

International Talent Trophy 2022  
Eindhoven, 18- - 20-3-2022

Programmanr. 11  
19-3-2022 - 11:50

Meisjes, 400m vrije slag

Jeugd 2 en jonger  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
<b>Juniores 1 en 2</b>					
1.	Fay Boxum	Swol 1894	4:59.20	200900060	<b>4:53.09</b> +0,84 525
	50m: 31.66	31.66 150m: 1:46.29	37.86	250m: 3:01.46	38.10 350m: 4:16.98
	100m: 1:08.43	36.77 200m: 2:23.36	37.07	300m: 3:39.57	38.11 400m: 4:53.09
2.	Robine Moot	Zpc Amersfoort 1	5:02.50	200900330	<b>4:58.26</b> +0,80 498
	50m: 32.40	32.40 150m: 1:48.07	38.64	250m: 3:04.60	38.14 350m: 4:21.67
	100m: 1:09.43	37.03 200m: 2:26.46	38.39	300m: 3:43.53	38.93 400m: 4:58.26
3.	Mijke Ouderkerken	Blue Marlins (SG) 1	4:54.70	200901254	<b>5:01.57</b> +0,79 482
	50m: 32.97	32.97 150m: 1:48.70	38.79	250m: 3:07.66	39.55 350m: 4:25.44
	100m: 1:09.91	36.94 200m: 2:28.11	39.41	300m: 3:47.02	39.36 400m: 5:01.57
4.	Ece Öngören	Blue Marlins (SG)	5:01.41	200903862	<b>5:02.83</b> +0,80 476
	50m: 33.70	33.70 150m: 1:51.44	38.83	250m: 3:08.74	37.85 350m: 4:25.58
	100m: 1:12.61	38.91 200m: 2:30.89	39.45	300m: 3:47.05	38.31 400m: 5:02.83
5.	Tess Vonk	OC Eindhoven	4:56.91	200900024	<b>5:06.53</b> +0,63 459
	50m: 33.18	33.18 150m: 1:50.98	39.69	250m: 3:10.17	39.20 350m: 4:29.10
	100m: 1:11.29	38.11 200m: 2:30.97	39.99	300m: 3:49.50	39.33 400m: 5:06.53
6.	Grace Peters	Blue Marlins (SG)	5:05.90	200901474	<b>5:06.63</b> +0,75 458
	50m: 34.46	34.46 150m: 1:52.18	39.75	250m: 3:11.51	40.00 350m: 4:28.84
	100m: 1:12.43	37.97 200m: 2:31.51	39.33	300m: 3:50.31	38.80 400m: 5:06.63
7.	Juliette Van Brabant	MEGA zwemteam 1	4:58.58	MEGA/21249/09	<b>5:08.49</b> +0,70 450
	50m: 34.47	34.47 150m: 1:53.30	39.72	250m: 3:12.58	39.33 350m: 4:31.55
	100m: 1:13.58	39.11 200m: 2:33.25	39.95	300m: 3:52.36	39.78 400m: 5:08.49
8.	Bregje Dekkers	Psv 1	5:26.16	200900746	<b>5:16.81</b> +0,73 415
	50m: 34.32	34.32 150m: 1:54.04	40.40	250m: 3:15.18	40.75 350m: 4:37.24
	100m: 1:13.64	39.32 200m: 2:34.43	40.39	300m: 3:56.10	40.92 400m: 5:16.81
9.	Esmaé de Gans	Zpc Amersfoort 2	5:51.93	200900134	<b>5:21.48</b> +0,70 397
	50m: 35.59	35.59 150m: 1:56.54	40.86	250m: 3:19.17	40.57 350m: 4:42.45
	100m: 1:15.68	40.09 200m: 2:38.60	42.06	300m: 4:01.37	42.20 400m: 5:21.48
10.	Julia Dabrowska	Blue Marlins (SG)	5:48.09	201000300	<b>5:26.72</b> +0,72 379
	50m: 35.58	35.58 150m: 1:58.13	42.09	250m: 3:23.13	42.63 350m: 4:48.30
	100m: 1:16.04	40.46 200m: 2:40.50	42.37	300m: 4:05.39	42.26 400m: 5:26.72
11.	Kinley Cole	Psv 1	5:30.00	200903696	<b>5:29.75</b> +0,71 368
	50m: 35.36	35.36 150m: 1:58.13	42.20	250m: 3:24.57	43.60 350m: 4:50.16
	100m: 1:15.93	40.57 200m: 2:40.97	42.84	300m: 4:08.08	43.51 400m: 5:29.75
12.	Erin de Jong	Widex Gzc Donk	5:25.79	201000024	<b>5:29.93</b> +0,75 368
	50m: 36.32	36.32 150m: 2:00.23	41.52	250m: 3:24.59	41.15 350m: 4:49.35
	100m: 1:18.71	42.39 200m: 2:43.44	43.21	300m: 4:07.72	43.13 400m: 5:29.93
13.	Bo Bontrup	Psv 2	5:31.49	200902150	<b>5:32.01</b> +0,70 361
	50m: 37.04	37.04 150m: 2:01.21	42.58	250m: 3:26.27	43.48 350m: 4:52.75
	100m: 1:18.63	41.59 200m: 2:42.79	41.58	300m: 4:09.32	43.05 400m: 5:32.01
14.	Melina Van Beylen	Racing Swimming Club Mechel	5:57.60	RSCM/21221/10	<b>5:34.63</b> +0,90 352
	50m: 37.52	37.52 150m: 2:01.58	42.50	250m: 3:27.36	42.42 350m: 4:52.76
	100m: 1:19.08	41.56 200m: 2:44.94	43.36	300m: 4:10.54	43.18 400m: 5:34.63
15.	Mila Schram	MEGA zwemteam 2	5:29.51	MEGA/21296/10	<b>5:38.30</b> +0,70 341
	50m: 38.32	38.32 150m: 2:04.87	43.05	250m: 3:31.98	44.02 350m: 4:57.69
	100m: 1:21.82	43.50 200m: 2:47.96	43.09	300m: 4:15.64	43.66 400m: 5:38.30
16.	Marit Libregts	O.Z. & P.C. De Warande 1	5:37.33	200901652	<b>5:38.89</b> +0,70 339
	50m: 38.95	38.95 150m: 2:07.58	44.39	250m: 3:34.50	42.68 350m: 5:03.77
	100m: 1:23.19	44.24 200m: 2:51.82	44.24	300m: 4:19.33	44.83 400m: 5:38.89
17.	Arlyn Schouten	Z&PV Nuenen	6:40.82	200900830	<b>5:42.22</b> +0,72 329
	50m: 35.61	35.61 150m: 2:00.54	42.67	250m: 3:30.18	45.18 350m: 4:59.76
	100m: 1:17.87	42.26 200m: 2:45.00	44.46	300m: 4:15.91	45.73 400m: 5:42.22
18.	Lore Borghs	Zwemclub Geel 1	7:34.48	ZGEEL/21123/10	<b>5:43.01</b> +0,83 327
	50m: 37.82	37.82 150m: 2:04.88	44.48	250m: 3:34.47	45.04 350m: 5:02.27
	100m: 1:20.40	42.58 200m: 2:49.43	44.55	300m: 4:18.82	44.35 400m: 5:43.01
19.	Annelie Batenburg	Psv 2	5:59.95	201001962	<b>5:43.30</b> +0,75 326
	50m: 37.69	37.69 150m: 2:04.22	43.91	250m: 3:33.53	44.91 350m: 5:02.54
	100m: 1:20.31	42.62 200m: 2:48.62	44.40	300m: 4:18.42	44.89 400m: 5:43.30
20.	Meredith Harris	Blue Marlins (SG)	5:53.36	200901524	<b>5:55.05</b> +0,80 295
	50m: 38.87	38.87 150m: 2:07.95	45.42	250m: 3:40.21	46.67 350m: 5:11.97
	100m: 1:22.53	43.66 200m: 2:53.54	45.59	300m: 4:27.10	46.89 400m: 5:55.05
21.	Fenne Metten	Zpc Amersfoort 3	6:03.98	201000102	<b>5:56.32</b> +0,79 292
	50m: 38.33	38.33 150m: 2:10.12	46.22	250m: 3:42.55	45.71 350m: 5:14.13
	100m: 1:23.90	45.57 200m: 2:56.84	46.72	300m: 4:29.60	47.05 400m: 5:56.32
22.	Juliette Sanders	MEGA-zwemteam	6:01.13	MEGA/21258/09	<b>6:00.04</b> +0,73 283
	50m: 40.65	40.65 150m: 2:12.88	46.78	250m: 3:46.72	46.60 350m: 5:17.98
	100m: 1:26.10	45.45 200m: 3:00.12	47.24	300m: 4:32.96	46.24 400m: 6:00.04

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rang	naam	vereniging	intijd	tijd	RT
23.	Vlada Filimonov	De Bevelanders	6:07.62	201002642	<b>6:01.33</b> +0,83 280
	50m: 37.62	37.62 150m: 2:08.61	46.39	250m: 3:41.53	46.40 350m: 5:16.12
	100m: 1:22.22	44.60 200m: 2:55.13	46.52	300m: 4:29.03	47.50 400m: 6:01.33
24.	Lene Margarete Schmid	SG Remscheid e.V. 1	6:00.00	400193	<b>6:02.52</b> +0,68 277
	50m: 39.30	39.30 150m: 2:10.37	46.00	250m: 3:44.03	46.70 350m: 5:18.28
	100m: 1:24.37	45.07 200m: 2:57.33	46.96	300m: 4:31.00	46.97 400m: 6:02.52
25.	Lian Vonk	Zpc Amersfoort	6:11.62	201001606	<b>6:07.21</b> +0,58 267
	50m: 38.22	38.22 150m: 2:11.49	47.68	250m: 3:47.78	47.55 350m: 5:21.59
	100m: 1:23.81	45.59 200m: 3:00.23	48.74	300m: 4:35.18	47.40 400m: 6:07.21
26.	Jayna Wagemakers	AquaDream	NT	201000226	<b>6:07.22</b> +0,69 266
	50m: 41.22	41.22 150m: 2:16.02	47.37	250m: 3:49.78	46.68 350m: 5:23.84
	100m: 1:28.65	47.43 200m: 3:03.10	47.08	300m: 4:37.16	47.38 400m: 6:07.22
27.	Hanna Advokaat	Psv	NT	200901502	<b>6:12.48</b> +0,98 255
	50m: 38.88	38.88 150m: 2:11.12	47.36	250m: 3:49.41	49.19 350m: 5:27.81
	100m: 1:23.76	44.88 200m: 3:00.22	49.10	300m: 4:38.30	48.89 400m: 6:12.48
28.	Lilou Carfantan	Psv	NT	200902866	<b>6:19.49</b> +0,80 241
	50m: 40.55	40.55 150m: 2:16.35	48.14	250m: 3:54.75	49.20 350m: 5:34.50
	100m: 1:28.21	47.66 200m: 3:05.55	49.20	300m: 4:45.94	51.19 400m: 6:19.49
29.	Isus VerdysseDonk	Psv 3	6:27.33	201002878	<b>6:27.23</b> +0,65 227
	50m: 39.92	39.92 150m: 2:19.72	50.32	250m: 4:00.36	49.51 350m: 5:43.47
	100m: 1:29.40	49.48 200m: 3:10.85	51.13	300m: 4:53.09	52.73 400m: 6:27.23
30.	Daphne Bilik	Psv	6:31.51	200901688	<b>6:29.68</b> 223
	50m: 41.22	41.22 150m: 2:21.28	50.14	250m: 4:03.24	50.29 350m: 5:44.78
	100m: 1:31.14	49.92 200m: 3:12.95	51.67	300m: 4:55.54	52.30 400m: 6:29.68
31.	Evi Bouten	Mosa-Regio	6:30.00	201000270	<b>6:33.39</b> +0,82 217
	50m: 41.29	41.29 150m: 2:18.40	50.32	250m: 4:01.72	51.96 350m: 5:46.00
	100m: 1:28.08	46.79 200m: 3:09.76	51.36	300m: 4:53.50	51.78 400m: 6:33.39
32.	Lynn Peters	Mosa-Regio	6:57.82	200900454	<b>6:35.37</b> +0,94 213
	50m: 41.11	41.11 150m: 2:17.91	50.23	250m: 4:01.58	52.02 350m: 5:47.97
	100m: 1:27.68	46.57 200m: 3:09.56	51.65	300m: 4:54.42	52.84 400m: 6:35.37
33.	Djamila Theunissen	Mosa-Regio	7:39.36	201000054	<b>6:37.34</b> +0,96 210
	50m: 42.43	42.43 150m: 2:21.43	51.11	250m: 4:05.60	51.94 350m: 5:49.87
	100m: 1:30.32	47.89 200m: 3:13.66	52.23	300m: 4:57.87	52.27 400m: 6:37.34
34.	Lieze Anseeuw	MEGA-zwemteam	7:35.57	MEGA/21343/10	<b>7:14.51</b> 161
	50m: 45.64	45.64 150m: 2:35.97	55.88	250m: 4:28.92	56.35 350m: 6:22.52
	100m: 1:40.09	54.45 200m: 3:32.57	56.60	300m: 5:25.84	56.92 400m: 7:14.51
NG	Michelle van Hemert	Psv 3	6:51.17	200901200	

Junioren 3 en 4

1.	Nynke Boerefijn	Zpc Amersfoort 1	4:39.74	200700114	<b>4:39.85</b> +0,83 603
	50m: 31.65	31.65 150m: 1:42.00	35.53	250m: 2:53.83	35.91 350m: 4:05.44
	100m: 1:06.47	34.82 200m: 2:17.92	35.92	300m: 3:29.86	36.03 400m: 4:39.85
2.	Marieke Vanhoof	Racing Swimming Club Mechel	4:45.81	RSCM/21147/07	<b>4:48.17</b> +0,78 552
	50m: 32.36	32.36 150m: 1:44.67	36.33	250m: 2:59.04	36.85 350m: 4:13.21
	100m: 1:08.34	35.98 200m: 2:22.19	37.52	300m: 3:36.12	37.08 400m: 4:48.17
3.	Robin Vermeulen	Blue Marlins (SG) 1	5:00.44	200700412	<b>4:49.21</b> +0,80 546
	50m: 31.43	31.43 150m: 1:45.78	37.61	250m: 2:58.78	37.61 350m: 4:13.90
	100m: 1:06.70	35.27 200m: 2:21.17	37.37	300m: 3:36.15	37.37 400m: 4:49.21
4.	Alissa Dewilde	MEGA-zwemteam	4:47.07	MEGA/21275/07	<b>4:50.74</b> +0,69 537
	50m: 32.78	32.78 150m: 1:47.16	37.74	250m: 3:01.91	37.25 350m: 4:16.21
	100m: 1:09.42	36.64 200m: 2:24.66	37.50	300m: 3:39.34	37.43 400m: 4:50.74
5.	Nova Nijziel	Zwemclub Geel 1	5:38.23	ZGEEL/21085/08	<b>4:52.84</b> +0,68 526
	50m: 31.87	31.87 150m: 1:45.78	37.47	250m: 3:01.24	37.68 350m: 4:16.29
	100m: 1:08.31	36.44 200m: 2:23.56	37.78	300m: 3:38.90	37.66 400m: 4:52.84
6.	Maaïke Ooms	Zpc Amersfoort 2	5:02.28	200801580	<b>4:53.35</b> +0,71 523
	50m: 33.05	33.05 150m: 1:46.84	37.76	250m: 3:03.02	38.18 350m: 4:17.90
	100m: 1:09.08	36.03 200m: 2:24.84	38.00	300m: 3:40.95	37.93 400m: 4:53.35
7.	Esmée Mulder	Swol 1894	4:35.00	200800038	<b>4:54.33</b> +0,66 518
	50m: 32.03	32.03 150m: 1:44.43	36.31	250m: 3:00.49	38.16 350m: 4:18.09
	100m: 1:08.12	36.09 200m: 2:22.33	37.90	300m: 3:39.26	38.77 400m: 4:54.33
8.	Meyke v. Nimwegen	z.c De Schotejil	5:32.37	200800106	<b>5:00.44</b> +0,85 487
	50m: 32.47	32.47 150m: 1:45.81	37.44	250m: 3:03.24	38.38 350m: 4:21.50
	100m: 1:08.37	35.90 200m: 2:24.86	39.05	300m: 3:42.19	38.95 400m: 5:00.44
9.	Britt Colijn	Zwemvereniging New Wave A4	5:58.83	200700544	<b>5:04.54</b> +0,81 468
	50m: 33.39	33.39 150m: 1:49.79	38.44	250m: 3:08.46	39.04 350m: 4:27.79
	100m: 1:11.35	37.96 200m: 2:29.42	39.63	300m: 3:48.60	40.14 400m: 5:04.54
10.	Liese Van Laecke	MEGA-zwemteam	4:50.64	MEGA/21243/08	<b>5:06.18</b> +0,77 460
	50m: 33.25	33.25 150m: 1:49.48	38.64	250m: 3:08.19	39.47 350m: 4:27.26
	100m: 1:10.84	37.59 200m: 2:28.72	39.24	300m: 3:47.60	39.41 400m: 5:06.18

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Programmanr. 11, Meisjes, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT	
11.	Annedieke Scholte	Blue Marlins (SG)	5:16.06	200701110	<b>5:08.84</b> +0,85 448	
	50m: 33.83	33.83 150m: 1:52.59	39.79	250m: 3:13.18	40.04 350m: 4:32.51	39.00
	100m: 1:12.80	38.97 200m: 2:33.14	40.55	300m: 3:53.51	40.33 400m: 5:08.84	36.33
12.	Julie van Nispen	Z&PV Nuenen	5:47.21	200800290	<b>5:09.07</b> +0,76 447	
	50m: 32.68	32.68 150m: 1:49.81	39.52	250m: 3:10.29	39.70 350m: 4:30.99	39.58
	100m: 1:10.29	37.61 200m: 2:30.59	40.78	300m: 3:51.41	41.12 400m: 5:09.07	38.08
13.	Sara Martelé	MEGA zwemteam 2	5:11.51	MEGA/21150/07	<b>5:14.18</b> +0,67 426	
	50m: 34.18	34.18 150m: 1:53.31	39.82	250m: 3:13.91	40.20 350m: 4:34.52	40.23
	100m: 1:13.49	39.31 200m: 2:33.71	40.40	300m: 3:54.29	40.38 400m: 5:14.18	39.66
14.	Louise Meysmans	Racing Swimming Club Mechel	5:15.72	RSCM/21235/07	<b>5:15.55</b> +0,76 420	
	50m: 35.10	35.10 150m: 1:55.02	40.04	250m: 3:15.43	40.47 350m: 4:36.05	40.61
	100m: 1:14.98	39.88 200m: 2:34.96	39.94	300m: 3:55.44	40.01 400m: 5:15.55	39.50
15.	Evelyn Harris	Blue Marlins (SG)	5:30.18	200703250	<b>5:26.39</b> +0,79 380	
	50m: 36.68	36.68 150m: 1:58.18	41.18	250m: 3:22.25	42.32 350m: 4:46.46	42.22
	100m: 1:17.00	40.32 200m: 2:39.93	41.75	300m: 4:04.24	41.99 400m: 5:26.39	39.93
16.	Eliska Bosscher	MNC Dordrecht	6:03.99	200800054	<b>5:30.53</b> +0,67 366	
	50m: 37.92	37.92 150m: 2:02.89	43.06	250m: 3:28.36	43.30 350m: 4:52.10	41.52
	100m: 1:19.83	41.91 200m: 2:45.06	42.17	300m: 4:10.58	42.22 400m: 5:30.53	38.43
17.	Ine Oosterlynck	MEGA-zwemteam	5:20.07	MEGA/21153/08	<b>5:32.01</b> +0,81 361	
	50m: 36.32	36.32 150m: 2:01.06	42.37	250m: 3:26.58	42.61 350m: 4:52.04	41.64
	100m: 1:18.69	42.37 200m: 2:43.97	42.91	300m: 4:10.40	43.82 400m: 5:32.01	39.97
18.	Lina Boutaleb	Psv	5:46.82	200802404	<b>5:45.59</b> +0,80 320	
	50m: 36.08	36.08 150m: 2:01.55	44.13	250m: 3:33.10	46.09 350m: 5:04.18	45.07
	100m: 1:17.42	41.34 200m: 2:47.01	45.46	300m: 4:19.11	46.01 400m: 5:45.59	41.41
19.	Lisann Hübel	SG Remscheid e.V.	5:50.00	366224	<b>5:47.98</b> +0,79 313	
	50m: 38.24	38.24 150m: 2:06.61	45.54	250m: 3:37.60	46.40 350m: 5:08.82	45.33
	100m: 1:21.07	42.83 200m: 2:51.20	44.59	300m: 4:23.49	45.89 400m: 5:47.98	39.16
20.	Meike de Waard	O.Z. & P.C. De Warande 1	6:33.22	200702380	<b>5:57.41</b> +0,85 289	
	50m: 38.81	38.81 150m: 2:08.23	45.62	250m: 3:40.94	46.22 350m: 5:14.58	47.06
	100m: 1:22.61	43.80 200m: 2:54.72	46.49	300m: 4:27.52	46.58 400m: 5:57.41	42.83
21.	Lieve Verschoor	Zpc Amersfoort 3	6:19.17	200800624	<b>5:59.04</b> +0,91 285	
	50m: 38.17	38.17 150m: 2:08.39	46.06	250m: 3:42.03	47.15 350m: 5:15.61	46.30
	100m: 1:22.33	44.16 200m: 2:54.88	46.49	300m: 4:29.31	47.28 400m: 5:59.04	43.43
22.	Emily Bakosch	SG Remscheid e.V.	6:10.00	404970	<b>6:10.94</b> +0,72 259	
	50m: 40.40	40.40 150m: 2:11.54	46.03	250m: 3:47.94	47.84 350m: 5:24.48	48.06
	100m: 1:25.51	45.11 200m: 3:00.10	48.56	300m: 4:36.42	48.48 400m: 6:10.94	46.46
AFGEM	Elina D'hooghe	MEGA-zwemteam	4:57.33	MEGA/21338/08		

Jeugd 1 en 2

1.	Fleur Verdonck	Zwemclub Geel 1	4:28.11	ZGEEL/21025/06	<b>4:25.66</b> +0,72 705	
	50m: 30.70	30.70 150m: 1:37.80	33.93	250m: 2:45.96	33.92 350m: 3:53.48	33.66
	100m: 1:03.87	33.17 200m: 2:12.04	34.24	300m: 3:19.82	33.86 400m: 4:25.66	32.18
2.	Bridget Vermeer	OC Eindhoven	4:22.62	200501766	<b>4:34.75</b> +0,77 637	
	50m: 30.81	30.81 150m: 1:39.25	34.76	250m: 2:49.58	35.10 350m: 4:00.22	35.20
	100m: 1:04.49	33.68 200m: 2:14.48	35.23	300m: 3:25.02	35.44 400m: 4:34.75	34.53
3.	Sara Korhuis	TriVia	4:28.42	200600494	<b>4:35.87</b> +0,69 629	
	50m: 30.67	30.67 150m: 1:40.03	34.66	250m: 2:50.26	34.84 350m: 4:01.28	34.99
	100m: 1:05.37	34.70 200m: 2:15.42	35.39	300m: 3:26.29	36.03 400m: 4:35.87	34.59
4.	Anique Hazebroek	Zpc Amersfoort 1	4:45.50	200502196	<b>4:48.25</b> +0,78 552	
	50m: 31.50	31.50 150m: 1:43.03	36.37	250m: 2:56.48	37.16 350m: 4:11.55	37.72
	100m: 1:06.66	35.16 200m: 2:19.32	36.29	300m: 3:33.83	37.35 400m: 4:48.25	36.70
5.	Lies Gobert	MEGA zwemteam 1	4:57.02	MEGA/21069/05	<b>4:50.25</b> +0,70 540	
	50m: 33.07	33.07 150m: 1:45.39	36.30	250m: 2:58.93	36.94 350m: 4:14.29	37.73
	100m: 1:09.09	36.02 200m: 2:21.99	36.60	300m: 3:36.56	37.63 400m: 4:50.25	35.96
6.	Alina Verga	Blue Marlins (SG) 1	5:17.54	200603112	<b>4:55.67</b> +0,62 511	
	50m: 34.02	34.02 150m: 1:49.05	37.85	250m: 3:04.25	37.20 350m: 4:19.58	37.55
	100m: 1:11.20	37.18 200m: 2:27.05	38.00	300m: 3:42.03	37.78 400m: 4:55.67	36.09
7.	Vera Wassink	Zpc Amersfoort 2	5:09.21	200604976	<b>4:57.90</b> +0,68 500	
	50m: 32.91	32.91 150m: 1:48.84	38.17	250m: 3:06.18	38.50 350m: 4:22.27	37.29
	100m: 1:10.67	37.76 200m: 2:27.68	38.84	300m: 3:44.98	38.80 400m: 4:57.90	35.63
8.	Madoline Held	Blue Marlins (SG)	5:01.04	200503412	<b>4:58.45</b> +0,68 497	
	50m: 32.56	32.56 150m: 1:47.64	38.18	250m: 3:04.28	38.54 350m: 4:21.51	38.76
	100m: 1:09.46	36.90 200m: 2:25.74	38.10	300m: 3:42.75	38.47 400m: 4:58.45	36.94
9.	Perla Viane	MEGA zwemteam 2	5:04.86	MEGA/21152/05	<b>5:01.57</b> +0,64 482	
	50m: 33.80	33.80 150m: 1:50.21	38.10	250m: 3:06.18	38.10 350m: 4:23.68	38.63
	100m: 1:12.11	38.31 200m: 2:28.08	37.87	300m: 3:45.05	38.87 400m: 5:01.57	37.89
10.	Maud Sypré	MEGA-zwemteam	5:12.13	MEGA/21070/05	<b>5:01.75</b> +0,69 481	
	50m: 32.87	32.87 150m: 1:48.24	37.78	250m: 3:06.11	38.94 350m: 4:23.72	38.48
	100m: 1:10.46	37.59 200m: 2:27.17	38.93	300m: 3:45.24	39.13 400m: 5:01.75	38.03

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Programmanr. 11, Meisjes, 400m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT
11.	Aisha Nobels	z.c De Schotejil	4:57.34	200501710	5:03.69 +0,78 472
	50m: 33.19	33.19 150m: 1:49.06	38.04	250m: 3:07.42	39.10
	100m: 1:11.02	37.83 200m: 2:28.32	39.26	300m: 3:47.95	40.53
				350m: 4:27.01	39.06
				400m: 5:03.69	36.68
12.	Lotte Van Laecke	MEGA-zwemteam	4:51.93	MEGA/21200/06	5:04.42 +0,72 468
	50m: 33.53	33.53 150m: 1:50.15	38.57	250m: 3:08.56	39.21
	100m: 1:11.58	38.05 200m: 2:29.35	39.20	300m: 3:47.68	39.12
				350m: 4:26.64	38.96
				400m: 5:04.42	37.78
13.	Birgit Hage	Psv 1	5:13.89	200602898	5:06.55 +0,84 458
	50m: 33.66	33.66 150m: 1:51.38	39.80	250m: 3:10.63	39.64
	100m: 1:11.58	37.92 200m: 2:30.99	39.61	300m: 3:50.13	39.50
				350m: 4:29.33	39.20
				400m: 5:06.55	37.22
14.	Emma-Leigh Barkhuis	Psv 2	5:03.06	200505228	5:10.39 +0,73 442
	50m: 34.01	34.01 150m: 1:49.57	37.99	250m: 3:08.76	39.76
	100m: 1:11.58	37.57 200m: 2:29.00	39.43	300m: 3:49.50	40.74
				350m: 4:29.71	40.21
				400m: 5:10.39	40.68
15.	Zahra Day	Blue Marlins (SG)	5:44.77	200601374	5:22.46 +0,73 394
	50m: 34.38	34.38 150m: 1:55.41	41.55	250m: 3:18.97	41.50
	100m: 1:13.86	39.48 200m: 2:37.47	42.06	300m: 4:00.85	41.88
				350m: 4:42.46	41.61
				400m: 5:22.46	40.00
16.	Ayco Strobbe	MEGA-zwemteam	5:20.38	MEGA/21195/06	5:31.53 +0,61 362
	50m: 35.35	35.35 150m: 1:59.58	42.38	250m: 3:25.42	42.78
	100m: 1:17.20	41.85 200m: 2:42.64	43.06	300m: 4:08.96	43.54
				350m: 4:51.93	42.97
				400m: 5:31.53	39.60
17.	Anna Klomp	Swol 1894	5:40.50	200600006	5:39.03 +0,78 339
	50m: 35.24	35.24 150m: 1:59.02	43.23	250m: 3:28.43	44.62
	100m: 1:15.79	40.55 200m: 2:43.81	44.79	300m: 4:13.49	45.06
				350m: 4:57.08	43.59
				400m: 5:39.03	41.95
NG.ZA	Nora De Maeyer	MEGA-zwemteam	5:34.56	MEGA/21228/06	
AFGEM	Maxine Van Den Bosch	Racing Swimming Club Mechel	5:12.26	RSCM/21047/06	