.24	37.24	150m: 2:10.47	48.61	250m: 3:45.65	49.29	350m: 5:16.77	41.92
	100m: 1:21.86	44.62	200m: 2:56.36	45.89	300m: 4:34.85	49.20	400m: 5:54.90	38.13
6.	Victoria Kacejko	Waterloo Natation	NT	5:57.87				
	50m: 40.79	40.79	150m: 2:16.53	46.93	250m: 3:50.39	48.92	350m: 5:18.80	39.81
	100m: 1:29.60	48.81	200m: 3:01.47	44.94	300m: 4:38.99	48.60	400m: 5:57.87	39.07
7.	Sophie Masschelein	Waterloo Natation	6:37.76	5:58.20				
	50m: 37.89	37.89	150m: 2:10.67	46.70	250m: 3:48.94	54.17	350m: 5:21.13	38.25
	100m: 1:23.97	46.08	200m: 2:54.77	44.10	300m: 4:42.88	53.94	400m: 5:58.20	37.07
8.	Louise Terwisscha	ZPC AMERSFOORT	6:24.31	5:59.25	+0,74			
	50m: 38.36	38.36	150m: 2:14.23	46.29	250m: 3:49.55	50.90	350m: 5:21.08	40.37
	100m: 1:27.94	49.58	200m: 2:58.65	44.42	300m: 4:40.71	51.16	400m: 5:59.25	38.17
9.	Jana Nelissen	PSV	6:18.21	6:03.61	+0,71			
	50m: 36.90	36.90	150m: 2:12.42	48.85	250m: 3:51.82	53.09	350m: 5:25.62	38.62
	100m: 1:23.57	46.67	200m: 2:58.73	46.31	300m: 4:47.00	55.18	400m: 6:03.61	37.99
10.	Romee Claeys	MEGA	NT	6:04.97	+0,50			
	50m: 38.20	38.20	150m: 2:12.22	47.18	250m: 3:51.08	53.42	350m: 5:24.50	40.74
	100m: 1:25.04	46.84	200m: 2:57.66	45.44	300m: 4:43.76	52.68	400m: 6:04.97	40.47
11.	Frauke Van Tilburg	Zwemclub Geel	6:06.86	6:06.64	+0,80			
	50m: 35.75	35.75	150m: 2:06.12	46.21	250m: 3:44.16	52.80	350m: 5:24.96	43.72
	100m: 1:19.91	44.16	200m: 2:51.36	45.24	300m: 4:41.24	57.08	400m: 6:06.64	41.68
12.	Eveline van den Enden	Hellas-Glana	6:05.84	6:08.50	+0,65			
	50m: 37.03	37.03	150m: 2:13.51	49.02	250m: 3:52.64	52.53	350m: 5:28.88	42.03
	100m: 1:24.49	47.46	200m: 3:00.11	46.60	300m: 4:46.85	54.21	400m: 6:08.50	39.62
13.	Indy Verbist	De Marlijn (SG)	6:08.78	6:11.40				
	50m: 38.89	38.89	150m: 2:16.00	47.89	250m: 3:56.78	53.84	350m: 5:32.02	41.16
	100m: 1:28.11	49.22	200m: 3:02.94	46.94	300m: 4:50.86	54.08	400m: 6:11.40	39.38
14.	Emma Juliette Jansen	ZPC AMERSFOORT	6:15.70	6:12.18				
	50m: 42.40	42.40	150m: 2:20.77	50.69	250m: 3:57.04	47.12	350m: 5:29.31	43.00
	100m: 1:30.08	47.68	200m: 3:09.92	49.15	300m: 4:46.31	49.27	400m: 6:12.18	42.87
15.	Jaylin Roks	Hieronymus	5:55.07	6:24.69	+0,83			
	50m: 41.90	41.90	150m: 2:25.32	50.34	250m: 4:07.32	54.25	350m: 5:44.73	42.45
	100m: 1:34.98	53.08	200m: 3:13.07	47.75	300m: 5:02.28	54.96	400m: 6:24.69	39.96
16.	Charlotte Braeken	Zwemclub Geel	NT	6:24.88	+0,64			
	50m: 37.08	37.08	150m: 2:13.12	47.44	250m: 3:55.19	55.75	350m: 5:39.03	45.53
	100m: 1:25.68	48.60	200m: 2:59.44	46.32	300m: 4:53.50	58.31	400m: 6:24.88	45.85
17.	Pien van Putten	Zwemsport Parkstad	NT	6:47.90				
	50m: 51.15	51.15	150m: 2:41.41	49.50	250m: 4:26.93	56.24	350m: 6:05.21	44.84
	100m: 1:51.91	1:00.76	200m: 3:30.69	49.28	300m: 5:20.37	53.44	400m: 6:47.90	42.69
18.	Noa Laman	ZPC AMERSFOORT	7:01.93	6:57.67	+0,82			
	50m: 44.55	44.55	150m: 2:37.91	58.33	250m: 4:27.29	52.76	350m: 6:11.48	49.88
	100m: 1:39.58	55.03	200m: 3:34.53	56.62	300m: 5:21.60	54.31	400m: 6:57.67	46.19

Programmanr. 26, Meisjes, 400m wisselslag, 12 - 13 jaar

rang	naam	vereniging	intijd	tijd	RT			
19.	Dora Wouters	Zwemclub Geel	NT	ZGEEL/21168/12	7:04.70 +0,64			
	50m: 43.32	43.32	150m: 2:37.57	58.09	250m: 4:33.18	1:00.95	350m: 6:21.83	46.26
	100m: 1:39.48	56.16	200m: 3:32.23	54.66	300m: 5:35.57	1:02.39	400m: 7:04.70	42.87
NG.ZA	Emilie Scarmure	Waterloo Natation	6:17.59	WN/014112/13				

14 - 15 jaar

1.	Fenne Metten <i>Arena I.T.T. Record</i>	ZPC AMERSFOORT	5:08.55	201000102	5:03.13 +0,76			
	50m: 31.75	31.75	150m: 1:46.16	38.41	250m: 3:08.88	45.93	350m: 4:29.98	35.70
	100m: 1:07.75	36.00	200m: 2:22.95	36.79	300m: 3:54.28	45.40	400m: 5:03.13	33.15
2.	Noa van Zalk	ZPC AMERSFOORT	5:27.41	201102534	5:28.83 +0,72			
	50m: 32.85	32.85	150m: 1:54.27	42.75	250m: 3:23.16	47.65	350m: 4:51.21	39.21
	100m: 1:11.52	38.67	200m: 2:35.51	41.24	300m: 4:12.00	48.84	400m: 5:28.83	37.62
3.	Jayna Wagemakers	Hieronymus	5:47.19	201000226	5:37.96 +0,63			
	50m: 35.78	35.78	150m: 2:02.57	44.03	250m: 3:33.61	47.79	350m: 5:01.19	39.32
	100m: 1:18.54	42.76	200m: 2:45.82	43.25	300m: 4:21.87	48.26	400m: 5:37.96	36.77
4.	Julie Maes	Zwemclub Geel	5:52.61	ZGEEL/21105/10	5:38.47 +0,53			
	50m: 36.05	36.05	150m: 2:02.22	42.79	250m: 3:30.61	47.07	350m: 5:00.31	40.73
	100m: 1:19.43	43.38	200m: 2:43.54	41.32	300m: 4:19.58	48.97	400m: 5:38.47	38.16
5.	Yanique Bax	ZPC AMERSFOORT	5:26.34	201001428	5:42.12 +0,56			
	50m: 33.29	33.29	150m: 2:01.79	47.33	250m: 3:35.98	50.88	350m: 5:06.19	37.89
	100m: 1:14.46	41.17	200m: 2:45.10	43.31	300m: 4:28.30	52.32	400m: 5:42.12	35.93
6.	Sara Creemers	Hellas-Glana	5:50.70	201100242	5:42.70 +0,65			
	50m: 35.37	35.37	150m: 2:03.00	45.25	250m: 3:35.18	47.86	350m: 5:04.25	40.44
	100m: 1:17.75	42.38	200m: 2:47.32	44.32	300m: 4:23.81	48.63	400m: 5:42.70	38.45
7.	Carlijn Dezutter	Scheldestroom	5:26.57	201100770	5:44.00 +0,59			
	50m: 35.17	35.17	150m: 2:03.70	46.04	250m: 3:38.26	50.28	350m: 5:06.60	39.91
	100m: 1:17.66	42.49	200m: 2:47.98	44.28	300m: 4:26.69	48.43	400m: 5:44.00	37.40
8.	Fleur Buijs	Hieronymus	5:48.82	201100676	5:44.32 +0,75			
	50m: 38.15	38.15	150m: 2:10.20	45.38	250m: 3:39.93	44.84	350m: 5:06.89	40.54
	100m: 1:24.82	46.67	200m: 2:55.09	44.89	300m: 4:26.35	46.42	400m: 5:44.32	37.43
9.	L. Vanlommel	Zwemclub Geel	5:44.25	ZGEEL/21150/11	5:44.73 +0,54			
	50m: 36.24	36.24	150m: 2:03.37	43.51	250m: 3:37.76	51.75	350m: 5:08.16	39.50
	100m: 1:19.86	43.62	200m: 2:46.01	42.64	300m: 4:28.66	50.90	400m: 5:44.73	36.57
10.	Morrison Schram	Z & PC De Zeeuwse Kust	5:48.13	201100686	5:45.02 +0,73			
	50m: 35.59	35.59	150m: 2:07.02	46.69	250m: 3:38.81	47.70	350m: 5:07.38	40.19
	100m: 1:20.33	44.74	200m: 2:51.11	44.09	300m: 4:27.19	48.38	400m: 5:45.02	37.64
11.	Myrthe Bruinsma	ZPC AMERSFOORT	5:50.00	201101108	5:48.20			
	50m: 34.55	34.55	150m: 2:02.92	46.59	250m: 3:36.35	49.21	350m: 5:08.28	41.59
	100m: 1:16.33	41.78	200m: 2:47.14	44.22	300m: 4:26.69	50.34	400m: 5:48.20	39.92
12.	Stien Wouters	KAZS	5:37.65	KAZS/21210/10	5:51.93 +0,81			
	50m: 37.84	37.84	150m: 2:06.36	43.97	250m: 3:38.86	50.66	350m: 5:11.61	42.76
	100m: 1:22.39	44.55	200m: 2:48.20	41.84	300m: 4:28.85	49.99	400m: 5:51.93	40.32
13.	Brecht van Ravenstein	Arethusa	5:51.16	201100738	5:54.39 +0,76			
	50m: 37.84	37.84	150m: 2:12.16	49.48	250m: 3:47.23	49.17	350m: 5:16.28	39.63
	100m: 1:22.68	44.84	200m: 2:58.06	45.90	300m: 4:36.65	49.42	400m: 5:54.39	38.11
14.	Lili de Graaf	Hellas-Glana	5:46.84	201103068	5:59.37 +0,75			
	50m: 40.13	40.13	150m: 2:16.56	46.41	250m: 3:48.77	46.55	350m: 5:19.33	42.97
	100m: 1:30.15	50.02	200m: 3:02.22	45.66	300m: 4:36.36	47.59	400m: 5:59.37	40.04
15.	Lian Vonk	ZPC AMERSFOORT	6:00.89	201001606	5:59.50 +0,70			
	50m: 35.38	35.38	150m: 2:04.91	44.79	250m: 3:45.44	56.48	350m: 5:22.33	39.13
	100m: 1:20.12	44.74	200m: 2:48.96	44.05	300m: 4:43.20	57.76	400m: 5:59.50	37.17
16.	Gitte Bollen	Peltze Zwemclub	5:50.88	PZC/41102/11 SM15	6:01.09 +0,79			
	50m: 36.85	36.85	150m: 2:07.11	45.41	250m: 3:44.04	51.25	350m: 5:18.52	41.10
	100m: 1:21.70	44.85	200m: 2:52.79	45.68	300m: 4:37.42	53.38	400m: 6:01.09	42.57
17.	Dina El Moussaoui	CNSW	5:53.84	CNSW/013776/11	6:08.06 +0,85			
	50m: 40.81	40.81	150m: 2:17.83	47.14	250m: 3:53.50	49.44	350m: 5:25.42	42.24
	100m: 1:30.69	49.88	200m: 3:04.06	46.23	300m: 4:43.18	49.68	400m: 6:08.06	42.64
18.	Bente Toth	ZPC AMERSFOORT	6:27.06	201102818	6:08.63 +0,70			
	50m: 38.53	38.53	150m: 2:14.90	47.45	250m: 3:55.02	53.05	350m: 5:28.86	42.22
	100m: 1:27.45	48.92	200m: 3:01.97	47.07	300m: 4:46.64	51.62	400m: 6:08.63	39.77

Programmanr. 26, Meisjes, 400m wisselslag, 14 - 15 jaar

rang	naam	vereniging	intijd	tijd	RT			
19.	Mila Silverans	KAZS	5:59.21	KAZS/21116/11	6:14.14 +0,60			
	50m: 40.07	40.07	150m: 2:15.43	45.98	250m: 3:54.86	52.21	350m: 5:33.56	44.73
	100m: 1:29.45	49.38	200m: 3:02.65	47.22	300m: 4:48.83	53.97	400m: 6:14.14	40.58
20.	Mare Engelse	Niemo Barracuda	6:26.56	201100826	6:16.71 +0,87			
	50m: 39.84	39.84	150m: 2:14.14	45.66	250m: 3:52.68	53.06	350m: 5:32.93	45.87
	100m: 1:28.48	48.64	200m: 2:59.62	45.48	300m: 4:47.06	54.38	400m: 6:16.71	43.78
21.	Do De Cat	KAZS	6:12.22	KAZS/21134/10	6:35.64 +0,83			
	50m: 41.44	41.44	150m: 2:24.85	49.88	250m: 4:10.78	57.02	350m: 5:53.38	44.88
	100m: 1:34.97	53.53	200m: 3:13.76	48.91	300m: 5:08.50	57.72	400m: 6:35.64	42.26
22.	Yanne Valkenborghs	Zwemclub Geel	6:33.77	ZGEEL/21151/10	6:49.07			
	50m: 39.80	39.80	150m: 2:23.78	52.16	250m: 4:18.50	1:01.95	350m: 6:06.79	45.26
	100m: 1:31.62	51.82	200m: 3:16.55	52.77	300m: 5:21.53	1:03.03	400m: 6:49.07	42.28
23.	Vismaya Borganve	PSV	7:19.99	201103500	7:17.97 +0,46			
	50m: 46.74	46.74	150m: 2:43.56	57.38	250m: 4:39.26	1:01.04	350m: 6:30.91	50.72
	100m: 1:46.18	59.44	200m: 3:38.22	54.66	300m: 5:40.19	1:00.93	400m: 7:17.97	47.06
AFGEM	Yfke Wijnalda	ZPC AMERSFOORT	6:00.24	201002618				
16 - 17 jaar								
1.	Bregje Dekkers	PSV	5:06.96	200900746	5:10.60 +0,55			
	50m: 33.06	33.06	150m: 1:50.85	40.58	250m: 3:15.06	44.79	350m: 4:36.66	35.63
	100m: 1:10.27	37.21	200m: 2:30.27	39.42	300m: 4:01.03	45.97	400m: 5:10.60	33.94
2.	Esmaé de Gans	ZPC AMERSFOORT	5:29.76	200900134	5:27.43 +0,72			
	50m: 33.49	33.49	150m: 1:56.23	42.90	250m: 3:24.74	46.59	350m: 4:50.82	38.72
	100m: 1:13.33	39.84	200m: 2:38.15	41.92	300m: 4:12.10	47.36	400m: 5:27.43	36.61
3.	Thyrvi Meyer	KAZS	5:28.13	KAZS/21181/09	5:32.77 +0,72			
	50m: 35.73	35.73	150m: 1:59.42	42.54	250m: 3:30.22	49.01	350m: 4:56.88	36.71
	100m: 1:16.88	41.15	200m: 2:41.21	41.79	300m: 4:20.17	49.95	400m: 5:32.77	35.89
4.	Alva Renaud	CNSW	5:39.72	CNSW/011653/09	5:44.09 +0,68			
	50m: 36.59	36.59	150m: 2:08.39	48.07	250m: 3:41.82	45.72	350m: 5:09.08	39.80
	100m: 1:20.32	43.73	200m: 2:56.10	47.71	300m: 4:29.28	47.46	400m: 5:44.09	35.01
5.	Anaïs Gries	Waterloo Natation	5:34.92	WN/12735/09	5:45.74 +0,72			
	50m: 36.56	36.56	150m: 2:01.69	44.84	250m: 3:36.86	50.73	350m: 5:07.91	40.99
	100m: 1:16.85	40.29	200m: 2:46.13	44.44	300m: 4:26.92	50.06	400m: 5:45.74	37.83
6.	Stine Baeke	MEGA	NT	MEGA/21332/09	6:07.95 +0,78			
	50m: 40.38	40.38	150m: 2:17.61	49.09	250m: 3:57.02	50.83	350m: 5:29.36	40.06
	100m: 1:28.52	48.14	200m: 3:06.19	48.58	300m: 4:49.30	52.28	400m: 6:07.95	38.59
7.	Nomi Poels	Zwemclub Geel	6:16.69	ZGEEL/21095/08	6:23.66 +0,79			
	50m: 40.08	40.08	150m: 2:19.10	50.75	250m: 4:00.24	53.54	350m: 5:40.91	44.56
	100m: 1:28.35	48.27	200m: 3:06.70	47.60	300m: 4:56.35	56.11	400m: 6:23.66	42.75
8.	Britt van der Ham	WZV	6:31.86	200801320	6:37.23 +0,63			
	50m: 42.86	42.86	150m: 2:25.69	48.18	250m: 4:08.58	55.96	350m: 5:52.69	47.27
	100m: 1:37.51	54.65	200m: 3:12.62	46.93	300m: 5:05.42	56.84	400m: 6:37.23	44.54
9.	Inge Nooijen	ZV Hydra	7:01.53	200803830	6:43.26 +0,70			
	50m: 44.69	44.69	150m: 2:34.86	52.60	250m: 4:20.57	52.90	350m: 6:01.72	45.73
	100m: 1:42.26	57.57	200m: 3:27.67	52.81	300m: 5:15.99	55.42	400m: 6:43.26	41.54
AFGEM	Sterre Dirar	ZPC AMERSFOORT	6:00.42	200900354				

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Jongens, 50m vrije slag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	23.50	Tiago Fonseca Gomes	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	24.19	Tiago Fonseca Gomes	NED	Eindhoven	2023
Arena I.T.T. Record 12 - 13	25.38	Giulian Janssen	NED	Eindhoven	2023

rang	naam	vereniging	intijd		tijd	RT
12 - 13 jaar						
1.	Lars Voet	KAZS	26.10	KAZS/11153/12	26.36	+0,67
2.	Esteban Molina Fueyo	Waterloo Natation	26.97	WN/011918/12	26.99	+0,73
3.	Louis Guo	CNSW	30.87	CNSW/014551/12	27.79	+0,52
4.	A. Janse van Rensburg	De Treffers	28.63	201202261	28.03	+0,67
5.	Paulius Eversonas	CNSW	29.35	CNSW/012494/12	28.11	+0,71
6.	Michael Simons	PSV	30.94	201200025	28.58	+0,57
7.	Isai Shields	Niemo Barracuda	29.95	201300031	28.66	+0,63
8.	Felipe Kerkhoff	ZPC AMERSFOORT	30.07	201202625	28.73	+0,72
9.	Jayden Korndewal	ZPC AMERSFOORT	29.52	201200015	29.40	+0,69
10.	Mishael Dirawi Rawi	PSV	31.90	201202263	29.68	+0,67
11.	Ruben Lima Ribeiro	Hellas-Glana	32.24	201300693	29.69	+0,67
12.	Jaro Hermans	PSV	29.18	201200173	29.72	+0,69
13.	Sebas van Dam	ACZ	31.05	201300127	29.87	+0,66
14.	Sam Wannée	WZV	32.58	201201573	29.97	+0,72
15.	Mick Wessel	ZPC AMERSFOORT	31.81	201300307	30.10	+0,72
16.	Rube Lievens	Zwemclub Geel	31.66	ZGEEL/11194/12	30.12	+0,55
17.	Mauro Hindryckx	MEGA	31.77	MEGA/11510/13	30.23	+0,78
18.	Dex Barends	ZPC AMERSFOORT	30.68	201300265	30.61	+0,74
19.	Stan Martelé	MEGA	30.29	MEGA/11331/12	30.76	+0,69
	Willem Vanhulle	MEGA	32.08	MEGA/11457/13	30.76	
21.	Raul Matthews	ZV De Aalscholver	31.09	201202833	31.00	+0,81
22.	Taim Manlaali	ZPC AMERSFOORT	31.06	201202831	31.14	+0,71
23.	Ian van Os	Z & PC De Zeeuwse Kust	35.36	201301239	31.18	+0,61
24.	Enzi Nyembo	ZV De Aalscholver	32.21	201300163	31.28	+0,65
25.	Thomas Metz	ZPC AMERSFOORT	35.41	201300043	31.31	+0,69
26.	Merijn Hofmans	Arethusa	31.61	201200607	31.61	+0,56
27.	Milan Metz	ZPC AMERSFOORT	34.96	201300045	31.72	+0,64
28.	Panayot Stankov	Aachener SV 06	32.50	462003	32.01	+0,51
29.	Can Koca	Aachener SV 06	33.18	449743	32.15	+0,71
30.	L. Goßmann Lopez	Aachener SV 06	32.69	458819	32.17	+0,85
31.	Nicolas Devue	KAZS	31.84	KAZS/11115/12	32.20	+0,68
32.	Gust Cremers	Tempo Valkenswaard	31.80	201201647	32.28	+0,84
33.	Miguel Kuijken	PSV	34.58	201300251	32.42	+0,66
34.	Théo De Coster	Waterloo Natation	33.24	WN/013162/13	32.49	+0,59
35.	Cas Ruijs	ZV De Aalscholver	41.10	201300013	32.56	+0,55
36.	Ruben Neyrinck	Zwemclub Geel	32.02	ZGEEL/11153/13	32.74	+0,60
37.	Briek Huens	MEGA	32.25	MEGA/11400/13	32.75	
38.	Daan van Meerveld	ZPC AMERSFOORT	33.23	201200785	32.92	+0,54
39.	Dylan van der Ham	WZV	35.89	201200425	33.00	+0,69
40.	Abdelaziz El Omrani	Aachener SV 06	34.22	444344	33.34	+0,65
41.	Luuk Bijman	Niemo Barracuda	34.66	201200201	33.69	
42.	Musa Kaan Bozkurt	Hieronymus	36.55	201202593	33.84	+0,77
43.	Iede de Wit	Hieronymus	35.92	201300213	33.97	+0,70
44.	David Noordwijk	Niemo Barracuda	36.49	201201253	34.10	+0,82
45.	Cong Liu	PSV	33.95	201301627	34.12	+0,62
46.	Tim Lindner	Aachener SV 06	35.72	449744	34.36	+0,62
47.	Bartek Kolodziej	PSV	38.79	201301141	36.64	+0,63
48.	Aymen Ladhari	PSV	37.57	201301579	38.14	+0,67
49.	Sid Schut	Arethusa	40.69	201302057	40.63	+0,88
AFGEM	Bram Engelen	Hellas-Glana	32.18	201300421		
AFGEM	Martijn Mannaerts	De Lommelse Waterbengels	49.11	LWB/11100/13		

Programmanr. 27, Jongens, 50m vrije slag

14 - 15 jaar

1.	Daan Berlamont	Leuven Aquatics	25.24	LAQUA/11535/10	24.62	+0,69
2.	Myron Artemenko	Niemo Barracuda	25.81	201003021	25.92	+0,66
3.	Sam Diedereren	Hellas-Glana	27.94	201001863	25.93	+0,68
4.	Max van der Spank	TRB/RES	26.94	201000275	25.99	+0,63
5.	Wael Zrirak	Zwemclub Geel	26.05	ZGEEL/11159/10	26.24	+0,67
6.	Thijn Runia	DZT'62	28.16	201000895	26.47	+0,76
	Erdem Eren	PSV	25.77	201103697	26.47	+0,71
8.	Leo De Witte	KAZS	26.63	KAZS/11102/10	26.65	+0,67
9.	Mathys Meremans	Leuven Aquatics	26.67	LAQUA/11407/10	26.73	+0,67
10.	Kick Buijs	Hieronymus	31.06	201000517	26.75	+0,64
11.	Jonathan Waldman	CNSW	27.40	CNSW/014219/10	26.83	+0,64
12.	Berat Baykal	PSV	28.07	201003507	27.01	+0,62
13.	Laurens van Nulck	Hellas-Glana	28.00	201100521	27.02	+0,69
14.	Baris Yanginci	Waterloo Natation	28.45	WN/014168/11	27.16	+0,66
15.	Enzo Cardaci	CNSW	29.86	CNSW/016000/11	27.20	+0,75
16.	Aiden Burgzorg	ZV De Aalscholver	27.92	201002691	27.31	+0,69
17.	Tren Wullms	Hellas-Glana	27.99	201000469	27.32	+0,72
18.	Quinten Oostveen	ZPC AMERSFOORT	28.27	201002605	27.40	+0,62
19.	Thijmen Puijssers	Hieronymus	27.40	201000129	27.42	+0,64
20.	Boyan Bobev	Leuven Aquatics	27.66	LAQUA/11400/10	27.43	+0,57
21.	Tristan Kerguiduff	Waterloo Natation	27.53	WN/011264/11	27.55	+0,67
22.	Douwe Enzerink	ZPC AMERSFOORT	27.49	201102657	27.57	+0,65
23.	Paul Wätjen	Aachener SV 06	29.01	449745	27.94	+0,62
24.	Quint Lusthuis	Zwemsport Parkstad	29.43	201002507	27.95	+0,69
25.	Senn van Tongeren	Tempo Valkenswaard	29.04	201001137	28.02	+0,64
26.	Xander De Jonghe	De Marlijn (SG)	29.19	201101095	28.10	+0,70
27.	Wanja Chepenko	ACZ	28.91	201102065	28.17	+0,66
28.	Wannes Vets	KAZS	28.17	KAZS/111117/11	28.19	+0,64
	Pepijn van Rijn	PSV	28.57	201100331	28.19	+0,68
30.	Enrico Robba	CNSW	28.10	CNSW/012493/11	28.23	+0,69
31.	Milan Schuilenburg	ZPC AMERSFOORT	28.02	201000935	28.39	+0,64
32.	Tim van Ek	PSV	30.93	201100737	28.44	+0,69
33.	Joep Lindhout	Niemo Barracuda	28.39	201100873	28.49	+0,77
34.	Ambroos Van Thillo	MEGA	29.47	MEGA/11468/11	28.53	+0,73
35.	Dante Vanhelfmont	KAZS	29.61	KAZS/11131/11	28.57	+0,66
36.	Thomas Garcia	CNSW	28.37	CNSW/012483/11	28.59	+0,70
	Warre Leyssen	Peltse Zwemclub	29.11	PZC/11082/10	28.59	+0,70
38.	Mathias Rosiers	MEGA	28.43	MEGA/11424/10	28.62	+0,44
39.	Sebastiaan Asscherickx	KAZS	29.09	KAZS/11185/11	28.64	+0,63
40.	Stijn van den Konink	ZPC AMERSFOORT	29.29	201102167	28.84	+0,74
41.	Lennart Boehm	CNSW	31.47	CNSW/011656/10	28.86	+0,77
42.	Lars de Greef	Hieronymus	28.56	201003899	28.98	+0,79
43.	Collin van der Ham	WZV	29.07	201000877	29.05	+0,74
44.	Ezzat Manlaali	ZPC AMERSFOORT	29.10	201103331	29.12	+0,68
45.	Matteo Sloommaekers	Leuven Aquatics	29.75	LAQUA/11387/10	29.37	+0,64
46.	Elliot van Ruth	PSV	31.62	201102347	29.47	+0,66
47.	Daan Vermeulen	MEGA	28.87	MEGA/11441/11	29.62	+0,70
48.	Tibo Janssen	ZPC De Rog Weert	31.36	201101591	29.80	+0,69
49.	Joey Luyckx	Waterloo Natation	29.89	WN/011221/10	29.98	+0,75
50.	Mels Diedereren	Hellas-Glana	31.71	201100923	30.00	+0,41
51.	Julian van der Wegen	Hieronymus	32.54	201001959	30.06	+0,59
52.	Mats Verbruggen	KAZS	30.40	KAZS/11101/11	30.40	+0,70
53.	Tiago Verheggen	ZV Hydra	29.20	201003277	30.48	+0,82
54.	Stephen Verheyen	KAZS	30.61	KAZS/11223/11	31.06	+0,77
55.	Lars Lembrechts	KAZS	32.59	KAZS/11158/10	31.23	+0,74
56.	Zev De Strooper	MEGA	31.35	MEGA/11483/11	31.41	+0,66
AFGEM	Eren Paker	CNSW	27.55	CNSW/013488/11		
AFGEM	Si Tian Chen	Hellas-Glana	27.99	201001069		
AFGEM	Mathias Mannaerts	De Lommelse Waterbengels	29.07	LWB/11069/11		
AFGEM	Taysir Hadj Fradj	MEGA	29.00	MEGA/11360/10		
AFGEM	Milann Begue	Zwemclub Geel	26.33	ZGEEL/11156/11		

Programmanr. 27, Jongens, 50m vrije slag

16 - 17 jaar

1.	Tobian Vos	ZPC AMERSFOORT	24.53	200900005	23.85	+0,73
2.	Felbe van 't Land	ZPC AMERSFOORT	23.62	200900027	24.09	+0,65
3.	Giulian Janssen	PSV	24.35	200900125	24.33	+0,62
4.	Theodore Allan	PSV	25.36	200902925	25.22	+0,60
5.	Dylano van Brussel	PSV	25.26	200901931	25.37	+0,70
6.	Thijn Metten	ZPC AMERSFOORT	27.10	200801327	25.80	+0,78
7.	Xander Kragting	ZPC AMERSFOORT	26.53	200900077	25.82	+0,70
8.	Delano van der Wegen	Hieronymus	26.31	200801941	26.07	+0,67
9.	Sven Buijs	Hieronymus	26.13	200902853	26.13	+0,74
10.	Siebe Vets	KAZS	26.28	KAZS/11065/08	26.34	+0,70
11.	Tom Beishuizen	PSV	26.39	200804087	26.49	+0,69
12.	Fedor Sazonov	PSV	26.72	200900707	26.78	+0,64
13.	Jannick van Eeghem	Hellas-Glana	26.84	200800147	26.89	+0,68
14.	Arthur Willem	KAZS	26.64	KAZS/11114/09	27.07	+0,70
15.	Frits Hoeflaken	PSV	27.29	200804101	27.11	+0,64
16.	Jonathan Baaijens	PSV	27.22	200800409	27.18	+0,64
17.	Niklas Ehemann	Aachener SV 06	27.94	437561	27.46	+0,68
18.	Tamsi Kamagate	De Lommelse Waterbengels	29.58	LWB/11071/09	27.79	+0,66
19.	Elias Van Thillo	MEGA	30.70	MEGA/11469/09	27.89	+0,67
20.	Thomas Nauta	Arethusa	28.23	200900339	28.00	+0,70
21.	Wesley Korndewal	ZPC AMERSFOORT	28.42	200900405	28.07	+0,65
22.	Liam Matthews	ZV De Aalscholver	28.16	200902685	28.13	+0,60
	Cas Heylighen	Hellas-Glana	28.36	200901327	28.13	+0,66
	Mitchell van Dijk	Niemo Barracuda	28.23	200800577	28.13	+0,72
25.	Isaiah Koningsbloem	ZPC AMERSFOORT	28.42	200800127	28.16	+0,69
26.	Nicolai Matla	PSV	29.73	200901031	28.23	+0,67
27.	Joris Willemse	Hellas-Glana	29.21	200801745	28.43	+0,66
28.	Jayden Cijntje	ZPC AMERSFOORT	28.37	200801741	28.50	+0,66
29.	Jasper Stoel	ZPC AMERSFOORT	28.15	200800543	28.57	+0,68
30.	Michaël Danilov	Peltse Zwemclub	28.48	PZC/11054/09	28.59	+0,69
31.	Lars Barendrecht	Niemo Barracuda	28.52	200800587	28.65	+0,73
32.	Yarne Coutant	MEGA	29.00	MEGA/11367/08	28.81	+0,64
33.	Korneel Bulckaen	MEGA	28.28	MEGA/11326/09	28.88	+0,72
34.	Yahav Shalev	MEGA	29.40	200902093	28.95	+0,77
35.	Hannes Wouters	KAZS	29.93	KAZS/11077/08	29.43	+0,69

Programmanr. 28

Meisjes, 50m vrije slag

12 - 17 jaar

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Resultaten

Arena I.T.T. Record 16 - 17	26.77	Maike Ooms	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	26.60	Hylcke de Beer	NED	Eindhoven	2022
Arena I.T.T. Record 12 - 13	27.34	Sterre Gaytant	BEL	Eindhoven	2025
Arena I.T.T. Record 12 - 13	27.34	Sterre Gaytant	BEL	Eindhoven	2025

rang	naam	vereniging	intijd		tijd	RT
12 - 13 jaar						
1.	Julie De Vreese	MEGA	30.36	MEGA/21418/12	29.23	+0,66
2.	Frauke Van Tilburg	Zwemclub Geel	29.86	ZGEEL/21144/13	29.48	+0,70
3.	Annika Dzene	CNSW	30.31	CNSW/013210/12	29.79	+0,64
4.	Vicky Horens	Hellas-Glana	30.21	201200252	30.12	+0,67
5.	Si Yue Chen	Hellas-Glana	33.41	201200260	30.25	+0,67
6.	Rosie Waignein	MEGA	31.96	MEGA/21449/13	30.34	+0,72
7.	Julia Ketelaars	PSV	30.32	201200028	30.44	+0,59
8.	Julia Barszczewska	Waterloo Natation	30.93	WN/015149/12	30.96	+0,57
9.	Leonie Maes	Peltse Zwemclub	30.67	PZC/21106/12	31.02	+0,75
10.	Romee Claeys	MEGA	30.05	MEGA/21446/12	31.30	+0,50
11.	Indy Verbist	De Marlijn (SG)	32.37	201200286	31.44	+0,77
12.	Benthe de Beer	PSV	32.28	201302638	31.45	+0,62
13.	Sophie Runia	DZT'62	37.41	201300930	31.48	+0,45
14.	Jolene van Dam	Niemo Barracuda	32.29	201201344	31.79	+0,78
15.	Kaja Kowalska	Hieronymus	32.70	201301986	32.10	+0,67

Programmanr. 28, Meisjes, 50m vrije slag, 12 - 13 jaar

rang	naam	vereniging	intijd		tijd	RT
16.	Jolie Potier	MEGA	33.92	MEGa/21398/12	32.26	+0,89
	Mila Hoogendam	ZPC AMERSFOORT	34.90	201201692	32.26	+0,76
18.	Ylène Zondervan	ZPC AMERSFOORT	29.56	201200016	32.27	+0,78
19.	Tesse van de Wetering	Arethusa	31.25	201200780	32.29	+0,63
20.	Charlotte Braekens	Zwemclub Geel	31.38	ZGEEL/21167/12	32.33	+0,61
21.	Elize Snabel	ZPC AMERSFOORT	34.74	201203198	32.50	+0,76
22.	Sophie Masschelein	Waterloo Natation	32.12	WN/012125/13	32.56	+0,50
23.	Sien Lembrechts	KAZS	32.84	KAZS/21176/13	32.68	+0,70
24.	Femke de Beir	ZPC AMERSFOORT	32.79	201203492	32.69	+0,83
25.	Nehir Ozer	CNSW	34.38	CNSW/013485/13	33.25	+0,83
26.	Jolene Hirtz	Aachener SV 06	33.89	489352	33.46	
27.	Fenna Freyser	De Marlijn (SG)	35.81	201302728	33.58	+0,66
28.	Dycke Peeters	ZV Hydra	34.04	201301412	33.70	+0,79
29.	Julia van Kuijk	ZV De Aalscholver	36.22	201301190	33.78	+0,63
30.	Lina Meurrens	KAZS	34.59	KAZS/21154/12	34.23	
31.	Elina Hufkens	Zwemclub Geel	35.30	ZGEEL/21180/12	34.27	+0,64
32.	Livia van der Heide	Tempo Valkenswaard	34.89	201200764	34.41	+0,64
33.	Sophie Manders	ZPC De Rog Weert	33.91	201202374 S15	35.03	
	<i>Arena I.T.T. Para Record</i>					
	Dora Wouters	Zwemclub Geel	34.48	ZGEEL/21168/12	35.03	+0,45
35.	Jada van Dijk	ZPC AMERSFOORT	39.20	201300866	35.32	
36.	Itzana Djonou Imba	Zwemclub Geel	34.58	ZGEEL/21208/13	35.35	+0,69
37.	Marit van der Voort	Arethusa	40.12	201300484	35.49	
38.	Eva Drost	ZPC AMERSFOORT	35.12	201202120	35.57	+0,73
39.	Saar Gruijters	ZV Hydra	36.18	201202100	35.89	+0,68
40.	Marloes van Zandvoort	Arethusa	37.66	201302416	35.90	+0,46
41.	Natalie Nemes	PSV	39.15	201301942	37.26	
42.	Jolie Lomans	Hellas-Glana	39.24	201300362	39.03	
43.	Emma Linders	Arethusa	41.18	201302414	39.70	+0,73
AFGEM	Rosalie Devue	KAZS	33.10	KAZS/21141/13		
AFGEM	Juliette Vanhaecke	MEGA	32.27	MEGA/21419/12		
AFGEM	Noa Laman	ZPC AMERSFOORT	37.69	201302266		
AFGEM	Eline Fontaine	Waterloo Natation	31.19	WN/012919/12		

14 - 15 jaar

1.	Sterre Gaytant	ZORO Zwemteam	27.34	ZORO/21203/11	27.36	+0,67
2.	Anna Lepoutre	PSV	27.85	201100534	28.48	+0,63
3.	Maria Kotsubailo	ZV De Aalscholver	29.00	201001722	28.72	+0,73
4.	Mila Schram	MEGA	28.93	MEGA/21296/10	28.75	+0,74
5.	Fenna Zusterzeel	PSV	28.25	201000008	29.05	+0,66
6.	Demi Bos	Niemo Barracuda	28.09	201001282	29.11	+0,70
7.	Alaine Lomans	Hellas-Glana	30.46	201000420	29.12	+0,67
8.	Milly Van Herpe	MEGA	29.02	MEGA/21399/10	29.31	+0,78
9.	Frances Lugtu	ZV De Aalscholver	29.88	201000418	29.49	+0,63
10.	Maria Zuideveld	Aachener SV 06	29.52	494695	29.55	+0,68
11.	Chloé Asscherickx	KAZS	29.10	KAZS/21184/11	29.60	+0,39
12.	Lily Watson	CNSW	29.67	CNSW/014695/10	29.69	+0,62
13.	Emma Stokmans	PSV	28.70	201004190	29.72	+0,63
14.	Lena Thys	Leuven Aquatics	29.78	LAQUA/21704/11	29.76	+0,54
15.	Nona Watelle	Leuven Aquatics	30.26	LAQUA/21446/10	29.81	+0,71
	Carlijn Dezutter	Scheldestroom	30.14	201100770	29.81	+0,75
17.	Elise Den Baes	MEGA	29.50	MEGA/21509/10	29.98	+0,63
18.	Noa van Zalk	ZPC AMERSFOORT	29.59	201102534	30.00	+0,72
19.	Romy de Graaf	Hellas-Glana	30.58	201003660	30.06	+0,75
20.	Kim Bouman	ZPC AMERSFOORT	29.39	201000262	30.07	+0,80
21.	Julie Simonis	Hellas-Glana	30.30	201000144	30.30	+0,69
22.	Sterre de Veen	Hellas-Glana	29.04	201100086	30.38	+0,62
23.	Isus Verdysseeldonk	PSV	31.69	201002878	30.40	+0,78
24.	June Schuurmans	Hellas-Glana	30.73	201100874	30.45	+0,74
	Lore Borghs	Zwemclub Geel	29.62	ZGEEL/21123/10	30.45	+0,76
26.	L. Vanlommel	Zwemclub Geel	30.41	ZGEEL/21150/11	30.46	+0,47
27.	Julie Maes	Zwemclub Geel	30.84	ZGEEL/21105/10	30.47	+0,68

Programmanr. 28, Meisjes, 50m vrije slag, 14 - 15 jaar

rang	naam	vereniging	intijd		tijd	RT
28.	Renske Slangen	Hellas-Glana	30.88	201002740	30.50	+0,70
29.	Lian Vonk	ZPC AMERSFOORT	30.71	201001606	30.56	+0,59
30.	Marisa Molina Fueyo	Waterloo Natation	31.40	WN/011919/10	30.57	+0,84
31.	Kaat Cornelis	Zwemclub Geel		NT ZGEEL/21217/11	30.59	+0,83
32.	Clara Beso	CNSW	30.14	CNSW/013202/11	30.70	+0,53
33.	Mila Ehemann	Aachener SV 06	31.08	437562	30.77	+0,58
	Elisabeth Dury	CNSW	30.42	CNSW/012928/10	30.77	+0,68
35.	Jante Cremers	Tempo Valkenswaard	32.46	201102406	30.87	+0,59
36.	Noortje Bisperink	ZPC AMERSFOORT	30.29	201100486	30.93	+0,71
37.	Helene Maes	Peltse Zwemclub	30.19	PZC/21074/10	30.95	+0,62
38.	Jinte de Leeuw	Hieronymus	31.65	201003350	31.16	+0,79
39.	Fenna Hölsgens	Hellas-Glana	31.69	201000276	31.18	+0,76
40.	Ilja van Gemeren	Arethusa	31.77	201001330	31.32	+0,57
41.	Annelie Batenburg	PSV	30.82	201001962	31.60	+0,72
42.	Carys Gerard	KAZS	30.85	KAZS/21124/11	31.61	+0,75
43.	Janne Bulckaen	MEGA	31.21	MEGA/21327/11	31.64	+0,73
44.	Emma Starkie Alves	Waterloo Natation	31.82	WN/015315/11	31.70	+0,51
45.	Fleur Buijs	Hieronymus	31.32	201100676	31.87	+0,62
46.	Jesse Rijnbeek	ZPC AMERSFOORT	32.35	201000720	31.89	+0,78
47.	Ize Thijs	ZV Hydra	32.42	201101388	31.90	+0,73
48.	Vera Broekman	Arethusa	32.53	201001454	32.11	+0,68
49.	Fenne Hardeman	Hellas-Glana	33.09	201100244	32.13	+0,81
50.	Yelena Cools	Zwemclub Geel	31.53	ZGEEL/21171/11	32.14	+0,80
51.	Lieve Bakker	DZT'62	32.75	201101788	32.50	+0,79
52.	Vismaya Borganve	PSV	34.39	201103500	32.80	+0,66
53.	Suze van Oosterhout	WZV	34.28	201101758	32.85	+0,68
54.	Zoë Cluysen	De Lommelse Waterbengels	32.97	LWB/21062/10	32.90	+0,56
55.	Bente Toth	ZPC AMERSFOORT	32.70	201102818	33.17	+0,70
56.	Imke Leysen	Zwemclub Geel	31.82	ZGEEL/21152/11	33.18	+0,69
57.	Frederique Bulsing	Hieronymus	33.35	201001716	33.25	+0,79
58.	Eva Hensen	Niemo Barracuda	33.93	201100806	33.60	
59.	Myrthe Bruinsma	ZPC AMERSFOORT	31.63	201101108	33.92	+0,86
60.	Kiki Snoeks	ZV Hydra	33.29	201003422	33.93	+0,79
61.	Elise Pastorelli	Hieronymus	34.84	201103462	34.35	+0,71
62.	Floor van Dorssen	ZPC AMERSFOORT	34.73	201102946	34.56	+0,79
63.	Yanne Valkenborghs	Zwemclub Geel	33.25	ZGEEL/21151/10	34.59	+0,57
64.	Paulien Boeckx	Zwemclub Geel	33.68	ZGEEL/21145/10	34.65	+0,75
DIS	Sarah Förster	Hellas-Glana	30.78	201102682		AA
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
DIS	Mit Wouters	Zwemclub Geel	34.23	ZGEEL/21163/10		AA
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
DIS	Fleur Braam	Zwemsport Parkstad	35.16	201002000		AA
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
AFGEM	Zora Spriet	Hieronymus	31.25	201100532		
AFGEM	Louise Teirlinck	Leuven Aquatics	30.01	LAQUA/21392/10		
AFGEM	Lola Verheijen	PSV	27.73	201100832		
AFGEM	Yfke Wijnalda	ZPC AMERSFOORT	31.02	201002618		
AFGEM	Kensi Thieleman	ZPC De Rog Weert	32.59	201104082		

16 - 17 jaar

1.	Maaïke Ooms	ZPC AMERSFOORT	26.77	200801580	26.94	+0,75
2.	Luus Gielens	PSV	28.05	200900138	27.44	+0,76
3.	Senna Rijnbeek	ZPC AMERSFOORT	27.09	200901480	27.59	+0,73
4.	Chiara Lammertink	ZPC AMERSFOORT	28.80	200902200	28.52	+0,72
5.	Kinley Cole	PSV	27.66	200903696	28.56	+0,56
6.	Esmaé de Gans	ZPC AMERSFOORT	29.24	200900134	28.85	+0,74
7.	Mirthe Gaytant	ZORO Zwemteam	30.06	ZORO/21204/08	28.99	+0,77
8.	Julia MacHale	CNSW	28.60	CNSW/010030/09	29.09	+0,68
9.	Eleni Olympiou	PSV	28.20	200804924	29.27	+0,61
10.	Isis Verhoeff	ZPC AMERSFOORT	29.05	200902962	29.30	+0,69
11.	Evy Zipper	CNSW	28.74	CNSW/010567/09	29.37	+0,63

Programmanr. 28, Meisjes, 50m vrije slag, 16 - 17 jaar

rang	naam	vereniging	intijd		tijd	RT
12.	Siska Vervloessem	KAZS	29.27	KAZS/21200/08	29.39	+0,72
13.	Djelaysa Buunk	Z & PC De Zeeuwse Kust	29.35	200900536	29.40	+0,73
14.	Myrthe Stelten	Hellas-Glana	30.41	200900234	29.52	+0,71
15.	Alix De Corte	ZORO Zwemteam	29.64	ZORO/21157/09	29.63	+0,68
16.	Robine Moot	ZPC AMERSFOORT	28.32	200900330	29.69	+0,72
17.	Karlijn van der Schrier	Hieronimus	29.29	200900834	29.70	+0,72
18.	Alice Boxho	ZORO Zwemteam	30.07	ZORO/21167/09	30.27	+0,70
19.	Julia Dijkstra	PSV	29.27	200904546	30.30	+0,75
20.	Kaat Gypen	KAZS	29.79	KAZS/21208/09	30.31	+0,83
	Laura Regniers	MEGA	30.47	MEGA/21239/09	30.31	+0,77
22.	Lore Martelé	MEGA	30.78	MEGA/21280/09	30.37	+0,60
23.	Bente Hölsgens	Hellas-Glana	31.20	200801470	30.61	+0,68
24.	Danné van Munster	Hellas-Glana	32.43	200901262	30.95	+0,59
25.	Amilia Coesemans	Zwemclub Geel	30.62	ZGEEL/21119/08	30.97	+0,57
26.	Rosalie Moller	Niemo Barracuda	31.17	200903292	31.30	+0,83
27.	Bo Bontrup	PSV	31.24	200902150	31.54	+0,71
28.	Hanna Advokaat	PSV	32.38	200901502	31.58	+0,78
29.	Stine Baeke	MEGA	31.23	MEGA/21332/09	31.73	+0,73
30.	Isa van der Sanden	Hieronimus	30.23	200904528	31.92	+0,88
31.	Lara Müller	Arethusa	31.83	200903610	32.48	+0,78
32.	Nomi Poels	Zwemclub Geel	31.85	ZGEEL/21095/08	32.78	+0,75
33.	Indy Verhoeven	Hieronimus	32.77	200902320	34.06	+0,51
34.	Fenna Greijn	ZPC De Rog Weert	32.69	200900654	34.07	+0,72
35.	Mila Hermans	DZT'62	32.53	200801006	34.08	+0,79
36.	Britt van der Ham	WZV	33.89	200801320	34.80	+0,59
AFGEM	Nina Zusterzeel	PSV	28.32	200800656		
AFGEM	Kiki Sauerborn	ZPC AMERSFOORT	31.14	200904158		

Programmanr. 29
22-3-2026 - 15:19

Jongens, 200m vlinderslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	2:04.71	Tiago Fonseca Gomes	NED	Eindhoven	2024
Arena I.T.T. Record 14 - 15	2:06.24	Tiago Fonseca Gomes	NED	Eindhoven	2023
Arena I.T.T. Record 12 - 13	2:13.94	Xiaoyu Yin	NED	Eindhoven	2022

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
12 - 13 jaar										
1.	Celestin van der Beek	PSV	2:44.53	201201183	2:45.91	+0,61	35.70	1:19.28	2:04.09	2:45.91
2.	Lars Stelten	Hellas-Glana	2:56.36	201200151	3:00.76	+0,69	37.19	1:23.78	2:12.34	3:00.76
3.	Wessel Vis	De Treffers	NT	201201273	3:02.48	+0,64	37.93	1:23.11	2:12.67	3:02.48
4.	Jan Peter Topaloski	Aachener SV 06	2:57.07	435283	3:07.19	+0,72	37.59	1:24.21	2:16.18	3:07.19
5.	Rens Bouwmans	DZT'62	NT	201301389	3:09.83	+0,52	40.00	1:29.23	2:21.13	3:09.83

14 - 15 jaar

1.	Eli Shields	Niemo Barracuda	2:27.57	201000407	2:20.65	+0,63	30.63	1:06.41	1:43.63	2:20.65
2.	Vic Van Nooten	Leuven Aquatics	2:48.28	LAQUA/11454/10	2:24.99	+0,72	30.29	1:06.49	1:45.99	2:24.99
3.	Kalle Blacquièrè	PSV	2:32.36	201003751	2:28.48	+0,65	32.65	1:09.94	1:49.07	2:28.48
4.	Zion Eijkenboom	Hellas-Glana	2:41.39	201100043	2:38.44	+0,69	33.68	1:14.35	1:56.83	2:38.44
5.	Ian Timmermans	PSV	NT	201004001	2:38.80	+0,71	34.78	1:15.19	1:57.54	2:38.80
6.	Leo Pan	PSV	2:44.79	201100333	2:43.76	+0,60	35.18	1:16.73	2:00.24	2:43.76
7.	Collin van der Ham	WZV	2:53.46	201000877	2:49.55	+0,72	33.67	1:15.20	2:02.92	2:49.55
8.	Paul Wätjen	Aachener SV 06	3:07.66	449745	2:54.87	+0,66	37.74	1:23.31	2:10.25	2:54.87
9.	Jasper Cox	ZPC AMERSFOORT	3:19.51	201003589	2:56.27	+0,68	36.72	1:23.44	2:11.71	2:56.27
10.	Stephen Verheyen	KAZS	NT	KAZS/11223/11	3:14.00	+0,77	39.09	1:27.87	2:21.23	3:14.00
11.	Tiago Verheggen	ZV Hydra	NT	201003277	3:27.38	+0,91	42.80	1:35.43	2:31.90	3:27.38
NG.ZA	Jonas Eversonas	CNSW	2:28.72	CNSW/011059/10						
AFGEM	Benjamin Wiemer	Aachener SV 06	3:06.06	458695						
AFGEM	Quinten Oostveen	ZPC AMERSFOORT	2:47.33	201002605						

Programmanr. 29, Jongens, 200m vlinderslag

16 - 17 jaar

1. Martijn Nies	PSV	2:10.13	200902095	2:11.36	+0,73	28.89	1:02.27	1:36.81	2:11.36
2. Jones Chuang	PSV	2:15.70	200801173	2:11.95	+0,62	29.50	1:03.57	1:37.58	2:11.95
3. Lowie Vanbesien	MEGA	2:24.65	MEGA/11251/09	2:31.43	+0,69	34.49	1:13.47	1:54.38	2:31.43
4. Frits Hoeflaken	PSV	2:28.54	200804101	2:31.80	+0,63	32.10	1:09.65	1:50.89	2:31.80
5. Siebe Vets	KAZS		NT KAZS/11065/08	2:50.52	+0,90	36.08	1:19.16	2:04.00	2:50.52
6. Thijs Bijman	Niemo Barracuda	2:58.60	200901111	2:54.54	+0,79	36.74	1:19.62	2:07.99	2:54.54

Programmanr. 30
22-3-2026 - 15:30

Meisjes, 200m vlinderslag

12 - 17 jaar
Resultaten

Arena I.T.T. Record 16 - 17	2:27.07	Elina D'Hooghe	BEL	Eindhoven	2024
Arena I.T.T. Record 14 - 15	2:37.29	Tess Vonk	NED	Eindhoven	2024
Arena I.T.T. Record 12 - 13	2:50.05	Esra Simon	NED	Eindhoven	2024

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
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12 - 13 jaar

1. Aleksandra Wolnik	St. Olimpijczyk Brzesko	3:08.08		2:46.28	+0,62	37.44	1:20.30	2:03.67	2:46.28
2. Julia Barszczewska	Waterloo Natation	2:46.40	WN/015149/12	2:47.62	+0,60	36.47	1:19.52	2:05.02	2:47.62
DIS Frauke Van Tilburg	Zwemclub Geel		NT ZGEEL/21144/13			VD			

VD - Schoolslagbenen gezwommen.

14 - 15 jaar

1. Fenne Metten	ZPC AMERSFOORT	2:30.62	201000102	2:24.68	+0,77	32.23	1:09.24	1:47.49	2:24.68
<i>Arena I.T.T. Record</i>									
2. Mia Hoeflaken	PSV	2:29.12	201004108	2:30.85	+0,63	33.30	1:11.63	1:51.01	2:30.85
3. Brechtje Slootweg	ZPC AMERSFOORT	2:52.92	201101744	2:33.63	+0,72	32.73	1:11.07	1:51.79	2:33.63
4. Esra Simon	Hellas-Glana	2:38.16	201100004	2:34.02	+0,80	33.63	1:11.93	1:52.72	2:34.02
5. Martha Luise Blum	SG Rhein-Mosel	2:35.26	423080	2:37.11	+0,74	32.23	1:11.84	1:54.37	2:37.11
6. Kendra van der Voort	Arethusa	3:17.43	201100536	3:01.16	+0,81	38.22	1:24.90	2:13.31	3:01.16
7. Chloé Asscherickx	KAZS	2:50.41	KAZS/21184/11	3:01.78	+0,72	39.20	1:26.04	2:14.61	3:01.78
8. Mila Silverans	KAZS	3:19.73	KAZS/21116/11	3:16.32	+0,62	41.87	1:35.13	2:28.94	3:16.32
9. Yanne Valkenborghs	Zwemclub Geel	3:15.76	ZGEEL/21151/10	3:30.16		43.87	1:37.59	2:33.05	3:30.16

16 - 17 jaar

1. Tess Vonk	De Geul	2:37.29	200900024	2:36.89	+0,65	32.58	1:11.86	1:52.96	2:36.89
2. Virginia Xenou	CNSW	2:33.57	CNSW/011249/09	2:37.10	+0,74	34.01	1:13.34	1:54.71	2:37.10
3. Thyrv Meyer	KAZS	2:39.00	KAZS/21181/09	2:42.51	+0,72	35.93	1:17.84	2:02.33	2:42.51
4. Lynn Peters	RZ	3:10.67	200900454	2:58.24	+0,70	35.80	1:21.52	2:10.04	2:58.24
5. Anaïs Gries	Waterloo Natation	2:44.62	WN/12735/09	3:00.04	+0,72	36.33	1:20.38	2:11.07	3:00.04
6. Amilia Coesemans	Zwemclub Geel		NT ZGEEL/21119/08	3:20.94	+0,71	39.72	1:30.91	2:26.66	3:20.94
7. Nomi Poels	Zwemclub Geel	3:11.10	ZGEEL/21095/08	3:21.57	+0,80	42.86	1:33.92	2:28.30	3:21.57